

7th Secondary Schools Level Cross Country

Your school is invited to participate at the 7th Secondary Schools Level Cross Country event which is taking place on the **3rd October 2007**. This was a most successful event last year.

Venue: Finn Valley A.C. Stranorlar

Date: 3rd October 2007

Time: 1st event @11.30am start. Event complete @ 12.30pm

Presentation: 1.00pm

Entry Fee: €3.00 per athlete payable at registration on the day.

Teachers / Adults in charge can help by collecting entry fee on journey to the event.

Prize Structure:

Prizes individual 1 – 12

Teams 1,2,3 (Scoring 3)

Programme:

1st Year Girls	800m
1st Year Boys	1000m
2nd Year Girls	1000m
2nd Year Boys	1200m
3rd Year Girls	1200m
3rd Year Boys	1500m
4th/5th/ 6th year girls	1500m
4th/5th/6th boys	2000m

Each school is encouraged to bring along as many athletes as they wish, in other words: ***you may run as many as you choose in each race....***

For further details please ring Patsy McGonagle on 087 222 6112 or email
patsymcgonagle@hotmail.com

Looking forward to meeting you on the day!