

Woodie's DIY Junior & U23 Championships of Ireland, Tullamore 29th June 2008

100 m - Junior Men

Wind : -1.9

Place	Name	Club	Time	
1	Craig Lynch	Shercock A.C.	11.12	
2	Jonathan Holmes	Kilkenny City Harriers A.C.	11.29	
3	Scott Hamilton	Regent House	11.33	
4	David Quilligan	Leevale A.C.	11.60	
5	Conor Coleman	Clonliffe Harriers A.C.	11.65	
6	Barry O'Donohoe	Raheny Shamrock A.C.	11.84	
7	Tope Odelade	Crusaders A.C.	11.84	
8	David Boyd	Tralee Harriers A.C.	11.94	

200 m - Junior Men

Wind : +2.5

Place	Name	Club	Time	
1	Brian Gregan	Tallaght A.C.	21.75	
2	Craig Lynch	Shercock A.C.	21.94	
3	Lorcan O'Cathain	Roscommon A.C.	23.00	
4	Jonathan Holmes	Kilkenny City Harriers A.C.	23.13	
5	Tope Odelade	Crusaders A.C.	23.52	
6	Paul Stack	Leevale A.C.	23.62	
7	Sean Bolger	Tallaght A.C.	24.15	

400 m - Junior Men

Place	Name	Club	Time	
1	Curtis Woods	Lagan Valley	48.98	
2	Billy Ryan	Ferrybank A.C.	49.15	
3	Jason Harvey	Lagan Valley	49.33	
4	Cathal Owens	Leevale A.C.	49.93	
5	Alan Whelan	North Laois A.C.	50.07	
6	Jamie Davis	U.C.D. A.C.	51.95	
7	Christopher Russell	Ferrybank A.C.	52.69	
	Liam Townsend	Lucan Harriers A.C.	DNS	

800 m - Junior Men

Place	Name	Club	Time	
1	Anthony Lieghio	Tallaght A.C.	1.56.70	
2	Mark Patterson	North Down A.C.	1.56.71	
3	Mark Mc Donald	Clonliffe Harriers A.C.	1.57.61	
4	Shane Cowzer	Dundrum South Dublin A.C.	1.58.47	
5	David Keogh	Lucan Harriers A.C.	1.58.61	
6	Chris Jones	Raheny Shamrock A.C.	2.00.49	
7	Andrew Brennan	Metro/St. Brigid's A.C.	2.01.21	
8	Ciaran Phelan	Aghaviller A.C.	2.01.32	
9	Fergal Ellis	Ballinamore A.C.	2.04.04	

1500 m - Junior Men

Place	Name	Club	Time	
1	Tommy Carroll	North Sligo A.C.	3.59.45	

2	Gavin Downey	Ferrybank A.C.	4.00.56
3	Tomas Cotter	Dunleer A.C.	4.01.13
4	Keith Maher	Thurles Crokes A.C.	4.01.74
5	Sam Kelly	Fingallians A.C.	4.04.05
6	Eoin Mc Donnell	Clonliffe Harriers A.C.	4.04.81
7	Niall Mc Cormack	Clonmel A.C.	4.04.92
8	Kevin Cooper	Ferrybank A.C.	4.09.24
9	Eoin Pearce	Clonliffe Harriers A.C.	4.09.53
10	David Fitzmaurice	Clonliffe Harriers A.C.	4.10.40
11	John Carlisle	North Down	4.16.21
12	Patrick Hogan	Ferrybank A.C.	4.18.37
13	Jason O'Byrne	Sli Cualann A.C.	4.19.17
14	Thomas Hayes	Kilkenny City Harriers A.C.	4.27.05

5000 m - Junior Men

Place	Name	Club	Time
1	Michael Mulhare	North Laois A.C.	15.10.30
2	Darragh Flynn	Raheny Shamrock A.C.	15.49.75
3	Michael Carmody	Emerald A.C.	15.56.06
4	Lee Stenson	Mullingar Harriers A.C.	16.04.07

110 m Hurdles - Junior Men

Wind : +0.5

Place	Name	Club	Time
1	Ciaran O'Cathain	Roscommon A.C.	15.27
2	Conor Mc Crossan	Lucan Harriers A.C.	16.42
3	Paul Doherty	Finn Valley A.C.	17.09

