

Woodie's DIY / AAI Games

Morton Stadium, Santry

15th May 2011

Men's 100 m

Wind : -3.40

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	127	Colvert, Steven	Crusaders A.C.	10.99		
2	135	Lawler, Marcus	St. L. O'Toole A.C.	11.06		
3	66	Kavanagh, Mark	Dundrum South Dublin A.C.	11.23		
4	62	Whelan, Paul	Dublin Striders A.C.	11.28		
5	114	Killeen, David	Leevale A.C.	11.29		
6	60	Graham, Andrew	Lagan Valley	11.48		
7	151	Muldowney, Eoin	Castlecomer A.C.	11.58		
8	41	Davis, Jamie	Raheny Shamrock A.C.	11.63		
	55	Mc Mullan Adam	Mid-Ulster A.C.	DQ		
	70	Adams, Dean	Ballymena & Antrim A.C.	DQ		

-4.7

1	185	Aherne, Cian	Dooneen A.C.	11.51		
2	195	Hynes, Michael	Raheny Shamrock A.C.	11.63		
3	48	O'Shea, Greg	Dooneen A.C.	11.64		
4	120	Quilligan, David	Leevale A.C.	11.68		
5	213	O'Halloran, Edmond	Leevale A.C.	11.72		
6	113	O'Callaghan, Conall	Spa Muckcross A.C.	11.75		
7	204	Monaghan, Joseph	Navan A.C.	11.86		
8	61	Egbeyemi, Olawale	St. L. O'Toole A.C.	11.98		
9	117	O'Donovan, Darren	Leevale A.C.	12.05		
10	167	O'Shea, Gerard	Dooneen A.C.	12.22		

1	121	Stack, Paul	Leevale A.C.	11.72		
2	202	Fasole, Michael	Celbridge A.C.	11.84		
3	136	Webb, Shane	St. L. O'Toole A.C.	12.28		
4	173	Donohue, Ferdia	Annalee A.C.	12.32		
5	133	Lagan, James	Mid-Ulster A.C.	12.43		
6	39	O'Brien, Mike	Limerick A.C.	12.46		
7	273	Dolan, Keith	Paralympics Ireland	13.93		
1	301	Mc Carthy, John	Paralympics Ireland (W/ch)	30.46		

Men's 200 m

Wind : -4.80

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	127	Colvert, Steven	Crusaders A.C.	21.74		
2	66	Kavanagh, Mark	Dundrum South Dublin A.C.	22.22		
3	151	Muldowney, Eoin	Castlecomer A.C.	22.72		
4	70	Adams, Dean	Ballymena & Antrim A.C.	22.73		
5	62	Whelan, Paul	Dublin Striders A.C.	22.89		
6	60	Graham, Andrew	Lagan Valley	23.11		
7	114	Killeen, David	Leevale A.C.	23.41		

-4.4

1	165	Harvey, Jason	Lagan Valley	22.89		
2	41	Davis, Jamie	Raheny Shamrock A.C.	23.07		
3	185	Aherne, Cian	Dooneen A.C.	23.12		
4	48	O'Shea, Greg	Dooneen A.C.	23.25		
5	9	Lynch, Colm	Iveragh A.C.	23.51		
6	204	Monaghan, Joseph	Navan A.C.	23.59		
7	167	O'Shea, Gerard	Dooneen A.C.	24.34		

-2.5

1	195	Hynes, Michael	Raheny Shamrock A.C.	23.07		
2	220	Kedney, Ruaidhri	Menapians A.C.	23.48		
3	175	Matthews, Niall	Navan A.C.	23.85		
4	246	Kelly, Ronan	Galway City Harriers A.C.	24.09		
5	292	Sexton, Conor	Dundrum South Dublin A.C.	24.18		
6	291	Kidd, Andrew	Dundrum South Dublin A.C.	24.36		
7	193	Mac Namara, Darragh	Tullamore Harriers A.C.	24.37		
8	145	Boyce, Brian	Letterkenny A.C.	24.64		

