

Woodie's DIY Senior Track & Field Championships of Ireland

1st & 2nd August 2009

Men's 100 m

Wind : -2.9 (Final)

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	469	Smyth, Jason	City of Derry	11.05 (H2)	11.00 (SF1)	10.78
2	350	Holmes, Jonathan	Kilkenny City Harriers A.C.	11.18 (H4)	11.11 (SF1)	11.01
3	468	Colvert, Stephen	Crusaders A.C.	11.13 (H4)	11.04 (SF2)	11.08
4	497	Laffey, John	Clonliffe Harriers A.C.	11.27 (H4)	11.26 (SF1)	11.21
5	284	O'Shea, David	Dooneen A.C.	11.38 (H3)	11.24 (SF2)	11.29
6	500	Kennedy, Gordon	Tullamore Harriers A.C.	11.61 (H2)	11.25 (SF2)	11.31
7	319	Whelan, Alan	North Laois A.C.	11.54 (H1)	11.42 (SF2)	11.54
8	286	Upton, Barry	Menapians A.C.	11.54 (H3)	11.50 (SF1)	11.62
	489	O'Connor, Patrick	Clonliffe Harriers A.C.	11.50 (H1)	11.50 (SF2)	
	432	Quilligan, David	Leevale A.C.	11.76 (H2)	11.51 (SF2)	
	528	O'Donohue, Barry	Raheny Shamrock A.C.	11.67 (H1)	11.58 (SF2)	
	369	Muldowney, Eoin	Castlecomer A.C.	11.53 (H3)	11.62 (SF1)	
	275	Davis, Jamie	U.C.D. A.C.	11.49 (H3)	11.63 (SF1)	
	327	Monaghan, Joseph	Navan A.C.	11.66 (H3)	11.66 (SF2)	
	174	Hynes, Gary	Sligo A.C.	11.76 (H1)	12.01 (SF1)	
	171	Kavanagh, Daniel	Clonliffe Harriers A.C.	11.61 (H3)	DNS (SF1)	
	493	Hession, Paul	Athenry A.C.	11.32 (H1 Winner – took no further part)		
	414	Coleman, Conor	Clonliffe Harriers A.C.	11.80 (H2)		
	154	Killeen, David	Leevale A.C.	11.80 (H4)		
	263	Hensey, Gerard	Tullamore Harriers A.C.	11.82 (H4)		
	381	Hogan, Simon	Dooneen A.C.	11.84 (H1)		
	390	Ffrench-O'Carroll, Markus	Dundrum South Dublin A.C.	11.89 (H1)		
	172	Jackman, Adrian	Menapians A.C.	11.91 (H2)		
	271	Egbeyemi, Olawale	St. L. O'Toole A.C.	11.91 (H2)		
	181	Kenny, Ferdia	Greystones & District A.C.	11.95 (H2)		
	304	O'Loughlin, Ross	Menapians A.C.	12.06 (H4)		
	182	Hanlon, Cormac	Greystones & District A.C.	12.13 (H1)		
	492	Keegan, John	Crusaders A.C.	12.29 (H2)		
	311	Foley, Ronan	Togher A.C.	13.04 (H4)		
	524	Dolan, Keith	Fingallians A.C.	14.31 (H3)		

H1: -3.0 H2: -2.8 H3: -2.7 H4 -3.5 SF1:-3.3 SF2: -1.0

Men's 200 m

Wind : -3.6 (Final)

Final Place	No	Name	Club	Semi Time	Final Time
1	262	Gillick, David	Dundrum South Dublin A.C.	21.78 (SF1)	21.43
2	274	Graham, Darragh	Sli Cualann A.C.	22.22 (SF3)	21.55
3	468	Colvert, Stephen	Crusaders A.C.	22.33 (SF2)	21.99
4	284	O'Shea, David	Dooneen A.C.	22.64 (SF2)	22.45
5	369	Muldowney, Eoin	Castlecomer A.C.	22.85 (SF1)	22.77
6	250	Kervick, Dara	Carrick-On-Suir A.C.	23.21 (SF3)	22.82
7	335	Lynch, Colm	Iveragh A.C.	22.98 (SF2)	22.82
8	275	Davis, Jamie	U.C.D. A.C.	22.89 (SF1)	22.84
	143	Hynes, Michael	Raheny Shamrock A.C.	23.14 (SF3)	
	327	Monaghan, Joseph	Navan A.C.	23.38 (SF1)	
	154	Killeen, David	Leevale A.C.	23.62 (SF1)	
	390	Ffrench-O'Carroll, Markus	Dundrum South Dublin A.C.	23.82 (SF3)	
	161	Stack, Paul	Leevale A.C.	23.93 (SF3)	
	263	Hensey, Gerard	Tullamore Harriers A.C.	23.99 (SF2)	
	150	Gore, Shane	Fingallians A.C.	24.02 (SF1)	
	304	O'Loughlin, Ross	Menapians A.C.	24.15 (SF3)	
	152	Lennon, Ray	Dooneen A.C.	24.25 (SF1)	
	271	Egbeyemi, Olawale	St. L. O'Toole A.C.	24.29 (SF3)	
	406	Barry, Joe	Metro/St. Brigid's A.C.	24.37 (SF1)	
	492	Keegan, John	Crusaders A.C.	24.62 (SF3)	
	141	Derek, Zulo	Fethard A.C.	25.42 (SF2)	
	364	Mc Grath, John	Menapians A.C.	28.54 (SF2)	
	233	Hough, Darren	Sligo A.C.	DNF (SF2)	

