Athletic Association of Ireland - Club Contact Details

LEINSTER AREA

Clubs	Secretary	Home Number	Mobile Number	For Information of Training Times etc. Contact	Contact Home Number	Contact Mobile Number	Club Email Address	Club Colours
Carlow (8)								
Ardattin A.C.	Jean Kelly	053 9377405		Michael Gorman	059 9155605			
Bagenalstown A.C.	Ms Carol Clarke	059 9722147	085 7478519	Ms Carol Clarke	059 9722147	085 7478519	clarkecarol@eircom.net	Blue & Red Hoops
Ballon Rathoe A.C.	Breda Nolan	059 9159184	087 9009421	Breda Nolan	059 9159184	087 9009421		White/Black/Green
Hacketstown A.C.	Liam Lyons	Contact AAI Off	01 8869933					
St. Finian's A.C.	Angela McDonagh	059 9157936		Angela McDonagh	059 9157936			Red & Black
St. Patricks A.C.	Ann Flynn	059 9151880		Liz Plant	059 9151490			
St. L. O'Toole A.C.	Olwyn Grogan			Billy Delaney	059 9144433	086 0643704	billydelaney04@eircom.net	White & Royal Blue
Tinryland A.C.	Denis Shannon	059 9142570	086 8926218	James Morgan		087 237 6321	jim.morgan@diginet.ie	
Dublin (24)								
Blackrock A.C.	Mrs. Patricia Craddock Smith	01 2840446	087 9813555				craddocksmith@eircom.net	Black & Gold
Brothers Pearse A.C.	Ms Aine Kelly			Paula White	01 4950209	087 6241112	paulapwhyte@eircom.net	Yellow /Green Stripe
Celtic DCH A.C.	Ms Mary Mc Kenna	01 8385404	086 4071141	Ms Mary Mc Kenna	01 8385404	086 4071141	mmckenna@upcmail.ie	Blue & White
Civil Service Harriers	Willie Devine	Contact AAI Off	01 8869933					
Clonliffe Harriers	Noel Guiden		087 9599888	Noel Guiden		087 9599888	noel.guiden@behans.ie	Black & Amber
Clondalkin A. C.	Peter Martin		086 1648833	Peter Martin		086 164 8833		
Crusaders A.C.	Colin Kirkham	01 2889450		Jimmy O'Neill	01 2988907			
Donore Harriers	Thomas Byrne	01 6266209	087 2630349	Thomas Byrne	01 6266209	087 2630349	info@sonoreharriers.com	
Dublin Front Runners	Martin Flattery		086 8195331	Martin Flattery		086 8195331	dublinfrontrunners@eircom.net	Blue with logo
Dublin Striders A.C.	Ms Mary Sheehy		087 7448846	Tommy Geoghegan	01 4903066	086 3353608	tomoguin@eircom.net	Yellow with Blue Bar
Dundrum South Dublin	Martin O'Connor	Contact AAI Off	01 8869933					
Fingallians A.C.	Maria Kerr	01 8404806	087 2651836	Maria Kerr	01 8404806	087 2651836	maria.kerr@organon.ie	Red & White
Liffey Valley A.C.	Arnuad Benjacar			Jim Davis		087 9537637	coachjdavis@hotmail.com	Yellow & Blue
Lucan Harriers A.C.	Lorraine Heffernan			Brendan Maher		087 2739297	secretary@lucanharriers.com	Red with Black Stripe
Metro/St. Brigid's A.C.	Mary Friel		087 8361957	Mary Friel		087 8361957	metrostbridgids@eircom.net	Green & White
Mid Sutton	Danny Mc Clafferty	01 8391492		Aine Pobjoy	01 8326636	087 2209384	ainepobjoy@eircom.net	
Raheny Shamrock A.C.	Bernard Lynch			Gerry Giblin		086 8302544	www.rahenyshamrock.com	White with Green Band
Rathfarnham W.S.A.F. A.C.	Ms Zoe Melling			Adam Jones	01 4932374		adamj@eirocom.net	Green Yellow & Black
Skerries A.C.	Eamon McGinley	01 8490174	087 6425894	Eamon McGinley	01 8490174	087 6425894	mcgmcgster@gmail.com	Royal Blue
Sportsworld A.C.	Emily Dowling	Contact AAI Off	01 8869933					
Tallaght A.C.	Ray Fitzsimons	01 4514844	086 8377024	Ray Fitzsimons	01 4514844	086 8377024	fitzsimons@kayfoam.com	Red & Yellow Diagonal
UCD		Contact AAI Off	01 8869933					
Templeogue A.C.	Brenda Conway			Stephen Holt		087 2278591	shal1@eircom.net	
W.S.A.F. A.C.	Ms. Margaret Grehan	01-450 3143		Margaret Grehan	01 450 3143			Maroon

Kildare (10)

