

Woodie's DIY / Athletic Association of Ireland Senior Championships of Ireland

10th & 11th July 2010
Morton Stadium

Men's 100 m

Wind : -0.8 (i -3.3; ii +1.9; iii -2.1; iv -1.9; v +1.9) (SF i -1.6; ii -3.3)

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	137	Holmes, Jonathan	Kilkenny City Harriers A.C.	10.75 1/ii	10.80 2/i	10.71
2	356	Colvert, Steven	U.C.D. A.C.	10.84 1/iv	10.83 3/i	10.73
3	412	Ogunlewe, Seye	Celbridge A.C.	10.82 2/v	10.93 1/ii	10.80
4	189	Russell, Christopher	Ferrybank A.C.	10.76 1/v	10.79 1/i	10.83
5	124	Graham, Darragh	Sli Cualann A.C.	11.30 2/i	11.03 3/ii	10.84
6	212	Phelan, Patrick	Dundrum South Dublin A.C.	10.98 2/ii	11.12 4/i	10.92
7	479	Hynes, David	Menapians A.C.	11.00 1/iii	11.01 2/ii	10.93
8	202	Adams, Dean	Ballymena & Antrim A.C.	11.24 1/i	11.05 4/ii	11.09
9	65	Aherne, Cian	Dooneen A.C.	11.03 3/ii	11.18 5/ii	11.19
10	2	Kavanagh, Daniel	Clonliffe Harriers A.C.	11.29 5/iv	11.25 5/i	11.32
	63	O'Shea, David	Dooneen A.C.	11.15 2/iv	11.23 6/ii	
	139	Kavanagh, Mark	Dundrum South Dublin A.C.	11.19 3/iv	11.31 6/i	
	371	Coleman, Conor	Clonliffe Harriers A.C.	11.28 4/iv	11.45 7/ii	
	155	O'Byrne, Deanna	Dundrum South Dublin A.C.	11.27 5/ii	11.47 8/ii	
	413	Gillick, David	Dundrum South Dublin A.C.	11.02 2/iii	DNS /i	
	213	O'Cathain, Lorcan	Roscommon A.C.	11.22 4/ii	DNS /i	
	348	Scanlon, Paul	Leevale A.C.	11.30 3/iii		
	27	Davis, Jamie	Raheny Shamrock A.C.	11.30 3/v		
	114	Owens, Cathal	Leevale A.C.	11.36 4/v		
	538	Mc Gillian, Ben	Strabane Track Club	11.38 5/v		
	215	Muldowney, Eoin	Castlecomer A.C.	11.40 4/iii		
	80	Monaghan, Joseph	Navan A.C.	11.43 6/ii		
	146	Jackman, Adrian	Menapians A.C.	11.48 6/v		
	116	Killeen, David	Leevale A.C.	11.54 3/i		
	405	Crowley, John	Dundrum South Dublin A.C.	11.73 4/i		
	195	O'Donohue, Barry	Raheny Shamrock A.C.	11.76 5/iii		
	132	Whelan, Alan	Tullamore Harriers A.C.	11.78 6/iii		
	390	Stafford, Tony	Paralympics Ireland	12.09 5/i		
	81	Matthews, Niall	Navan A.C.	12.24 6/i		
	64	O'Shea, Ger	Dooneen A.C.	12.28 7/i		
	404	Hogan, Simon	Dooneen A.C.	12.32 8/i		
	150	Foley, Ronan	Togher A.C.	12.73 7/v		
	427	Lyons, Peter	Kilkenny City Harriers A.C.	34.70 7/iii		
	159	Boyce, Brian	Letterkenny A.C.	DNS /ii		
	435	Opperman, Paul	U.C.D. A.C.	DQ /iv		
	185	Leahy, Brendan	Waterford A.C.	DQ /iv		

Men's 200 m

Wind : -0.9 (i -2.4; ii -2.6; iii -3.1; iv -3.6)

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	411	Hession, Paul	Athenry A.C.	21.63 1/iv		20.77
2	356	Colvert, Steven	Crusaders A.C.	21.85 1/iii		21.41
3	124	Graham, Darragh	Sli Cualann A.C.	22.12 1/i		21.58
4	212	Phelan, Patrick	Dundrum South Dublin A.C.	21.80 1/ii		21.60
5	479	Hynes, David	Menapians A.C.	22.22 2/iv		21.83
6	213	O'Cathain, Lorcan	Roscommon A.C.	21.97 2/ii		21.95
7	65	Aherne, Cian	Dooneen A.C.	22.52 4/iv		22.30
8	508	Lynch, Craig	Shercock A.C.	22.48 3/iv		22.44
	139	Kavanagh, Mark	Dundrum South Dublin A.C.	22.53 2/iii		
	115	Quilligan, David	Leevale A.C.	22.66 3/iii		
	215	Muldowney, Eoin	Castlecomer A.C.	22.73 3/ii		
	116	Killeen, David	Leevale A.C.	22.83 5/iv		
	26	Dunne, Neil	Star Of The Sea A.C.	22.88 2/i		
	155	O'Byrne, Deanna	Dundrum South Dublin A.C.	22.93 4/iii		
	501	Lynch, Colm	Iveragh A.C.	22.99 4/ii		
	489	Roche, Stuart	Clonliffe Harriers A.C.	23.11 5/ii		
	80	Monaghan, Joseph	Navan A.C.	23.28 6/ii		
	449	Wilson, Conor	Menapians A.C.	23.46 3/i		
	62	Gygomber, Zoltan	Dooneen A.C.	23.47 4/i		
	13	Gore, Shane	Fingallians A.C.	23.68 5/i		
	185	Leahy, Brendan	Waterford A.C.	23.86 6/iv		
	96	Minn, Chris	Clonliffe Harriers A.C.	24.02 7/iv		
	64	O'Shea, Ger	Dooneen A.C.	24.08 5/iii		
	427	Lyons, Peter	Kilkenny City Harriers A.C.	24.57 6/iii		
	150	Foley, Ronan	Togher A.C.	26.56 6/i		
	159	Boyce, Brian	Letterkenny A.C.	DNS		

Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	337	Kennedy, Gordon	Tullamore Harriers A.C.	47.97 1/iii		46.57
2	374	Gregan, Brian	Clonliffe Harriers A.C.	48.18 1/i		46.89
3	414	Murphy, Brian	U.C.C. A.C.	48.38 1/ii		47.23
4	532	Hogan, Nick	Dundrum South Dublin A.C.	48.38 2/i		47.90
5	53	Kelly, Kieran	Raheny Shamrock A.C.	48.55 2/ii		48.38
6	82	Kervick, Dara	Carrick-On-Suir A.C.	48.47 3/iii		48.50
7	188	Ryan, Billy	Ferrybank A.C.	48.92 4/iii		48.67
8	29	Laffey, John	Clonliffe Harriers A.C.	48.43 2/ii		49.27
	348	Scanlon, Paul	Leevale A.C.	49.01 3/i		
	27	Davis, Jamie	Raheny Shamrock A.C.	49.55 3/ii		
	114	Owens, Cathal	Leevale A.C.	49.82 4/iii		
	365	Collins, Ciaran	Sligo A.C.	50.03 4/i		
	132	Whelan, Alan	Tullamore Harriers A.C.	50.34 4/ii		
	62	Gygomber, Zoltan	Dooneen A.C.	50.89 5/i		
	435	Opperman, Paul	U.C.D. A.C.	50.96 5/ii		
	501	Lynch, Colm	Iveragh A.C.	51.11 6/i		
	13	Gore, Shane	Fingallians A.C.	51.94 6/ii		
	362	Miller, Samuel	Ballymena & Antrim A.C.	56.13 6/iii		
	392	Dolan, Keith	Paralympics Ireland	63.42 7/i		

Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	97	Chamney, Thomas	Crusaders A.C.	1.56.89 2/ii		1.48.84
2	163	Mc Brearty, Darren	Letterkenny A.C.	1.58.07 1/v		1.49.37
3	437	Lieghio, Anthony	Tallaght A.C.	1.55.42 1/iii		1.49.65
4	136	Everard, Eoin	Kilkenny City Harriers A.C.	1.55.95 1/i		1.50.09
5	400	Carroll, Tommy	North Sligo A.C.	1.56.93 2/i		1.51.63
6	79	Healy, Conor	Clonliffe Harriers A.C.	1.55.13 1/iv		1.51.89
7	409	Hill, Gareth	Ballymena & Antrim A.C.	1.56.35 2/iii		1.52.56

8	464	Kuppler, Julian	Rathfarnham W.S.A.F. A.C.	1.55.63	3/iv	152.59
9	164	Mooney, Daniel	Letterkenny A.C.	1.56.48	4/iv	1.52.99
10	43	Ledingham, James	West Waterford A.C.	1.55.58	2/iv	1.55.75
	23	Kelly, Feidhlim	Raheny Shamrock A.C.	1.57.01	2/ii	
	522	Kelly, Brian	St. Abbans A.C.	1.57.20	3/i	
	153	Kinahan, Ivan	Crusaders A.C.	1.57.50	3/iii	
	84	Duggan, Ronan	Bandon A.C.	1.57.97	3/ii	
	6	Conway, Mark	Dundrum South Dublin A.C.	1.58.16	5/iv	
	1	Mc Donald, Mark	Clonliffe Harriers A.C.	1.58.33	4/i	
	99	O'Donnell, Joseph	Galway City Harriers A.C.	1.59.02	6/iv	
	93	Reilly, Fintan	Dunleer A.C.	1.59.03	4/iii	
	447	O'Sullivan, Michael	West Muskerri A.C.	1.59.10	2/v	
	443	Kelly, Chris	Donore Harriers A.C.	2.00.06	5/i	
	349	Dineen, Steven	Ballymena & Antrim A.C.	2.00.52	3/v	
	129	Kavan, Danny	Sale Harriers A.C.	2.00.59	6/i	
	362	Miller, Samuel	Ballymena & Antrim A.C.	2.00.74	5/iii	
	507	Mahon, Graham	Clonliffe Harriers A.C.	2.01.17	6/iii	
	209	Ellis, Fergal	Ballinamore A.C.	2.01.49	4/ii	
	126	Owens, Richard	Sli Cualann A.C.	2.01.60	5/ii	
	51	Coughlan, Denis	St. Finbarrs A.C.	2.01.87	6/ii	
	528	Durkin, Eoin	Donore Harriers A.C.	2.02.11	7/i	
	103	Mc Donnell, Cormac	Galway City Harriers A.C.	2.02.28	7/iv	
	401	Costello, Eddie	Galway City Harriers A.C.	2.02.49	4/v	
	221	Harkness, Stephen	Clonliffe Harriers A.C.	2.02.64	7/iii	
	178	Kelleher, Tony	Togher A.C.	2.04.42	5/v	
	199	Hayes, John	Raheny Shamrock A.C.	2.05.45	6/v	
	9	Murran, Gareth	Sportsworld A.C.	2.05.53	7/ii	
	71	Ffrench-O'Carroll, Markus	Dundrum South Dublin A.C.	2.07.57	8/i	
	67	Mc Donagh, Morgan	Dunboyne A.C.	2.08.32	8/ii	
	438	Somerville, David	Tallaght A.C.	2.08.82	8/iii	
	55	Donelan, Richard	Dundrum South Dublin A.C.	2.08.87	9/iii	
	516	Kelly, James	Fr. Murphy A.C.	2.10.87	7/v	
	104	Glynn, Robert	Galway City Harriers A.C.	2.11.44	8/v	
	101	Glynn, Brendan	Galway City Harriers A.C.	2.12.44	8/iv	

Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	419	Christie, Mark	Mullingar Harriers A.C.	3.53.18	3/i	3.48.22
2	205	Mulhare, Dan	North Laois A.C.	3.53.15	2/i	3.48.76
3	20	Corcoran, Richard	Raheny Shamrock A.C.	3.55.57	2/ii	3.49.91
4	19	Moriarty, Kevin	Raheny Shamrock A.C.	3.55.68	3/ii	3.51.02
5	168	Warne, Joe	Doheny A.C.	3.55.05	8/i	3.51.75
6	17	O'Sullivan, Gavin	Raheny Shamrock A.C.	3.53.12	6/i	3.52.09
7	523	Mulhare, Michael	North Laois A.C.	3.53.28	4/i	3.53.57
8	161	Brennan, Patrick	Letterkenny A.C.	3.55.37	1/ii	3.53.99
9	22	Bermingham, Daire	Raheny Shamrock A.C.	3.53.64	5/i	3.54.42
10	393	Mc Killop, Michael	St. Malachy's A.C.	3.55.99	6/ii	3.55.23
11	353	Mc Cartan, Patrick	West Limerick A.C.	3.54.35	7/i	3.55.58
12	547	Flynn, Eoin	Rathfarnham W.S.A.F. A.C.	3.56.28	6/ii	3.55.65
13	450	Bailey, Aidan	Clonliffe Harriers A.C.	3.52.79	1/i	3.56.03
14	151	Flynn, Patrick	Ferrybank A.C.	3.55.83	4/ii	4.06.40
	5	Mc Carthy, James	East Cork A.C.	3.57.51	9/i	DNS
	57	Tremble, Liam	Metro/St. Brigid's A.C.	3.58.95	10/i	
	481	Paine, Brett	Clonliffe Harriers A.C.	4.01.00	7/ii	
	190	Flynn, Alex	Ferrybank A.C.	4.02.96	8/ii	
	531	O'Hare, James	Annadale Striders A.C.	4.03.01	11/i	
	21	Conroy, Ian	Raheny Shamrock A.C.	4.05.72	12/i	
	138	Hamilton, Patrick	City of Derry	4.07.11	13/i	
	44	Zakis, Raivis	West Waterford A.C.	4.07.71	9/ii	
	157	Crossan, Gary	Letterkenny A.C.	4.07.86	10/ii	
	140	Mulligan, Kevin	Metro/St. Brigid's A.C.	4.13.57	11/ii	
	1	Mc Donald, Mark	Clonliffe Harriers A.C.	4.14.02	14/i	
	18	O'Sullivan, Carl	Raheny Shamrock A.C.	4.15.17	12/ii	
	102	Murray, Derek	Galway City Harriers A.C.	4.21.83	13/ii	
	477	Strawbridge, James	Annadale Striders A.C.	DNS		
	84	Duggan, Ronan	Bandon A.C.	DNF		