400 m Hurdles - Junior Men

Place	Name	Club	Time
1	Conor Mc Laughlin	Strabane Track Club	56.03
2	Christopher Murnane	Leevale A.C.	56.80
3	Alan Corcoran	Ferrybank A.C.	57.02
4	Gavin Kennedy	Menapians A.C.	57.37

3000 m Steeplechase - Junior Men

Place	Name	Club	Time
1	David Flynn	Clonliffe Harriers A.C.	9.41.3H
2	Robert Corbally	Dundrum South Dublin A.C.	10.23.0H
3	Larry Brady	Clonliffe Harriers A.C.	10.24.6H

5000 m Walk - Junior Men

Place	Name	Club	Time
1	Paul Fitzpatrick	Shercock A.C.	22.13.46
2	Niall Prendiville	Farranfore Maine Valley A.C.	24.58.52
3	Thomas Hayes	Moycarkey Coolcree A.C.	28.25.42

High Jump - Junior Men

Place	Name	Club	Hgt(m)
1	Barry Pender	St. Abbans A.C.	2.01

2	Michael Healy	Youghal A.C.	1.85	
3	Ian Crowley	Farranfore Maine Valley A.C.	1.75	
4	Brendan Reilly	Ballina A.C.	1.75	

Long Jump - Junior Men

Place	Name	Club	Dist(m)	
1	David Quilligan	Leevale A.C.	6.44	
2	Paul Byrne	St. Abbans A.C.	6.39	
3	Brendan Reilly	Ballina A.C.	6.25	
4	Richard Tsang	Monaghan Phoenix A.C.	6.07	

Triple Jump - Junior Men

Place	Name	Club	Dist(m)	
1	Francis Egan	St. Abbans A.C.	13.34	
2	Shane Prout	Coolquill A.C.	13.24	
3	Brendan Reilly	Ballina A.C.	11.40	

Pole Vault - Junior Men

Place	Name	Club	Hgt(m)	
1	Ian Rogers	Clonliffe Harriers A.C.	4.20	
2	Richard Whyte	Brothers Pearse A.C.	3.80	
3	Keith Doherty	Dunboyne A.C.	3.40	
4	Mihai Pantea	Raheny Shamrock A.C.	3.40	
5	Ian Crowley	Farranfore Maine Valley A.C.	3.20	

Shot Putt - Junior Men

Place	Name	Club	Dist(m)	
1	Daniel Clifford	Farranfore Maine Valley A.C.	13.24	
2	Ben Geraghty	Crusaders A.C.	13.23	
3	Eanna O'Cathain	Galway City Harriers A.C.	12.98	
4	Shane Lynch	Crusaders A.C.	12.71	
5	Mathew O'Reilly	Shercock A.C.	12.11	
6	Shane Kennedy	Ferrybank A.C.	11.74	
7	Joseph Mulligan	Tullamore Harriers A.C.	9.07	

Discus - Junior Men

Place	Name	Club	Dist(m)	
1	Daniel Clifford	Farranfore Maine Valley A.C.	46.39	
2	Chris Reynolds	Belfast Royal Academy	42.74	
3	Darragh Hanlon	Tullamore Harriers A.C.	41.52	
4	Eanna O'Cathain	Galway City Harriers A.C.	39.69	
5	Ben Geraghty	Crusaders A.C.	38.26	
6	Mathew O'Reilly	Shercock A.C.	36.27	

Javelin - Junior Men

Place	Name	Club	Dist(m)	
1	Dan Mullin	Strabane Track Club	52.47	
2	Conor Mc Laughlin	Strabane Track Club	50.77	
3	Sean Mc Bride	Strabane Track Club	49.43	
4	Georgie Leahy	Le Cheile A.C.	45.06	

5	Eanna O'Cathain	Galway City Harriers A.C.	41.90
6	Shane Kennedy	Ferrybank A.C.	41.07
7	Awuar Mezihidou	Roscommon A.C.	39.58
8	Askhab Mezihidou	Roscommon A.C.	39.42

