### ATHLETICS OFFALY

#### Colm Burke wins Birr 5k

The GK Sport 5k Road Race was held in a wet and windy but sometimes sunny Birr on Bank Holiday Monday. A total of 106 runners and walkers set off down Main Street with Colm Burke (St Abban's) setting the pace from Mullingar Harriers Noel Kelly. This duo led the field out of the town and turned into a long slow climb to Crinkle Village. The race then turned right down hill to the Roscrea road with plenty of flat running back to Emmet Square and the finish in Main Street. Burke led all the way to win in 15.42 with Kelly 4 seconds behind. Catch Grennan ran a strong race to take third place in 16.54. The Tullamore Ladies filled the first three places and were led home by Pauline Lambe in 18.59, with Maire-Triona Keane second in 19.35 and Deirdre Lambe taking third place in 20.10.

Result

Senior Men

- 1 Colm Burke St Abban's 15.42
- 2 Noel Kelly Mullingar Harriers 15.46
- 3 Catch Grennan Tullamore Harriers 16.54

**Senior Ladies** 

- 1 Pauline Lambe Tullamore Harriers 18.59
- 2 Maire-Triona Keane Tullamore Harriers 19.35
- 3 Deirdre Lambe Tullamore Harriers 20.10

## Gerry Ryan and Pauline Curley win at Boston Scientific

The 4<sup>th</sup> Annual Boston Scientific Road Race attracted a record turnout of 283 runners and walkers to Tullamore on Sunday last. On a fine day with a slight head wind on the outward section, both Gerry Ryan and Pauline Curley repeated their victories of last year. Ryan opened up an early lead on Colm Burke which he held all the way to the finishing line. Behind then Jason Broderick ran a good race to take third spot ahead of Peter Mooney and Noel Marum. Pauline Curley finished in 9<sup>th</sup> place overall with Pauline Lambe second lady and Marie-Triona Keane taking third lady. In the Masters Noel Marum, Vytautas Vallkevicus, Jim Langan and Deirdre Lambe won the various categories.

#### Result

- 1 Gerry Ryan, Galway City Harriers, 19.49
- 2 Colm Burke, St Abbans, 20.34
- 3 Jason Broderick, Loughrea AC, 21.21
- 4 Peter Mooney, Na Fianna, 21.33

5 Noel Marum, North Laois, 21.386 John Donegan, Tullamore Harriers, 22.087 Catch Grennan, Tullamore Harriers, 22.16

# **Upcoming Road Races**

Friday May 25<sup>th</sup> Kilcormac Jack Cox 5k at 8pm. Entry Fee €7, Juniors €4. Entry at Community Centre with cash prizes for first three Senior Men, Senior Ladies, Master Men over 40 and over 50, Master Ladies over 35, first Junior Man and Lady. Bonus prize of €100 to the overall winner. Details from Tom Godley 057 9341355
Sunday June 24<sup>th</sup> Ferbane Hugo Smith 4 Mile
Sunday July 1<sup>st</sup> Mount Bolus Marian Geraghty 10k
Friday August 3<sup>rd</sup> Daingean Festival 5k
Sunday September 2<sup>nd</sup> Ballinagar 5 Mile