

IAAF World Cross Country Championships 2010
Bydgoszcz, Poland 28th March

SELECTION GUIDELINES

- Selections will be made after the National Inter-Club Championships in Phoenix Park on March 7th
- The winner of the Men's and Women's Senior race in the Championships will be selected automatically
- Additional individuals may be selected by the selection committee, based on performance. Participation in National Inter-Club Championships and current form are critical
- Any decisions relating to the team participation will be made in conjunction with the team manager and in accordance with athletes form and availability. Such a decision will be finalised after the National Inter-Club Championships.