

Team Competition U9, U10 & U11

Venue: Templemore
Dates: Saturday 26th June
Time: 10.30 a.m.
Check in open 9.00 a.m.
Entry Fee: €8 per team
Closing Date: 14th June
Late Entry: No Late Entry
Entries *Athletic Association of Ireland, Unit 19, Northwood Court Northwood Business Campus, Santry, Dublin 9*

Choice of events available per team

U9 Girls & Boys	U10 Girls & Boys	U11 Girls & Boys
Born 2002	Born 2001	Born 2000
60m	60m	60m
300m	500m	600m
Long Jump	Long Jump	Long Jump
Ball Throw	Ball Throw	Ball Throw

1. Two (2) athletes per team.
2. Each athlete may compete in two events only, *with the same or two different partners.*
3. Athletes compete in their own age group (U9 must be born 2002) .
4. Each teams combined distances or combined times are added for team scoring.
5. Medals for 1st, 2nd, 3rd team members in each event.
6. Three (3) teams per event per region, qualifying through Regional/Provincial Secretary.
7. U9, 10 Long Jump competition, athletes may jump anywhere from the sand.
U 11 Long Jump competition is from the board.
3 Jumps only per athlete.
8. Ball throw is similar to javelin technique
Longest throw measured to where the ball hits the ground.
3 throws only per athlete
9. 60m, 300m, 500m, 600m are on times no finals.
10. Standing or crouch start is optional. The standing start command for all sprints are "on your marks" and "set"
11. Persistent false starts may lead to disqualification.
12. No entry or change of entry on the day of competition.
13. Entries to Head Office and a copy to National Competition Secretary contact details are included earlier in the publication
14. Club singlets must be worn.
15. The Committee reserve the right to alter the timetable.
16. Relays commence at 2.00 p.m. Relays are not part of the scoring for team competition.

Collecting your number does not mean you are checked in.

Team Competition U9, U10, U11 Timetable

Check in Opens 9.30 a.m.

The Committee reserve the right to alter the timetable.

10.30 a.m. *According to previous page*

Girls	9	60m
Boys	9	60m
Girls	10	60m
Boys	10	60m
Girls	11	60m
Boys	11	60m

11.00 am

Girls	11	Long Jump
Boys	11	Long Jump
Girls	10	Long Jump
Boys	10	Long Jump
Girls	9	Long Jump
Boys	9	Long Jump

1.00 p.m.

Girls	9	300m
Boys	9	300m
Girls	10	500m
Boys	10	500m
Girls	11	600m
Boys	11	600m

11.00 am

Girls	9	Ball Throw
Boys	9	Ball Throw
Girls	10	Ball Throw
Boys	10	Ball Throw
Girls	11	Ball Throw
Boys	11	Ball Throw

26th June 2010
Inter Club Relays U9, 10, 11

PLEASE NOTE:

- No entry on the day of competition, entries through Regional/Provincial Secretary
- Athletes may step up ONE (1) age group only and may compete in TWO (2) relays on the day **except U 9 athletes must be born in year 2002**
- At least 2 members of a competing relay team, participating in that event on that day must be of the correct age
- Relay teams qualify from region, 3 teams per region
- Team names, DOB, registration numbers must be submitted with entry
- **DECLARATION SHEETS MUST BE FILLED IN FOR EACH INDIVIDUAL TEAM**
- Spot checks may take place.

Check in closes relays 1.00 p.m.

<u>2.00 p.m.</u>	U11	Girls	4 x 100m
	U11	Boys	4 x 100m
	U10	Girls	4 x 100m
	U10	Boys	4 x 100m
	U9	Girls	4 x 100m
	U9	Boys	4 x 100m