Carbury A.C.	Jim Clancy	046 95553412	851045879	Jim Clancy	046 95553412	851045879	carburyac@gmail.com	Gold & Blue
Celbridge A.C.	Ms. Finola Moore	01 6270921	087 4121375	Ms. Finola Moore	01 6270921	087 4121375	finolasherlock@gmail.com	White & Blue Stripes
Crookstown Millview A.C,								
Donadea Running Club	Mary Crofton	045 861773	087 9161162	Jo Cawley		087 299 1560	donadearunningclub@yahoo.ie	
Eire óg Corra Choill A.C.	Elizabeth Roche			Mary Mullaly		087 7936262		
Le Cheile A.C.	Fiona Flanagan	Contact AAI Off	01 8869933					
Kildare A.C.	Michael Barber	Contact AAI Off	01 8869933					
Naas A. C	Martin Luby	045 8790705	086 2683717	Liz Hogan	01 6272730		lizmhogan@gmail.com	
Newbridge A.C.	Denise Ellis	045 434820	877974685	Jimmy Cardiff	045 431296		jimmycardiff@hotmail.com	
St. Coca's A.C.	Larry Kelly		872379760	Larry Kelly		872379760		Green & Gold/White

Kilkenny (8)

Aghaviller A.C.	Ms Breda Dunphy			Jimmy Phelan	056 7768712	085-7192203		Yellow Green Stripes
Brow Rangers A.C.	Mr Murty Kelly			Joe Kelly		086 8694157		White
Castlecomer A.C.	Ms Margaret Dillon	056 4441427	087 6215648	Ms Margaret Dillon	056 4441427	087 6215648	magdillon@yahoo.ie	White & Two Blue Stripes
Gowran A.C.	Denis Cormack	Contact AAI	01 8869933					
Kilkenny City Harriers A.C.	Ms. Aideen Cudmore,			Sean Lynch	056 7765737	087 2067157	seanplynch@eircom.net	Black & Amber
St. Joseph's A.C.	Verena Fenlon			Michael Power	051 445665	086 8336645	trudiescatering@eircom.net	Green & White
Thomastown A.C.	Mark O'Connell	Contact AAI	18869933					
St. Senans A.C.	Jeannine Murphy			Pamela Foskin		087 9623248	pamfaskin@eircom.net	Navy & White

Louth (12)

Ardee & District A.C.	Trudy McGuinness			Seamus Weldon	086 8171646	087 2967835	helenweldon@eircom.net	Blue & Green
Blackrock A.C.	Pat Carr	042 9323007	086 817 4563	Pat Carr	042 9323007	086 817 4563	pat@blackrockac.com	
Boyne A.C.	Deirdre Mc Teggart	041 9835155	087 6875944	Austin Tiernan		087 9307541	austinti@eircom.net	Green & Gold
Drogheda & District	Maureen Harbison	Contact AAI	01 8869933					
Dundealgan A.C.	Rita Mc Carron	042 9332181	087 6556030	Rita Mc Carron	042 9332181	087 6556030		White with Red Band
Dunleer A.C.	Jacqueline Matthews			Michael Mulligan	041 9822733		michael.mulligan@weifafe.ie	Black & Amber
Glenmore A.C.	Mrs Rose White	042 9376546	087 2325615	Mrs Rose White	042 9376546	087 2325615	georgeandrose@eircom.net	Green
Lourdes A.C.	Gerry Smith	Contact AAI	01 8869933					
Mountpleasant A.C.	Georgina Drumm	042 9371481	876893361	Georgina Drumm	042 9371481	0876893361	georgina.drumm@gmail.com	Amber & Black
North East Runners	Michael Jordan	Contact AAI	18869933					
St. Gerards A.C.	Anne Marie Caragher	Contact AAI	01 8869933					
St. Peter's A.C.	Ms Angela Mc Donald	042 9321923	087 2328993	Ms Angela Mc Donald	042 9321923	087 2328993	mcdonaldsoil@eircom.net	Blue

Laois (4)

North Laois A.C.	Eileen Hayes	057 8661246	086 3722015	Eileen Hayes	057 8661246	086 3722015		Black & White
St. Michaels A.C.	Rose Byrne	Contact AAI	01 8869933					
St. Abbans A.C.	Mr. Patrick Kelly	059 9143357	05991 70489(w)	Mr. Patrick Kelly	059 9143357	05991 70489	kelly@ltcarlow	Green White 7 Gold
Mountmellick A.C.	Michelle Touhy		086 372 3803	Deirdre Murphy		087 9711260		

Meath (16)