Men's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	85	Cragg, Alistair	Clonliffe Harriers A.C.			14.04.64
2	530	Sweeney, Joseph	Dundrum South Dublin A.C.			14.07.44
3	436	Connolly, Sean	Tallaght A.C.			14.10.93
4	417	Mc Carthy, David	West Waterford A.C.			14.13.12
5	56	O'Neill, Breandan	Dundrum South Dublin A.C.			14.21.26
6	123	Farrell, Brian	Sli Cualann A.C.			14.23.89
7	546	Fitzpatrick, Tomas	Tallaght A.C.			14.34.66
8	521	Mc Ginley, Eddie	Annadale Striders A.C.			14.51.43
9	143	Sheehan, Niall	Gowran A.C.			15.01.94
10	4	Mc Grath, Sean	East Cork A.C.			15.04.10
11	83	Falls, Jarlath	Ballymena & Antrim A.C.			15.04.55
12	462	Fleming, Paul	Rathfarnham W.S.A.F. A.C.			15.06.02
13	60	Corbally, Robert	Dundrum South Dublin A.C.			15.13.04
14	158	Mc Kinney, Pauric	Letterkenny A.C.			15.16.84
15	193	Cleary, John	Ferrybank A.C.			15.21.09
16	68	Mc Donnell, Rory	Dunboyne A.C.			15.23.25
17	131	Doherty, Aaron	City of Derry			15.24.95
18	119	Maunsell, Thomas	Leevale A.C.			15.26.00
19	21	Conroy, Ian	Raheny Shamrock A.C.			15.26.87
20	91	Dooley, Mark	Donore Harriers A.C.			15.30.15
21	44	Zakis, Raivis	West Waterford A.C.			15.37.86
22	190	Flynn, Alex	Ferrybank A.C.			15.41.05
23	90	Feely, Liam	North Leitrim A.C.			15.58.13
24	191	Power, Graham	Ferrybank A.C.			16.08.64
	133	Hayes, Toss	Kilkenny City Harriers A.C.			DNS
	203	Quinn, Martin	Dunleer A.C.			DNS
	3	Fitzmaurice, David	Clonliffe Harriers A.C.			DNS
	8	Duffy, Paul	Sportsworld A.C.			DNF

Men's 10,000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	519	Thornton, Gary	Galway City Harriers A.C.			29.18.88
2	134	Maher, Brian	Kilkenny City Harriers A.C.			30.03.50
3	455	Mc Allister, Joseph	St. Malachy's A.C.			30.07.69
4	488	Ciobanu, Sergui	Clonliffe Harriers A.C.			30.11.47
5	457	Minnock, Barry	Rathfarnham W.S.A.F. A.C.			30.21.66
6	198	Roberts, Greg	City of Derry			30.49.72
7	521	Mc Ginley, Eddie	Annadale Striders A.C.			31.16.66
8	193	Cleary, John	Ferrybank A.C.			31.47.93
9	73	Cassidy, Patrick	Glaslough Harriers A.C.			32.25.84
10	74	Mallseed, Robert	Mayo A.C.			32.52.95
11	452	O'Donnell, Ruairi	Limerick A.C.			33.37.66
12	108	Donovan, Barry	Leevale A.C.			33.52.99

13	176	Coakley, Donal	Togher A.C.	34.01.75
14	107	Harrington, Chris	Leevale A.C.	35.09.54
15	106	Coffey, Donal	Leevale A.C.	35.51.64
16	109	Boyle, George	Leevale A.C.	36.27.82
17	105	Comber, David	Leevale A.C.	37.26.44
	363	Conroy, Martin	Sligo A.C.	DNS

Men's 110 m Hurdles

Wind : -2.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	469	O'Halloran, Edmond	Leevale A.C.			15.29
2	152	Shallow, Peter	Raheny Shamrock A.C.			15.67
3	359	Flatley, Brian	Shercock A.C.			16.21
4	96	Minn, Chris	Clonliffe Harriers A.C.			16.43
5	398	Mc Crossan, Conor	Clonliffe Harriers A.C.			16.72
6	146	Jackman, Adrian	Menapians A.C.			16.84
7	426	Cremin, Ger	Riocht A.C.			17.50
8	424	Lee, Austin	St. Joseph's A.C.			19.23
	420	Mc Donald, Ian	Crusaders A.C.			DQ

Men's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	113	Maher, Patrick	Leevale A.C.	52.79 1/ii		51.53
2	421	Carey, Tom	City of Derry	52.36 1/i		52.07
3	487	Fagan, John	Clonliffe Harriers A.C.	53.01 2/ii		52.60
4	88	Byrne, Paul	St. Abbans A.C.	53.23 3/ii		52.64
5	220	Ruxton, James	Shercock A.C.	53.36 2/i		52.98
6	486	Lyons, Jeremy	Clonliffe Harriers A.C.	53.71 4/ii		53.04
7	180	Upton, Barry	Ferrybank A.C.	53.44 3/i		53.60
8	61	Crowe, Timothy	Dooneen A.C.	53.80 4/i		54.36
	352	Murphy, Brendan	City of Lisburn	54.04 5/ii		
	147	Miller, Jonathan	Dundrum South Dublin A.C.	54.40 5/i		
	500	Kidd, Andrew	Dundrum South Dublin A.C.	56.51 6/i		
	517	Walsh, Damian	Menapians A.C.	64.62 6/ii		

Men's 3000 m Steeplechase

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	48	Chesser, Rory	Ennis Track A.C.			8.51.95
2	120	Rupprecht, Paul	Leevale A.C.			9.00.18
3	364	Dunleavy, Emmet	Sligo A.C.			9.01.77
4	207	Cotter, Tomas	Dunleer A.C.			9.04.14
5	10	Flynn, David	Clonliffe Harriers A.C.			9.04.77
6	15	Kirwan, Mark	Raheny Shamrock A.C.			9.05.04
8	142	Jennings, Emmet	Dundrum South Dublin A.C.			9.29.04
9	162	Doherty, Ciaran	Letterkenny A.C.			9.34.70
10	23	Kelly, Feidhlim	Raheny Shamrock A.C.			10.13.54
	169	Murphy, Stephen	Donore Harriers A.C.			9.09.72
	536	Collins, Noel	Finn Valley A.C.			DNF
	5	McCarthy, James	East Cork A.C.			DNF

