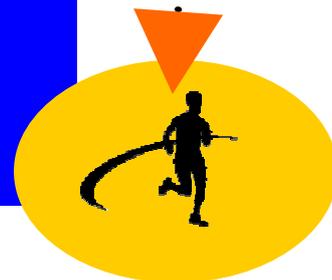




10K Road Race Championships of Ireland & Fun Run



**Check In & Changing: Presentation College,
Athenry, Co. Galway
20th April 2008 starting @ 2 p.m.**

Office Use

Individual Entry

FIRST NAME:

SURNAME:

CLUB:

ENTRY FEE: 12.00 Euro per Individual. D.O.B

SENIOR MEN

SENIOR WOMEN

MASTER MEN		MASTER WOMEN	
M35 <input type="checkbox"/>	M60 <input type="checkbox"/>	W35 <input type="checkbox"/>	W55 <input type="checkbox"/>
M40 <input type="checkbox"/>	M65 <input type="checkbox"/>	W40 <input type="checkbox"/>	W60 <input type="checkbox"/>
M45 <input type="checkbox"/>	M70 <input type="checkbox"/>	W45 <input type="checkbox"/>	W65 <input type="checkbox"/>
M50 <input type="checkbox"/>	M75 <input type="checkbox"/>	W50 <input type="checkbox"/>	W70 <input type="checkbox"/>
M55 <input type="checkbox"/>	M80 <input type="checkbox"/>		

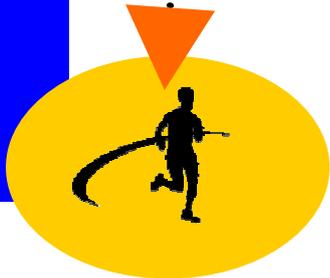
1. Championship medals will only be awarded to registered athletes.
2. Registered AAI Athletes must wear their club singlet, singlets and shorts must conform to IAAF Rules.
3. A male athlete becomes a Master on his 35th birthday
4. A female athlete becomes a Master on her 35th birthday
5. Athletes must check in at least 60 minutes prior to their event

Signed..... Date _____





10K Road Race Championships of Ireland & Fun Run



**Check In & Changing: Presentation College ,
Athenry, Co. Galway
20th April 2008 starting @ 2 p.m.**

Team Entry

Senior Men
Senior Women

Master Men
Master Women

Club _____

TEAM ENTRY – Senior Men (4 to Score) Senior Women/ Master Men & Women (3 to Score)
In team events athletes may only score in the category for which they declare.

2008 AAI REG. No	NAME	Master Category	OFFICE USE

1. Championship medals will only be awarded to registered athletes.
2. Registered AAI Athletes must wear their club singlet, singlets and short must conform to IAAF Rules.
3. A male athlete becomes a Master on his 35th birthday
4. A female athlete becomes a Master on her 35th birthday
5. Athletes must check in at least 60 minutes prior to their event

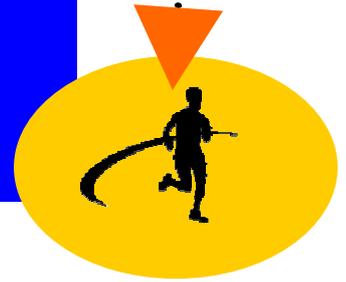
Entries on Official Form must include Entry Fee & Registration Number. Fax Entries or Phone Entries will not be accepted.

Signed..... Phone No/ Email.....





10K Road Race Championships of Ireland & Fun Run



**Check In & Changing: Presentation College,
Athenry, Co. Galway
20th April 2008 starting @ 2 p.m.**

Open Entry for Non Club Runners

FIRST NAME:

SURNAME:

Address/email

D.O.B

SENIOR MEN

SENIOR WOMEN

MASTER MEN		MASTER WOMEN	
M35 <input type="checkbox"/>	M60 <input type="checkbox"/>	W35 <input type="checkbox"/>	W55 <input type="checkbox"/>
M40 <input type="checkbox"/>	M65 <input type="checkbox"/>	W40 <input type="checkbox"/>	W60 <input type="checkbox"/>
M45 <input type="checkbox"/>	M70 <input type="checkbox"/>	W45 <input type="checkbox"/>	W65 <input type="checkbox"/>
M50 <input type="checkbox"/>	M75 <input type="checkbox"/>	W50 <input type="checkbox"/>	W70 <input type="checkbox"/>
M55 <input type="checkbox"/>	M80 <input type="checkbox"/>		

ENTRY FEE: 12.00 Euro per Individual.

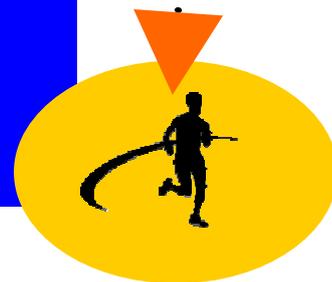
1. Championship medals will only be awarded to registered athletes.
3. A male athlete becomes a Master on his 35th birthday
4. A female athlete becomes a Master on her 35th birthday
5. Athletes must check in at least 60 minutes prior to their event

Signed.....





10K Road Race Championships of Ireland & Fun Run



**Check In & Changing: Presentation College,
Athenry, Co. Galway
20th April 2008 starting @ 2 p.m.**

Championship Medals

Senior Men:	1st, 2nd, 3rd individuals 1st, 2nd, 3rd Club Teams, - 4 to score
Senior Women:	1st, 2nd, 3rd individuals 1st, 2nd, 3rd Club Teams - 3 to score
Master Men:	1st, 2nd, 3rd individuals in each category M35, M40, M45, M50, M55, M60, M65, M70 & M75 1st, 2nd, 3rd Club Teams, M 35 category only - 3 to score
Master Women:	1st, 2nd, 3rd individuals in each category W35, W40, W45, W50, W55, W60 & W65 1st, 2nd, 3rd Club Teams, W35 category only - 3 to score

In team events athletes may only score in the category for which they declare.

- 1. Championship medals will only be awarded to registered athletes.**
- 2. Registered AAI Athletes must wear their club singlet and shorts must conform to IAAF Rules.**
- 3. A male athlete becomes a Master on his 35th birthday**
- 4. A female athlete becomes a Master on her 35th birthday**
- 5. Athletes must check in at least 60 minutes prior to their event**