No Wind Reading

1	164	Maze, Ben	Lagan Valley	22.05		
2	136	Webb, Shane	St. L. O'Toole A.C.	23.08		
3	133	Lagan, James	Mid-Ulster A.C.	23.11		
4	173	Donohue, Ferdia	Annalee A.C.	23.14		
5	207	Campbell, David	Donore Harriers A.C.	23.20		
6	39	O'Brien, Mike	Limerick A.C.	23.80		
7	273	Dolan, Keith	Paralympics Ireland	27.20		

Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	271	Crowe, Timothy	Dooneen A.C.	47.78		
2	138	Mulhall, Eoin	Crusaders A.C.	48.15		
3	46	Dowling, Joseph	Dundrum South Dublin A.C.	48.30		
4	65	Lynch, Craig	Shercock A.C.	48.44		
5	75	Kelly, Kieran	Raheny Shamrock A.C.	48.69		
6	118	O'Sullivan, Thomas	Leevale A.C.	49.49		
7	94	Murphy, Brendan	Lisburn A.C.	49.86		
8	297	Miller, Jonathan	Dundrum South Dublin A.C.	50.63		
1	171	Taggart, Simon	Donore Harriers A.C.	49.09		
2	161	Houston, John	Ballymena & Antrim A.C.	49.13		
3	231	Mackey, Ciaran	Clonliffe Harriers A.C.	49.54		
4	105	Lynch, Kevin	Dundrum South Dublin A.C.	50.27		
5	168	O'Shea, David	Dooneen A.C.	51.90		
6	90	O'Sullivan, Michael	Metro/St. Brigid's A.C.	52.32		
7	201	Saunders, Patrick	Crusaders A.C.	53.95		
8	142	O'Donnell, Liam	City of Derry	55.56		
1	2	Morrissey, Richard		48.90		
2	148	Martemnon, Marcus	Dundrum South Dublin A.C.	51.10		
3	220	Kedney, Ruaidhri	Menapians A.C.	51.58		
4	246	Kelly, Ronan	Galway City Harriers A.C.	52.52		
5	9	Lynch, Colm	Iveragh A.C.	52.64		
6	119	Ahern, Daniel	Leevale A.C.	53.59		
	291	Kidd, Andrew	Dundrum South Dublin A.C.	DNS		

Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	152	Robinson, Paul	St. Coca'S A.C.	1.50.28		
2	172	Robinson, Niall	North Down A.C.	1.52.57		
3	290	Ellis, Fergal	Ballinamore A.C.	1.53.50		
4	49	Yorke, Robert	Mullingar Harriers A.C.	1.53.69		
5	182	Monaghan, Patrick	Lagan Valley	1.53.79		
6	104	Dowling, Michael	Ferrybank A.C.	1.54.60		
7	158	Ingram, Adam	Lagan Valley	1.55.40		
8	137	Moriarty, Kevin	Raheny Shamrock A.C.	1.55.82		
9	5	Quinn, Michael	Abbey A.C.	1.55.89		
10	212	Harper, David	Westport A.C.	1.56.63		
	242	Kelly, Feidhlim	Raheny Shamrock A.C.	DNF		
1	232	Farrell, Daire	Carrick-On-Shannon A.C.	1.54.62		
2	163	Healy, Eoin	Dundrum South Dublin A.C.	1.56.30		
3	218	Cronin, Dean	Blarney/Inniscara A.C.	1.56.37		
4	85	Woods, Allister	Orchard County A.C.	1.57.19		
5	243	Harkness, Stephen	Clonliffe Harriers A.C.	1.58.19		
6	293	O'Brien, John Paul	Marian A.C.	1.59.96		
7	34	Horgan, Finbar	Clonmel A.C.	2.00.65		
8	190	Power, Eoghan	North Laois A.C.	2.00.65		
9	159	Daly, Adam	Mullingar Harriers A.C.	2.05.37		
10	72	Maher, James	Templemore A.C.	2.06.31		
	112	Tobin, Brian	Clonliffe Harriers A.C.	DNF		
	169	O'Riordan, Stephen	Templemore A.C.	DNS		

Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	74	Coghlan, John	Metro/St. Brigid's A.C.	3.48.16		
2	282	Mooney, Daniel	Letterkenny A.C.	3.49.48		
3	221	Markham, Liam	Ennis Track A.C.	3.49.57		
4	281	Finnegan, Ruairi	Letterkenny A.C.	3.51.18		
5	215	Kelly, Brian	St. Abbans A.C.	3.52.7		
6	184	Healy, Conor	Clonliffe Harriers A.C.	3.53.20		
7	189	Greene, Darragh	Dunleer A.C.	4.00.24		
8	181	Owens, Richard	Sli Cualann A.C.	4.03.49		
9	81	Dooley, Mark	Donore Harriers A.C.	4.04.07		
10	176	Mc Donnell, Jake	Raheny Shamrock A.C.	4.05.90		
11	214	Hanlon, Aaron	Dunleer A.C.	4.07.20		
12	108	Jenkinson, Andriú	Clonliffe Harriers A.C.	4.11.61		
13	199	Mulligan, Kevin	Metro/St. Brigid's A.C.	4.17.39		
14	238	Walsh, Shane	Dunleer A.C.	4.19.88		
	58	Mulhare, Dan	North Laois A.C.	DNS		
	140	Mulhare, Michael	North Laois A.C.	DNS		

Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	222	Chesser, Rory	Ennis Track A.C.	8.05.95		
2	79	Travers, John	Donore Harriers A.C.	8.08.93		
3	58	Mulhare, Dan	North Laois A.C.	8.12.09		
4	24	Quinn, Shane	Ferrybank A.C.	8.15.20		
5	36	Mc Cartan, Patrick	West Limerick A.C.	8.16.77		
6	286	Sweeney, Joseph	Dundrum South Dublin A.C.	8.16.81		
7	87	Mitchell, Mark		8.17.28		
8	140	Mulhare, Michael	North Laois A.C.	8.19.77		
9	180	Kirwan, Mark	Raheny Shamrock A.C.	8.22.62		
10	188	Fitzpatrick, Thomas	Tallaght A.C.	8.24.36		
11	115	Hanrahan, Mark	Leevale A.C.	8.26.02		
12	69	Agnew, Andrew	Annadale Striders A.C.	8.29.26		
13	124	Farrell, Brian	Sli Cualann A.C.	8.29.63		
14	56	Selman, Dougie		8.33.86		
15	285	Mc Cormack, Alan	Dundrum South Dublin A.C.	8.54.60		
1	234	Tobin, Sean	Clonmel A.C.	8.33.51		
2	51	Byrne, Jake	Mullingar Harriers A.C.	8.38.23		
3	183	Hynes, Ray	Crusaders A.C.	8.39.26		
4	52	Jennings, Emmet	Dundrum South Dublin A.C.	8.39.57		
5	283	Doherty, Ciaran	Letterkenny A.C.	8.39.56		
6	109	Kelly, Sam	Fingallians A.C.	8.49.09		
7	89	Morwood, David	Annadale Striders A.C.	8.49.55		
8	166	Ryan, Simon	Raheny Shamrock A.C.	8.15.21		
9	54	Corbally, Robert	Dundrum South Dublin A.C.	8.52.53		
10	93	Mc Dermott, Ryan	Dromore A.C.	8.57.81		
11	50	Fitzsimons, Shane	Mullingar Harriers A.C.	9.09.13		
12	230	Gleeson, Paul	Clones A.C.	9.15.35		
13	160	Mc Ginley, Brian	Ennis Track A.C.	9.17.64		
14	91	Coffey, Shane	Togher A.C.	9.21.89		
15	150	Taggart, Eoin	Greystones & District A.C.	9.24.63		

Men's 110 m Hurdles

Wind : -3.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	171	Taggart, Simon	Donore Harriers A.C.	14.90		
2	177	Mc Crossan, Conor	Clonliffe Harriers A.C.	15.89		
	38	O'Cathain, Ciaran	Raheny Shamrock A.C.	DNF		
	213	O'Halloran, Edmond	Leevale A.C.	DNF		
1	157	Mc Garvey, Mark	City of Derry	14.94		
2	229	Power, Eoin	St. Joseph's A.C.	19.17		
3	226	Austin, Lee	St. Joseph's A.C.	19.88		

