

Athletics Ireland Licence Number 001

10km Road Race Championships of Ireland
Sunday 18 April 2010 in the Phoenix Park, Dublin. Starts 13:00.

Athletic Ireland Team Entry

Senior Men Master Men M35 + Master Men M50 +
 Senior Women Master Women W35+ Master Women W35+

Club _____

TEAM ENTRY – Senior Men (4 to Score) Senior Women/ Master Men & Women (3 to Score)
 In team events athletes may only score in the category for which they declare.

2010 AAI REG. No	NAME	Master Category	OFFICE USE

1. Championship medals will only be awarded to registered athletes.
2. Registered AAI Athletes must wear their club singlet, singlets and short must conform to IAAF Rules.
3. A male athlete becomes a Master on his 35th birthday
4. A female athlete becomes a Master on her 35th birthday

Entries on Official Form must include Entry Fee & Registration Number.

Signed..... Phone No/ Email.....