





# Half Marathon Road Race

## Incorporating the Championships of Ireland

Finn Valley Centre, Stranolar, Co.Donegal

**Sunday 6th September 2009 - Starting Time 12noon**

**T-Shirt to all Participants**

**Entry Fee: €15.00 per individual**

Postal order/ cheques made payable to Athletics Ireland

**For Credit Card Entries call 01 8869933**

### TEAM ENTRY FORM

**Club** \_\_\_\_\_

Senior Men  Senior Women

Master Men: Group 1  M35 + Group 2  M 50+

Master Women: Group 1  W35+ Group 2  W50+

OFFICE USE	NAME	DOB	2009 Reg..No

Entries to: Chair of Competition, 19 Northwood Court, Northwood Business Campus, Dublin 9





## GENERAL INFORMATION

### CHAMPIONSHIPS MEDALS

1st, 2nd, 3rd, Men Individuals

1st, 2nd, 3rd, Men Team (3 to score)

1st, 2nd, 3rd, Women Individuals

1st, 2nd, 3rd, Women's Team (3 to score)

1st, 2nd, 3rd, Masters Men M35, M40, 45, 50, 55, 60, 65, 70

1st, 2nd, 3rd, Master Women W35, 40, 45, 50, 55, 60

1st, 2nd, 3<sup>rd</sup>, Master Women Team (W 35 +) Group 1 (3 to score)

1st, 2nd, 3<sup>rd</sup>, Master Men Team (M 35+) Group 1 (3 to score)

1st, 2nd, 3<sup>rd</sup>, Master Women Team (W 50+) Group 2 (3 to score)

1st, 2nd, 3<sup>rd</sup>, Master Men Team (M 50 +) Group 2 (3 to score)

In Road Races team placing shall be decided on the cumulative time of the scoring members of the team.

**Championships medals will only be awarded to registered athletes.**

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