Bohermeen A.C.	Mr Dermot Farrelly			Stephen Ball	046 9027041		stephenball@iol.ie	Black & Amber
Cushinstown A.C.	Margaret Joyce	01 8354682	087 9113742	Margaret Joyce	01 8354682	087 9113742		Green & White
Dunboyne A.C.	Colm Mc Menamin			Tommy McDonnell	01 8255452	087 2534833	sportslocker@eircom.net	
Dunshaughlin A.C.	Margaret Maher			Paddy Mangan		087 2597731	paddy.mangan@irishrail.ie	Black & Amber
Fr. Murphys A.C.	Sharon Monaghan			Philip Cogavin		087 2930058	www.philipcogavin@lycos.co.uk	Black & Red
Kells A.C.	Peter Rogan	046 - 49466						
Moynalvey/Kilcloon A.C.	Imelda Mitchell			Anne Carey		085 7681980	anne_carey@eircom.net	Maroon &White
Na Fianna A.C.	Mrs. Lena Heffernan	046 9541580	087 6793220	Mrs. Lena Heffernan	046 9541580	087 6793220		Brown & White
Navan A.C.	Mary Watters			Rita Brady	046 9023727		ritab@eircom.net	
Star of the Sea A.C.	Philomena Costello	01- 8411088	087 - 2836256					
Ratoath A.C.	Ms. Phil Bateson	01 8256413	086 3410486	Ms. Phil Bateson	01 8256413	086 3410486	pbateson@eircom.net	Blue
St. Andrews A.C.	Ann Donnellan	01 86 46014						
South O'Hanlon A.C.	William Toomes			Declan Byrne	046 9071418			
St. Brigids A.C.	Mr. Martin Heery	498541449		Mr. Martin Heery	0498541449			Green
Tara A.C.	Tom Halpin	046 9026566	087 6885103	Tom Halpin	046 9026566	087 6885103	muirfield@utvinternet.com	Blue & White
Trim A.C.	Ciaran Tobin	046 9436265	086 0569512	Ciaran Tobin	046 9436265	086 0569512	trimathleticsclub@hotmail.com	Red with White Stripes

Offaly (5)

Edenderry A.C.	Frank Kilrane	046 9731283	087 6771572	Frank Kilrane	046 9731283	087 6771572	kilrane@esatclear.ie	Red
Ballyskenach A.C.	Angela Talbot/ Grainne	Contact AAI	01 8869933					
Ferbane A.C.	Ms. Marion Feehan	Contact AAI	01 8869933					
St. Michael's A.C.	Rose Byrne	578643213	877998325	Bill Devereux		086 3057563	rosebyrne02@eircom.net	
Tullamore Harriers A.C.	Pauline Lambe		086-1036465	Pauline Lambe		086-1036465	paulinelambe@iol.ie	Blue & White

Westmeath (2)

Mullingar Harriers A.C.	Mr. Greg Duggan	044 9341784	087 2838329	Mr. Greg Duggan	044 9341784	087 2838329	gjduggan@eircom.net	Maroon & White
North Westmeath A.C.	Peter Collins		086 2581457	Peter Collins		086 2581457	mullingarpewter@eircom.net	

Wicklow (11)

Blessington Valley A.C.	Phyll Blake Byrne	01 4582567	087 6602473	Phyll Blake Byrne	01 4582567	087 6602473	phyll@gofree.indigo.ie	
Bray Runners A.C.	Mr Martin Corcoran	contact AAI	01 8869933					
St. Benedict's A.C.	Breda Synott	0402 32868		Breda Synott	0402 32868		bredasynnott@eircom.net	
West Wicklow A.C.	Mr. Damian Kavanagh	contact AAI	01 8869933					
Kilcoole A.C.	Mr Pat Diskin		087 6816366	Eamonn Tilley		086 8097162	pat.diskin@02.ie	
Tinahealy A.C.	Ms. Siofra Gallagher	contact AAI	01 8869933					
Greystones & District A.C.	Theresa Kinane	01 2876115	086 8635797	Theresa Kinane	01 2876115	086 8635797	theresa@athleticswicklow.com	Red & White
Inbhear Dee A.C.	Emer Geraghty	0404 20947	087 2859252	Noreen O'Reilly	0404 67951	087 2330403	nro@tinet.ie	Black & Red Triangle
Parnell A.C.	Cormac Conroy	0404 43250	087 2928660	Cormac Conroy	0404 43250	087 2928660	redline@eircom.net	White & Green
Roundwood & Dist.	Brenda Keenan	contact AAI	018869933	Brenda Keenan			bmkeenan1@eircom.net	Royal Blue & Amber
Sli Cualann A.C.	Noreen O'Reilly	0404 67951	087 2330403	Noreen O'Reilly	0404 67951	087 2330403	nro@tinet.ie	

Wexford (16)