Hammer - Junior Men

Place	Name	Club	Dist(m)
1	Gerard Kelly	Castlebar A.C.	55.42
2	Killian Barry	Crusaders A.C.	49.88
3	Daniel Clifford	Farranfore Maine Valley A.C.	48.63
4	Jack Cullinane	Crusaders A.C.	47.51

35lb Distance - Junior Men

Place	Name	Club	Dist(m)
1	Eanna O'Cathain	Galway City Harriers A.C.	8.11
2	Gerard Kelly	Castlebar A.C.	7.82
3	Mathew O'Reilly	Shercock A.C.	6.83
4	Joseph Mulligan	Tullamore Harriers A.C.	6.09

100 m - Junior Women

Wind : -0.6

Place	Name	Club	Time
1	Niamh Whelan	Ferrybank A.C.	11.98
2	Hannah Lewis	North Down	12.27
3	Steffi Creaner	Celtic DCH A.C.	12.28
4	Sandra Lawler	Celbridge A.C.	12.37
5	Joan Healy	Bandon A.C.	12.38
6	Eilish Fitzpatrick	Gneeveguilla A.C.	12.40
7	Aedin Esslemont	Galway City Harriers A.C.	12.66
8	Margaret Gleeson	Dooneen A.C.	13.12

200 m - Junior Women

Wind : -0.3

Place	Name	Club	Time
1	Niamh Whelan	Ferrybank A.C.	24.15
2	Steffi Creaner	Celtic DCH A.C.	24.64
3	Hannah Lewis	North Down	24.78
4	Tasha Paxton	Lagan Valley	25.65
5	Aedin Esslemont	Galway City Harriers A.C.	25.84
6	Mairead Deevy	Ferrybank A.C.	26.01
	Leonie Maguire	Galway City Harriers A.C.	DNF
	Catherine Mc Manus	Celtic DCH A.C.	DNF

400 m - Junior Women

Place	Name	Club	Time
1	Kalyn Sheehan	Ferrybank A.C.	56.58
2	Ciara Everard	Kilkenny City Harriers A.C.	57.13
3	Sinead Kelly	St. Abbans A.C.	57.21
4	Susan Scallan	Raheny Shamrock A.C.	57.80
5	Louise Mc Ardle	Leevale A.C.	58.51

6	Erin Murphy	Limerick A.C.	60.78
7	Cliona Ryan	Borrisokane A.C.	61.36
8	Sarah Finnegan	Clonliffe Harriers A.C.	62.47

800 m - Junior Women

Place	Name	Club	Time
1	Ciara Mageean	City of Lisburn A.C.	2.10.70
2	Rachel Gibson	City of Lisburn	2.17.28
3	Susan Mc Manus	Celtic DCH A.C.	2.20.88
4	Louise Bernard	Raheny Shamrock A.C.	2.21.90
5	Claire Earls	Sli Cualann A.C.	2.23.46

1500 m - Junior Women

Place	Name	Club	Time
1	Sara Treacy	Moynalvey A.C.	4.32.43
2	Tekea Gebrezgi	Celtic DCH A.C.	4.40.20
3	Tara Jameson	Inbhear Dee A.C.	4.40.57
4	Deirdre Doyle	Tinryland A.C.	4.43.96
5	Michelle Finn	Duhallow A.C.	4.49.27
6	Maria Walsh	Blackrock A.C.	4.56.81
7	Michelle English	Letterkenny A.C.	5.09.04

5000 m - Junior Women

Place	Name	Club	Time
1	Maura Fitzgerald	Farranfore Maine Valley A.C.	20.34.94

100 m Hurdles - Junior Women

Wind : -1.4

Place	Name	Club	Time
1	Mairead Murphy	U.C.D. A.C.	14.33
2	Sandra Lawler	Celbridge A.C.	14.42
3	Shauna Furman	Clonliffe Harriers A.C.	16.23
	Kalyn Sheehan	Ferrybank A.C.	DNS

400 m Hurdles - Junior Women

Place	Name	Club	Time
1	Jessie Barr	Ferrybank A.C.	61.07
2	Rebecca Nolan	Galway City Harriers A.C.	68.17