Men's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	271	Crowe, Timothy	Dooneen A.C.	52.24		
2	266	Byrne, Paul	St. Abbans A.C.	52.35		
3	203	Fagan, John	Clonliffe Harriers A.C.	53.51		
4	94	Murphy, Brendan	Lisburn A.C.	54.43		
5	233	O'Donnell, Gerard	Carrick-On-Shannon A.C.	52.24		
6	59	Reid, Daniel	City of Derry	61.23		

Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	120	Quilligan, David	Leevale A.C.	6.81	7.13	7.35	6.85	7.00	X	7.35
				+2.5	+0.7	+2.5	+1.3	+2.5		+2.5
2	55	Mc Mullan', Adam	Mid-Ulster A.C.	X	X	6.57	7.10	X	7.13	7.13
						+1.3	+2.6	+2.6	+1.8	+1.8
3	113	O'Callaghan, Conall	Spa Muckcross A.C.	6.29	X	6.02	6.37	5.74	-	6.37
				+3.8		+2.2	+2.9	+4.0		+2.9
4	84	Tsang, Richard	Shercock A.C.	X	6.37	6.23	-	-	X	6.37
					+2.2	+2.7				+2.2
5	268	Bourke, Colm	Sligo A.C.	5.85	5.75	5.84	5.82	X	6.07	6.07
				+1.4	+2.9	+2.7	+3.0		+4.0	+4.0
6	267	White, Ciaran	Sligo A.C.	X	5.42	5.74	6.01	5.73	5.94	6.01
					-1.7	-0.5	+1.8	+2.5	-0.8	+1.8
7	289	Thompson, Michael	Celtic DCH A.C.	5.78	5.70	4.86	5.14	4.71	4.74	5.78
				+3.4	-0.5	+1.0	+2.6	+0.9	+1.4	+3.4

Men's High Jump

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85
1	156	Bill, Robert	Ballymena & Antrim A.C.	-	-	-	-	O	XO	O	XXX
2	45	Buckley, James	Raheny Shamrock A.C.	O	O	O	O	XXX			
3	169	O'Riordan, Stephen	Templemore A.C.	O	O	O	XXX				
4	289	Thompson, Michael	Celtic DCH A.C.	XO	XXO	XXO	XXX				

Men's Pole Vault

Place	No	Name	Club	3.60	3.80	4.00	4.20	4.40	4.60
1	131	Houlihan, Thomas	West Waterford A.C.	-	-	-	XO	O	XXX
2	216	Rogers, Ian	Clonliffe Harriers A.C.	-	-	O	XXO		
3	162	Pantea, Mihai	Raheny Shamrock A.C.	O	XO	XXX			

Place	No	Name	Club	2.20	2.40	2.60	2.80	3.00	3.20	3.60
4	40	O'Brien, Peter	Raheny Shamrock A.C.	-	-	O	O	XXO	XXX	
5	226	Austin, Lee	St. Joseph's A.C.	O	XXO	O	XXX			

Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	143	Breathnach, Sean	Galway City Harriers A.C.	15.86	15.54	15.63	15.34	15.30	16.39	16.39
2	240	Doyle, Andrew (Junior)(6K)	Mid-Ulster A.C.	15.50	15.89	X	X	X	15.50	15.89
3	236	Rauktys, Tomas	Clonliffe Harriers A.C.	15.64	X	X	X	X	X	15.64
4	241	Doyle, Matthew	Mid-Ulster A.C.	9.99	9.82	10.14	X	11.04	X	11.04
5	96	Conerney, Michael	Galway City Harriers A.C.	9.24	9.89	9.94	X	9.99	9.95	9.99
6	275	Ryan, Cormac (5K)	Paralympics Ireland	9.26	9.11	9.40	9.73	9.49	9.72	9.73
7	53	Gomm, David (5k)	Raheny Shamrock A.C.	6.43	5.97	5.95	6.20	6.05	6.12	6.43

