

www.athleticsireland.ie / www.indoorathletics.net

Surname:

First Name:

Club:

Date of Birth: 2011 Reg. No.

Phone No. Email: _____

Entry Fee: €15.00 / £13.00 per event Late Entry Fee: €25.00 / £21.00

ENTRIES TO: Competition, 19 Northwood Court, Northwood Business Campus, Santry, Dublin 9

ONLINE ENTRY: www.indoorathletics.net

Closing Date for Entries: Friday 28rd January 2011

(entry's will be accepted in the office until 4pm on Thursday 17th February accompanied by the late entry fee).

Late entry on the day will only be accepted between 3pm – 4pm Saturday and 12 – 1pm on Sunday

MEN	Tick	PB	WOMEN	Tick	PB
60m			60m		
200m			200m		
400m			400m		
800m			800m		
1500m			1500m		
3000m			3000m		
60m H			60m H		
5000m Walk			3,000m Walk		
High Jump			High Jump		
Long Jump			Long Jump		
Triple Jump			Triple Jump		
Pole Vault			Pole Vault		
Shot Putt			Shot Putt		

General Information

- Athletes must be 16 years or over on 31st December in the year of Competition
- 2011 Registration numbers and date of birth must be shown on all forms
- Entries received after the closing date must be accompanied by a late entry fee of €25.00/ £23.00
- Athletes must check-in at least 60 minutes before their event. **Collecting a number does not necessarily constitute checking-in.**
- A dope control under IAAF Rules may be conducted at any Championships. Any athlete selected for testing who fails to attend as required or who fails to deliver a satisfactory sample render themselves liable to suspension.
- Athletes must wear their official club singlet**
- Lane draws and seeding will be in operation as per IAAF in semi finals and finals
- A Call room confined to athletes and officials only will be in operation- please see athlete information sheet on event website**

For information and timetable of events:

www.athleticsireland.ie
www.indoorathletics.net

Email: berniedunne@athleticsireland.ie

Email: info@niathletics.org Please see special accommodation rates on event website

Athletes who enter for Senior & Junior Competition may be subject for selection for testing under the Anti Doping document. Minors must have Parental/Guardian consent and signature. Forms available on our website.

19th & 20th February 2011
Odyssey Arena, Belfast

TIMETABLE OF EVENTS

Saturday 19th February 2011					
16.15	5,000 Walk	Men	15.15	<i>P.V. Warm up</i>	<i>Women</i>
16.45	60m Heats	Women	16.15	Pole Vault	Women
17.05	60m Heats	Men			
			17.30	<i>P.V. Warm up</i>	<i>Men</i>
18.00	400m Heats	Women	18.30	Pole Vault	Men
18.20	3,000M Walk	Women			
			18.00	Long Jump	Women
			18.15	Shot	Women
18.40	400m Heats	Men			
19.10	1500m Heats	Men			
19.25	3,000M Final	Women			
19.35	800m Heats	Women			
19.45	800m Heats	Men			
20.00	3000m Heats	Men	19.45	Triple Jump	Men
			20.00	High Jump	Women
20.20	200m Heats	Men			
* In the event of heats proving to be unnecessary in Men's 3000m, Final at Heat Time					

Sunday 20th February 2011					
12.50	<i>Primary Schools Agility Challenge</i>				
13.35	200m Heats	Women	13.30	Shot	Men
13.55	60mH Heats	Men	13.40	Triple Jump	Women
14.05	1500m Final	Women			
14.15	1500m Final	Men			
14.25	60m H Heats	Women			
14.40	60m Semi Final	Men			
14.50	60m Semi Final	Women			
15.00	400m 'B' Final	Women			
15.10	400m 'B' Final	Men	15.10	High Jump	Men
15.20	60m H Final	Women			
15.30	800m Final	Men			
15.35	400m Final	Women			
15.50	400m Final	Men	15.40	Long Jump	Men
16.00	60m H Final	Men			
16.05	60m Final	Women			
16.15	60m Final	Men			
16.25	200m Final	Women			
16.35	200m Final	Men			
16.40	800m Final	Women			
16.45	200m 'B' Final	Men			
16.50	200m 'B' Final	Women			
17.00	3000m Final	Men			
17.10	<i>Primary Schools Agility Challenge</i>				