3000 m Walk - Junior Women

Place	Name	Club	Time
1	Laura Reynolds	Mohill A.C.	14.24.39
2	Fiona Dennehy	St. Senans A.C.	15.44.87
3	Sally Forristal	St. Joseph'S A.C.	16.06.78
4	Aoife Whelan	Finn Valley A.C.	16.43.45
5	Aobhinn Gissane	Monaghan Phoenix A.C.	16.51.82
6	Lucy O'Sullivan	Cushinstown A.C.	18.08.69
7	Paula Friel	Finn Valley A.C.	19.18.33

High Jump - Junior Women

Place	Name	Club	Hgt(m)	
1	Pamela Hughes	Westport A.C.	1.75	
2	Catriona Farrell	Craughwell A.C.	1.70	
3	Grainne Moggan	Brothers Pearse A.C.	1.65	
4	Mary Kate Lanigan	Kilkenny City Harriers A.C.	1.65	
5	Amanda Nevin	Borrisokane A.C.	1.50	
6	Lisa Nolan	Gowran A.C.	1.45	
7	Kate Bermingham	Dundrum South Dublin A.C.	1.45	

Long Jump - Junior Women

Place	Name	Club	Dist(m)	
1	Aileen Ruane	Sligo A.C.	5.46	
2	Sinead Donnelly	Ferrybank A.C.	5.23	
3	Ashling Dunphy	Aghaviller A.C.	5.17	
4	Hilary Kerr	St. Peter's A.C.	5.12	
5	Nicola Power	Ferrybank A.C.	5.09	
6	Eimer Brennan	Tullamore Harriers A.C.	5.03	
7	Amanda Nevin	Borrisokane A.C.	4.95	

Triple Jump - Junior Women

Place	Name	Club	Dist(m)	
1	Caoimhe King	Westport A.C.	11.16	
2	Nicola Power	Ferrybank A.C.	10.62	
3	Lisa Nolan	Gowran A.C.	10.27	
4	Leigh Murphy	Limerick A.C.	10.26	
5	Lisa Kelly	Borrisokane A.C.	10.09	
6	Denise Wickham	St. Pauls A.C.	9.99	
7	Cheryl-Ann Ryan	Limerick A.C.	9.88	
8	Ashling Dunphy	Aghaviller A.C.	9.76	

Shot Putt - Junior Women

Place	Name	Club	Dist(m)	
1	Claire Fitzgerald	Tralee Harriers A.C.	12.69	
2	Aoife Hickey	Kilkenny City Harriers A.C.	12.66	
3	Cara Kennedy	Ferrybank A.C.	9.59	
4	Theresa Conlon	Kilkenny City Harriers A.C.	9.26	
5	Shauna Daly	St. Abbans A.C.	9.02	
6	Katie O'Shea	Farranfore Maine Valley A.C.	8.91	

Discus - Junior Women

Place	Name	Club	Dist(m)	
1	Claire Fitzgerald	Tralee Harriers A.C.	38.78	
2	Sarah Bradfield	Leevale A.C.	31.91	
3	Karen O'Connor	Tralee Harriers A.C.	29.90	
4	Shauna Daly	St. Abbans A.C.	27.55	
5	Sarah Loingsigh	Galway City Harriers A.C.	26.88	
6	Cliona Ni Chealiaigh	Galway City Harriers A.C.	23.87	

Javelin - Junior Women

Place	Name	Club	Dist(m)
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1	Olivia Mc Donald	St. Peter'S A.C.	38.08
2	Rachel Bolger	Sli Cualann A.C.	35.45
3	Kellie Ryder	Sli Cualann A.C.	31.85
4	Mary Moynihan	Farranfore Maine Valley A.C.	31.84

Hammer - Junior Women

Place	Name	Club	Dist(m)	
1	Aoife Hickey	Kilkenny City Harriers A.C.	49.71	
2	Mary Sutherland	D.M.P. A.C.	47.03	
3	Katie O'Shea	Farranfore Maine Valley A.C.	45.63	
4	Maria Flynn	Farranfore Maine Valley A.C.	39.32	
5	Theresa Conlon	Kilkenny City Harriers A.C.	34.94	
6	Jennifer Carroll	Borrisokane A.C.	33.31	