Men's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	125	Pons, Marco	D.M.P. A.C.	48.27	45.40	47.95	45.39	47.74	45.75	48.27
2	236	Rauktys, Tomas	Clonliffe Harriers A.C.	47.57	X	X	X	X	X	47.57
3	225	Harper, Jeremy	North Down A.C.	45.79	44.33	44.29	X	X	42.47	45.79
4	245	Collins, Paul	North Westmeath A.C.	38.75	36.79	40.45	42.83	X	42.27	42.83
5	143	Breathnach, Sean	Galway City Harriers A.C.	41.59	X	X	X	42.50	X	42.50
6	134	Hanlon, Darragh	Tullamore Harriers A.C.	39.22	38.51	X	40.57	40.73	41.34	41.34
7	96	Conerney, Michael	Galway City Harriers A.C.	39.14	X	X	40.47	41.04	40.95	41.04
8	144	Gainne, Sam	Crusaders A.C.	X	31.56	38.61	36.81	37.57	X	38.61
9	241	Doyle, Matthew	Mid-Ulster A.C.	X	X	33.55				33.55
10	275	Ryan, Cormac	Paralympics Ireland	29.49	29.53	X	29.63	X	30.66	30.66

Men's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	107	Kelly, David	Kilcoole A.C.	57.18	X	48.78	52.54	51.73	50.59	57.18
2	197	Martin, Matthew	North Down A.C.	X	56.34	56.69	54.52	X	X	56.69
3	288	Marry, Paul	Clonliffe Harriers A.C.	55.69	49.96	47.93	49.57	X	54.22	55.69
4	174	Gunning, Rory	Fr. Murphys A.C.	51.18	52.24	X	49.63	48.59	51.57	52.24
5	270	Klinizow, Marcin	Clonliffe Harriers A.C.	X	48.92	49.18	X	44.22	45.67	49.18
6	106	Kirwan, Barry	Navan A.C.	47.15	X	44.80	47.85	X	44.76	47.85
7	43	O'Sullivan, Tony	Raheny Shamrock A.C.	36.33	39.87	X	X	X	X	39.87
8	45	Buckley, James	Raheny Shamrock A.C.	37.11	37.04	37.18	38.81	36.38	39.56	39.56

Men's 5km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	194	Healy, Timothy	Togher A.C.		21.24.38	
2	219	Mc Menamon, Cian	Westport A.C.		23.57.97	

Men's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	240	Doyle, Andrew	Mid-Ulster A.C.	60.96	X	59.59	59.21	61.97	X	61.97
2	390	Furlong, Thomas	D.M.P. A.C.	56.29	58.07	58.04	X	X	56.65	58.07
3	224	Mc Cabe, James	Dunboyne A.C.	X	56.51	56.65	X	X	X	56.65
4	205	Dunne, Caimin	Dunboyne A.C.	X	54.54	48.49	54.23	X	53.46	54.54
5	391	Calvo Gomy, Manuel	Clonliffe Harriers A.C.	50.10	X	X	46.88	49.25	47.05	50.10
6	29	Hunt, Martin	Clonliffe Harriers A.C.	48.10	X	X	47.16	X	X	48.10
7	77	Hanily, Francis	Fr. Murphys A.C.	42.58	X	39.89	X	40.47	37.60	42.58
8	28	Galligan, Simon	Clonliffe Harriers A.C.	42.06	X	X	39.61	X	X	42.06
9	196	O'Hara, Thomas (5k)	Donore Harriers A.C.	41.95	X	40.95				41.95
10	210	Griffin, Colm	Marian A.C.	17.26	X	17.35				17.35

