

Woodie's DIY Indoor Championships of Ireland

Odyessy Arena 6 & 7 February, 2010

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Event order in this file is :

Senior Men's 60 m
 Senior Men's 200 m
 Senior Men's 400 m
 Senior Men's 800 m
 Senior Men's 1500 m
 Senior Men's 3000 m
 Senior Men's 5km Walk
 Senior Men's Triple Jump
 Senior Men's Pole Vault
 Senior Women's 60 m
 Senior Women's 400 m
 Senior Women's 800 m
 Senior Women's 3000 m
 Senior Women's 3 km Walk
 Senior Women's High Jump
 Senior Women's Long Jump
 Senior Women's Shot Putt
 Senior Women's Pole Vault

Senior Men's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	62	O'Shea, David	Dooneen A.C.	7.02		
	96	Muldowney, Eoin	Castlecomer A.C.	7.12		
	328	Christie, Cian	Metro/St. Brigid's A.C.	7.24		
	131	O'Donohue, Barry	Raheny Shamrock A.C.	7.29		
	249	Maguire, Gerard	St. Michael's AC	7.31		
	117	Jackman, Adrian	Menapians A.C.	7.45		
	326	Ogunlewe, Seye	Celbridge A.C.	7.00		
	46	Graham, Darragh	Sli Cualann A.C.	7.01		
	97	Coleman, Conor	Clonliffe Harriers A.C.	7.24		
	133	Maze, Ben	Lagan Valley A.C.	7.52		
	222	Devine, Pius	Tullamore Harriers A.C.	7.77		
	246	Leckie, Rod	Lagan Valley A.C.	8.53		
	341	Hession, Paul	Athenry A.C.	6.88		
	211	Phelan, Patrick	Dundrum South Dublin A.C.	7.09		
	48	Kenny, Ferdia	Sli Cualann A.C.	7.28		
	120	Whelan, Alan	Tullamore Harriers A.C.	7.30		
	248	Graham, David	Lagan valley A.C.	8.00		
	101	Clinton, Tom	Navan A.C.	8.88		
	105	O'Connor, Patrick	Clonliffe Harriers A.C.	7.19		
	368	Killeen, David	Leevale A.C.	7.26		
	250	Connor, Stuart	St. Michael's AC	7.40		
	357	Gore, Shane	Fingallians A.C.	7.52		
	229	Madden, Ronan	Armagh A.C.	7.73		
	149	Lynch, Craig	Unattached	7.11		
	173	Davis, Jamie	Raheny Shamrock A.C.	7.19		
	154	O'Byrne, Deanna	Dundrum South Dublin A.C.	7.27		
	196	Kavannagh, Mark	Dundrum South Dublin A.C.	7.28		
	148	Wilson, Conor	Menapians A.C.	7.52		
	37	Burke, Christopher	Menapians A.C.	7.66		
	153	Adams, Dean	Ballymena & Antrim A.C.	6.92		
	353	Hynes, David	Menapians A.C.	7.02		
	178	Crowley, John	Dundrum South Dublin A.C.	7.15		
	253	Sheridan, Ian	Olympian Athletics	7.47		

