



2007 Fit4Life Meet n Train programme Application Form

Club Name:	
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Club Secretary/Contact					
Address					
e-mail					
Phone					
No. Of Club members	<table style="width: 100%; border: none;"> <tr> <td style="width: 25%; text-align: center;">Male</td> <td style="width: 25%; text-align: center;">Female</td> <td style="width: 25%; text-align: center;">Senior</td> <td style="width: 25%; text-align: center;">Juvenile</td> </tr> </table>	Male	Female	Senior	Juvenile
Male	Female	Senior	Juvenile		

Training Venue:	
Facilities available	

No. of Coaches in club:	
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Your Club's Commitment:

Will your club undertake to;

Send 3 Leaders on a Fit4Life Leader course?	
Promote the Fit4Life Meet n Train group in your area?	
Develop a training plan for all Fit4Life Meet n Train participants?	
Register all new Fit4Life Meet n Train participants with AAI ?	
Write up a report and send to RDO 3 months from commencement of group?	

Why do you think your club should be chosen as a Fit4Life Meet n Train location?

How would you plan to increase membership/ participation on an ongoing basis from this programme?

Do you have a specific plan to increase the number of female participants? This includes participants, leaders, administrators etc.

Any other information you would like to include as to why your club should be chosen as a Fit4Life Meet n Train club under the Women in Sport programme 2007?

In return for your Clubs commitment, AAI will:

- Provide Fit4Life Leader Training to 3 Adults from your club to equip them to lead the Fit4Life Meet n Train group.
- Provide promotional leaflets to all clubs who are chosen to participate in the 2007 Fit4Life Meet n Train programme.
- Provide t-shirts for all Fit4Life Meet n Train members when they register with AAI
- Provide a Training Handbook for each Fit4Life Meet n Train participant when they register with AAI
- Promote the Fit4Life Meet n Train concept nationally
- Allocate one RDO per Fit4Life Meet n Train group to act as a liaison.
- Include details of all clubs chosen to participate in the 2007 Fit4Life Meet n Train programme on the AAI website in a specially designated Fit4Life Meet n Train section.

Closing Date for Applications is Friday June 15th 2007

Further details available on www.athleticsireland.ie or from your local RDO (full contact details on website in Development section).