Women's 100 m

Wind : +0.50

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	76	Bergin, Claire	Dundrum South Dublin A.C.	12.24		
2	261	Healy, Joan	Bandon A.C.	12.32		
3	31	Murray, Sarah	Fingallians A.C.	12.32		
4	264	Mc Manus, Catherine	Celtic DCH A.C.	12.35		
5	35	Cannon, Shauna	Brothers Pearse A.C.	12.44		
6	82	Lavin, Sarah	Emerald A.C.	12.50		
7	13	Mc Loone, Mary	Tir Chonaill A.C.	12.52		
8	21	Murphy, Mairead	Ferrybank A.C.	12.60		
9	42	O'Shea, Lorraine	Kilkenny City Harriers A.C.	12.65		
10	18	Maughan, Sally Rose	Castlebar A.C.	13.17		

-2.6

1	47	Boomer, Chloe	Lagan Valley	12.69		
2	86	Devlin, Mary	City of Derry	12.92		
3	64	O'Hora, Lily Ann	Dooneen A.C.	13.33		
4	279	Kersten-Murphy, Sara	Unattached	14.11		

Women's 200 m

Wind : -3.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	76	Bergin, Claire	Dundrum South Dublin A.C.	25.36		
2	23	Giles Doran, Ciara	Ferrybank A.C.	25.67		
3	265	Creaner, Steffi	Celtic DCH A.C.	25.68		
4	251	Moynihan, Grainne	West Muskerry A.C.	26.08		
5	32	Stafford, Antoinette	D.M.P. A.C.	26.61		

-3.2

1	35	Cannon, Shauna	Brothers Pearse A.C.	25.32		
2	249	Ellis, Sophie	Newbridge A.C.	25.96		
3	130	Leahy, Jade	Dundrum South Dublin A.C.	26.35		
4	100	Giblin, Susan	Raheny Shamrock A.C.	29.08		

Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	294	Kirk, Katy	Lagan Valley	55.29		
2	251	Moynihan, Grainne	West Muskerry A.C.	57.44		
3	259	Markham, Niamh	Ennis Track A.C.	57.49		
4	260	Denny, Sinead	Dundrum South Dublin A.C.	58.14		
5	3	Mc Glynn, Clare	Dundrum South Dublin A.C.	59.42		
6	139	Rodgers, Michelle	Abbey A.C.	59.47		
7	284	Field, Niamh	St. Coca'S A.C.	64.35		

Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	260	Denny, Sinead	Dundrum South Dublin A.C.	2.11.92		
2	88	O'Donoghue, Amy	Emerald A.C.	2.12.13		
3	295	O'Donnell, Isseult	Raheny Shamrock A.C.	2.15.37		
4	3	Mc Glynn, Clare	Dundrum South Dublin A.C.	2.17.53		
5	154	Kearney, Niamh	Sli Cualann A.C.	2.19.30		
6	209	Doran, Chloe	Raheny Shamrock A.C.	2.22.52		
7	191	Hawkshaw, Sarah	Metro/St. Brigid's A.C.	2.23.47		
8	178	Dowdall, Aoibheann	Metro/St. Brigid's A.C.	2.31.83		

Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	250	Crowe, Laura	Riocht A.C.	4.38.59		
2	88	O'Donoghue, Amy	Emerald A.C.	4.45.27		
3	211	Jordan, Adrienne	Donore Harriers A.C.	4.45.77		
4	263	Mc Manus, Susan	Celtic DCH A.C.	4.47.64		
5	71	Roe, Niamh	Eagle A.C.	4.50.97		
6	95	Laverty, Eva	Lagan Valley	4.54.09		
7	278	Crotty, Amanda	Paralympics Ireland	5.40.41		

Women's 100 m Hurdles

Wind : -1.90

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	21	Murphy, Mairead	Ferrybank A.C.	14.31		
2	198	Lawler, Sandra	Celbridge A.C.	14.35		
3	248	Byrne, Leona	St. L. O'Toole A.C.	14.72		
4	264	Mc Manus, Catherine	Celtic DCH A.C.	15.61		
5	262	Howard, Roisin	Bandon A.C.	16.51		
6	67	Finnegan, Sarah	Craughwell A.C.	17.85		

-1.9

1	82	Lavin, Sarah	Emerald A.C.	14.06		
2	247	Murphy, Clare	St. L. O'Toole A.C.	14.87		
3	64	O'Hora, Lily Ann	Dooneen A.C.	15.20		

