

**Standards for inclusion in Top Annual Lists compiled by Mirko Jalava & Tilastopaja Oy.**

Men

100m: 11.60

200m: 22.99

400m: 51.05

800m: 1:59.00

1500m: 3:59.99

3000m: 8:59.99

5000m: 15:25.00

10000m: 32:35.00

Half marathon: 66:00

Marathon: 2:25:00

3000m steeple: 9:40.00

110m hurdles: 16.20

400m hurdles: 57.00

High jump: 1.75

Pole vault: 4.00

Long jump: 6.20

Triple jump: 13.80

Shot: 12.00

Discus: 32.00

Hammer: 40.00

Javelin: 40.00

Decathlon: 5000

20km walk: 1:50:00

50km walk: 5:00:00

Women

100m: 12.70

200m: 26.20

400m: 61.00

800m: 2:19.50

1500m: 4:50.99

3000m: 10:35.00

5000m: 17:45.00

10000m: 39:00.00

Half marathon: 80:00

Marathon: 2:55:00

3000m steeple: 12:00.00

110m hurdles: 15.20

400m hurdles: 66.00

High jump: 1.55

Pole vault: 2.00

Long jump: 5.00

Triple jump: 10.00

Shot: 10.00

Discus: 30.00

Hammer: 30.00

Javelin: 29.00

Heptathlon: 3500

20km walk: 2:20:00