SF1:+0.5 SF2: -0.9 SF3:-1.3

Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	385	Gregan, Brian	Tallaght A.C.	47.92 (H2)		46.44
2	499	Murphy, Brian	U.C.C. A.C.	48.72 (H3)		47.91
3	292	Ryan, Billy	Ferrybank A.C.	49.54 (H1)		48.29
4	498	Hogan, Nick	Dundrum South Dublin A.C.	48.71 (H4)		48.33
5	522	Taggart, Simon	Donore Harriers A.C.	49.30 (H4)		49.51
6	207	Hannon, Fearghus	Tullamore Harriers A.C.	49.25 (H3)		49.65
7	484	Kelly, Kieran	Raheny Shamrock A.C.	49.49 (H3)		49.66
8	330	Glynn, Brian	Dooneen A.C.	49.04 (H3)		49.90
	500	Kennedy, Gordon	Tullamore Harriers A.C.	49.95 (H1)		
	405	Mulhall, Eoin	Naas A.C.	50.04 (H2)		
	286	Upton, Barry	Menapians A.C.	50.07 (H1)		
	319	Whelan, Alan	North Laois A.C.	50.07 (H1)		
	153	O'Sullivan, Tomas	Leevale A.C.	50.38 (H3)		
	335	Lynch, Colm	Iveragh A.C.	50.45 (H2)		

281	Crowe, Tim	Dooneen A.C.	50.48 (H4)
313	O'Brien, Liam	Togher A.C.	51.31 (H2)
386	Mackey, Ciaran	Tallaght A.C.	51.66 (H2)
165	Kedney, Rory	Menapians A.C.	51.71 (H1)
304	O'Loughlin, Ross	Menapians A.C.	51.82 (H3)
150	Gore, Shane	Fingallians A.C.	52.21 (H2)
434	Owens, Cathal	Leevale A.C.	52.39 (H1)
384	Bolger, Sean	Tallaght A.C.	52.72 (H4)
285	O'Shea, Ger	Dooneen A.C.	52.79 (H4)
374	Walsh, Damien	Menapians A.C.	55.96 (H2)
320	Fitzgerald, Gregory	Menapians A.C.	58.01 (H4)
264	Walsh, Warren	Mullingar Harriers A.C.	58.75 (H1)

Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	501	Chamney, Thomas	Crusaders A.C.	1.52.68 (H4)		1.49.87
2	420	Campbell, David	St. Coca'S A.C.	1.53.83 (H1)		1.50.20
3	186	O'Brien, Alan	Crusaders A.C.	1.57.17 (H3)		1.51.40
4	288	Mc Brearty, Darren	Letterkenny A.C.	1.53.90 (H1)		1.51.51
5	461	Greene, Darragh	Dunleer A.C.	1.53.28 (H2)		1.52.42
6	147	Mc Carthy, David	Le Cheile A.C.	1.53.27 (H2)		1.52.52
7	342	Leddingham, James	West Waterford A.C.	1.53.63 (H2)		1.52.60
8	491	Healy, Conor	Clonliffe Harriers A.C.	1.57.20 (H3)		1.52.62
9	265	Patterson, Mark	North Down	1.53.67 (H4)		1.53.83
10	308	Chesser, Rory	Ennis Track A.C.	1.53.68 (H2)		1.56.20
	321	Carroll, Tommy	North Sligo A.C.	1.53.97 (H1)		
	158	Keogh, David	Lucan Harriers A.C.	1.54.21 (H4)		
	517	Mooney, Daniel	Letterkenny A.C.	1.55.03 (H4)		
	523	Quinn, Michael	Abbey A.C.	1.55.11 (H2)		
	358	Kinahan, Ivan	Crusaders A.C.	1.56.04 (H2)		
	379	Paine, Brett	Clonliffe Harriers A.C.	1.56.87 (H4)		
	401	Hamilton, Patrick	City of Derry	1.57.23 (H4)		
	470	Mc Donald, Mark	Clonliffe Harriers A.C.	1.57.54 (H3)		
	278	Ellis, Fergal	Ballinamore A.C.	1.58.00 (H1)		
	459	Duggan, Ronan	Bandon A.C.	1.58.39 (H2)		
	413	Stranbridge, James	Annadale Striders A.C.	1.58.57 (H1)		
	359	Breslin, Paul	Crusaders A.C.	1.58.60 (H3)		
	151	Millar, Samual	Ballymena & Antrim A.C.	1.59.13 (H1)		
	318	O'Donnell, Joseph	Galway City Harriers A.C.	1.59.23 (H2)		
	391	Conway, Mark	Dundrum South Dublin A.C.	2.00.39 (H4)		
	487	Reilly, Ciaran	Liffey Valley A.C.	2.01.70 (H3)		
	485	Hand, Stephen	Donore Harriers A.C.	2.02.48 (H3)		
	228	Rothery, Colm	Gneeveguilla A.C.	2.03.37 (H2)		
	372	Kelleher, Tony	Togher A.C.	2.03.46 (H1)		
	357	Cross, Robert	Crusaders A.C.	2.04.00 (H4)		
	402	Mc Donnell, Cormac	Ballinasloe & District	2.04.10 (H4)		

490	Hayes, John	Raheny Shamrock A.C.	2.04.48 (H3)
394	Maher, Robert	Drogheda & District A.C.	2.04.58 (H3)
317	Costello, Eddie	Galway City Harriers A.C.	2.05.08 (H3)
227	Somerville, David	Tallaght A.C.	2.05.67 (H4)
431	Kelly, James	Fr. Murphy A.C.	2.10.19 (H3)
276	Park, Gary	Crusaders A.C.	2.10.35 (H2)
316	Glynn, Brendan	Galway City Harriers A.C.	2.12.62 (H1)
476	Jones, Chris	Raheny Shamrock A.C.	DNF (H1)

Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	420	Campbell, David	St. Coca'S A.C.	4.00.97 (H3)		3.51.96
2	480	Kenneally, Mark	Clonliffe Harriers A.C.	3.58.31 (H1)		3.54.05
3	444	Hanrahan, Mark	Leevale A.C.	3.59.65 (H1)		3.54.10
4	503	Reale, Liam	Limerick A.C.	3.57.47 (H2)		3.54.61
5	408	Mc Cartan, Patrick	West Limerick A.C.	4.01.35 (H3)		3.54.98
6	479	Bailey, Aidan	Clonliffe Harriers A.C.	3.57.83 (H2)		3.55.06
7	352	Everard, Eoin	Kilkenny City Harriers A.C.	3.57.91 (H2)		3.55.22
8	267	Kuppler, Julian	Rathfarnham W.S.A.F. A.C.	3.58.07 (H2)		3.56.37
9	306	Markham, Brian	Ennis Track A.C.	4.01.41 (H3)		3.57.05
10	465	Fitzpatrick, Tomas	Tallaght A.C.	4.00.30 (H1)		3.57.63
11	191	O'Sullivan, Gavin	Raheny Shamrock A.C.	4.00.70 (H1)		3.57.77
12	475	Moriarty, Kevin	Raheny Shamrock A.C.	3.59.09 (H2)		3.58.21
	419	Robinson, Paul	St. Coca'S A.C.	4.00.91 (H1)		
	322	Brennan, Patrick	North Sligo A.C.	4.01.07 (H2)		
	217	Mulhare, Michael	North Laois A.C.	4.01.42 (H3)		
	218	Rooney, Steven	St. Malachy's A.C.	4.03.07 (H2)		
	366	Corbally, Robert	Dundrum South Dublin A.C.	4.03.55 (H2)		
	399	Mc Carthy, James	East Cork A.C.	4.03.66 (H2)		
	393	Cowler, Neil	Dundrum South Dublin A.C.	4.07.06 (H1)		
	379	Paine, Brett	Clonliffe Harriers A.C.	4.08.19 (H1)		
	452	Ryan, David	Ballynonty A.C.	4.08.29 (H3)		
	220	Faulkner, Ryan	St. Malachy's A.C.	4.08.89 (H2)		
	297	Earls, Des	Sli Cualann A.C.	4.09.67 (H1)		
	312	Fennell, Peter	Togher A.C.	4.10.29 (H2)		
	222	Hamilton, Eoin	St. Malachy's A.C.	4.10.71 (H3)		
	221	Mc Killop, Michael	St. Malachy's A.C.	4.11.57 (H3)		
	162	Breen, Joseph	Sliabh Bhuide Rovers A.C.	4.11.91 (H1)		
	315	Geraghty, Fergal	Galway City Harriers A.C.	4.12.60 (H2)		
	326	Van Haeften, Lee	Donore Harriers A.C.	4.14.18 (H3)		
	151	Millar, Samual	Ballymena & Antrim A.C.	4.15.41 (H1)		
	293	Downey, Gavin	Ferrybank A.C.	4.15.61 (H3)		
	266	Balfe, Paul	Liffey Valley A.C.	4.15.85 (H3)		
	295	O'Byrne, Jason	Sli Cualann A.C.	4.17.10 (H1)		
	413	Stranbridge, James	Annadale Striders A.C.	DNF (H3)		

Men's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	486	Cragg, Alistair	Clonliffe Harriers A.C.			13.52.15
2	225	Connolly, Sean	Tallaght A.C.			14.01.32
3	456	Christie, Mark	Mullingar Harriers A.C.			14.01.87
4	268	Bateman, Damien	Mullingar Harriers A.C.			14.28.60
5	256	Hamilton, Patrick	Annadale Striders A.C.			14.48.05
6	458	O'Hare, James	East Down AC			14.48.66
7	259	Minnock, Barry	Rathfarnham W.S.A.F. A.C.			14.48.71
8	254	Mc Ginley, Eddie	Annadale Striders A.C.			14.49.06
9	474	Clohisey, Michael	Raheny Shamrock A.C.			14.55.07
10	277	Morwood, David	Annadale Striders A.C.			14.56.09
11	255	Falls, Jarlath	Ballymena & Antrim A.C.			15.02.28
12	400	Mc Grath, Sean	East Cork A.C.			15.02.39
13	376	Roberts, Gregory	City of Derry			15.06.25
15	366	Corbally, Robert	Dundrum South Dublin A.C.			15.11.43
16	462	Quinn, Martin	Dunleer A.C.			15.13.75
17	443	Maunsell, Thomas	Leevale A.C.			15.19.05
18	483	Mc Diarmada, Michael	Clonliffe Harriers A.C.			15.19.55
19	472	Ryan, Simon	Raheny Shamrock A.C.			15.23.47
20	226	Dunne, Eoin	Tallaght A.C.			15.27.86
21	287	Sheehan, Niall	Gowran A.C.			15.28.13
22	336	Murphy, Cian	Iveragh A.C.			15.29.65
23	442	Gruferty, James	Leevale A.C.			15.37.60
24	305	Mc Ginley, Brian	Ennis Track A.C.			15.39.27
25	187	Coughlan, Gareth	Crusaders A.C.			15.41.07
26	212	O'Callaghan, Donal	Riocht A.C.			15.42.38
27	257	Hughes, Jonathan	Rathfarnham W.S.A.F. A.C.			16.11.70
28	473	O'Sullivan, Carl	Raheny Shamrock A.C.			16.17.09
29	428	Mc Fadden, James	Letterkenny A.C.			16.17.45
30	404	Mc Cormack, Aidan	St. Malachy's A.C.			16.22.12

Men's 10,000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	202	Boit, Josphat	Clonliffe Harriers A.C.			29.44.55
2	481	Cibanu, Serguie	Clonliffe Harriers A.C.			30.51.42
3	224	Mc Allister, Joseph	St. Malachy'S A.C.			30.53.43
4	259	Minnock, Barry	Rathfarnham W.S.A.F. A.C.			31.01.15
5	348	Maher, Brian	Kilkenny City Harriers A.C.			31.05.22
6	236	Kelly, David	Sligo A.C.			31.13.03
7	482	Mc Mahon, Brian	Clonliffe Harriers A.C.			31.53.27
8	518	Mc Kinney, Pauric	Letterkenny A.C.			31.55.00
9	418	Leahy, Brian	Raheny Shamrock A.C.			32.13.35
10	417	O'Leary, Cillian	Raheny Shamrock A.C.			32.27.63

11	416	Traynor, Mick	Raheny Shamrock A.C.	32.41.81
12	258	Freeley, Michael	Rathfarnham W.S.A.F. A.C.	33.30.99
13	260	Keane, Kevin	Rathfarnham W.S.A.F. A.C.	33.42.13
14	427	Crossan, Gary	Letterkenny A.C.	33.47.30
	455	Fagan, Martin	Mullingar Harriers A.C.	DNF