Men's 10 000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	179	Heffernan, Robert	Togher A.C.			39.07.21
2	41	Costin, Jamie	West Waterford A.C.			39.43.11
3	160	Boyce, Brendan	Letterkenny A.C.			42.54.66
4	347	Doyle, Michael	Tara A.C.			43.32.48
5	47	Kidd, David	St. L. O'Toole A.C.			46.21.72
6	316	Egan, John	Bree A.C.			48.46.15
7	177	Healy, Timothy	Togher A.C.			48.48.88
8	201	Mc Manamon, Cian	Westport A.C.			48.52.91
	354	Caprice, Erick Jerome	Dundrum South Dublin A.C.			DQ

Men's High Jump

Place	No	Name	Club	1.75	1.80	1.85	1.90	1.95	2.00	2.10	2.15	2.21
1	25	Foroughi, Kourish	Star of the Sea A.C.	0	XXO	0	0	0	XO	XO	0	XXX
2	72	Smith, Alan	Ballina A.C.	-	-	0	0	XO	XXX			
2	86	Klinkosz, Marcin	Clonliffe Harriers A.C.	0	0	0	0	XO	XXX			
4	359	Flatley, Brian	Shercock A.C.	0	-	XXX						

Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	476	Hannon, Eoin	Tullamore Harriers A.C.	7.02	7.22	-	7.30 8	X	X	7.30
				+1.7	+2.6		+2.8			+2.8
2	399	Fahy, Eamon	Donore Harriers A.C.	6.55	6.53	7.04	X	7.23	7.09	7.23
				+2.5	+1.6	+3.8		+5.6	+1.6	+5.6
3	115	Quilligan, David	Leevale A.C.	6.55	6.97	6.97	6.99	X	7.17	7.17
				+2.6	+4.2	+1.5	+3.2		+2.4	+2.4
4	441	Mc Mullan, Adam	Mid-Ulster A.C.	6.96	X	6.97	7.14 4	7.10	X	7.14
				+1.4		+0.8	+3.4	+2.7		+3.4
5	485	Tobin, David	Clonliffe Harriers A.C.	6.61	6.43	6.63	6.81	6.89	X	6.89
				+0.9	+1.0	+1.2	+2.0	+2.8		+2.8
6	402	O'Reilly, Laurence	Tullamore Harriers A.C.	6.04	4.67	6.21	6.12	X	5.95	6.21
				+2.5	+0.2	+2.2	+1.8		+3.5	+2.2
7	45	Tsang, Richard	Shercock A.C.	X	6.19	5.98	X	X	X	6.19
				+2.9	+0.9					+2.9
8	141	Connolly, Jack	Raheny Shamrock A.C.	6.14	6.05	5.79	5.63	X	5.69	6.14
				+1.3	+1.5	+2.2	+4.1		+1.8	+1.3
9	535	Whelan, Robert	Navan A.C.	6.05	5.93	6.02				6.05
				+1.2	+2.4	+2.7				+1.2
10	390	Stafford, Tony	Paralympics Ireland	6.03	5.93	-				6.03
				+3.9	+1.3					+3.9

Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	76	Kelly, Eoin	St. Abbans A.C.	14.59	14.44	14.83	14.47	14.69	14.82	14.83
				+2.4	+2.2	+2.4	+0.8	+1.3	+0.3	+2.4
2	204	Finnegan, Denis	U.C.C. A.C.	14.61	14.59	14.65	14.41	14.47	14.72	14.72
				+3.7	+2.8	+1.2	+1.1	+1.4	+1.5	+1.5
3	25	Foroughi, Kourish	Star of the Sea A.C.	11.85	12.84	13.57	13.67	13.68	X	13.68
				+2.5	+2.7	+0.3	+1.7	+1.4		+1.4
4	406	Dorina, Tomas	Clonliffe Harriers A.C.	12.32	13.36	12.87	12.68	12.68	12.86	13.36

5	45	Tsang, Richard	Shercock A.C.	+2.2	+1.6	+1.9	+1.2	+1.1	+0.6	+1.6
				11.89	12.44	12.21	X	12.16	12.37	12.44
				+1.2	+2.2	+0.7		+2.1	+0.7	+2.2
6	399	Fahy, Eamon	Donore Harriers A.C.	11.67	12.25	X	X	X	X	12.25
				+1.6	+2.3					+2.3
7	11	Davis, Michael	Raheny Shamrock A.C.	11.84	X	11.39	11.25	X	11.34	11.84
				+3.7		+2.7	+1.6		+2.1	+3.7
8	424	Lee, Austin	St. Joseph's A.C.	10.43	10.46	X	10.33	X	X	10.46
				+2.6		+2.2			+2.6	

Men's Pole Vault

Place	No	Name	Club	4.20	4.40	4.50	4.60	4.70	4.80	4.90
1	222	Donegan, David	Clonliffe Harriers A.C.	-	-	-	-	XO	-	XXX
2	7	O'Briain, Ruairi	Crusaders A.C.	-	X-	XO	-	XXO	XXX	
3	219	Rogers, Ian	Clonliffe Harriers A.C.	-	O	O	O	XXX		

Place	No	Name	Club	3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.50	4.60
4	40	Houlihan, Thomas	West Waterford A.C.	-	-	-	-	-	X-	O	-	XXX
5	38	Houlihan, Laurence	West Waterford A.C.	O	O	O	XXX					
6	37	Houlihan, Martin	West Waterford A.C.	XO	O	O	XXX					
7	181	Panter, Mihai	Raheny Shamrock A.C.	-	O	XXX						
	66	Doherty, Keith	Dunboyne A.C.	-	-	XXX						
	39	Houlihan, Liam	West Waterford A.C.	-	-	-	-	XXX				
	52	Mc Creery, Anthony	Clonliffe Harriers A.C.	-	-	-	-	XXX				

Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	100	Breathnach, Sean	Galway City Harriers A.C.	16.31	X	15.98	X	15.76	15.70	16.31
2	442	Rauktys, Tomas	Clonliffe Harriers A.C.	15.16	X	15.35	15.09	X	-	15.35
3	503	Mangan, Luke	Clonliffe Harriers A.C.	13.39	13.62	13.71	X	13.92	14.22	14.22
4	77	Clifford, Daniel	Farranfore Maine Valley A.C.	X	13.90	X	13.75	13.46	13.74	13.90
5	319	Stout, Kieron	Celbridge A.C.	12.89	12.52	13.17	12.52	12.14	12.37	13.17
6	520	Lynch, Shane	Crusaders A.C.	10.37	10.90	11.86	12.25	12.07	11.79	12.25
7	117	Tierney, David	Leevale A.C.	11.31	12.11	12.11	11.75	11.76	11.69	12.11
8	78	Heneghan, Michael	Castlebar A.C.	X	11.09	11.25	X	11.79	X	11.79
9	512	O'Reilly, Conor	Sli Cualann A.C.	10.03	9.96	9.76				10.03
10	12	Lawlor, Richard	Fingallians A.C.	9.13	9.29	9.06				9.29
11	394	Ryan, Cormac	Paralympics Ireland X	X	8.65	9.08	8.43	9.01	9.08	

