



Woodie's DIY / AAI Juvenile Track & Field 12 – 19 years Championships of Ireland Day 1 – Saturday 11th July



Check in Opens 9.00am

The Committee reserve the right to alter the timetable

Check in closes 9.30 a.m. Hurdles

10.00 a.m. Hurdles

Girls 13	60m Hurdles	2'3"	68.6cm
Boys 13	60m Hurdles	2'3"	68.6cm
Girls 14	75m Hurdles	2'3"	68.6cm
Boys 14	75m Hurdles	2'6"	76.2cm
Girls 15	80m Hurdles	2'6"	76.2cm
Girls 16	80m Hurdles	2'6"	76.2cm
Boys 15	80m Hurdles	2'9"	84.0cm
Girls 17	100m Hurdles	2'6"	76.2cm
Girls 18	100m Hurdles	2'6"	76.2cm
Boys 16	100m Hurdles	2'9"	84.0cm
Girls 19	100m Hurdles	2'9"	84.0cm
Boys 17	100m Hurdles	3'0"	91.4cm
Boys 18	110m Hurdles	3'0"	91.4cm
Boys 19	110m Hurdles	3'3"	99.0cm

HURDLE FINALS

Check in closes 12.00 p.m. Steeplechase

1.00 p.m.

Girls 17	1200 S/C	Final
Girls 18	1500 S/C	Final
Girls 19	2000 S/C	Final
Boys 17	1500 S/C	Final
Boys 18/19	2000 S/C	Final

Check in closes 1.30 p.m. Sprints

2.30 p.m.

Girls & Boys 12	60m	Heats
Girls & Boys 13	80m	Heats
Girls & Boys 14	80m	Heats
Girls & Boys 15	100m	Heats
Girls & Boys 16	100m	Heats
Girls & Boys 17	100m	Heats
Girls & Boys 18	100m	Heats
Girls & Boys 19	100m	Heats

SPRINT FINALS



10.00 a.m.

Girls	14	Hammer (2.5k)SW
Boys	14	Hammer (2.5k)SW
Girls	15	Hammer (2.5k)SW

10.00 a.m. Pole Vault

Girls	16,17,18 & 19
-------	---------------

10.00a.m.

Boys & Girls	14	Long Jump
Girls	16	High Jump
Boys	15	Shot
Girls	19	Discus
Boys	16	Javelin

11.00 a.m.

Boys & Girls	17	Long Jump
Boys	16	High Jump
Boys	18	Shot
Girls	15	Discus
Boys	19	Javelin

12.00 p.m.

Boys & Girls	15	Long Jump
Boys	13	High Jump
Girls	14	Shot
Boys	14	Discus
Girls	16	Javelin
Boys	18	Triple Jump

1.00 p.m.

Boys	17	High Jump
Girls	19	Shot
Boys	19	Discus
Boys	18	Javelin
Girls	18	Triple Jump

2.00pm

Boys	15	Javelin
Girls	15	High Jump
Boys	12	Long Jump
Girls	12	Shot Putt

3.00 p.m.

Boys	12	Shot Putt
Girls	12	High Jump



Woodie's DIY / AAI

Juvenile Track & Field 12 – 19 years

Championships of Ireland

Day 2 – Sunday 12th July



Check in Opens 9.30am

The Committee reserve the right to alter the timetable.

Check in Closes 10.00 a.m Hurdles

10.30 a.m.			
Girls 15	250m Hurdles	2'3"	68.6cm
Girls 16	250m Hurdles	2'3"	68.6cm
Boys 15	250m Hurdles	2'6"	76.2cm
Boys 16	250m Hurdles	2'6"	76.2cm
Girls 17	300m Hurdles	2'6"	76.2cm
Boys 17	300m Hurdles	2'6"	76.2cm
Girls 18	300m Hurdles	2'6"	76.2cm
Girls 19	400m Hurdles	2'6"	76.2cm
Boys 18	400m Hurdles	2'9"	84.0cm
Boys 19	400m Hurdles	3'0"	91.4cm

HURDLE FINALS

Check in closes 11.30 a.m 300m/400m

12.30 p.m

Girls 17 & 18	300m	Heats
Boys 17,18 & 19	400m	Heats
Girls 19	400m	Heats

Check in 800m closes 12.30p.m. 600m/800m

1.30 p.m.

Girls & Boys	12	600m	Heats
Girls & Boys	13	600m	Heats
Girls & Boys	14	800m	Heats
Girls & Boys	15	800m	Heats
Girls & Boys	16	800m	Heats
Girls & Boys	17	800m	Heats
Girls & Boys	18	800m	Heats
Girls & Boys	19	800m	Heats

3.00 p.m.

300m, 400m FINALS

Check in closes 2.30 p.m. 3000m

3.30 p.m. FINALS

Boys	16,17,18,19	3000m
Girls	18, 19	3000m

4.30 pm.

600m, 800m FINALS

10.00 a.m.

Girls	18	Hammer (4kg)
Boys	16	Hammer (4kg)
Girls	19	Hammer (4kg)
Boys	17	Hammer (5kg)
Boys	18	Hammer (5kg)

10.00 a.m. Pole Vault

Boys 15,16,17,18 & 19

10.00 a.m.