206	Linden, Mickey	Dunleer A.C.	7.72
159	Hannon, Eoin	Tullamore Harriers A.C.	7.05
103	Whelan, Paul	Dublin Striders A.C.	7.07
179	Houston, John	Ballymena & Antrim A.C.	7.14
88	Monaghan, Joseph	Navan A.C.	7.28
362	Mc Carron, Cillian	Monaghan A.C.	7.33
134	Bingham, Benjamin	City of Derry	7.64
256	Black, Oliver	Liverpool Harriers	7.08
109	Holmes, Jonathan	Kilkenny City Harriers A.C.	7.15
121	Montgomery, Alan	Lagan Valley A.C.	7.21
359	Mc Namara, Carl	Leevale A.C.	7.27
165	Hensey, Gerard	Tullamore Harriers A.C.	7.45
371	Hanlon, Cormac	Greystones & District A.C.	7.60
237	Colvert, Stephen	U.C.D. A.C.	7.02
57	Doyle, Simon	St. L. O'Toole A.C.	7.41
361	Nelson, Liam	Lagan Valley	7.45
90	Whelan, Robert	Navan A.C.	7.71
186	Grant, Keith	Ballymena & Antrim A.C.	7.99
160	Caffrey, Ernie	Ballina A.C.	9.49
40	Tobin, David	Trim A.C.	7.49
61	O'Shea, Ger	Dooneen A.C.	7.59
257	Gibson, Bryan	City of Lisburn	7.63
228	Foley, Ronan	Togher A.C.	8.08
66	Russell, Christopher	Ferrybank A.C.	DNF

Senior Men's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	46	Graham, Darragh	Sli Cualann A.C.		22.17	
	357	Gore, Shane	Fingallians A.C.		24.18	
	327	Campbell, David	Celbridge A.C.		25.42	
	368	Killeen, David	Leevale A.C.		23.29	
	249	Maguire, Gerard	St. Michael's AC		23.57	
	192	O'Donnell, Liam	Annadale Striders A.C.		24.70	
	174	Brady, Paul	Celbridge A.C.		24.72	
	211	Phelan, Patrick	Dundrum South Dublin A.C.		22.37	
	96	Muldowney, Eoin	Castlecomer A.C.		23.28	
	362	Mc Carron, Cillian	Monaghan A.C.		23.53	
	51	Gyomber, Zultan	Dooneen A.C.		23.54	
	367	Murnane, Chris	Leevale A.C.		23.78	
	137	Mc Brien, Caolan	St. Michael's Enniskillen		24.42	
	173	Davis, Jamie	Raheny Shamrock A.C.		22.95	
	48	Kenny, Ferdia	Sli Cualann A.C.		23.14	
	216	Opperman, Paul	U.C.D. A.C.		23.38	
	145	Casey, Conor	Menapians A.C.		28.72	
	194	O'Cathain, Lorcan	Roscommon A.C.		22.80	
	57	Doyle, Simon	St. L. O'Toole A.C.		23.43	
	187	Kenny, Elliott	North Down		23.49	
	37	Burke, Christopher	Menapians A.C.		24.74	
	353	Hynes, David	Menapians A.C.		22.56	
	144	Lynch, Colm	Iveragh A.C.		23.38	
	148	Wilson, Conor	Menapians A.C.		24.23	
	196	Kavannagh, Mark	Dundrum South Dublin A.C.		23.29	
	61	O'Shea, Ger	Dooneen A.C.		23.95	
	224	Lennon, Ray	Tullamore Harriers A.C.		24.31	
	371	Hanlon, Cormac	Greystones & District A.C.		24.64	
	89	Matthews, Niall	Navan A.C.		23.55	
	117	Jackman, Adrian	Menapians A.C.		24.22	
	134	Bingham, Benjamin	City of Derry		24.44	
	122	Whelan, Alan	Tullamore Harriers A.C.		23.31	
	88	Monaghan, Joseph	Navan A.C.		23.62	

373	Caffrey, Ernie	Ballina A.C.	32.86
364	Owens, Cathal	Leevale A.C.	23.28
154	O'Byrne, Deanna	Dundrum South Dublin A.C.	23.51
101	Clinton, Tom	Navan A.C.	29.77