Adamstown A.C.	Ms. Ann O'Gorman	053-9240740	087 7434470	Ms. Ann O'Gorman	053-9240740	087 7434470	annforogornan@eircom.net	Yellow & White
Bree A.C.	Ms. Clare Doyle	053 9247706	087 4151350	Ms. Clare Doyle	053 9247706	087 4151350	jamesdoyle@eircom.net	White & Blue
Caim A.C.	Majella Kavanagh	contact AAI	018869933					
D.M.P. A.C.	Mr. Dermot Mc Guinne	contact AAI	01 8869933					
Gorey A.C.	Mary Crean			Roy Furney	053 9420517	087 2184802	royfurney@eircom.net	White with Navy Letters
Enniscorthy	Contact AAI	01 8869933						
Kilmore	Contact AAI	01 8869933						
Menapians A.C.	Melissa McCormack			Shane McCormack		087 9955505	shane.mccormack@sunlife.com	Black & Rd
Slaney Olympic A.C.	Donie Colfer			Chris Kennedy		087 6441061	kennedypc@imagine.ie	White Purple & Gold
Sliabh Bhuide Rovers A.C.	Mr. Lukie Kehoe	contact AAI	01 8869933					
St. Annes A.C.	Mr. Patrick Byrne			Noel Moore	051 563445		tajabe@eircom.net	Sky Blue & Navy Hoops
St. Killian's A.C.	Josephine Daly	053 9120090	087 7837250	Josephine Daly	053 9120090	087 7837250	mandjdaly@eircom.net.	Navy Blue with Gold Stripe
St. Pauls A.C.	Mr Leo Coy	053 9133936	086 3103417	Mr Leo Coy	053 9133936	086 3103417	leocoy@indigo.ie	
Taghmon A.C.	Susan Byrne			Teresa Furlong		086 1286113	taghmonathleticclub@hotmail.com	
United Striders A.C.	Emmet Malone	contact AAI	01 8869933					
Wexford A.C.	Margaret Brennan			Patricia Reville		086 0794068		Amber & Black Trim

MUNSTER AREA

Clubs	Secretary	Home Number	Mobile Number	For Information of Training Times etc. Contact	Contact Home Number	Contact Mobile Number	Club Email Address	Colours
Clare (12)								
Ennis Track Club	Maria Carey	065 6820305	085 1645770	Pat Hogan	065 6820305		patgh@eircom.net	
Marian A.C.	Arthur Ford	contact AAI	01 8869933					
Corofin A.C.	Mary Farragher	contact AAI	01 8869933					
St. Cronans A.C.	Mary Keane	contact AAI	01 8869933					
St. Brendans (2) A.C.	Theresa Shanahan	contact AAI	01 8869933					
Fergus A.C.	Christina O'Sullivan	065 683 4227	086 1966568	Sean O'Sullivan		086 6030849		
Kilmihil A.C.	John Devine		087 2933095	John Devine		087 2933095		Green & Gold
Kilmurray/Ibrick/N.Clare A.C.	Mr James Sexton	065 7085379	087 2472623	Mr James Sexton	065 7085379	087 2472623	jsexton.ennis@eircom.net	Red & Green
Kilnaboy A.C.	Mr. Vincent Mc Carthy	065 6837875	086 1704471	Mr. Vincent Mc Carthy	065 6837875	086 1704471	vmccarthykinaboy@eircom.net	Red & White Stripe
St. Mary's A.C.	Mr Tommy Mc Carthy	065 9053170		Mr Tommy Mc Carthy	065 9053170			
St. John's (Clare) A.C.	Mr. Michael Egan	065 9056414	087 2709100	Mr. Michael Egan	065 9056414	087 2709100	stjohnsac@eircom.net	
Tulla A.C.	Mr. Eugene Conlon	065 6835163	087 6620465	Mr. Eugene Conlon	065 6835163	087 6620465	eugeneconlon@eircom.net	Claret & Gold
Cork (37)								
Ballincollig A.C.	Padraig Kelly		086 8689599	Padraig Kelly		086 8689599	ballincolligac@eircom.net	
