



Day 1: Saturday 15th of February

					13.00	PV Warm Up		Men
13.00	60m Heats		Men		13.30	Shot Putt		Women
13.55	3000m Walk		Women					
14.15	400m Heats		Women		14.00	Pole Vault		Men
14.35	5000m Walk		Men		14.30	Long Jump		Women
15.00	400m Heats		Men		15.00	High Jump		Women
16.10	1500m Heats		Men					
16.30	3000m Final		Women		16.30	Triple Jump		Men
16.45	800m Heats		Women					
17.00	800m Heats		Men					
17.20	200m Heats		Men					
17.45	200m Heats		Women					

Day 2: Sunday 16th February

13.00	60m H Heats		Men		13.00	Shot Putt		Men
13.20	3000m Times		Men		13.00	PV Warm Up		Women
13.50	60m Semi Final		Women					
14.05	60m Semi Final		Men		14.00	Pole Vault		Women
14.25	1500m Final		Women		14.15	Long Jump		Men
14.40	1500m Final		Men		14.25	High Jump		Men
15.04	400m Final		Women					
15.12	400m Final		Men					
15.20	60m Final		Women					
15.28	60m Final		Men					
					15.35	Triple Jump		Women
15.38	60m H Final		Women					
15.46	60m H Final		Men					
15.54	800m Final		Women					
16.04	800m Final		Men					
16.12	200m Final		Men					
16.18	200m Final		Women					