Senior Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	106	Gregan, Brian	Clonliffe Harriers A.C.		49.76	
	224	Lennon, Ray	Tullamore Harriers A.C.		55.63	
	230	Heaney, Ruairi	City of Derry		57.01	
	55	Upton, Barry	Menapians A.C.		DNS	
	54	Crowe, Tim	Dooneen A.C.		49.55	
	369	Maher, Patrick	Leevale A.C.		49.80	
	39	Kervick, Dara	Carrick-On-Suir A.C.		50.44	
	180	Vernon, John	Armagh A.C.		56.01	
	167	Ruxton, James	Shercock A.C.		50.66	
	115	Fagan, John	Clonliffe Harriers A.C.		51.26	
	122	Whelan, Alan	Tullamore Harriers A.C.		51.95	
	331	Bolger, Sean	Tallaght A.C.		53.79	
	41	Kennedy, Gordon	Tullamore Harriers A.C.		49.81	
	158	Mulhall, Eoin	U.C.D. A.C.		50.53	
	51	Gyomber, Zultan	Dooneen A.C.		52.80	
	165	Hensey, Gerard	Tullamore Harriers A.C.		55.09	
	63	Kelly, Kieran	Raheny Shamrock A.C.		49.54	
	364	Owens, Cathal	Leevale A.C.		50.56	
	374	Hutton Williams,	Frank Metro/St. Brigid's A.C.		53.73	
	329	Dolan, Keith	Fingallians A.C.		64.83	
	176	Harvey, Jason	Lagan Valley A.C.		49.53	
	358	Byrne, Paul	St. Abbans A.C.		51.30	
	375	Barry, Joe	Metro/St. Brigid's A.C.		55.68	
	91	Hogan, Nick	Dundrum South Dublin A.C.		48.57	
	144	Lynch, Colm	Iveragh A.C.		50.40	
	337	Mackey, Ciaran	Clonliffe Harriers A.C.		52.02	
	183	Browning, Jonathon	Ballymena & Antrim A.C.		53.17	
	65	Ryan, Billy	Ferrybank A.C.		49.71	
	128	Kidd, Andrew	Dundrum South Dublin A.C.		52.34	
	145	Casey, Conor	Menapians A.C.		59.35	

Senior Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	116	Ingram, Adam	Lagan Valley A.C.		1.55.09	
	85	Mooney, Daniel	Letterkenny A.C.		1.55.18	
	198	Hoy, Mark	St. Michael's Enniskillen		1.59.42	
	49	Owens, Richard	Sli Cualann A.C.		2.00.10	
	190	Wilson, Kris	Lagan Valley A.C.		2.15.49	
	86	Maher, Michael	Drogheda & District A.C.		2.25.06	
	197	Patterson, Mark	North Down		DNS	
	151	Mc Carthy, David	Le Cheile A.C.		1.56.50	
	169	Ledingham, James	West Waterford A.C.		1.56.74	
	43	Mc Dermott, Dermot	Sligo A.C.		1.58.86	
	72	O'Donnell, Joseph	Galway City Harriers A.C.		1.59.60	
	181	Saulters, John	North Down		2.00.40	
	150	Fagan, Daniel	Armagh A.C.		2.06.51	
	87	Maher, Robert	Drogheda & District A.C.		2.07.89	
	199	Tennyson, Mark	Armagh A.C.		2.14.65	
	168	Mc Ilroy, James	Ballymena & Antrim A.C.		1.48.64	
	100	Duggan, Ronan	Bandon A.C.		1.57.70	
	98	O'Sullivan, Michael	West Muskerry A.C.		1.59.40	

81	Coleman, Michael	Dundrum A.C.	2.13.09
243	Barron, Brian	Willowfield	2.15.52
227	Bigger, Robert	City of Derry	2.16.03
380	Hill, Gareth	Ballymena & Antrim A.C.	DNF
83	English, Mark	Letterkenny A.C.	1.53.97
177	Warne, Joe	Doheny A.C.	1.54.09
42	Casey, Tommy	Sligo A.C.	1.57.78
245	Devine, Davis	Liverpool Harriers	2.02.76
191	Sharkey, Lee	Lagan Valley A.C.	2.02.99
238	Dineen, Stephen	University of Ulster A.C.	2.04.20
71	Costello, Eddie	Galway City Harriers A.C.	2.04.68
164	Stitt, Gary	Ballymena & Antrim A.C.	2.15.84
84	Mc Brearty, Darren	Letterkenny A.C.	1.53.62
94	Maher, Keith	Thurles Crokes A.C.	1.54.88
99	Kelly, Feidhlim	Raheny Shamrock A.C.	1.56.06
185	Stokes, Jordan	North Down	1.59.47
111	Keogh, David	Lucan Harriers A.C.	2.00.18
118	Mullins, Aidan	Bantry A.C.	2.01.52
73	Glynn, Brendan	Galway City Harriers A.C.	2.13.14