Ballymore Cobh A.C.	Ms Catherine Hickey	021 481 2724	086 1755314	Phyllis Kidney	021 4814 303		chmarman@eircom.net	
Bandon A.C.	Mr Tom Laffan	086 - 2399665	087 6501649	Catherine Duggan		086 2399665	secretary@bandonathleticclub.com	
Bantry A.C.	Ms Maria Hurley	027 52371	087 9254057	Ms Maria Hurley	027 52371	087 9254057	diarmuid@hurleybrosbantry.com	Blue with White Trim
Blarney/Inniscara A.C.	Mrs. Mary Meagher		087 2966298	Mrs. Mary Meagher		087 2966298		Green with White Trim
Beara A.C.	Benedicte Coleman	027 74241		Benedicte Coleman	027 74241		benedictec@eircom.net	
Carbery Harriers A.C.	Frances Shanahan		087 237 9253	Frances Shanahan		087 237 9253	shanahanfrances@hotmail.com	
Carraig-Na-Bhfear A.C.	Ann Atkinson	021 4513773	086 1025420	Ann Atkinson	021 4513773	086 1025420		White with Green Hoop
Carrigtwohill A.C.	Angela Barry	021 4638114		Angela Barry	021 4638114			Blue & Yellow
Courcies A.C.	Fiona Coghlan	021 4778798	087 0539066	Fiona Coghlan	021 4778798	087 0539066	fmcoghlan@yahoo.ie	
Doheny A.C.	Mr. James Crowley			Paudie Cronin	023 45516		dohenyac@hotmail.com	Green with White Cuffs
Belgooly A.C.	Mrs. Rosaleen Copitho	contact AAI	01 8869933					
North Cork A.C.	Ms Maura Doyle	contact AAI	01 8869933					
Skibbereen A.C.	Mary O'Donovan	contact AAI	01 8869933					
U.C.C. A.C.-Dual-Member	Ms Angela Shine	contact AAI	01 8869933					
Youghal A.C.	Ann Cronin	contact AAI	01 8869933					
Abbey Striders A.C.	Mrs Eileen Regan	contact AAI	01 8869933					
Donoughmore A.C.	Dolores O Sullivan	contact AAI	01 8869933					
Duhallow A.C.	Mr. Jerry Twomey			Jerry Twohig	087 6251027		twomey22@yahoo.ie	Black/Tangerine
Eagle A.C.	Pat Murphy			John Quigley	021 4891903		eagle262@eircom.net	Black & Purple
East Cork A.C.	Mr. Liam O'Brien	021 4633686		Mr. Liam O'Brien	021 4633686		East Cork A.C.	Maroon
Fanahan Mc Sweeney	Seamus Fox	025 24918	086 2534427	Finbarr Mc Carthy	025 27488	086 0712403	seamusfox2@eircom.net	
Grange/Fermoy A.C.	Clotilde Fitzgibbon	025 38193	086 3162145	Richard Tonks		087 4170342	richardtonks@eircom.net	White & Blue with Orange Band
Glenbower A.C.	Ms Kathleen Walsh	024 95213		Tim Twomey	024 93078		tim.glenbower@gmail.com	
Leevale A.C.	Donal Murnane			Tony Shine	021 4341132		dmurnane@quiptech.com	Amber with Black Band
Liscarroll A.C.	Esther Fitzpatrick	022 48302	087 6888591	Esther Fitzpatrick	022 48302	087 6888591	liscarrollathletics@yahoo.co.uk	Green/Black Diag. Stripe
Mallow A.C.	Mr. John Holland	022 21280	085 1743702	Mr. John Holland	022 21280	085 1743702	holland3@gofree.indigo.ie	Red & White
Midleton A.C.	Tom Houlihan			Helen McSweeney	021 4613658	086 3793074	hmcmidletonac@eircom.net	White, Black & Green
Millstreet A.C.	Willie Neenan		087 239 0483	Willie Neenan		087 239 0483		
Old Abbey A.C.	Maria Terry	021 497 9775	086 859 7697	Maria Terry	021 497 9775	086 859 7697		

