



Marathon Championships of Ireland
 (In Conjunction with Lifestyle Sports adidas Dublin City Marathon)
27th October 2008

INDIVIDUAL ENTRY FORM

Please Note
DECLARATION FOR CHAMPIONSHIPS

To compete in the championships you must complete this form and either return by post to the AAI office or hand it in at the Athletics Ireland desk in the RDS when you pick up your marathon race number.

There is no extra fee for the Championship entry

Surname:

First Name:

Club:

D.O.B: -- **2008 Reg. No.**

Contact Details _____

Adidas Dublin Marathon Number: (If Available)

Please tick
 Senior Men: Senior Women:

Master Women: W35 W40 W45 W50 W55 W60 W65 W70 W75

Master Men: M35 M40 M45 M50 M55 M60 M65 M70 M75
 M80

Regulations

In Road Races team placing shall be decided on the cumulative time of the scoring members of the team

1. 3 to score Men & Women
2. Master teams two categories only
3. Championship medals will only be awarded to registered CLUB athletes
4. Athletes must be 18 years of age to compete in events of 10,000m and over
5. A female athlete becomes a Master on her 35th birthday
6. A male athlete becomes a Master on his 35th birthday
7. Registration numbers and date of birth must be shown on all forms



Marathon Championships of Ireland

(In Conjunction with Lifestyle Sports adidas Dublin City Marathon)
27th October 2008

Team Entry Form

Please Note
DECLARATION FOR CHAMPIONSHIPS

To compete in the championships you must complete this form and either return by post to the AAI office or hand it in at the AAI desk in the RDS when you pick up your marathon race number.

There is no extra fee for the Championship entry

All Teams 6 To Run, 3 To Score

Senior Women 3 to Score

Senior Men 3 to Score

Master Women - Age Group 1

Master Women - Age Group 2

Teams W35 – W45 Age Group 1 - 3 to score. Teams W50 + – Age Group 2 - 3 to score.

Master Men - Age Group 1

Master Men - Age Group 2

Teams M35 – M45 Age Group 1 - 3 to score. Teams M50 + Age Group 2 - 3 to score

Club _____

Marathon No. (If Available)	Name	DOB	Master Category	2008 Reg. No.

Team Captain _____ Date _____

Regulations

In Road Races team placing shall be decided on the cumulative time of the scoring members of the team

1. 3 to score Men & Women
2. Master teams one category only
3. Championship medals will only be awarded to registered athletes
4. Athletes must be 18 years of age to compete in events of 10,000m and over
5. A female athlete becomes a Master on her 35th birthday
6. A male athlete becomes a Master on his 35th birthday
7. Registration numbers and date of birth must be shown on all forms

No Fax or Phone entries accepted

Medals

Senior Men:	1st, 2nd, 3rd individuals 1st, 2nd, 3rd Club Teams, - 3 to score
Senior Women:	1st, 2nd, 3rd individuals 1st, 2nd, 3rd Club Teams - 3 to score
Master Men:	1st, 2nd, 3rd individuals in each category M35, M40, M45, M50, M55, M60, M65, M70, M75 & M80 1st, 2nd, 3rd Club Teams, M35 – M45 Age Group 1 - 3 to score 1st, 2nd, 3rd Club Teams, M50 + Age Group 2 - 3 to score
Master Women:	1st, 2nd, 3rd individuals in each category: W35, W40, W45, W50, W55, And W60 & W65 & W70 1st, 2nd, 3rd Club Teams, W35 – W45 Age Group 1 - 3 to score 1st, 2nd, 3rd Club Teams, W50 + – Age Group 2 - 3 to score

In team events athletes may only score in the category for which they declare.

Entries to: Competitions,
19 Northwood Court,
Northwood Business Campus,
Dublin 9