Senior Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	129	Monaghan, Andrew	Lagan Valley A.C.		4.05.38	
	143	Costello, Colin	Star Of The Sea A.C.		4.06.45	
	170	O'Hare, James	East Down A.C.		4.06.47	
	235	Mc Cluney, Simon	Lagan Valley A.C.		4.06.97	
	379	Breen, Joe	Sliabh Bhuide Rovers A.C.		4.13.45	
	226	Rankin, Robby	Lagan Valley A.C.		4.23.25	
	123	Kelly, Alan	St. Ronans A.C.		4.25.57	
	208	Robinson, Niall	North Down		4.03.62	
	212	Monaghan, Patrick	Lagan Valley A.C.		4.03.97	
	146	Healy, Conor	Clonliffe Harriers A.C.		4.04.05	
	220	Mc Laughlin, Pauric	Finn Valley A.C.		4.07.82	
	82	Finnegan, Ruairi	Letterkenny A.C.		4.09.96	
	210	Carleton, Owen	Abbey A.C.		4.12.26	
	42	Casey, Tommy	Sligo A.C.		DNS	

Senior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	1	124	O'Brien, Alan	Crusaders A.C.		8.11.44
	2	218	Miles, Paul	Owls A.C. Leicester		8.13.07
	3	79	Fitzpatrick, Tomas Sen	Tallaght A.C.		8.14.23
	4	44	Dunleavy, Emmet	Sligo A.C.		8.18.98
	5	225	Corcoran, Richard	Raheny Shamrock A.C.		8.25.58
	6	382	Reale, Liam	Limerick A.C.		8.27.74
	7	203	Mc Killop, Michael	St. Malachy's A.C.		8.27.76
	8	93	Flynn, Eoin	Rathfarnham W.S.A.F. A.C.		8.30.29
	9	45	Conroy, Martin	Sligo A.C.		8.31.15
	10	59	Coghlan, John	Metro/St. Brigid's A.C.		8.31.65
	11	58	Tremble, Liam	Metro/St. Brigid's A.C.		8.32.18
	12	156	Mc Ginley, Eddie	Annadale Striders A.C.		8.32.37
	13	119	Bailey, Aidan	Clonliffe Harriers A.C.		8.33.02
	14	171	Mc Carthy, James	East Cork A.C.		8.37.65
	15	182	Travers, John	Donore Harriers A.C.		8.38.33
	16	130	Agnew, Andrew	Abbey A.C.		8.42.51
	17	223	Zakis, Raivis	West Waterford A.C.		8.45.43
	18	231	Millar, Samuel	Ballymena & Antrim A.C.		8.52.64
	19	162	Marsh, Francis	North Down		9.06.36

20	209	Collins, Noel	Omagh Y.C. Harriers A.C.	9.12.06
21	157	Totten, Eoghan	Newcastle & District A.C.	9.15.15