Rising Sun A.C.	Mr. Jimmy Murray	021 4979804	086 3320461	Mr. Jimmy Murray	021 4979804	086 3320461	jimmurio@yahoo.ie	
Riverstick/Kinsale A.C.	Joan Allen/Paddy O' Don	021 4771618	086 6003141	Joan Allen/Paddy O' Do	021 4771618	086 6003141	riverstickkinsale@eircom.net	Green & White
St. Finbarr's A.C.	Declan Murphy	021 487 0789	085 1361239	Declan Murphy	021 487 0789	085 1361239	timothhy_declan_murphy@hotmail.com	
Togher A.C.	Ronan Foolkes			John D. Hayes	021 4961107			White with Green
Tracton A.C.	Tracey Bourke			Martin Horan	021 4887340	087 6913631	traceybourke1965@yahoo.co.uk	
UCC A.C.	AAI	01 8869933						
West Muskerry A.C.	Ms Collette O'Riordan	026 41278	086 3517204	Ms Collette O'Riordan	026 41278	086 3517204	collette.oriordan@mpurcellsolrs.ie	Orange & Sky Blue
Kerry (13)								
An Riocht A.C.	Denis Mc Sweeney	066 7147065	087 7995647	Kate Mc Sweeney			katemc87@hotmail.com	White & Red
Estuary A.C.	Breda Moriarty	068 36038	087 7945166	Breda Moriarty	068 36038	087 7945166	bredamoriarty2007@hotmail.com	Blue with White Sash & Trim
Farranfore Maine Valley A.C.	Mr. Jim O'Shea			Jerry Horgan	087 2840672		jhorgan@foilmorequarries.com	Balck & Amber
St. Brendan's A.C.	Theresa Shanahan	contact AAI	01 8869933					
Castleisland A.C.	Joan Murphy	contact AAI	01 8869933					
Killarney A.C.	Joan O'Riordan	contact AAI	01 8869933					
Gneeveguilla A.C.	Mr Tom O' Donoghue			Sheila Fitzpatrick	064 54470	087 9339087	tomjoe01@eircom.net	
Iveragh A.C.	Mr. Lorcan Murphy	066 9473041	066 9473335	Mr. Lorcan Murphy	066 9473041	9473335 (work)		Amber with Black Srtripe
Lios Tuathail A.C.	Eamonn Whelan	068 40316	087 7985311	Eamonn Whelan	068 40316	087 7985311	eamonandmaura@eircom.net	
Spa Muckross A.C.	Jean Courtney	064 36237	086 1994378	Jean Courtney	064 36237	086 1994378	jeancourtney@yahoo.com	
Spa-Fenit Barrow A.C.	Ms Anne Brick			Mrs. Sayers	066 7136896	087 2072266	antoinettesayers@hotmail.com	Black & Green
Star of the Laune A.C.	Michael Mangan	066 9761597		Michael Mangan	066 9761597		mfmangan@hotmail.com	
Tralee Harriers A.C.	Michael Godley	066 7123235	087 6790948	Michael Godley	066 7123235	087 6790948	secretary@traleeharriers.com	White, Yellow & Green
Limerick (8)								
Dooneen A.C.	Ms. Phil Roche	061 228248		Ms. Phil Roche	061 228248			Red with White Stripe
Emerald A.C.	Mr. Michael Kirwan	061 327754	085 1541095	Mr. Michael Kirwan	061 327754	085 1541095	michaelkirwan@eircom.net	White & Green
Limerick A.C.	Paddy O'Connell			Mick O'Shea	085 7163129		limerick@yahoo.ie	Green & White
St Ita's A.C.	Ann Cullinane			Larry Collins	069 84070		annecull1@yahoo.co.uk	
West Limerick A.C.	Mr. Willie Costello	contact AAI	01 8869933					
Bilboa A.C.	Mr Aidan Mooney	contact AAI	01 8869933					
Kilmallock A.C.	Jo Moloney	contact AAI	01 8869933					
St. Marys (Limerick) A.C.	Mr. Tom Wilmoth	069 64702	087 6302317	Mr. Tom Wilmoth	069 64702	087 6302317		
Tipperary (17)								
Borrisokane A.C.	Mr. John O'Farrell	067 27375	087 2210115	Mr. John O'Farrell	067 27375	087 2210115	borrisokaneathletics@yahoo.ie	Green, White & Gold
Ballynonty A.C.	Joan Prout	Contact AAI	01 8869933					
Moycarkey Coolcroo A.C.	Kay Cantwell	Contact AAI	01 8869933					
Carrick on Suir A.C.	Ms. Emby Walsh	051 640696	078 6429720	Ms. Emby Walsh	051 640696	078 6429720	embywalsh@eircom.net	
Coolquill A.C.	Ms. Carmel Troy	052 54697	087 6449674	Carmel Troy	052 54697	087 6449674	troyseamus@eircom.net	
Clonmel A.C.	Ms Donna Nagle							
Dundrum A.C.	Mr Michael Moore	062 71464	085 1743834	Mr Michael Moore	062 71464	085 1743834	manovmoore@eircom.net	Amber & Black
Fethard A.C.	Ms Mary Trehy	052 31982	086 1053918	Mary Trehy	052 31982	086 1053918	marytrehy@gmail.com	
Moyne A.C.	Patricia Cummins			Paddy Doyle	0504 45188			Green & Gold
Nenagh Olympic A.C.	Margaret Fahy			Denis Finnerty	067 34155	087 6344886	jeddyfahy@eircom.net	Orange
Newport A.C.	Ms Eileen B. Ryan			Rev. Fletcher	086 1927455			Maroon
Roscrea A.C.	Kathleen England	0505 21776		Kathleen England	0505 21776			Red & White
St. Catherines a.C.	Michael Guinan	052 56292	087 647 8955	Michael Guinan	052 56292	087 647 8955	mike.guinan@yahoo.ie	
St. Flannans A.C.	Renee Sutton			Seamus Hogan	0505 451629	087 1382463	reniesheedy@eircom.net	Red with Black Stripes
Templemore A.C.	Ms. Geraldine Ingram			Martin Leydon	087 2096356			
Thurles Crokes A.C.	Ms Kathleen Dorney			Patsy Dorney	0504 23543		madzdorney@hotmail.com	White with Blue Stripes
Tipperary Town A.C.	Mrs Breeda Christie	052 52358	087 6304144	Mrs Breeda Christie	052 52358	087 6304144		Orange with Navy Stripes