Men's 110 m Hurdles

Wind : -1.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	453	Mc Donald, Ian	Crusaders A.C.			14.29
2	160	Shallow, Peter	Raheny Shamrock A.C.			15.48
3	526	O'Cathain, Ciaran	Raheny Shamrock A.C.			15.50
4	378	Jackman, Adrian	Menapians A.C.			17.31
5	201	Mc Crossan, Conor	Lucan Harriers A.C.			17.53
6	346	Dennehy, Brendan A.	Rising Sun A.C.			21.50

Men's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	505	Carey, Tom	City of Derry A.C.			52.28
2	506	Lyons, Jeremy	Clonliffe Harriers A.C.			53.84
3	281	Crowe, Tim	Dooneen A.C.			54.21
4	454	Murphy, Brendan	Lisburn AC			54.30
5	508	Fagan, John	Clonliffe Harriers A.C.			55.18
6	521	Kidd, Andrew	Dundrum South Dublin A.C.			55.80
7	290	Corcoran, Alan	Ferrybank A.C.			58.67
8	374	Walsh, Damien	Menapians A.C.			61.93

Men's 3000 m Steeplechase

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	308	Chesser, Rory	Ennis Track A.C.			9.03.01
2	234	Dunleavy, Emmet	Sligo A.C.			9.05.41
3	477	Kirwan, Mark	Raheny Shamrock A.C.			9.07.78
4	519	Doherty, Ciaran	Letterkenny A.C.			9.23.10
5	300	Farrell, Brian	Sli Cualann A.C.			9.27.15
6	180	Mc Gowan, Aidan	St. Malachy's A.C.			9.47.43
7	354	Kelly, Alan	St. Ronans A.C.			10.19.94
	309	Carlin, Kevin	City of Derry			DNF
	231	Butler, Darren	Tullamore Harriers A.C.			DNF

Men's 10 000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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1	328	Heffernan, Robert	Togher A.C.	39.11.72
2	279	Griffin, Colin	Ballinamore A.C.	40.02.09
3	331	Egan, John	Bree A.C.	45.54.95
4	261	Mc Cabe, Owen	North Belfast Harriers	50.50.85
5	329	Healy, Timothy	Togher A.C.	51.28.42
6	488	Mc Manamon, Cian	Westport A.C.	53.36.97
7	397	Mc Mullan, Sean	Mullingar Harriers A.C.	62.08.69
	375	Boyce, Brendan	Milford A.C.	DISQ
	509	Doyle, Michael	Tara A.C.	DISQ

Men's High Jump

Place	No	Name	Club	1.85	1.90	1.95	2.00	2.05	2.10	2.15
1	422	Foroughi, Kourosh	Star of the Sea A.C.	-	-	-	O	XXO	XO	XXX
2	244	Pender, Barry	St. Abbans A.C.	-	-	-	O	XO	XXX	
2	232	Crowley, Christopher	Belgooly A.C.	-	O	O	O	XO	XXX	
4	382	Klimkosz, Marcin	Clonliffe Harriers A.C.	O	O	O	XXX			
5	409	Herron, Simon	City of Derry	XO	XXO	O	XXX			

Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	280	Fleming, Stephen	Crusaders A.C.	7.39 +2.3	7.36 +1.4	-	-	7.37 +2.5	7.56 +2.1	7.56 +2.1
2	208	Hannon, Eoin	Tullamore Harriers A.C.	6.91 +1.6	X	X	6.09 +3.5	X	7.32 +2.1	7.32 +2.1
3	176	Mc Mullan, Adam	Mid - Ulster A.C.	7.03 +3.1	X	X	6.90 +1.1	7.12 +2.1	7.28 +3.9	7.28 +3.9
4	460	Harrington, Timmy	Bandon A.C.	6.93 +1.4	X	6.90 +1.7	X	7.05 +0.2	7.06 +2.3	7.06 +2.3
5	175	Kennedy, Alan	Abbey A.C.	6.84 +2.8	X	6.95 +2.2	X	6.83 +2.2	X	6.95 +2.2
6	178	Marshall, Brendan	Mullingar Harriers A.C.	6.77 +3.0	6.44 +1.7	X	6.85 +3.9	6.72 +1.2	6.62 +2.0	6.85 +3.9
7	426	Connolly, Jack	Raheny Shamrock A.C.	6.20 +3.3	X	5.82 +2.4	5.72 +2.9	6.13 +2.4	X	6.20 +3.3

Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	245	Kelly, Eoin	St. Abbans A.C.	15.35 +2.2	14.91 +2.6	15.02 +6.0	15.02 +2.5	14.66 +2.2	X	15.35 +2.2
2	512	Finnegan, Denis	Spa Muckcross A.C.	14.19 +0.8	14.07 +2.0	X	13.61 +3.7	14.39 +1.9	14.51 +2.3	14.51 +2.3
3	409	Herron, Simon	City of Derry	12.12 +2.3	14.07 +1.6	X	14.18 +2.5	14.06 +2.3	14.13 +3.3	14.18 +2.5
4	460	Harrington, Timmy	Bandon A.C.	13.87	X	X	14.06	14.07	X	14.07

5	407	Tsang, Richard	Shercock A.C.	+0.1 X	12.13	X	+2.8 12.07	+1.8 X	12.58	+1.8 12.58
6	426	Connolly, Jack	Raheny Shamrock A.C.	+0.9 11.95	12.13	12.06	+2.5 11.86	+2.6 11.93	+2.6 11.54	+2.6 12.13
7	271	Egbeyemi, Olawale	St. L. O'Toole A.C.	+2.1 11.65	+3.3 X	+1.4 11.98	+2.3 12.00	+1.9 11.72	+2.0 -	+3.3 12.00
				+1.5		+3.4	+2.4	+2.7		+2.4