Men's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	442	Rauktys, Tomas	Clonliffe Harriers A.C.	X	51.68	47.51	X	X	X	51.68
2	194	Menton, John	Donore Harriers A.C.	41.17	X	48.28	46.08	X	X	48.28
3	77	Clifford, Daniel	Farranfore Maine Valley A.C.	44.06	46.09	43.40	46.08	X	X	46.09
4	100	Breathnach, Sean	Galway City Harriers A.C.	41.12	X	X	X	39.08	43.66	43.66
5	539	Hanlon, Darragh	Tullamore Harriers A.C.	37.10	34.93	34.80	34.80	X	X	37.10
6	319	Stout, Kieron	Celbridge A.C.	32.36	X	35.41	X	35.75	X	35.75
7	394	Ryan, Cormac	Paralympics Ireland	32.97	35.33	X	X	29.99	X	35.33
8	148	Campion, Conal	St. Andrews A.C.	31.54	32.73	34.96	32.38	X	31.83	34.96
9	87	Kelly, Aidan	St. Abbans A.C.	X	X	33.28				33.28
10	122	Kearney, Ronan	Sli Cualann A.C.	30.23	32.72	32.62	X	X	X	32.72

Men's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	33	Crawford, Aaron	Strabane Track Club	56.26	X	57.65	58.66	59.03	61.91	61.91
2	135	Kubis, Juraj	Kilkenny City Harriers A.C.	59.54	58.96	57.50	X	X		60.01
3	128	Rice, Adam	Sli Cualann A.C.	58.89	X	52.50	54.71	52.88	52.20	58.89
4	54	Marry, Paul	Clonliffe Harriers A.C.	56.30	55.88	52.77	57.18	56.95	53.11	57.18
5	127	Kelly, David	Sli Cualann A.C.	54.37	52.80	53.70	53.52	-	47.42	54.37
6	86	Klinkosz, Marcin	Clonliffe Harriers A.C.	45.58	50.88	X	47.69	50.37	X	50.88
7	32	Crawford, Damian	Strabane Track Club	48.12	50.17	49.13	50.48	49.35	X	50.48
8	70	Delaney, Denis	Dunboyne A.C.	45.99	47.65	48.92	49.77	49.29	-	49.77
9	428	Ayres, Darren	Northwest Kildare A.C.	47.69	48.86	X				48.86

Men's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	69	White, Padraig	Dunboyne A.C.	61.03	60.57	56.92	-	58.37	58.09	61.03
2	211	Killian, Barry	Crusaders A.C.	X	50.56	55.49	57.57	X	X	57.57
3	154	Hanily, Mark	Fr. Murphys A.C.	53.46	55.17	X	54.62	55.32	54.06	55.32
4	94	Hunt, Martin	Clonliffe Harriers A.C.	X	55.31	54.95	55.04	54.92	54.97	55.31
5	186	Mc Cabe, James	Dunboyne A.C.	49.56	X	50.02	50.31	50.32	X	50.32
6	217	Donnelly, Ciaran	Crusaders A.C.	X	46.91	43.99	X	X	X	49.32
7	42	Morrissey, Michael	West Waterford A.C.	48.49	X	47.45	48.74	48.68	X	48.74
8	148	Campion, Conal	St. Andrews A.C.	46.94	47.11	46.16	46.27	X	X	47.11
9	304	Hanily, Francis	Fr. Murphys A.C.	39.37	41.12	45.01				45.01
10	87	Kelly, Aidan	St. Abbans A.C.	30.74	35.91	34.88				35.91

Men's 561b Distance

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	442	Rauktys, Tomas	Clonliffe Harriers A.C.	7.13	7.67	7.89	X	X	X	7.89
2	117	Tierney, David	Leevale A.C.	7.33	7.39	7.07	7.05	7.15	7.82	7.82
3	100	Breathnach, Sean	Galway City Harriers A.C.	7.44	7.45	7.58	X	7.37	7.54	7.58
4	30	Fitzpatrick, Seamus	North Laois A.C.	7.34	7.50	7.25	7.56	7.39	7.14	7.56
5	503	Mangan, Luke	Clonliffe Harriers A.C.	6.47	6.52	6.44	6.43	6.61	X	6.61
6	78	Heneghan, Michael	Castlebar A.C.	5.96	6.07	6.59	6.43	6.25	6.36	6.59
7	75	Hoey, David	St. Michael's Enniskillen	6.25	6.40	5.77	6.02	6.14	6.18	6.40
8	59	Pilkington, Richard	Kilmurray/Ibrick/N.Clare A.C.	6.05	X	5.71	6.07	5.80	5.93	6.07

Men's 561b Height

Place	No	Name	Club	2.70	2.90	3.10	3.30	3.50	3.70	3.90	4.10	4.30
1	30	Fitzpatrick, Seamus	North Laois A.C.	-	-	O	-	O	O	O	O	XXX
2	100	Breathnach, Sean	Galway City Harriers A.C.	-	-	-	-	O	XO	O	XXX	
3	28	Delany, Barry	Star of the Sea A.C.	-	-	O	O	O	XO	XXX		
4	431	Kennedy, Austin	Crusaders A.C.	-	-	-	O	O	XXX			
5	78	Heneghan, Michael	Castlebar A.C.	-	O	-	O	XO	XXX			
6	49	O'Brien, Michael	Tulla A.C.	-	O	O	O	XO	XXX			
7	59	Pilkington, Richard	Kilmurray/Ibrick/N.Clare A.C.	-	-	O	XXO	XXX				
8	192	Bouchier, Tom	Ferrybank A.C.	O	XO	O	XXX					

Junior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	480	Travers, John	Donore Harriers A.C.			8.12.79
2	548	Byrne, Jake	Mullingar Harriers A.C.			8.49.11
3	510	Dowling, Michael	Sli Cualann A.C.			8.54.40
5	196	Mullins, Daniel	Bantry A.C.			8.56.96
6	444	Kerr, Stephen	Armagh A.C.			9.01.46
7	165	Mc Dermott, Ryan	Dromore A.C.			9.03.65

8	171	Hartnett, Ian	Togher A.C.	9.04.59
9	537	O'Reilly, Cian	Annalee A.C.	9.06.40
10	172	Lynch, Cullen	Togher A.C.	9.11.00
11	468	Lawlor, Stephen	St. Abbans A.C.	9.11.50
12	173	Hanrahan, Peter	Togher A.C.	9.15.63
13	447	O'Sullivan, Michael	West Muskerry A.C.	9.18.93
14	432	Mc Guinness, Conor	Clonliffe Harriers A.C.	9.25.10
15	368	Maher, Shane	U.C.C. A.C.	9.35.50
16	174	Bracken, Emmet	Togher A.C.	9.43.96
17	175	Tobin, Ian	Togher A.C.	9.49.63
18	433	Mc Kenzie, Mark	Clonliffe Harriers A.C.	10.02.68
74	14	Dooney, Kevin	Raheny Shamrock A.C.	8.56.71
	200	Rennicks, Darragh	Bohermeen A.C.	DNS
	467	Attride, Stephen	St. Abbans A.C.	DNF
	57	Tremble, Liam	Metro/St. Brigid's A.C.	DNF