100 m - U.23 Men

Wind : +1.9

Place	Name	Club	Time	
1	David O'Shea	Dooneen A.C.	10.78	
2	Derek Duff	Leevale A.C.	10.78	
3	Kevin Duggan	Mullingar Harriers A.C.	10.92	
4	Andrew Graham	QUB	10.94	
5	Patrick Phelan	Tralee Harriers A.C.	10.94	
6	Gerard Nagle	Menapians A.C.	11.99	
	Adrian Jackman	Menapians A.C.	DNS	
	John Crowley	Dundrum South Dublin A.C.	DNS	

200 m - U.23 Men

Wind : -0.7

Place	Name	Club	Time	
1	Derek Duff	Leevale A.C.	21.91	
2	Nick Hogan	Dundrum South Dublin A.C.	22.23	
3	David O'Shea	Dooneen A.C.	22.51	
4	Greg O'Leary	Leevale A.C.	22.63	
5	Ciaran Collins	U.C.C. A.C.	22.80	
6	Kevin Duggan	Mullingar Harriers A.C.	23.25	
7	Gerard Nagle	Menapians A.C.	24.74	
	Nathan O'Brien	Kilkenny City Harriers A.C.	DNF	

400 m - U.23 Men

Place	Name	Club	Time	
1	Nick Hogan	Dundrum South Dublin A.C.	48.97	
2	Chris Quinn	Lagan Valley	49.36	
3	Brendan Murphy	Lisburn A.C.	50.33	
4	Liam O'Brien	Togher A.C.	51.71	
	James Ruxton	Shercock A.C.	DNF	
	John Crowley	Dundrum South Dublin A.C.	DNF	
	Darren Stewart	Finn Valley A.C.	DNF	

800 m - U.23 Men

Place	Name	Club	Time
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1	Joe Warne	Doheny A.C.	1.57.28
2	Kevin Mc Cloy	Shercock A.C.	1.57.35
3	Andrew Connick	Slaney Olympic A.C.	1.59.17
4	Daniel Treacy	Moynalvey A.C.	2.00.29
5	Darren Stewart	Finn Valley A.C.	2.00.78
6	Richard Lombard	Celtic DCH A.C.	2.01.05
7	Cathal Jenkinson	Dundrum South Dublin A.C.	2.02.59
8	Michael Keane	Ennis Track A.C.	2.03.06

1500 m - U.23 Men

Place	Name	Club	Time
1	Eoin Everard	Kilkenny City Harriers A.C.	4.04.50
2	Kevin Moriarty	Raheny Shamrock A.C.	4.07.28
3	John Coghlan	Metro/St. Brigid's A.C.	4.12.22
4	David Rooney	Raheny Shamrock A.C.	4.14.02
5	Des Earls	Sli Cualann A.C.	4.14.27
6	Andrew Connick	Slaney Olympic A.C.	4.17.14
7	John Shine	Leevale A.C.	4.17.75
8	Mick Dore	Kilkenny City Harriers A.C.	4.19.06
9	Adrian Gilbane	Dundrum South Dublin A.C.	4.23.54
10	Seamus Gilhooley	Athenry A.C.	4.31.07

5000 m - U.23 Men

Place	Name	Club	Time
1	Michael Clohisey	Raheny Shamrock A.C.	14.25.56
2	Rory Chesser	Ennis Track A.C.	14.34.00
3	Simon Ryan	Raheny Shamrock A.C.	15.15.51
4	Rory Mc Donnell	Dunboyne A.C.	15.28.50
5	Brendan Teer	East Down	15.43.59
6	Michael Maher	Ennis Track A.C.	15.55.55
7	Andrew Agnew	Abbey A.C.	16.06.47
8	Mark Dooley	Donore Harriers A.C.	16.09.84
9	Niall Mc Cormack	Clonmel A.C.	16.14.85
10	Eddie Cooke	Abbey A.C.	16.26.82
11	Daniel Folan	Ennis Track A.C.	17.33.12

110 m Hurdles - U.23 Men

Wind : +1.5

Place	Name	Club	Time
1	William Finnegan	Craughwell A.C.	18.49

400 m Hurdles - U.23 Men

Place	Name	Club	Time
1	James Ruxton	Shercock A.C.	53.88
2	Gerard O'Donnell	Carrick-on-Shannon A.C.	55.04
3	Barry Upton	Menapians A.C.	55.40
4	Patrick O'Donnell	Olympian Athletic	62.66