Women's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Kiely, Megan	Ferrybank A.C.	1.01.03		
2	68	Finnegan, Rachel	Craughwell A.C.	1.12.23		

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	110	Fitzgerald, Claire	Tralee Harriers A.C.	12.33	12.86	13.45	13.13	13.04	13.24	13.45
2	258	Murphy, Niamh	Blarney/Inniscara A.C.	11.38	12.30	X	11.83	11.86	11.28	12.30
3	111	Parkinson, Sophie	Gowran A.C.	10.40	10.16	10.82	9.80	10.02	10.13	10.82
4	12	Scanlon, Zoe	West Waterford A.C.	10.54	9.95	X	9.74	9.23	10.31	10.54
5	392	Fogarty, Ciara	Mullingar Harriers A.C.	9.37	10.00	7.75	10.26	10.05	10.54	10.54
6	256	Daly, Shauna	St. Abbans A.C.	8.43	9.43	10.12	9.03	9.93	10.20	10.20
7	200	Rogers, Frances	St. Peter's A.C.	9.88	X	9.48	10.14	9.61	X	10.14
8	252	Moynihan, Megan	West Muskerry A.C.	8.75	9.74	8.94	8.99	9.34	9.27	9.74
9	11	Hickey, Kate	West Waterford A.C.	7.99	7.94	7.87	7.13	7.80	7.99	7.99
10	276	Dunne, Ailish	Paralympics Ireland	6.65	6.98	6.23	6.35	6.68	7.10	7.10
11	277	Lattimore, Nadine	Paralympics Ireland	6.15	5.98	5.66	5.41	5.99	5.79	6.15

Women's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	110	Fitzgerald, Claire	Tralee Harriers A.C.	43.19	42.70	X	40.33	X	45.88	45.88
2	12	Scanlon, Zoe	West Waterford A.C.	35.85	34.27	36.93	X	36.28	X	36.93
3	111	Parkinson, Sophie	Gowran A.C.	35.85	33.58	34.32	34.90	36.80	32.09	36.80
4	155	Akers, Rachel	Marian A.C.	32.15	34.46	30.03	33.61	X	X	34.46
5	11	Hickey, Kate	West Waterford A.C.	29.92	30.20	32.28	32.12	31.69	32.52	32.52
6	101	Morris, Caoimhe	Fingallians A.C.	29.49	X	25.57	28.29	29.21	24.99	29.49
7	256	Daly, Shauna	St. Abbans A.C.	28.03	25.74	26.93	27.92	26.62	26.73	28.03
8	44	Barnwall, Aisling	Raheny Shamrock A.C.	21.96	19.25	22.87	23.51	25.74	X	25.74
9	276	Dunne, Ailish	Paralympics Ireland	X	19.20	X	20.23	19.63	19.87	20.23
10	277	Lattimore, Nadine	Paralympics Ireland	19.09	15.22	15.98	14.47	12.95	13.00	19.09

Women's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	254	Fitzgibbon, Anita	Dundrum South Dublin A.C.	45.11	X	X	42.66	40.89	41.24	45.11
2	170	Murphy, Jenny	Abbey Striders A.C.	34.92	33.21	27.84	34.19	35.86	36.65	36.65
3	153	O'Sullivan, Grace	Cushinstown A.C.	X	29.36	30.87	31.25	29.28	30.04	31.25
4	192	Coffey Nguyen, Emmy	Sli Cualann A.C.	29.42	X					29.42

Women's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	155	Akers, Rachel	Marian A.C.	48.94	X	49.33	X	50.78	49.33	50.78
2	99	Furlong, Christina	D.M.P. A.C.	39.30	41.40	42.36	X	X	41.44	42.36
3	252	Moynihan, Megan	West Muskerry A.C.	36.93	38.45	X	39.60	35.94	30.45	39.60
4	101	Morris, Caoimhe	Fingallians A.C.	X	X	32.18	28.56	X	30.50	32.18
5	44	Barnwall, Aisling	Raheny Shamrock A.C.	27.89	X	X	X	29.82	29.84	29.84

