

Athletics Ireland High Performance Carding Criteria 2010

The Athletics Ireland Carding Criteria has been significantly changed for 2010. Any athlete can be eligible for carding application by either attaining a performance in a major event in 2009 or 2010 **OR** achieving an age related performance standard.

Why change the Carding Criteria?

The Athletics Ireland criteria for the Irish Sports Council carding scheme has been changed to make it more transparent, easier to understand and remove progression issues that were present previously.

The new Carding Criteria is now independent of major event entry standards removing significant jumps to achieve the next level of carding and introducing continual yearly progression. It is designed so that any athlete who has shown the necessary talent to finish in the Top 16 in a World Championship of their age group will be supported.

For athletes to remain on the Scheme they must show progression within each Carding category over the years, i.e. world rankings should improve, times should get quicker or finishing positions in major events should improve.

Several performance criteria have been changed in order to ensure equity across all event disciplines, for example at World Class category the criteria has been changed from finalist to Top 12 World Track & Field Championships or Olympic Games.

How do I apply for Carding?

If you believe you have attained the necessary criteria to be eligible for carding, please email performance@athleticsireland.ie with your name, club, date of birth, qualifying performance including date and location.

Athletics Ireland Qualifying Criteria for International Carding Scheme

Category:	Criteria for 2010
Contracted	<ul style="list-style-type: none"> • Top 3 in the World Rankings • Medallist in the World Championships or Olympic Games
World Class	<ul style="list-style-type: none"> • 4-8 in the World Rankings • Medallist World Race Walking Cup • Medallist World Indoor Championships • Medallist European Cross Country • Medallist European Championships • Top 6 World Cross Country • Top 12 World Track & Field Championships or Olympic Games
International	<ul style="list-style-type: none"> • 9-16 World Rankings • Medallist European Indoor Championships • Top 8 European Cross Country Championships • Top 6 European Cup of Race Walking • Top 8 World Cup of Race Walking • Top 6 World Indoor Championships • Top 16 World Cross Country Championships • World Student Games Champion • Top 16 World Championships or Olympic Games • Top 8 European Championships • Relay Qualification • 'A' Standard for World Championships or Olympic Games
Developmental	Under 26
	<ul style="list-style-type: none"> • Medallist World University Games • Top 16 European Cross Country Championship • Top 24 World Race Walking Cup • Top 16 European Race Walking Cup • Top 24 World Cross Country Championship • Achieve age related standard as agreed with Athletics Ireland *
	Under 23
	<ul style="list-style-type: none"> • Top 8 World University Games • Top 8 European U23 Championship • Top 40 World Race Walking Cup • Top 8 European U23 Cross Country Championship • Top 24 European Race Walking Cup • Top 50 World Cross Country Championship • Achieve age related standard as agreed with Athletics Ireland *
Junior	Under 20
	<ul style="list-style-type: none"> • Top 8 European Junior T&F Championship • Top 16 World Junior T&F Championship • Top 12 European Junior Cross Country Championship • Top 24 World Junior Cross Country Championships • Achieve age related standard *

	Under 18
	<ul style="list-style-type: none"> • Top 8 European Youth Olympic Festival • Top 16 World Youth Championship • Top 25 European Junior Cross Country Championship • Top 40 World Junior Cross Country Championships • Achieve age related standard *

Terms & Conditions

- a) In the junior and development categories an athlete must achieve relevant criteria every year.
- b) In the International Category an athlete who achieves a World Championships or Olympic Games ‘A’ qualification standard qualifies for support for one year.
- c) In the international category an athlete who achieves both a championship benchmark/ranking & a championship qualification standard qualifies for support for two years.

*The A standard is taken from World Championships 2009. A list of age related standards is available from Athletics Ireland (AI) and agreed between ISC and AI.

