

# **DUNGLOE 5K 2010**

Place	Race No.	Time	FirstName	SM	Surname	Category	Club
1	210	14.59	Ciaran	Doherty	SM	Letterkenny A C	
2	156	16.09	Michael	Black	SM	Letterkenny A C	
3	195	16.21	Paul	McGlinchey	SM	Letterkenny A C	
4	184	16.30	James	Brown	SM	Inishowen A C	
5	166	16.33	Gavin	Crawford	SM	Letterkenny A C	
6	147	16.37	Teresa	Mc Gloin	SW	Finn Valley A C	
7	150	16.42	Conor	Moore	SM	Finn Valley A C	
8	173	16.43	Dermot	Brennan	JM	Finn Valley A C	
9	169	16.45	Colin	Mc Nulty	SM	Finn Valley A C	
10	160	16.59	Kevin	Ferry	SM	Letterkenny A C	
11	180	17.12	Charlie	Page	SM	Letterkenny A C	
12	252	17.14	Kevin	Mc Devitt	M45+	Letterkenny A C	
13	223	17.18	Shaun	McGeever	SM	Individual	
14	148	17.21	Paul	Toner	SM	Letterkenny A C	
15	181	17.24	Pat	Hegarty	M45+	Finn Valley A C	
16	127	17.28	Sean	Kerrs	JM	Tir Chonaill A C	
17	139	17.31	Martin	Gormley	M40+	Letterkenny A C	
18	146	17.38	Catriona	Mc Granaghan	SW	Finn Valley A C	
19	161	17.41	Aidan	Mc Kenna	SM	Letterkenny A C	
20	242	17.45	Garvin	Ward	SM	Letterkenny A C	
21	297	17.46	Sean	Cooney	SM	Individual	
22	149	17.47	Mark	Connolly	M50+	Finn Valley A C	
23	299	18.03	Gary	Gillespie	SM	Rosses A.C.	
24	226	18.06	Pat	O'Donnell	SM	Individual	
25	227	18.09	Kevin	Mc Gee	SM	Individual	
26	170	18.18	Brendan	McCole	M40+	Rosses A.C.	
27	124	18.20	Helena	Crossan	W40+	Inishowen A C	
28	165	18.23	Jason	King	SM	Letterkenny A C	
29	238	18.30	Fionualla	Diver	SW	Letterkenny A C	
30	131	18.37	Shéila	Regan	SW	Letterkenny A C	
31	204	18.45	Seami	Ferry	M40+	Individual	
32	153	18.48	Ciaran	Kelly	M40+	Finn Valley A C	
33	145	19.01	Kay	Byrne	W45+	Finn Valley A C	
34	255	19.05	Paul	Gallagher	SM	Individual	
35	232	19.10	Colm	Mooney	SM	Individual	
36	168	19.17	John	Mulholland	SM	Rosses A.C.	
37	175	19.21	Garvin	Mc Closkey	M45+	Letterkenny A C	
38	225	19.23	Seamus	Sweeney	SM	Individual	
39	186	19.24	Odhran	McBride	SM	Individual	
40	185	19.25	Manus	Mc Hugh	SM	Individual	
41	222	19.26	Paul	McCloskey	M40+	Individual	
42	178	19.33	Paul	Cosgrove	M40+	Letterkenny A C	
43	291	19.34	Daniel	Carr	JM	Letterkenny A C	
44	201	19.36	Daniel	Cullen	SM	Individual	
45	250	19.40	Mark	Doherty	JM	Rosses A.C.	
46	220	19.42	Paul	Harris	M40+	Letterkenny A C	
47	151	19.43	Raymond	Doherty	M45+	Finn Valley A C	
48	221	19.44	Martin	Forker	SM	Individual	
49	179	19.45	Gabriel	Mc Crossan	M45+	Letterkenny A C	
50	177	19.53	Richard	Raymond	M50+	Letterkenny A C	
51	188	19.54	Mary	Connolly	SW	Finn Valley A C	
52	247	19.55	Aidan	Kavanagh	JM	Individual	
53	174	19.56	Miriam	Bonnar	W35+	Finn Valley A C	
54	208	20.00	Des	Fahy	M40+	Individual	
55	133	20.03	Enda	Coyle	M50+	Rosses A.C.	
56	202	20.04	Sharon	Muir	SW	Individual	
57	249	20.08	Jason	Greene	SM	Individual	
58	152	20.09	Joseph	Casey	M45+	Individual	
59	128	20.10	Liam	Mc Ginty	M40+	Individual	
60	167	20.11	Maura	Kearns	SW	Individual	
61	274	20.14	Jack	Scally	JM	Individual	
62	265	20.16	Conor	Daly	M50+	Individual	
63	163	20.18	Martin	McCabe	SM	Individual	
64	163	20.18	Martin	McCabe	SM	Individual	
65	189	20.19	John	Gorman	M40+	Individual	
66	271	20.20	Owen	Scally	JM	Individual	
67	224	20.21	Steven	McGeever	JM	Individual	
68	164	20.24	Niamh	Browne	JW	Individual	
69	154	20.25	Johnny	Toner	M40+	Individual	
70	197	20.37	Brendan	Patton	M45+	Finn Valley A C	
71	244	20.41	Ryan	Doherty	JM	Rosses A.C.	