Women's Pole Vault

Place	No	Name	Club	3.50	3.70	3.80
1	17	Wilkinson, Claire	Ballymena & Antrim A.C.	XO	XXX	
	253	Brown, Zoe	Raheny Shamrock A.C.	-	-	XXX

Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	13	Mc Loone, Mary	Tír Chonaill A.C.	5.69 +3.1	5.91 +3.2	6.02 +2.9	5.79 +1.6	5.95 +2.2	5.75 +2.6	6.02 +2.9
2	18	Maughan, Sally Rose	Castlebar A.C.	5.69 -0.5	5.81 +2.0	5.81 +2.9	5.84 +2.0	5.68 +1.4	5.52 +1.3	5.84 +2.0
3	86	Devlin, Mary	City of Derry	5.61 +1.2	5.60 +3.4	5.62 +2.8	5.54 +3.4	X	5.63 +1.3	5.63 +1.3
4	32	Stafford, Antoinette	D.M.P. A.C.	5.26 +2.1	5.49 +2.6	5.54 +0.1	5.36 +0.5	5.34 +3.6	-	5.54 +0.1
5	42	O'Shea, Lorraine	Kilkenny City Harriers A.C.	5.15 +0.8	5.44 +0.3	5.16 +1.8	5.10 +1.9	5.08 +2.1	4.86 +1.6	5.44 +0.3
6	255	Burns, Emily	Ballina A.C.	4.97 +2.3	4.97 +0.4	X	4.95 +2.1	5.08 +2.0	5.36 +3.6	5.36 +3.6
7	269	Bednorz, Ania	Sligo A.C.	4.80 -0.6	4.77 +1.4	4.76 +2.0	4.52 -0.2	4.62 +2.0	4.71 +3.5	4.80 -0.6
8	279	Kersten-Murphy, Sara	Unattached	4.56 +2.6	4.26 +1.7	4.20 +1.9	4.80 +3.2	4.53 +2.8	X	4.80 +3.2

Women's High Jump

Place	No	Name	Club	1.40	1.45	1.50	1.55	1.60	1.65	1.70
1	248	Byrne, Leona	St. L. O'Toole A.C.	-	-	O	O	O	O	XXX
2	103	Rogers, Emily	St. Peter's A.C.	O	O	O	O	O	XXO	XXX
3	102	Daniels, Rosemary	Na Fianna A.C.	-	-	O	O	O	XXX	
4	262	Howard, Roisin	Bandon A.C.	-	O	O	XO	XXX		

Women's Seated Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	304	Regan, Lorraine	Paralympics Ireland	11.61	12.12	11.92	12.70	12.77	13.72	13.72
2	302	Barry, Orla	Paralympics Ireland	11.29	11.23	11.31	X	12.00	12.11	12.11

Men's Seated Shot

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	308	O'Dwyer, Ray	Paralympics Ireland	6.89	7.01	7.28	7.25	7.09	7.29	7.29
2	303	Clear, Eoin	Paralympics Ireland	6.81	6.76	6.59	6.24	6.61	6.68	6.81

Women's Seated Shot

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	304	Regan, Lorraine	Paralympics Ireland	5.60	5.77	5.81	5.75	5.76	5.70	5.81

Men's Seated Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	308	O'Dwyer, Ray	Paralympics Ireland	18.63	17.85	19.92	20.30	20.24	21.01	21.01

Men's Seated Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	308	O'Dwyer, Ray	Paralympics Ireland	26.32	26.37	27.33	26.96	27.96	26.08	27.96
2	306	Culliton, Garrett	Paralympics Ireland	15.08	16.72	16.57	16.82	16.17	15.98	16.82

Men's Seated Club

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	301	Mc Carthy, John	Paralympics Ireland (W/ch)	19.16	18.86	19.89	19.20	20.01	19.69	20.01

Women's Seated Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	302	Barry, Orla	Paralympics Ireland	26.76	X	24.74	25.60	27.77	27.24	27.77