Men's Pole Vault

Place	No	Name	Club	3.20	3.40	3.60	3.80	4.00	4.20	4.30	4.40	4.50	4.60	4.70	4.80	4.91	5.01
1	340	Donegan, David	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	-	XO	O	O	O	XXX
2	383	Strezelczyk, Michael	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	XXO	-	X-	XX		
3	184	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	-	-	XXO	-	XXO	XXX				
4	303	Greene, Stuart	Raheny Shamrock A.C.	-	-	-	-	O	XO	-	O	XXX					
4	301	Rogers, Ian	Clonliffe Harriers A.C.	-	-	-	-	O	O	XO	O	XXX					
6	216	Beauché, Stephane	Gorey A.C.	-	-	-	O	O	XXO	XXX							
7	185	Bannon, Mark	West Waterford A.C.	-	-	-	XO	O	XXX								
8	388	Whyte, Richard	Brothers Pearse A.C.	-	-	XO	O	XO	XXX								
9	183	Flatley, Brian	Shercock A.C.	-	-	O	XXO	XXX									
9	415	Doherty, Keith	Dunboyne A.C.	-	O	O	XXO	XXX									
11	206	Pantea, Mihai	Raheny Shamrock A.C.	O	O	XO	XXO	XXX									
	343	Houlihan, Liam	West Waterford A.C.	-	-	-	-	XXX									

Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	513	Quirke, Colin	Crusaders A.C.	X	14.30	X	15.38	15.90	15.43	15.90
2	339	Breathnach, Sean	Galway City Harriers A.C.	X	15.18	14.95	X	14.65	X	15.18
3	243	Rauktys, Tomas	Clonliffe Harriers A.C.	14.51	X	X	14.14	14.21	X	14.51
4	514	Mangan, Luke	Clonliffe Harriers A.C.	13.71	13.70	13.37	13.20	13.28	13.10	13.71
5	425	Nagle, Gerard	Star of the Sea A.C.	13.59	X	12.86	12.50	X	X	13.59
6	337	Clifford, Daniel	Farranfore Maine Valley A.C.	12.16	13.54	13.34	13.50	13.56	X	13.56
7	371	Stout, Kieron	Celbridge A.C.	12.05	11.95	11.89	11.44	X	X	12.05
8	424	Delany, Barry	Star of the Sea A.C.	11.34	11.06	11.04	11.16	11.00	-	11.34
9	439	Tierney, David	Leevale A.C.	10.50	10.77	10.17				10.77
10	441	Nagle, Joseph	Leevale A.C.	10.34	X	9.96				10.34
11	403	Murtagh, Laurence	Fr. Murphy A.C.	10.26	9.98	X				10.26
12	139	O'Reilly, Conor	Sli Cualann A.C.	X	10.03	9.96				10.03
13	289	Boucher, Thomas	Ferrybank A.C.	9.80	9.76	9.64				9.80
14	148	Gomm, David	Raheny Shamrock A.C.	5.27	4.98	5.17				5.27

Men's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	513	Quirke, Colin	Crusaders A.C.	54.14	X	X	49.54	X	54.70	54.70
2	363	Menton, John	Donore Harriers A.C.	49.12	X	48.34	X	46.74	53.15	53.15
3	447	Coleman, Dave	Menapians A.C.	X	47.66	47.03	47.20	45.79	48.06	48.06
4	243	Rauktys, Tomas	Clonliffe Harriers A.C.	45.25	X	X	X	X	X	45.25
5	337	Clifford, Daniel	Farranfore Maine Valley A.C.	44.53	44.00	41.36	X	40.39	X	44.53
6	438	Hazler, Paul	Leevale A.C.	X	43.77	X	43.95	X	X	43.95

7	467	Harper, Jeremy	North Down	42.40	X	X	X	X	X	42.40
8	339	Breathnach, Sean	Galway City Harriers A.C.	40.09	40.84	X	X	X	X	40.84
9	395	Collins, Justin	North Westmeath A.C.	37.03	38.82	38.70				38.82
10	396	Sweeney, David	Sli Cualann A.C.	35.53	X	X				35.53
11	140	Mangan, Luke	Clonliffe Harriers A.C.	34.35	33.89	34.87				34.87
12	371	Stout, Kieron	Celbridge A.C.	34.09	X	29.31				34.09

Men's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	349	Kubis, Juraj	Kilkenny City Harriers A.C.	59.09	59.11	57.04	59.34	59.44	59.54	59.54
2	272	Wildenboer, Louis	St. L. O'Toole A.C.	58.51	X	X	-	X	X	58.51
3	298	Diskin, Joseph	Sli Cualann A.C.	57.15	X	X	56.18	55.48	54.89	57.15
4	365	Rice, Adam	Greystones & District A.C.	55.27	56.01	56.66	55.36	X	56.11	56.66
5	323	Crawford, Damian	Strabane Track Club	56.11	56.25	-	X	X	50.63	56.25
6	302	Marry, Paul	Clonliffe Harriers A.C.	55.71	53.69	52.94	52.88	50.82	X	55.71
7	299	Kelly, David	Sli Cualann A.C.	51.09	49.64	55.03	52.47	54.77	51.31	55.03
8	324	Crawford, Aaron	Strabane Track Club	X	49.91	52.88	52.43	X	X	52.88
9	466	Delaney, Denis	Clonliffe Harriers A.C.	52.62	51.22	51.25				52.62
10	189	Mc Dermott, Brian	Dundrum South Dublin A.C.	50.86	X	X				50.86
11	188	Mc Bride, Sean	Strabane Track Club	X	50.62	49.92				50.62
12	382	Klimkosz, Marcin	Clonliffe Harriers A.C.	39.88	46.85	45.06	46.85			46.85

Men's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	314	White, Padraig	U.C.D. A.C.	55.60	55.82	57.41	X	54.72	X	57.41
2	438	Hazler, Paul	Leevale A.C.	52.12	51.34	53.16	X	53.70	54.48	54.48
3	204	Barry, Killian	Crusaders A.C.	46.24	49.38	X	49.81	49.77	51.89	51.89
4	169	Hunt, Martin	Clonliffe Harriers A.C.	49.38	48.79	50.85	49.39	50.59	X	50.85
5	373	Kelly, Gerard	U.C.D. A.C.	50.14	46.28	X	X	49.71	50.28	50.28
6	205	Barry, Cathal S	Crusaders A.C.	46.55	47.23	X	38.90	43.43	X	47.23
7	170	Murphy, Richard	Lisburn A.C.	45.39	46.11	X	44.66	X	X	46.11
8	412	Hanily, Francis	Fr. Murphys A.C.	43.78	43.26	45.59	43.03	43.91	41.19	45.59
9	173	Carpenter, Lorcan	Crusaders A.C.	44.05	X	44.87				44.87
10	410	Corrigan, Thomas	Fr. Murphys A.C.	36.87	40.22	42.57				42.57
11	423	Hutcheson, James	Star of the Sea A.C.	X	X	41.64				41.64

