

IRISH SCHOOLS' ATHLETIC ASSOCIATION

-Timetable for the Irish Schools' T/F Championships, Tullamore 30th May 2009-

FIELD EVENTS			TRACK EVENTS		
9.00	Junior Girls	Hammer (Arena)	10.00	Junior Girls'	1200m Walk
	Inter. Girls'	High Jump	10.10	Junior Boys'	1200m Walk
	Junior Boys'	Hammer (Outside)	10.20	Inter. Girls'	2000m Walk
	Junior Boys'	Long Jump I	10.35	Inter. Boys'	2000m Walk
	Junior Girls'	Pole Vault III	10.50	Senior Girls'	3000m Walk
9.45	Inter Girls'	Hammer (Arena)	11.15	Senior Boys'	3000m Walk
10.00	Inter. Boys'	Triple Jump II	11.40	Wheelchair Events 100m	
	Senior Girls'	Long Jump I	12.00	Inter. Girls'	3000m
	Senior Boys'	Hammer (Outside)	12.15	Senior Girls'	3000m
	Inter/Senior	Girls' Pole Vault III	12.30	Inter. Girls'	300m Hurdles
10.15	Junior Boys'	High Jump	12.35	Senior Girls'	400m Hurdles
10.30	Senior Girls'	Hammer (Arena)	12.40	Inter. Boys'	400m Hurdles
			12.45	Senior Boys'	400m Hurdles
11.00	Inter Boys'	Hammer (Outside)			
	Junior Girls'	Long Jump I	12.55	Inter. Boys'	1500m S/chase
	Senior Boys'	Shot	1.05	Senior Boys'	2000m S/chase
	Junior Boys'	Javelin	1.15	Junior Girls'	200m
			1.20	Junior Boys'	200m
11.15	Junior Girls'	Discus (Arena)	1.25	Inter. Girls'	200m
	Senior Boys'	Triple Jump II	1.30	Inter. Boys'	200m
	Inter Boys'	Pole Vault III	1.35	Senior Girls'	200m
11.30	Senior Boys'	High Jump	1.40	Senior Boys'	200m
			1.45	Junior Girls'	800m
12.00	Senior Girls'	Javelin	1.50	Junior Boys'	800m
	Junior Girls'	Shot	1.55	Inter. Girls'	800m
	Inter Boys'	Discus (Outside)	2.00	Inter. Boys'	800m
	Inter Girls'	Discus (Arena)	2.05	Senior Girls'	800m
			2.10	Senior Boys'	800m
12.30	Junior Boys'	Triple Jump II	2.15	IMC Women's 1500m	
	Inter Girls'	Long Jump I	2.20	IMC Men's B 1500m	
12.45	Wheelchair Boy's/Girls'	Discus (Arena)	2.25	IMC Men's A 1 Mile	
1.00	Senior Boys'	Discus (Outside)	2.30	Junior Girls'	100m
	Junior Boys'	Shot	2.35	Junior Boys'	100m
	Junior Girls'	High Jump	2.40	Inter. Girls'	100m
	Inter. Boys'	Javelin	2.45	Inter. Boys'	100m
			2.50	Senior Girls'	100m
1.15	Junior Boys'	Pole Vault III	2.55	Senior Boys'	100m
1.30	Wheelchair Boys/Girls'	Shot	3.00	Inter. Boys'	3000m
1.45	Junior Girls'	Triple Jump II	3.10	Junior Girls'	75m Hurdles
			3.15	Inter Girls'	80m Hurdles
	Senior Boys'	Long Jump I	3.20	Junior Boys'	80m Hurdles
2.00	Senior Girls'	Discus (Outside)	3.30	Senior Girls'	100m Hurdles
	Inter Boys'	Shot	3.35	Inter. Boys'	100m Hurdles
	Inter. Girls'	Javelin	3.45	Senior Boys'	110m Hurdles
			3.50	Inter. Girls'	300m
2.30	Inter. Boys'	High Jump	3.55	Inter. Boys'	400m
			4.00	Senior Girls'	400m
3.00	Inter Girls'	Shot	4.05	Senior Boys'	400m
	Inter Girls'	Triple Jump II	4.10	Under 16 Girls'	1 mile
			4.17	Under 16 Boys'	1 mile
	Junior Girls'	Javelin	4.25	Junior Girls'	1500m
	Inter. Boys'	Long Jump I	4.32	Junior Boys'	1500m
	Junior Boys'	Discus (Outside)	4.40	Inter.Girls'	1500m
3.15	Senior Boys'	Pole Vault III	4.46	Inter Boys''	1500m
			4.52	Senior Girls'	1500m
4.00	Senior Girls'	High Jump	5.00	Senior Boys'	1500m
	Senior Boys'	Javelin	5.05	Senior Boys'	5000m
	Senior Girls'	Shot	5.25	Junior Girls'	Relay
			5.30	Junior Boys'	Relay
			5.40	Inter. Girls'	Relay
			5.45	President's Address	
4.15	Senior Girls'	Triple Jump II	5.50	Inter. Boys'	Relay
			5.55	Senior Girls'	Relay
			6.00	Senior Boys'	Relay