Senior Men's 5km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	339	Heffernan, Robert	Togher A.C.			19.24.64
2	64	Griffin, Colin	Ballinamore A.C.			19.47.34
3	175	Costin, Jamie	West Waterford A.C.			19.48.73
4	135	Boyce, Brendan	Letterkenny A.C.			20.18.28
5	241	Bosworth, Tom	Tonbridge A.C. Leeds			20.45.60
6	356	Doyle, Michael	Tara A.C.			21.05.38
7	152	Kidd, David	St. L. O'Toole A.C.			21.37.63
8	80	Treanor, James	Shercock A.C.			22.11.73
9	355	Healy, Timothy	Togher A.C.			23.11.75
10	139	Mc Menamon, Cian	Westport A.C.			23.43.20
11	330	Caprice, Erick Jerome	Dundrum South Dublin A.C.			23.44.59
12	68	Cassin, Jeff	Finn Valley A.C.			23.53.65
	126	Wright, Alex	Unattached			DNF

Senior Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	76	Kelly, Eoin	St. Abbans A.C.	14.70	X	14.48	14.62	14.66	14.49	14.70
2	155	Finnegan, Denis	U.C.C. A.C.	13.92	14.16	14.00	13.72	13.43	13.58	14.16
3	74	Egan, Francis	St. Abbans A.C.	14.10	X	13.55	13.30	-	X	14.10
4	53	Counihan, Niall	Dooneen A.C.	13.85	13.66	13.64	X	13.60	13.90	13.90
5	383	Cronin, Ciaran	Dundrum South Dublin A.C.	11.88	11.86	12.07	11.93	11.98	12.03	12.07

Senior Men's Pole Vault

Place	No	Name	Club	3.80	4.00	4.20	4.30	4.40	4.50	4.60	4.70	4.85	5.00
1	104	Donegan, David	Clonliffe Harriers A.C.-	-	-	-	-	-	-	O	XO	XO	XXX
2	78	Rogers, Ian	Clonliffe Harriers A.C.-	O	O	O	O	XO	O	XXX			
3	242	Reynolds, Tom	North Down	-	-	-	O	O	XXX				
4	349	O'Brien, Ruairi	Crusaders A.C.	-	-	-	-	XO	X-	XX			
4	240	Houlihan, Thomas	West Waterford A.C.	-	-	O	-	XO	-	XXX			
Place	No	Name	Club	2.80	3.00	3.20	3.40	3.60	3.80	4.00	4.20	4.30	4.40
6	92	Whyte, Richard	Brothers Pearse A.C.	-	-	-	-	O	XO	XO	XO	-	XXX
6	239	Greene, Stuart	Unattached	-	-	-	-	-	-	XXO	XO	-	XXX
8	344	Doherty, Keith	Dunboyne A.C.	-	-	-	-	O	XO	XXX			
8	378	Pantea, Mihai	Raheny Shamrock A.C.-	-	-	-	O	O	XO	XXX			
10	193	Houlihan, Liam	West Waterford A.C.	-	-	-	-	-	XXO	XXX			
11	201	Cosgrave, Matthew	Queens University A.C.-	-	-	-	XO	XXX					
12	138	Doherty, Christopher	Tir Chonaill A.C.	O	O	XXX							

Senior Women's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	354	Mc Sweeney, Ailis	Leevale A.C.		7.58	
	25	Fitzpatrick, Eilish	Gneeveguilla A.C.		7.67	
	265	Boomer, Chloe	Lagan Valley A.C.		8.00	
	397	McGurk, Janelle	Mid Ulster A.C.		8.41	
	332	Fitzpatrick, Katie	Tallaght A.C.		8.68	
	16	Whelan, Niamh	Ferrybank A.C.		7.61	
	107	Murray, Sarah	Fingallians A.C.		7.88	
	365	Heinsch, Sophie	Leevale A.C.		8.12	
	259	Alexander, Amy	Ballymena & Antrim A.C.		8.08	

293	Mc Burney, Laura	City of Lisburn	8.12
395	Kennedy, Sophie	Navan A.C.	8.63
269	Brady, Claire	Celbridge A.C.	7.43
31	Healy, Joan	Bandon A.C.	7.67
366	Boyle, Anna	Ballymena & Antrim A.C.	7.75
19	Mac Neill, Aoife	Dundrum South Dublin A.C.	7.85
299	Devlin, Mary	Abbey A.C.	7.87
108	Holmes, Louise	Kilkenny City Harriers A.C.	8.10