Girls	16	Long Jump
Girls	14	High Jump
Boys	14	Shot
Girls	17	Discus
Boys	13	Javelin
Boys	15	Triple Jump

11.00 a.m.

Girls	19	High Jump
Boys	13	Shot
Girls	18	Discus
Boys	14	Javelin
Boys	19	Triple Jump

12.00 p.m.

Boys	16	Long Jump
Girls	13	Shot
Boys	14	High Jump
Girls	13	Javelin
Girls	14	Discus
Girls	12	Long Jump

1.00 p.m.

Girls	13	Long Jump
Girls	16	Shot
Girls	14	Javelin
Boys	15	High Jump

2.00 p.m.

Boys	13	Long jump
Boys	19	Shot
Boys	17	Triple Jump
Girls	13	High Jump

3.00 p.m.

Boys	12	High Jump
------	----	-----------



Woodie's DIY / AAI
Juvenile Track & Field 12 – 19 years
Championships of Ireland
Day 3 – Saturday 18th July 2009
Inter Club Relays / Inter County Relay



Check-in Opens 9.00 a.m.

Order of Events

10.00 a.m.

		Age	Event	
1	Girls	18	4 x 300	Heats
2	Boys	18	4 x 400	Heats
3	Girls	13	4 x 100m	Heats
4	Boys	13	4 x 100m	Heats
5	Girls	15	4 x 100m	Heats
6	Boys	15	4 x 100m	Heats
7	Girls	17	4 x 100m	Heats
8	Boys	17	4 x 100m	Heats
9	Girls	19	4 x 100m	Heats
10	Boys	19	4 x 100m	Heats

Finals in the same order

1.00 p.m.

12	Girls	17	4 x 300m	Heats
12	Boys	17	4 x 400m	Heats
13	Girls	19	4 x 400m	Heats
14	Boys	19	4 x 400m	Heats
15	Girls	12	4 x 100m	Heats
16	Boys	12	4 x 100m	Heats
17	Girls	14	4 x 100m	Heats
18	Boys	14	4 x 100m	Heats
19	Girls	16	4 x 100m	Heats
20	Boys	16	4 x 100m	Heats
21	Girls	18	4 x 100m	Heats
22	Boys	18	4 x 100m	Heats

Finals in the same order

3.30 p.m. Inter County Relays

23	Girls	13	4 x 100m	Heats
24	Boys	13	4 x 100m	Heats
25	Girls	15	4 x 100m	Heats
26	Boys	15	4 x 100m	Heats
27	Girls	17	4 x 100m	Heats
28	Boys	17	4 x 100m	Heats
29	Girls	19	4 x 100m	Heats
30	Boys	19	4 x 100m	Heats

Finals in the same order



Woodie's DIY / AAI
Juvenile Track & Field 12 – 19 years
Championships of Ireland
Day 4 – Sunday 19th July 2009



Check in opens 9.00am

The Committee reserve the right to alter the timetable.

Check in closes 9.30a.m 1500m

10.00 a.m

Girls & Boys 14	1500m	Heats
Girls & Boys 15	1500m	Heats
Girls & Boys 16	1500m	Heats
Girls & Boys 17	1500m	Heats
Girls & Boys 18	1500m	Heats
Girls & Boys 19	1500m	Heats

Check in closes 10.30 Walks

Walks Girls

Girls 14,15,16	2000m	Walks Finals
Girls 17,18,19	3000m	Walks Finals

Check in closes 10.30 200m

11.30 a.m

Girls & Boys 14	200m	Heats
Girls & Boys 15	200m	Heats
Girls & Boys 16	200m	Heats
Girls & Boys 17	200m	Heats
Girls & Boys 18	200m	Heats
Girls & Boys 19	200m	Heats

Check in closes 12.00 noon Walks

1.00 p.m

Boys 14, 15	2000m	Walks	Finals
Boys 16, 17	3000m	Walks	Finals
Boys 18, 19	5000m	Walks	Finals

2.30 p.m.

1500m	FINALS
200m	FINALS

10.00 a.m

Girls	16	Hammer (3.25k)
Boys	15	Hammer (3.25k)
Girls	17	Hammer (3.25k)
Boys	19	Hammer (6kg)

10.00 a.m

Boys	19	Long Jump
Boys	17	Discus
Girls	17	Shot
Girls	18	Javelin
Girls	19	Long Jump

11.00 a.m.

Girls	17	High Jump
Boys	16	Triple Jump
Girls	18	Long Jump
Girls	15	Shot
Boys	15	Discus
Boys	17	Javelin

12.00 noon

Boys	19	High Jump
Boys	16	Shot
Girls	16	Discus
Girls	15	Javelin
Girls	17	Triple Jump

2.00 p.m.

Boys	17	Shot
Boys	16	Discus
Girls	17	Javelin
Girls	19	Triple Jump
Boys	18	High Jump

3.00 p.m.

Girls	19	Javelin
Boys	18	Long Jump
Boys	18	Discus
Girls	18	Shot
Girls	18	High Jump