Waterford (5)

Ferrybank A.C.	Mrs Brid Golden		087 6889330	Mrs Brid Golden		087 6889330	bridgolden@eircom.net	Green with White Stripes
K.C.K. A.C.	Ms. Margaret Behan			Breda Keane	051 294587		bredakeane1@eircom.net	Red & White
Waterford A.C.	Mr James Maguire							
Tramore A.C.	Mr John Kehoe			Michael Gregan	051 381017	086 0723697		Black with White Trim
West Waterford A.C.	Tony Ryan	058 43050	087 7657805	Tony Ryan	058 43050	087 7657805	jveale@cablesurf.com	Blue & White

ULSTER AREA

Clubs	Secretary	Home Number	Mobile Number	For Information of Training Times etc. Contact	Contact Home Number	Contact Mobile Number	Club Email Address	Colours
Antrim (3)								
Beechmount Harriers A.C	Kate Mc Goldrick			Paul McGee	028 90617240	7860461751	paul.mcgee3@ntlworld.com	White, Red & Green
Ballymena & Antrim A.C.	Mrs. Maeve Kyle			Dougie Thom	048 25642322	7731503488	maevekyle@tinyworld.co.uk	Green , White & Black
St. Malachy's A.C.	Paddy McKillop	048 90804719/048 90748285		Paddy McKillop	048 90748285		smalkies@hotmail.com	Green & White
Cavan (9)								
Ballyjamesduff A.C.	Jackie Denning	049 8548904	086 3628703	Shawn Crafford	01 8545169	086 8305961	craffordshawn@yahoo.co.uk	Maroon & White
Bailieboro A.C.	Emily Meehan	contact AAI	01 8869933					
Breifne A.C.	Mr. John Mc Dermott	contact AAI	01 8869933					
Annalee A.C.	Mrs Yvonne Leonard	contact AAI	01 8869933					
Mullahoran A.C.	Mary Rabbitte	contact AAI	01 8869933					
Drumlin A. C.	Geraldine Mullen	042 9742295	086 8503289	Geraldine Mullen	042 9742295	086 8503289	geraldine.mullen@agriculture.gov.ie	Green & Blue
Inny Vale A.C.	Ms Ann Galligan	049 4336793/04	086 1526437	Ms Ann Galligan	3/042 9666444	086 1526437	ann.galligan@agrigear.net	Tangerine & Navy
Laragh A.C.	Mr Michael Smith	049 4330364	086 8839281	Mr Michael Smith	049 4330364	086 8839281	MBSRCSmith@eircom.net	
Shercock A.C.	Mr John Mc Geever	042 9669447		Mr John Mc Geever	042 9669447		jmcgeever@eircom.net	
Donegal (11)								
Cranford A.C.	Geraldine Boyce	074 9153606		Eamon Giles	074 9153665		eamongilescranford@eircom.net	
Letterkenny A.C.	Elaine Morrow	contact AAI	01 8869933					
St. John Bosco A.C.	Patricia Britton	074 97 21788	087 635 2875	Eamon Harvey		087 2797548	brittonp@gofree.indigo.ie	
Killybegs A.C.	Fionualla Cunningham	contact AAI	01 8869933					
Inishowen A.C.	Kathleen Furlong	contact AAI	01 8869933					
Finn Valley A.C.	Noreen Bonner			Patsy McGonagle	087 2226112		patsymcgonagle@hotmail.com	Blue & White
Inishowen A.C.	Kathleen Furlong			Niall McGee	086 3426698		inishowenac@gmail.com	Yellow & Navy
Tír Chonaill A.C.	Eithne Mc Loone	contact AAI	01 8869933					
Lifford A.C.	Ms. Maeve Mc Elroy	074 9141630	087 2227160	Ms. Maeve Mc Elroy	074 9141630	087 2227160	mcelroymaeve@eircom.net	Red with White Chestband
Milford A.C.	Bridgeen Devenney			Hugo Duggan	074 9153391		http://homepage.eircom.net	Red & Black
Sliabh Liag A.C.	Padraig O'Leime			Seamus Gallagher	074 9739012		sandngallagher@eircom.net	Grey with Black Band
Monaghan (5)								
Clones A.C.	Eibhlin Ní Niocail			Paul O'Neill	047 52051		pon1973@eircom.net	White with Blue Trim
Glaslough Harriers	Alma Flack	047 88139	087 9932608	Noel Kennedy	047 88405		alma.flack@agriculture.gov.ie	
Monaghan Phoenix A.C.	Olivia Gissane	047 84627	086 0604977	Olivia Gissane	047 84627	086 0604977		Green, Black & White
Oriel A.C.	Fr. Peadar O'Corragain	047 54011	086 8983338	Fr. Peadar O'Corragain	047 54011	086 8983338	pocorragain@eircom.net	Navy with Red Stripe
Carrick Aces	Contact AAI	18869933						
Down (1)								
Dromara	Hugh Pat Mc Evoy	Contact AAI	01 8869933					
Tyrone (1)								
Strabane Track Club	Mr. Damian Crawford							