Men's 56lb Distance

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	429	Fitzpatrick, Seamus	North Laois A.C.	7.38	7.58	7.69	7.56	7.48	7.69	7.69
2	363	Menton, John	Donore Harriers A.C.	7.43	7.37	7.33	7.40	7.52	7.52	7.52
3	243	Rauktys, Tomas	Clonliffe Harriers A.C.	6.56	X	6.73	X	7.35	7.20	7.35
4	339	Breathnach, Sean	Galway City Harriers A.C.	6.96	6.78	7.08	7.06	X	X	7.08
5	314	White, Padraig	U.C.D. A.C.	6.06	6.73	6.71	6.70	6.53	6.41	6.73
6	424	Delany, Barry	Star of the Sea A.C.	6.44	6.38	6.52	6.53	6.48	6.46	6.53
7	248	Dwyer, Tadhg	Templemore A.C.	6.43	6.46	6.22	6.29	6.43	6.32	6.46

8	249	Dwyer, Tom	Templemore A.C.	6.16	6.31	6.18	6.38	X	6.29	6.38
9	389	Hoey, Oisin	St. Michael's AC	5.50	5.50	5.93				5.93
10	439	Tierney, David	Leevale A.C.	5.51	5.85	5.43				5.85
11	371	Stout, Kieron	Celbridge A.C.	5.03	5.84	5.54				5.84
12	289	Boucher, Thomas	Ferrybank A.C.	4.77	5.09	5.16				5.16
13	441	Nagle, Joseph	Leevale A.C.	4.93	X	4.49				4.93

Men's 56lb Height

Place	No	Name	Club	3.00	3.20	3.50	3.70	3.90	4.10	4.30
1	429	Fitzpatrick, Seamus	North Laois A.C.	-	O	O	O	O	XO	X
2	424	Delany, Barry	Star of the Sea A.C.	-	O	XO	O	O	XXX	
3	339	Breathnach, Sean	Galway City Harriers A.C.	-	-	XO	O	XXX		
4	441	Nagle, Joseph	Leevale A.C.	XXO	XXX					

Junior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	463	Cotter, Tomas	Dunleer A.C.			8.39.85
2	446	Creech, Ryan	Leevale A.C.			8.48.70
3	307	Markham, Liam	Ennis Track A.C.			8.50.52
4	478	Flynn, Darragh	Raheny Shamrock A.C.			8.57.80
5	203	Fitzmaurice, David	Clonliffe Harriers A.C.			9.03.36
6	326	Van Haeften, Lee	Donore Harriers A.C.			9.04.70
7	296	Phillips, Jonathon	Sli Cualann A.C.			9.07.34
8	242	Rossiter, Jayme	Clonliffe Harriers A.C.			9.10.11
9	464	Lambe, David	Dunleer A.C.			9.19.81
10	223	Mc Keown, Ciaran	St. Malachy's A.C.			9.25.79
11	240	Mc Cann, eric	Clonliffe Harriers A.C.			9.31.44
12	532	Vaughey, David	Dunleer A.C.			9.39.15
13	241	Mc Guinness, Conor	Clonliffe Harriers A.C.			9.40.89
	294	Keogh, Eric	Donore Harriers A.C.			DNS

35lb Height - Junior Men

Place	No	Name	Club	3.20	3.50	3.70	3.90	4.10	4.30	4.50	4.60	4.70	4.80	4.90	5.00	5.10	5.20
1	251	Mulligan, Joseph	Tullamore Harriers A.C.	O	XO	O	O	O	O	O	XXX						
2	168	Donnelly, Ciaran	Crusaders A.C.	O	O	O	O	O	XXX								

35lb Height - U.23 Men

Place	No	Name	Club	3.20	3.50	3.70	3.90	4.10	4.30	4.50	4.60	4.70	4.80	4.90	5.00	5.10	5.20
1	439	Tierney, David	Leevale A.C.	O	O	O	O	XO	O	O	XO	O	O	XO	O	O	XXX
2	167	O'Reilly, Mathew	Shercock A.C.	O	-	O	-	O	O	XO	O	XO	XXX				

Women's 100 m

Wind : -3.0

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	97	Mc Sweeney, Ailis	Leevale A.C.	12.27		12.20
2	30	Proper, Kelly	Ferrybank A.C.	12.74		12.21
3	28	Whelan, Niamh	Ferrybank A.C.	12.55		12.31
4	33	Kiernan, Louise	Fingallians A.C.	12.31		12.33
5	118	Boyle, Anna	Ballymena & Antrim A.C.	12.63		12.41
6	114	Creaner, Steffi	Celtic DCH A.C.	13.00		12.96
7	3	Kennedy, Sophie	Navan A.C.	14.19		14.00
	164	Patterson, Joanna	Ballymena & Antrim A.C.	12.75		DNS
	82	Devlin, Mary	Abbey AC	13.01		

Women's 200 m

Wind : -1.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	30	Proper, Kelly	Ferrybank A.C.			24.34
2	28	Whelan, Niamh	Ferrybank A.C.			24.68
3	114	Creaner, Steffi	Celtic DCH A.C.			25.44
4	91	Cannon, Shauna	Brothers Pearse A.C.			25.57
5	32	Anglim, Roisin	Fingallians A.C.			26.17
6	144	Giblin, Susan	Raheny Shamrock A.C.			27.60
7	3	Kennedy, Sophie	Navan A.C.			28.48

Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	43	Andrews, Marian	Togher A.C.			55.02
2	120	Bergin, Claire	Dundrum South Dublin A.C.			55.59
3	95	Mc Ardle, Louise	Leevale A.C.			56.59
4	164	Patterson, Joanna	Ballymena & Antrim A.C.			56.67
5	88	Whiteside, Leigh	Abbey AC			57.57
6	85	O'Connell, Emer	Blarney/Inniscara A.C.			57.99
7	166	Rodgers, Michelle	Abbey A.C.			58.40
8	32	Anglim, Roisin	Fingallians A.C.			59.04

Women's 800 m

Final Place	No	Name	Club	Heat Time	Final Time
1	113	Galligan, Roseanne	Newbridge A.C.	2.13.05 (H2)	2.04.66
2	122	Mc Neice, Kelly	Lisburn A.C.	2.12.48 (H1)	2.05.15
3	73	Everard, Ciara	Kilkenny City Harriers A.C.	2.12.52 (H1)	2.06.43
4	35	Byrne, Deirdre	Sli Cualann A.C.	2.12.62 (H2)	2.06.66
5	10	Kehoe, Fiona	Kilmore A.C.	2.12.76 (H1)	2.08.09

6	2	Crowe, Laura	Riocht A.C.	2.12.93 (H2)	2.10.13
7	145	Mc Carthy, Martina	Athenry A.C.	2.12.68 (H1)	2.11.00
8	51	Treacy, Sara Louise	Moynalvey A.C.	2.13.41 (H1)	2.11.43
9	31	Denny, Sinead	Dundrum South Dublin A.C.	2.13.41 (H2)	2.15.03
	23	Harvey, Michelle	Tír Chonaill A.C.	2.14.03 (H2)	
	134	Gebrezgi, Azmera	Dublin City Harriers A.C.	2.14.83 (H1)	
	38	Durkan, Ciara	Skerries A.C.	2.15.77 (H1)	
	70	Alexander, Eleanor	Clonliffe Harriers A.C.	2.19.96 (H1)	
	146	Boland, Niamh	Crusaders A.C.	2.27.27 (H2)	
	27	Doyle, Ann	Gowran A.C.	2.32.67 (H2)	

Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	35	Byrne, Deirdre	Sli Cualann A.C.			4.25.41
2	122	Mc Neice, Kelly	Lisburn A.C.			4.26.33
3	36	Mc Gettigan, Roisin	Sli Cualann A.C.			4.27.50
4	66	Brady, Aoife	Sportsworld A.C.			4.33.24
5	23	Harvey, Michelle	Tír Chonaill A.C.			4.34.61
6	104	Manning, Lorraine	Raheny Shamrock A.C.			4.37.02
7	111	Reilly, Louise	Clonliffe Harriers A.C.			4.37.81
8	134	Gebrezgi, Azmera	Dublin City Harriers A.C.			4.38.65
9	107	Woods, Rebecca	Clonliffe Harriers A.C.			4.42.17
10	58	Roe, Niamh	Eagle A.C.			4.43.75
11	81	Walsh, Maria	Blackrock A.C.			4.45.27
12	65	Brady, Crona	Sportsworld A.C.			4.46.53
13	112	Clancy, Caroline	Loughrea A.C.			4.47.96
14	334	Gibson, Rachel	City Of Lisburn A.C.			4.48.80

Women's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	60	Byrne, Linda	Dundrum South Dublin A.C.			16.39.62
2	45	Ryan, Rosemary	Bilboa A.C.			16.45.48
3	66	Brady, Aoife	Sportsworld A.C.			17.38.13
4	13	Phelan, Clair	St. Abbans A.C.			17.49.44
5	67	O'Doherty, Siobhan	Borrisokane A.C.			17.57.79
6	20	Mc Gloin, Teresa	Finn Valley A.C.			17.58.99
7	25	Jordan, Adrienne	Donore Harriers A.C.			18.05.21
8	133	Mc Dermott, Ailish	Clonliffe Harriers A.C.			18.52.69
9	101	Von Hatten, Jessica	Leevale A.C.			18.55.07

Women's 100 m Hurdles

Wind : -1.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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1	7	Lawlor, Sandra	Celbridge A.C.	14.69
2	86	Byrd, Katey	Leevale A.C.	15.46
3	22	Mc Loone, Mary	Tír Chonaill A.C.	15.47
4	54	Furman, Shauna	Clonliffe Harriers A.C.	15.86
5	42	Moloney, Sinead	St Killians	16.59
	49	Finnegan, Sarah	Craughwell A.C.	DNS

Women's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	124	Carey, Michelle	Dublin Striders A.C.			57.82
2	74	Furlong, Brona	Slaney Olympic A.C.			60.06
3	125	Mc Mahon, Christina	Ballymena & Antrim A.C.			62.91
4	177	Kearns, Ciara	Killybegs A.C.			68.28
	55	Doyle, Sarah	Clonliffe Harriers A.C.			DNS

Women's 3000 m Steeplechase

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	149	Britton, Fionnualla	Sli Cualann A.C.			10.04.95
2	62	Mills, Ruth	Dundrum South Dublin A.C.			11.31.56
3	159	Nic Amhaloibh, Maire	Dundrum South Dublin A.C.			12.02.98

Women's 5000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	130	Loughnane, Olive	Loughrea A.C.			21.03.45
2	131	Reynolds, Laura	Mohill A.C.			24.17.56
3	48	Farrell, Emma	Slaney Olympic A.C.			28.45.56
4	34	O'Sullivan, Lucy	Cushinstown A.C.			31.10.54

Women's High Jump

Place	No	Name	Club	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.83	1.90
1	126	Ryan, Deirdre	Dundrum South Dublin A.C.	-	-	-	-	-	-	-	O	O	O	XXX
2	11	Hughes, Pamela	Westport A.C.	-	-	-	-	O	O	O	O	XXO	XXX	
3	103	Byrne, Leona	St. L. O'Toole A.C.	-	-	-	-	O	O	XO	XXX			
4	87	Herron, Linzi	Lisburn AC	-	-	O	O	O	XO	XO	XXX			
5	76	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	O	XO	O	XXX				
6	136	Liadova, Agne	Clonliffe Harriers A.C.	-	-	O	O	O	XXX					
7	109	Buckley, Helen	Raheny Shamrock A.C.	-	-	O	O	XXX						
8	42	Moloney, Sinead	St Killians	O	XO	XXX								

Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	30	Proper, Kelly	Ferrybank A.C.	6.68 +4.5	6.34 +1.4	6.68 +3.0	X	-	X	6.68 +3.0
2	22	Mc Loone, Mary	Tír Chonaill A.C.	6.03 +4.0	6.17 +4.7	6.30 +4.2	5.91 +1.8	X	X	6.30 +4.2
3	40	Stafford, Antoinette	D.M.P. A.C.	5.99 +3.1	X	X	5.90 +2.3	6.14 +2.8	6.11 +4.2	6.14 +2.8
4	82	Devlin, Mary	Abbey AC	6.01 +7.2	X	5.61 +0.7	5.35 +2.2	X	5.47 +3.6	6.01 +7.2
5	87	Herron, Linzi	Lisburn AC	5.31 +2.9	5.62 +2.8	5.48 +3.8	5.49 +1.3	5.26 +2.8	5.49 +6.1	5.62 +2.8
6	29	Power, Nicola	Ferrybank A.C.	X	X	5.59 +8.0	5.19 +2.3	5.32 +2.9	5.59 +2.6	5.59 +2.6
7	21	O'Connor, Sinead	Tralee Harriers A.C.	4.82 +2.3	5.22 +2.9	5.17 +3.6	X	4.92 +3.7	5.11 +6.0	5.22 +2.9

Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	22	Mc Loone, Mary	Tír Chonaill A.C.	X	12.48 +4.5	12.75 +5.6	12.57 +4.4	X	X	12.75 +5.6
2	82	Devlin, Mary	Abbey AC	11.40 +4.1	11.26 +6.1	11.65 +3.3	11.56 +6.0	11.66 +3.8	11.96 +5.8	11.96 +5.8
3	21	O'Connor, Sinead	Tralee Harriers A.C.	10.73 +2.3	10.97 +2.5	10.85 +4.9	X	10.54 +4.2	10.82 +3.4	10.97 +2.5
4	89	Porteous, Debbie	City of Lisburn	10.41 +2.3	10.34 +1.3	10.22 +1.8	10.40 +7.2	10.45 +2.3	X	10.45 +2.3
5	49	Finnegan, Sarah	Craughwell A.C.	9.95 +2.9	9.81 +4.6	9.91 +3.1	9.63 +2.5	9.68 +4.4	9.94 +3.3	9.95 +2.9

Women's Junior 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	83	Shaughnessy, Laura	Loughrea A.C.			10.23.94
2	157	Doyle, Deirdre	Tinryland A.C.			10.38.23
3	132	Mullen, Catherina	Shercock A.C.			10.41.41

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	142	Murphy, Deirdre	Leevale A.C.	10.49	10.25	X	10.68	10.68	10.91	10.91
2	79	Rogers, Frances	St. Peter's A.C.	10.09	10.15	10.05	10.09	9.55	10.06	10.15
3	64	Smith, Paula	Bailieboro A.C.	9.43	8.66	8.87	X	9.10	9.10	9.43
4	109	Buckley, Helen	Raheny Shamrock A.C.	8.46	8.34	8.68	8.81	7.77	8.20	8.81
5	26	Murphy, Mary	Gowran A.C.	X	8.28	8.26	8.26	X	8.42	8.42
6	179	Mc Donald, Olivia	St. Peter's A.C.	7.79	-	-	-	-	-	7.79

Women's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	71	O'Keefe, Eileen	Kilkenny City Harriers A.C.	37.98	X	43.18	43.86	X	-	43.86
2	142	Murphy, Deirdre	Leevale A.C.	39.23	40.96	X	40.43	40.15	40.08	40.96
3	106	Akers, Rachel	Marian A.C.	36.10	35.69	37.90	32.83	35.41	37.85	37.90
4	64	Smith, Paula	Bailieboro A.C.	22.88	X	25.63	28.55	X	22.23	28.55
5	26	Murphy, Mary	Gowran A.C.	26.73	22.33	27.39	26.37	27.19	25.42	27.39

Women's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	78	Mc Donald, Olivia	St. Peter'S A.C.	36.97	34.86	38.11	34.62	-	36.06	38.11
2	39	Byrne, Denise	Clonliffe Harriers A.C.	36.05	35.07	34.73	34.79	37.49	35.03	37.49
3	77	Mc Carthy, Paula	Bantry A.C.	32.23	35.78	30.65	X	31.25	30.23	35.78
4	59	Roche, Rachel	Bandon A.C.	23.23	30.62	30.76	X	28.25	X	30.76
5	109	Buckley, Helen	Raheny Shamrock A.C.	28.09	27.04	27.08	27.34	X	X	28.09
6	37	Bolger, Rachel	Sli Cualann A.C.	27.70	-	-	-	-	-	27.70

Women's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	71	O'Keefe, Eileen	Kilkenny City Harriers A.C.	68.10	69.91	X	X	69.05	68.16	69.91
2	106	Akers, Rachel	Marian A.C.	53.06	53.86	53.81	X	X	52.95	53.86
3	72	Hickey, Aoife	Kilkenny City Harriers A.C.	48.83	X	51.08	X	50.71	X	51.08
4	138	Donnelly, Haggi-Anne	Mid-Ulster A.C.	X	41.49	46.62	44.34	X	44.29	46.62
5	41	Sutherland, Mary	D.M.P. A.C.	35.57	X	44.14	X	43.21	43.70	44.14
6	105	O'Farrell, Charlotte	D.M.P. A.C.	X	39.30	41.15	X	40.38	X	41.15

Women's Pole Vault

Place	No	Name	Club	2.40	2.60	2.80	3.00	3.20	3.40	3.60	3.75
1	76	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	-	-	XXO	O	XXX
2	8	Savage, Nikita	Youghal A.C.	-	-	O	O	XXX			
3	47	Houlihan, Lisa	West Waterford A.C.	-	O	XXO	XXX				
4	9	Ryan, Sarah	Youghal A.C.	O	XO	XXO					