

EA European Team Championships, Budapest, Hungary 19th & 20th June 2010

Overview

Athletics Ireland recognises the importance of European Athletics Team Championships in the development of our senior international athletes. It is essential that we continue to contest the Championships with the strongest team possible.

The following teams will contest the Team Championships 1st Division:

Belgium, Czech Republic, Estonia, Hungary, Ireland, Lithuania, Netherlands, Portugal, Romania, Slovenia, Sweden, Turkey

The events will be:

100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, 100/110m Hurdles, 400m Hurdles, 3000m Steeple Chase, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Putt, Discus Throw, Hammer Throw, Javelin Throw, 4x100m relay, 4x400m relay.

There will be several rules changes from last year's format:

- The sprint events will be drawn so that the best athletes are in the same heat
- One heat for all 12 teams in the 800m
- No elimination laps in the 3000m/5000m/3000mSC
- The HJ and PV will keep the maximum of four fouls, but the winner will now be allowed to continue according to IAAF Rule 181.2
- In other field events each athlete will be given three trials, the best four will have one extra trial

The team will be selected on **Monday 31st May 2010** and will be announced on Tuesday 1st June 2010. The selectors will pick the strongest possible team (one athlete per event – men and women – and a squad of up to six athletes in each relay). They will consider recent form and past Championships / European Cup results when picking the team.

Selection Conditions

Athletes must be eligible to compete for Ireland to be considered for selection;

The selectors will consider performances set under the following conditions:

- Performances must be achieved during competitions organised or sanctioned by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at other competitions must be certified by the National Federation of the country in which the competition was organised;
- Performances achieved in mixed events (between male and female participants), held completely in the stadium, shall be only accepted in the conditions set in IAAF Rule 147.
- Wind assisted performances in the relevant individual events will not be accepted (the conditions set in IAAF Rules 260.22 (d) and 260.27 will be applied);
- Hand timed performances in 100m, 200m, 400m, 100m /110m hurdles, 400m hurdles shall not be accepted.