Senior Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	313	Scallan, Susan	Raheny Shamrock A.C.		59.46	
	267	Mc Mahon, Christine	Ballymena & Antrim A.C.		57.29	
	29	Mooney, Claire	Naas A.C.		56.80	
	287	Patterson, Jo	Ballymena & Antrim A.C.		56.67	
	297	Harvey, Louise	Tir Chonaill A.C.		62.57	
	276	Mc Ilveen, Erin	City of Lisburn		60.40	
	350	Rogers, Michelle	Abbey A.C.		59.76	
	13	O'Connell, Emer	Blarney/Inniscara A.C.		59.54	
	32	Howard, Roisin	Bandon A.C.		62.59	
	12	Mc Ginley, Orna	Clonliffe Harriers A.C.		62.78	
	28	Finnegan, Geraldine	Dunleer A.C.		64.39	
	305	Mc Allister, Rebecca	Ballymena & Antrim A.C.		64.55	
	274	Brick, Emily	St. Brendan's A.C.		66.67	
	320	Rainey, Hannah	Beechmount Harriers A.C.		68.62	
	312	Giblin, Susan	Raheny Shamrock A.C.		DNS	

Senior Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	324	Mageean, Ciara	City of Lisburn		2.11.75	
	27	Kehoe, Fiona	Kilmore A.C.		2.14.02	
	311	Eviston, Siobhan	Raheny Shamrock A.C.		2.15.87	
	303	Gibson, Rachel	City of Lisburn		2.16.50	
	8	Earls, Claire	Sli Cualann A.C.		2.16.98	
	26	Denny, Sinead	Dundrum South Dublin A.C.		2.18.15	
	7	Hartnett, Ellie	Sli Cualann A.C.		2.22.09	
	268	Everard, Ciara	U.C.D. A.C.		2.14.87	
	323	Long, Christine	City of Lisburn		2.15.07	
	3	Kearney, Niamh	Sli Cualann A.C.		2.15.29	
	292	Kirk, Katie	Lagan Valley A.C.		2.15.81	
	322	Mitchell, Emma	Banbridge A.C.		2.16.16	
	28	Finnegan, Geraldine	Dunleer A.C.		2.32.55	

Senior Women's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	1	Byrne, Deirdre	Sli Cualann A.C.		9.03.53	
	2	Murphy, Hazel	Dundrum South Dublin A.C.		9.05.43	
	3	Harty, Kerry	Newcastle A.C.		9.26.41	
	4	Brady, Aoife	Sportsworld A.C.		9.53.40	
	5	Jennings, Catriona	Sportsworld A.C.		9.57.33	
	6	Curley, Pauline	Tullamore Harriers A.C.		9.58.59	
	7	Reilly, Louise	Clonliffe Harriers A.C.		10.00.93	
	8	Phelan, Clair	St. Abbans A.C.		10.03.58	
	9	Brady, Crona	Sportsworld A.C.		10.23.92	
	10	Scott, Sarah	Willowfield Harriers		11.53.28	
	10	Curley, Maeve	Craughwell A.C.		DNS	

Senior Women's 3 km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	315	Malikova, Zuzana	West Waterford A.C.			12.36.43
2	294	Reynolds, Laura	Mohill A.C.			13.09.99
3	314	Veale, Kate	West Waterford A.C.			13.18.44
4	112	Prendiville, Emma	Farranfore Maine Valley A.C.			14.32.52
5	319	Doherty, Emma	North Belfast Harriers			14.47.92
6	21	Dennehy, Fiona	St. Senans A.C.			15.17.49
7	260	Gissane, Aobhinn	Monaghan Phoenix A.C.			18.00.77
	10	Curley, Maeve	Craughwell A.C.			DNF