3000 m Steeplechase - U.23 Men

Place	Name	Club	Time
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1	Sean Stilwell	West Waterford A.C.	10.15.2H
2	Graham Power	Ferrybank A.C.	10.38.8H

5000 m Walk - U.23 Men

Place	Name	Club	Time
1	Michael Doyle	Tara A.C.	23.19.06
2	Timothy Healy	Togher A.C.	25.43.04

High Jump - U.23 Men

Place	Name	Club	Hgt(m)
1	Simon Herron	City of Derry	1.95

Long Jump - U.23 Men

Place	Name	Club	Dist(m)
1	Christopher Crowley	Belgooly A.C.	7.01
2	Alan Kennedy	Abbey A.C.	7.00
3	Sean Mc Mahon	Ballymena & Antrim A.C.	6.93
4	William Finnegan	Craughwell A.C.	6.20

Triple Jump - U.23 Men

Place	Name	Club	Dist(m)
1	Eoin Kelly	St. Abbans A.C.	13.96
2	Simon Herron	City of Derry	13.04
3	William Finnegan	Craughwell A.C.	12.99
4	Martin Dunlop	Olympian Athletic	11.60

Shot Putt - U.23 Men

Place	Name	Club	Dist(m)
1	Alan O'Connor	Tralee Harriers A.C.	12.18
2	Pavel Hazler	Leevale A.C.	11.64
3	Hugh Fitzpatrick	Shercock A.C.	10.26
4	Pius Mc Grath	Limerick A.C.	8.25

Discus - U.23 Men

Place	Name	Club	Dist(m)
1	Pavel Hazler	Leevale A.C.	47.33
2	Justin Collins	North Westmeath A.C.	41.24
3	Alan O'Connor	Tralee Harriers A.C.	34.71
4	Eamonn Byrne	Clonliffe Harriers A.C.	34.65
5	Hugh Fitzpatrick	Shercock A.C.	30.42

Javelin - U.23 Men

Place	Name	Club	Dist(m)
1	Paul Marry	Clonliffe Harriers A.C.	55.88
2	Pius Mc Grath	Limerick A.C.	27.79

Hammer - U.23 Men

Place	Name	Club	Dist(m)
1	Padraig Whyte	U.C.D. A.C.	57.91
2	Pavel Hazler	Leevale A.C.	50.48

3	Eamonn Byrne	Clonliffe Harriers A.C.	47.01
4	Hugh Fitzpatrick	Shercock A.C.	39.32

35lb Distance - U.23 Men

Place	Name	Club	Dist(m)
1	Padraig Whyte	U.C.D. A.C.	9.30
2	Alan O'Connor	Tralee Harriers A.C.	9.20
3	Eamonn Byrne	Clonliffe Harriers A.C.	8.99
4	Hugh Fitzpatrick	Shercock A.C.	8.53

100 m - U.23 Women

Wind : +0.7

Place	Name	Club	Time
1	Kelly Proper	Ferrybank A.C.	11.69
2	Claire Brady	Celbridge A.C.	11.81
3	Amy Foster	North Down	11.84
4	Louise Kiernan	Fingallians A.C.	12.01
5	Elizabeth Melvin	Crusaders A.C.	12.76
6	Katey Byrd	Leevale A.C.	13.07
7	Jenny Quinn	Lagan Valley	13.11
8	Sarah Doyle	Clonliffe Harriers A.C.	13.32

200 m - U.23 Women

Wind : -2.5

Place	Name	Club	Time
1	Kelly Proper	Ferrybank A.C.	24.38
2	Claire Brady	Celbridge A.C.	24.92
3	Elizabeth Melvin	Crusaders A.C.	26.52
4	Rioghna Moggan	Brothers Pearse A.C.	27.27
5	Jenny Quinn	Lagan Valley	27.39

400 m - U.23 Women

Place	Name	Club	Time
1	Christina Broderick	Belgooly A.C.	57.58
2	Ciara Mc Callion	Clonliffe Harriers A.C.	57.90
3	Claire Mc Sweeney	Leevale A.C.	57.99
4	Leigh Whiteside	Abbey A.C.	58.46
5	Clare Mc Glynn	Dundrum South Dublin A.C.	58.56
	Ann Doyle	Gowran A.C.	DISQ
	Eileen Fitzpatrick	Aghaviller A.C.	DNF