CONNAUGHT AREA

Clubs	Secretary	Home Number	Mobile Number	For Information of Training Times etc. Contact	Contact Home Number	Contact Mobile Number	Club Email Address	Colours
Galway (10)								
Athenry A.C.	Peter Delmer	091 850701	087 2711889	Peter Delmer	091 850701	087 2711889	peter.delmer@bsci.com	Maroon with White Trim
Ballinasloe & District	Anne Burke	090 9643944	087 6385575	Anne Burke	090 9643944	087 6385575	emeraldislepine@eircom.net	Green and White Stripe
Clare River Harriers A.C.	Mr. Brian Kenny	091 794885	087 9912824	Mr. Brian Kenny	091 794885	087 9912824		Red with Black Stripe
Craughwell A.C.	Thomas Finnegan			Sarah Finnegan	091 846152	087 2959761	sarahfinnegan2@eircom.net	Greem
Corifin A.C.	Mary Farragher	093 41365	087 7780464	Tommy Farragher	093 41365		my-farragher@hotmail.com	
Castlegar A.C.	Ms. Mary Duffy	Contact AAI	01 8869933					
Galway City Harriers A.C.	Bernie Kelly	091 593249	087 7504066	Bernie Kelly	091 593249	087 7504066	berniepkelly@hotmail.com	Red & White
Loughres A.C.	Mary Barrett	091 842145	087 6115574	Mary Barrett	091 842145	087 6115574	marybarrettpe@hotmail.com	
Portumna A.C.	Bridget Brien	090 9759937	087 214 1148	Tom Connelly			connellt@bsci.com	
Tuam A.C.	Brendan Monaghen	093 25297	0851311063	Brendan Monaghen	093 25297	0851311063	nishro@eircom.net	
Longford (1)								
Longford A.C.	Patsy Kenny	043 71384		Patsy Kenny	043 71384			Royal Blue & Gold
Leitrim (4)								
Ballinamore A.C.	Mrs. Patricia Griffin	071 9644207	087 2238242	Mrs. Patricia Griffin	071 9644207	087 2238242		Maroon & Green
Carrick-on-Shannon A.C.	Mr. John Connolly							
Mohill A.C.	Ms. Lucia Tyrrell	071 9631984	086 2539995	Ms. Lucia Tyrrell	071 9631984	086 2539995		Red with White Letters
North Leitrim A.C.	Paddy Croal	071 9855640	086 4055719	Paddy Croal	071 9855640	086 4055719		Yellow & Green
Mayo (7)								
Ballina A.C.	Mrs. Marion Mattimoe		086 3644073	P.J. Reilly	085 - 1743164		mmattimoe@eircom.net	White & Red
Border Ramblers A.C.	Marie O' Malley		087 6305369	Marie O' Malley		087 6305369	marieomalley1@eircom.net	
Castlebar A.C.	Fiona Helbert			Michael Brophy	087 2496688		fionahelbert@eircom.net	Green with White Sash
Claremorris A.C.	Mr. Jim Ryan	094 9371213	087 6733484	Mr. Jim Ryan	094 9371213	087 6733484	jimwryan@eircom.net	Blue & White
Mayo A.C.	Mr Padraic Cullina	094 9364402	087 6992086	Mr Padraic Cullina	094 9364402	087 6992086	www.mayoac.com	Green with Red Hoops
Swinford A.C.	Peter Hynes	071 9181502 or	087 9014211	Peter Hynes	r 094 9256427	087 9014211	hynes245@hotmail.com	
Westport A.C.	Laura Harper			Gerry Kilroy	087 0638188		gerrykiroy@yahoo.co.uk	Green & Red
Roscommon (4)								
Loughree A.C.	Steve Peters		086 8212732	Steve Peters		086 8212732	stevepeters@eircom.net	
Roscommon A.C.	Mary Burgoyne	090 6626976	086 3560560	Mary Burgoyne	090 6626976	086 3560560		
North Roscommon A.C.	Majella Dodd	071 9663440	086 0681035	Majella Dodd	071 9663440	086 0681035	majelladodd@aeircom.net	
St. Ronans A.C.	Mr. Pat Fitzgibbon	0905 83841	087 2483352	Mr. Pat Fitzgibbon	0905 83841	087 2483352	athleticcompetition@eircom.net	Red with White Collar
Sligo (4)								
Calry A.C.	Paul Flynn	071 19145566		Paul Flynn	071 19145566		flynn.paul@itsligo.ie	White & Red
North Sligo A.C.	Mrs Marie Mullen	071-63470	087 6340263	Marie Mullen	071-63470	087 6340263	marie.mullen@gmail.com	White & Red Trim
Corran	Contact AAI	01 8869933						
Sligo A.C.	Contact AAI	01 886993						