Senior Women's High Jump

Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80
1	307	Daniels, Rosemary	Na Fianna A.C.	-	-	-	O	O	O	XO	XXX
1	318	Hughes, Pamela	Westport A.C.	-	-	-	O	O	O	XO	XXX
3	270	Mc Namara, Claire	Athenry A.C.	-	O	O	O	XXO	XXX		
4	283	Buckley, Helen	Raheny Shamrock A.C.	-	-	XO	XO	XXX			
5	32	Howard, Roisin	Bandon A.C.	O	O	O	XXX				
6	4	Basquille, Caoimhe	Sli Cualann A.C.	-	XXO	O	XXX				

Senior Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	15	Proper, Kelly	Ferrybank A.C.	6.32	6.16	6.35	6.05	6.19	6.28	6.35
2	300	Mc Loone, Mary	Tír Chonaill A.C.	5.83	X	5.69	5.57	5.72	X	5.83
3	17	Power, Nicola	Ferrybank A.C.	5.64	5.70	X	X	X	X	5.70
4	288	Mills, Joanna	Ballymena & Antrim A.C.	5.51	5.64	5.48	5.37	5.60	5.68	5.68
5	299	Devlin, Mary	Abbey A.C.	5.42	X	5.38	5.46	5.34	5.48	5.48
6	325	Herron, Linzi	Lisburn A.C.	X	5.27	5.05	5.24	5.20	5.17	5.27
7	302	Boyle, Patricia	Cranford A.C.	4.99	4.92	5.01	4.80	4.84	4.82	5.01
8	335	Dolan, Cheryl	Na Fianna A.C.	X	4.77	X	X	-	-	4.77
9	397	McGurk, Janelle	Mid Ulster A.C.	4.39	4.50	4.42				4.50
10	306	Catterall, Robyn	Upper Bann A.C.	3.96	4.02	3.96				4.02

Senior Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	11	Moloney, Fiona	Dooneen A.C.	X	11.34	11.90	11.03	11.18	10.07	11.90
2	30	Bradfield, Tracey	Bandon A.C.	9.76	9.24	9.97	10.29	9.83	10.63	10.63
3	28	Finnegan, Geraldine	Dunleer A.C.	9.87	X	9.64	10.39	10.21	10.45	10.45
4	291	Hetherington, Kathy	North Down	8.98	8.24	9.19	8.99	9.26	8.84	9.26
5	360	Coomey, Liz	Bandon A.C.	8.55	8.87	8.58	8.70	9.19	8.87	9.19
6	20	Smith, Paula	Bailieboro A.C.	8.56	9.17	8.50	8.76	8.79	8.50	9.17
7	290	Murphy, Jodie	North Down	8.63	8.99	8.46	8.10	8.17	7.86	8.99
8	283	Buckley, Helen	Raheny Shamrock A.C.	X	8.64	8.31	X	X	X	8.64
9	298	Glover, Lynsey	Lagan Valley A.C.	8.35	8.51	8.38				8.51
10	301	Pilkington, Michelle	Dunboyne A.C.	7.63	7.60	7.08				7.63

Senior Women's Pole Vault

Place	No	Name	Club	3.00	3.20	3.40	3.60	3.70	3.80	3.90	4.00
1	271	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	XO	O	O	O	XXX
2	309	Semeraro, Sarah	University of Ulster A.C.	-	-	-	XO	-	O	XXO	XXX
3	22	Savage, Nikita	Youghal A.C.	O	O	XXX					

Place	No	Name	Club	2.20	2.40	2.60	2.80	3.00
4	23	Ryan, Sarah	Youghal A.C.	O	O	XO	O	XXX
5	296	Houlihan, Lisa	West Waterford A.C.	-	-	O	XXO	XXX
6	370	Duggan, Lucy	Ballymena & Antrim A.C.	-	-	XO	XXO	XXX