800 m - U.23 Women

Place	Name	Club	Time
1	Lyndsey Monteith	City of Lisburn	2.20.30
2	Laura Scriven	St. L. O'Toole A.C.	2.20.54
3	Cora Russell	Dunleer A.C.	2.25.34
4	Ann Doyle	Gowran A.C.	2.39.76
	Eileen Fitzpatrick	Aghaviller A.C.	DNF

1500 m - U.23 Women

Place	Name	Club	Time
1	Eimear O'Brien	Sligo A.C.	4.53.4H
2	Eileen Fitzpatrick	Aghaviller A.C.	5.26.1H
3	Mairead Mc Morrow	Brothers Pearse A.C.	5.41.0H
4	Ann Doyle	Gowran A.C.	5.48.1H

5000 m - U.23 Women

Place	Name	Club	Time
1	Eimear O'Brien	Sligo A.C.	18.33.75
2	Eileen Fitzpatrick	Aghaviller A.C.	20.53.33
3	Ann Doyle	Gowran A.C.	21.30.02

100 m Hurdles - U.23 Women

Wind : -4.7

Place	Name	Club	Time
1	Paula Mc Carthy	Bantry A.C.	17.28
2	Sarah Finnegan	Craughwell A.C.	19.30
	Katey Byrd	Leevale A.C.	DNF

400 m Hurdles - U.23 Women

Place	Name	Club	Time
1	Brona Furlong	Slaney Olympic A.C.	59.57
2	Sarah Finnegan	Craughwell A.C.	76.05

3000 m Walk - U.23 Women

Place	Name	Club	Time
1	Nicola Alcorn	Finn Valley A.C.	17.02.64

High Jump - U.23 Women

Place	Name	Club	Hgt(m)
1	Jenny Reilly	Na Fianna A.C.	1.60

Long Jump - U.23 Women

Place	Name	Club	Dist(m)
1	Kelly Proper	Ferrybank A.C.	6.26
2	Leona Byrne	St. L. O'Toole A.C.	5.61
3	Jennifer Reddy	St. L. O'Toole A.C.	5.21
4	Patricia Boyle	Cranford A.C.	4.91
5	Marguerite O'Connor	Gneeveguilla A.C.	4.41
6	Fiona Maureen Phelan	Aghaviller A.C.	4.13
7	Eileen Fitzpatrick	Aghaviller A.C.	2.86

Triple Jump - U.23 Women

Place	Name	Club	Dist(m)
1	Jenny Reilly	Na Fianna A.C.	10.84
2	Laura Loughlin	North Down	10.39
3	Sarah Finnegan	Craughwell A.C.	9.82

Shot Putt - U.23 Women

Place	Name	Club	Dist(m)
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1	Catriona Ryan	Templemore A.C.	10.95
2	Sharon Corbett	St. Ronans A.C.	9.16
3	Aoife O'Malley	Bilboa A.C.	9.15
4	Philippa Conway	Crusaders A.C.	8.46

Discus - U.23 Women

Place	Name	Club	Dist(m)
1	Philippa Conway	Crusaders A.C.	36.92
2	Karen Healy	Fr. Murphys A.C.	35.04
3	Rachel Roche	Bandon A.C.	31.95
4	Eadaoin Ashe	West Waterford A.C.	30.20
5	Aoife O'Malley	Bilboa A.C.	27.15

Javelin - U.23 Women

Place	Name	Club	Dist(m)
1	Denise Byrne	Clonliffe Harriers A.C.	39.00
2	Paula Mc Carthy	Bantry A.C.	35.64
3	Rachel Roche	Bandon A.C.	32.65
4	Aoife O'Malley	Bilboa A.C.	28.45

Hammer - U.23 Women

Place	Name	Club	Dist(m)
1	Karen Healy	Fr. Murphys A.C.	41.08
2	Linda Cronin	Old Abbey A.C.	38.81
3	Philippa Conway	Crusaders A.C.	29.69