Performance Incentive Payment Criteria - Athletics

Category	Criteria
Contracted	Medal at World Championships or Olympic Games
World Class	Medal at the World Cross Country Medal at the European Championships
International	Medal at the European Cross Country Medal at the World/European Indoor Championships Medal at the World Race Walking Cup
Developmental	Medal at the World Junior Cross Country Championships Medal at the Junior Race Walking Championships Medal at the World University Games Medal at the European U23 Championships

Female Age Related Standards

International A standard		Under 26			Under 23			Under 20		Under 18	
Event		1985	1986	1987	1988	1989	1990	1991	1992	1993	1994
Age in 2010		25	24	23	22	21	20	19	18	17	16
100m	11.3	11.40	11.45	11.53	11.61	11.69	11.76	11.84	11.94	12.05	12.15
200m	23	23.30	23.33	23.49	23.65	23.82	23.98	24.15	24.36	24.58	24.80
300m	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	39.50
400m	51.5	52.30	52.39	52.84	53.28	53.73	54.17	54.62	55.21	55.81	56.40
800m	02:00.0	02:01.3	02:02.2	02:03.3	02:04.4	02:05.5	02:06.5	02:07.6	02:09.1	02:10.5	02:12.0
1500m	04:06.0	04:09.0	04:10.9	04:13.4	04:15.8	04:18.3	04:20.7	04:23.2	04:26.5	04:29.7	04:33.0
3000m	xxx	xxx	xxx	xxx	xxx	xxx	xxx	09:30.0	09:36.7	09:43.3	09:50.0
5000m	15:10.0	15:25.0	15:40.0	15:53.3	16:06.7	16:20.0	16:33.3	16:46.7	17:00.0	xxx	xxx
10000m	31:45.0	32:20.0	32:45.0	33:15.0	33:45.0	34:15.0	34:45.0	xxx	xxx	xxx	xxx
2000m Sc	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	06:45.0	6.50.00
3000m Sc	09:40.0	09:48.0	09:59.1	10:07.6	10:16.1	10:24.5	10:33.0	10:41.5	10:50.0	xxx	xxx
100mH -senior	12.96	13.11	13.30	13.45	13.60	13.75	13.90	14.05	14.20	xxx	Xxx
100mH - 0.762	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	14.10	14.40
400m H	55.5	56.55	56.85	57.52	58.19	58.86	59.54	60.21	61.11	62.00	62.90
300m H	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	44.0
High Jump	1.95	1.91	1.89	1.87	1.85	1.83	1.81	1.79	1.77	1.75	1.73
Pole Vault	4.45	4.35	4.28	4.19	4.10	4.02	3.93	3.85	3.73	3.62	3.50
Long Jump	6.7	6.60	6.53	6.44	6.35	6.27	6.18	6.10	5.98	5.87	5.75
Triple Jump	14.2	14.00	13.78	13.57	13.36	13.15	12.95	12.74	12.46	12.18	11.90
Shottt Putt 4Kg	18.2	17.20	17.16	16.65	16.13	15.61	15.09	14.57	13.88	13.19	12.50
Discus 1Kg	62	58.50	58.00	56.00	54.00	52.00	50.00	48.00	45.33	42.67	40
Hammer 5Kg	70	67.50	65.64	63.45	61.27	59.09	56.91	54.73	51.82	48.91	46
Javelin	61	59.00	57.18	55.55	53.91	52.27	50.64	49.00	47.00	45.00	43
Heptathlon Senior	6100	5900	5767	5600	5433	5267	5100	xxx	xxx	xxx	xxx
Heptathlon Junior	xxx	xxx	xxx	xxx	xxx	xxx	xxx	5100	4925	4750	xxx
20K Walk	01:33.3	01:38.0	01:39.4	01:40.8	01:42.2	01:43.6	01:45.0	xxx	xxx	xxx	xxx
10 K Walk	xxx	xxx	xxx	xxx	xxx	xxx	xxx	51:00.0	xxx	xxx	xxx
5K Walk	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	xxx	25:00.0	25.30.00
Marathon	02:35.0	02:37.5	02:40.0	02:42.5	02:45.0	xxx	xxx	xxx	xxx	xxx	xxx