351b Height - Junior Men

Place	No	Name	Club	2.50	3.10	3.30	0.00	0.00	0.00
1	534	Donnelly, Gavan	Crusaders A.C.	-	-	-	-	-	0
2	525	Kenny, Michael	Kildare A.C.	0	XO	XXX			

351b Height - U.23 Men

Place	No	Name	Club	3.50	3.90	4.10	4.50	4.70	4.90	5.20	5.50	5.55
1	503	Mangan, Luke	Clonliffe Harriers A.C.	0	0	0	XO	0	0	0	XO	XXX
2	117	Tierney, David	Leevale A.C.	-	-	0	XXO	XO	XXX			

Men's Discus Seated

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	383	Culliton, Garrett	Paralympics Ireland (Seated)	17.17	16.64	18.08	17.91	17.17	18.46	18.46
2	387	O'Dwyer, Ray	Paralympics Ireland (Seated)	24.67	25.38	25.65	25.46	X	23.85	25.65
3	385	Boyle, Jamie	Paralympics Ireland (Seated)	26.91	21.37	26.82	26.87	25.10	26.34	26.91
4	526	Mc Carthy, James	Irish Wheelchair	27.16	26.02	26.63	26.69	26.52	26.90	27.16
5	527	Wall, Seamus	Irish Wheelchair	21.76	X	22.25	22.02	22.55	23.30	23.30
6	529	Armstrong, Keith	Irish Wheelchair	20.60	17.92	18.44	20.67	20.61	21.00	21.00
7	388	Berry, David	Paralympics Ireland (Seated)	X	20.30	20.77	18.49	19.69	18.82	20.77
8	386	Butler, Eamon	Paralympics Ireland (Seated)	11.15	X	10.93	X	10.72	10.67	11.15

Men's Javelin Seated

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	387	O'Dwyer, Ray	Paralympics Ireland (Seated)	18.71	X	X	19.20	18.41	16.30	19.20
2	527	Wall, Seamus	Irish Wheelchair	14.88	15.43	15.76	16.07	15.54	15.02	16.07
3	388	Berry, David	Paralympics Ireland (Seated)	X	9.64	10.16	9.55	10.11	10.50	10.50

Women's 100 m

Wind : -1.6 (i -2.4; ii -2.6)

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	259	Mc Sweeney, Ailis	Leevale A.C.	11.87	1/i	11.60
2	317	Foster, Amy	University of Ulster	12.12	1/i	11.76
3	448	Brady, Claire	Celbridge A.C.	12.09	2/ii	11.85
4	326	Whelan, Niamh	Ferrybank A.C.	12.31	2/i	11.87
5	328	Proper, Kelly	Ferrybank A.C.	12.15	3/ii	12.00
6	472	Healy, Joan	Bandon A.C.	12.22	4/ii	12.09
7	231	Kiernan, Louise	Fingallians A.C.	12.42	3/i	12.16
8	277	Creaner, Steffi	Celtic DCH A.C.	12.44	5/ii	12.30
9	544	Mc Neill, Aoife	Dundrum South Dublin A.C.	12.45	6/ii	12.32
10	376	Moore, Leah	Clonliffe Harriers A.C.	12.51	7/ii	12.33
	230	Murray, Sarah	Fingallians A.C.	12.56	4/i	
	251	Boyle, Anna	Ballymena & Antrim A.C.	12.68	5/i	
	518	Zebo, Jessika	Leevale A.C.	12.75	6/i	
	287	Holmes, Louise	Kilkenny City Harriers A.C.	12.77	7/i	
	225	Murphy, Zita	Dundrum South Dublin A.C.	12.84	8/i	
	237	Kilduff, Sharon	Claremorris A.C.	12.91	8/ii	
	473	Reville, Francesca	Menapians A.C.	13.03	9/ii	
	491	Fitzpatrick, Eilish	Gneeveguilla A.C.	13.15	8/i	
	293	Carson, Ruth	Metro/St. Brigid's A.C.	13.83	10/ii	

Women's 200 m

Wind : -1.7 (i -1.7; ii -0.4)

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	326	Whelan, Niamh	Ferrybank A.C.	24.56	1/i	23.68
2	328	Proper, Kelly	Ferrybank A.C.	24.97	2/ii	23.68
3	290	Cuddihy, Joanne	Kilkenny City Harriers A.C.	24.57	1/ii	24.21
4	376	Moore, Leah	Clonliffe Harriers A.C.	25.01	3/ii	24.79
5	291	Cuddihy, Catriona	Kilkenny City Harriers A.C.	25.29	2/i	25.31
6	237	Kilduff, Sharon	Claremorris A.C.	25.59	3/i	25.47
7	296	Moynihan, Grainne	West Muskerry A.C.	25.79	4/i	25.60
	229	Anglim, Roisin	Fingallians A.C.	25.47	4/ii	DNS
	225	Murphy, Zita	Dundrum South Dublin A.C.	25.96	5/ii	
	473	Reville, Francesca	Menapians A.C.	26.36	5/i	
	243	Hogan, Angela	Borrisokane A.C.	26.85	6/11	

Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	290	Cuddihy, Joanne	Kilkenny City Harriers A.C.	54.81	1/iii	52.76
2	320	Andrews, Marian	Togher A.C.	54.11	1/i	53.55
3	341	Carey, Michelle	Dublin Striders A.C.	55.38	2/i	53.73
4	281	Bergin, Claire	Dundrum South Dublin A.C.	55.14	2/ii	54.56
5	493	Mills, Joanna	Ballymena & Antrim A.C.	55.03	1/ii	54.76
6	224	Patterson, Jo	Ballymena & Antrim A.C.	55.31	3/ii	55.40
7	291	Cuddihy, Catriona	Kilkenny City Harriers A.C.	55.83	4/ii	55.48
8	241	Rodgers, Michelle	Abbey A.C.	57.32	2/iii	57.85
	274	Mooney, Claire	Naas A.C.	56.21	3/i	
	239	Whiteside, Leigh	Abbey A.C.	56.73	5/ii	
	240	Mc Caffrey, Elaine	Abbey A.C.	56.94	4/i	
	258	Mc Ardle, Louise	Leevale A.C.	57.68	6/ii	
	334	Mc Ilveen, Erin	City of Lisburn	57.94	3/iii	
	518	Zebo, Jessika	Leevale A.C.	58.11	4/iii	
	296	Moynihan, Grainne	West Muskerry A.C.	58.29	5/iii	
	253	Scallon, Susan	Raheny Shamrock A.C.	58.36	6/iii	
	504	O'Donnell, Isseult	Raheny Shamrock A.C.	58.44	7/ii	
	244	Mc Callion, Ciara	Clonliffe Harriers A.C.	58.80	5/i	
	252	O'Halloran, Kate	Templeogue A.C.	60.83	6/i	
	298	Mc Ginley, Orna	Clonliffe Harriers A.C.	DNS	/i	

Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	300	Galligan, Roseanne	Newbridge A.C.	2.15.84	1/i	2.03.35
2	492	Mageean, Ciara	City of Lisburn	2.15.83	1/ii	2.05.50
3	226	Keheo, Fiona	Kilmore A.C.	2.15.94	2/i	2.08.47
4	471	O'Donoghue, Amy	Emerald A.C.	2.16.07	2/ii	2.09.67
5	223	Everard, Ciara	U.C.D. A.C.	2.16.38	3/i	2.10.62
6	235	Denny, Sinead	Dundrum South Dublin A.C.	2.16.39	4/i	2.11.76
7	344	Scott, Lauren	North Down	2.16.40	4/ii	2.12.46
8	286	Eviston, Siobhan	Raheny Shamrock A.C.	2.16.09	3/ii	2.14.63
	511	Hartnett, Ellie	Sli Cualann A.C.	2.17.01	5/i	
	275	Alexander, Eleanor	Clonliffe Harriers A.C.	2.17.49	5/ii	
	505	Finn, Carol	Duhallow A.C.	2.18.53	6/ii	
	408	Gibson, Rachel	City of Lisburn	2.21.08	6/i	
	301	Doyle, Ann	Gowran A.C.	2.28.35	7/ii	

Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	246	Murphy, Hazel	Dundrum South Dublin A.C.			4.18.24
2	267	Reilly, Stephanie	Sli Cualann A.C.			4.19.54
3	268	Mc Gettigan, Roisin	Sli Cualann A.C.			4.21.27
4	330	Treacy, Sara Louise	Moynalvey A.C.			4.21.86
5	269	Britton, Fionnualla	Sli Cualann A.C.			4.23.33
6	346	Mitchell, Emma	Banbridge A.C.			4.28.67
7	338	Woods, Becky	Clonliffe Harriers A.C.			4.31.94
8	236	Suur, Laura	Finn Valley A.C.			4.32.56
9	284	Brady, Aoife	Sportsworld A.C.			4.32.68
10	446	Reilly, Louise	Clonliffe Harriers A.C.			4.33.69
11	285	Brady, Crona	Sportsworld A.C.			4.36.63
12	294	Roe, Niamh	Eagle A.C.			4.41.12
13	276	Phelan, Claire	St. Abbans A.C.			4.50.92
14	321	Clinton, Fiona	Dundrum South Dublin A.C.			4.51.78
15	303	Kelly, Cindy	Donore Harriers A.C.			4.58.72

Women's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	309	Mc Cambridge, Maria	Letterkenny A.C.			16.19.78
2	255	Lee, Lizzie	Leevale A.C.			16.54.76
3	242	O'Doherty, Siobhain	Borrisokane A.C.			16.59.92
4	410	Mc Gloin, Teresa	Finn Valley A.C.			17.05.11
5	345	Turley, Julie	Dromore A.C.			17.13.11
6	470	Twohig, Breffni	Dundrum South Dublin A.C.			17.14.75
7	284	Brady, Aoife	Sportsworld A.C.			17.29.67
8	474	Manning, Lorraine	Raheny Shamrock A.C.			17.37.23
9	308	Mc Dermott, Ailish	Clonliffe Harriers A.C.			18.25.73
10	234	Devine, Catriona	Finn Valley A.C.			18.31.75
11	256	Von Hatten, Jessica	Leevale A.C.			18.35.59
12	276	Phelan, Claire	St. Abbans A.C.			18.37.93
13	292	O'Neill, Kath	Metro/St. Brigid's A.C.			18.44.78

Women's 100 m Hurdles

Wind : -1.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	254	O'Rourke, Derval	Leevale A.C.			13.26
2	302	Murphy, Mairead	U.C.D. A.C.			14.38
3	541	Lawler, Sandra	Celbridge A.C.			14.47
4	372	Furman, Shauna	Clonliffe Harriers A.C.			15.54
5	524	Courtney, Ailbhe	St. Brendan's A.C.			15.79

Women's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	482	Kinney, Justine	Loughborough A.C.			57.78
2	445	Furlong, Brona	Slaney Olympic A.C.			58.33
3	327	Barr, Jessie	Ferrybank A.C.			59.82
4	305	Kiely, Megan	Ferrybank A.C.			61.58
5	339	Woods, Sarah	Clonliffe Harriers A.C.			68.84
	341	Carey, Michelle	Dublin Striders A.C.			DNS
	262	Byrd, Katey	Leevale A.C.			DNS

Women's 3000 m Steeplechase

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	429	Treston, Bryony	Dundrum South Dublin A.C.			11.17.13
2	506	Finn, Michelle	Duhallow A.C.			11.17.17
3	315	Egan, Elizabeth	Bree A.C.			11.24.87

Women's 5000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	248	Veale, Kate	West Waterford A.C.			22.52.90
2	331	Reynolds, Laura	Mohill A.C.			23.41.79
3	366	Conlon, Rachel	Sligo A.C.			28.57.12

Women's High Jump

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.84
1	550	Ryan, Deirdre	Dundrum South Dublin A.C.	-	-	-	-	0	0	XXO	XXX
2	549	Hughes, Pamela	Westport A.C.	-	-	-	0	0	XXX		
3	265	Basquille, Caoimhe	Sli Cualann A.C.	-	0	0	XXX				
3	280	Mc Namara, Claire	Athenry A.C.	0	0	0	XXX				
5	232	Buckley, Helen	Raheny Shamrock A.C.	-	0	XXO	XXX				

Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	328	Proper, Kelly	Ferrybank A.C.	X	X	5.98	X	6.16	6.35	6.35
						+1.1		+2.5	+0.7	+0.7
2	367	Mc Loone, Mary	Tir Chonaill A.C.	X	5.74	X	5.98	6.16	6.09	6.16
					+1.4		+0.8	+3.4	+2.7	+3.4
3	502	Maughan, Sally Rose	Castlebar A.C.	5.64	5.66	5.83	X	5.93	5.89	5.93
				-0.7	+0.7	+1.7		+1.6	+1.6	+1.6
4	318	Devlin, Mary	Abbey A.C.	5.43	5.60	5.55	5.59	5.60	5.45	5.60
				+1.1	-0.1	+0.2	+2.4	+1.1	+2.1	-0.1
5	245	Lewis, Hannah	North Down	X	5.28	5.36	5.56	5.44	5.51	5.56
					-0.9	+0.3	+2.9	+0.8	+1.6	+2.9

6	483	Stafford, Antoinette	D.M.P. A.C.	5.48	5.46	X	X	X	X	5.48
				+0.5	-1.0					+0.5
7	251	Boyle, Anna	Ballymena & Antrim A.C.	X	X	X	X	X	5.27	5.27
									+2.9	+2.9

Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	367	Mc Loone, Mary	Tir Chonaill A.C.	X	11.69	11.76	11.81	11.82	11.79	11.82
					+0.4	+0.0	+1.1	+0.6	-0.1	+0.6
2	318	Devlin, Mary	Abbey A.C.	11.43	X	-				11.43
				+0.2						+0.2
3	299	Hill, Fiona	Newbridge A.C.	10.93	11.11	X	10.60	10.57	10.69	11.11
				+0.7	+1.2		+0.6	-0.2	+0.4	+1.2
4	357	Loughlin, Laura	North Down	10.23	X	10.46	X	10.69	X	10.69
				+0.2		+0.5		+1.0		+1.0
5	272	Finnegan, Sarah	Craughwell A.C.	9.40	X	9.96	9.96	9.81	10.03	10.03
				+0.8		-0.3	+0.3	+1.2	+0.4	+0.4

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	361	Massey, Eva	North Down	12.39	12.38	X	13.59	12.85	13.25	13.59
2	279	Moloney, Fiona	Doonee A.C.	12.00	12.23	12.22	11.95	X	11.91	12.23
3	513	Stewart, Geraldine	Tir Chonaill A.C.	10.90	11.15	11.07	11.51	11.42	11.72	11.72
4	261	Murphy, Deirdre	Leevale A.C.	10.33	10.42	11.34	11.16	11.03	11.25	11.34
5	407	Murphy, Niamh	Blarney/Inniscara A.C.	11.00	10.29	10.86	11.10	10.70	X	11.10
6	247	Scanlon, Zoe	West Waterford A.C.	X	9.82	10.50	X	9.80	9.98	10.50
7	454	Ryan, Catriona	Templemore A.C.	10.03	9.87	9.64	10.29	9.80	10.26	10.29
8	283	Bradfield, Tracey	Bandon A.C.	9.42	9.72	9.55	9.78	9.39	9.43	9.78
9	232	Buckley, Helen	Raheny Shamrock A.C.	9.02	9.09	8.78				9.09
10	278	O'Sullivan, Priscilla	Bandon A.C.	8.78	8.65	8.29				8.78
11	310	Reilly, Niamh	Dundrum South Dublin A.C.	7.79	X	7.95				7.95
12	396	Lattimore, Nadine	Paralympics Ireland 6.49	6.75	6.16	5.88	X	6.04	6.75	
13	395	Dunne, Ailish	Paralympics Ireland 6.23	6.26	6.68	6.10	6.12	6.00	6.68	

Women's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	238	Fitzgerald, Claire	Tralee Harriers A.C.	44.24	42.43	X	X	X	44.78	44.78
2	261	Murphy, Deirdre	Leevale A.C.	40.78	40.44	X	40.29	41.98	42.05	42.05
3	247	Scanlon, Zoe	West Waterford A.C.	34.46	32.41	X	34.51	37.38	35.53	37.38
4	313	Conway, Philippa	Crusaders A.C.	29.72	33.76	X	31.73	31.53	31.91	33.76
5	323	Power, Jade	Ferrybank A.C.	30.03	30.56	30.57	27.88	X	28.26	30.57
6	306	Morris, Caoimhe	Fingallians A.C.	26.17	24.07	X	27.22	22.44	25.56	27.22
7	278	O'Sullivan, Priscilla	Bandon A.C.	X	25.03	25.70	24.03	X	24.72	25.70
8	509	Pilkington, Michelle	Dunboyne A.C.	23.50	X	X	X	18.23	X	23.50
9	395	Dunne, Ailish	Paralympics Ireland	17.55	14.70	15.93	X	X	17.60	17.60
10	396	Lattimore, Nadine	Paralympics Ireland	17.10	X	X	16.81	15.87	16.49	17.10

Women's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	403	White Fitzgibbon, Anita	Dublin Striders A.C.	42.04	43.48	37.46	-	37.87	39.08	43.48
2	238	Fitzgerald, Claire	Tralee Harriers A.C.	34.40	38.24	35.07	34.43	35.09	35.01	38.24
3	250	Byrne, Denise	Clonliffe Harriers A.C.	35.38	36.01	36.44	34.52	36.56	35.74	36.56
4	282	O'Sullivan, Grace	Cushinstown A.C.	32.17	32.96	33.72	32.47	33.42	32.76	33.72
5	310	Reilly, Niamh	Dundrum South Dublin A.C.	31.88	31.01	32.16	-	29.90	-	32.16
6	270	Bolger, Rachel	Sli Cualann A.C.	29.33	29.20	-	-	-	-	29.33
7	232	Buckley, Helen	Raheny Shamrock A.C.	29.25	24.78	26.01	27.82	29.10	29.07	29.25

Women's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	266	Bahni, Rebecca	Sli Cualann A.C.	X	48.71	54.66	51.16	52.66	54.07	54.66
2	288	Hickey, Aoife	Kilkenny City Harriers A.C.	53.29	53.75	54.23	50.68	52.12	53.45	54.23
3	324	Kennedy, Cara	Ferrybank A.C.	48.84	49.36	X	X	50.33	X	50.33
4	490	Sutherland, Mary	D.M.P. A.C.	48.17	47.54	X	48.68	48.62	48.42	48.68
5	336	O'Farrell, Charlotte	D.M.P. A.C.	45.12	46.77	X	44.37	41.31	45.92	46.77
6	289	Conlon, Theresa	Kilkenny City Harriers A.C.	40.28	37.57	42.73	42.88	41.98	43.80	43.80
7	273	Furlong, Christina	D.M.P. A.C.	35.87	40.43	38.34	40.42	X	X	40.43
8	227	Moggan, Grainne	Fr. Murphys A.C.	38.78	39.48	X	36.90	X	35.11	39.48
9	295	Moynihán, Megan	West Muskerry A.C.	38.91	X	39.24				39.24
10	278	O'Sullivan, Priscilla	Bandon A.C.	37.79	38.20	37.32				38.20
11	509	Pilkington, Michelle	Dunboyne A.C.	24.58	26.42	X				26.42

Women's Pole Vault

Place	No	Name	Club	2.60	2.80	3.00	3.20	3.60	3.80	4.00	4.05	4.15	4.25
1	350	Pena, Tori	Finn Valley A.C.	-	-	-	-	-	O	O	O	XXO	XXX
2	434	Semeraro, Sarah	University of Ulster A.C.	-	-	-	-	XXO	O	XXX			
3	333	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	-	XXO	XXX				
4	311	Savage, Nikita	Youghal A.C.	-	O	XXO	XXX						
5	312	Ryan, Sarah	Youghal A.C.	XO	XXX								
	228	Campbell, Zoe	Raheny Shamrock A.C.	-	-	-	-	XXX					

Women's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th
1	380	Wayland, Catherine	Paralympics Ireland (Seated)	11.53	12.11	X	11.42	12.12	11.61
2	379	Barry, Orla	Paralympics Ireland (Seated)	11.73	10.98	12.18	12.00	11.77	10.29
3	381	Regan, Lorraine	Paralympics Ireland (Seated)	10.42	11.72	11.19	11.18	11.50	11.40

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	382	Tallon, Rosemary	Paralympics Ireland (Seated)	4.01	3.86	3.10	3.97	3.97	4.02	4.02
2	381	Regan, Lorraine	Paralympics Ireland (Seated)	5.94	5.83	5.79	5.80	5.79	5.81	5.94