72	132	20.43	Christine	Clarke	SW	New York
73	286	20.45	Anita	Meehan	W40+	Individual
74	142	20.49	John	Bonner	M40+	Individual
75	143	20.51	Sean Paul	Byrne	SM	Finn Valley A C
76	144	20.53	Sarah	Byrne	SW	Finn Valley A C
77	183	20.54	Jim	Shields	M50+	Finn Valley A C
78	211	21.02	Martin	Doherty	SM	Individual
79	257	21.06	G.	Contini	SM	Individual
80	219	21.16	Dessie	Gallagher	SM	Individual
81	199	21.18	Nicola	Doherty	W35+	Individual
82	171	21.19	Brendan	Delap	M50+	Letterkenny A C
83	269	21.20	Denis	Forker	SM	Individual
84	300	21.31	Monica	McGrenahan	SW	Individual
85	268	21.34	Eamon	Friel	SM	Individual
86	157	21.36	Hazel	Scorer	SW	24/7 Triathlon
87	187	21.37	Rosemary	Bogle	W45+	Finn Valley A C
88	287	21.38	Ryan	McGarrigle	SM	Individual
89	198	21.39	Eilis	Patton	JW	Finn Valley A C
90	135	21.44	Owen	Bonner	M40+	Individual
91	282	21.45	Mark	McCole	JM	Individual
92	155	21.48	Eunan	Mc Bride	M45+	Letterkenny A C
93	239	21.50	James	Carr	JM	Individual
94	207	21.52	Danny	Sharkey	M50+	Cranford A C
95	278	21.58	Eimear	McGee	W40+	Individual
96	176	22.03	Johnny	Ward	M45+	Tír Chonaill A C
97	259	22.05	Marian	Timoney	SW	Individual
98	228	22.06	Fiona	Kirwan	W45+	Raheny Shamrocks
99	273	22.24	Paul	Rodgers	SM	Individual
100	172	22.26	Gloria	Donaghey	W45+	Finn Valley A C
101	61	22.30	Mark	Turnbull	M50+	Individual
102	293	22.39	Raymond	McGarrigle	M45+	Individual
103	263	22.44	James	McCole	JM	Individual
104	276	22.45	Shane	Duffy	SM	Individual
105	137	22.46	Patrick	Breslin	SM	Individual
106	141	22.47	Eddie	McFadden	M45+	Individual
107	285	22.51	Matthew	McCole	JM	Individual
108	267	22.52	John	Coyle	M40+	Individual
109	206	22.56	Joe	Molloy	M40+	Individual
110	136	23.10	Martin	Anderson	M40+	Individual
111	240	23.13	Deirdre	Diver	SW	Letterkenny A C
112	262	23.14	Danny	McFadden	M45+	Individual
113	254	23.29	Sinead	Friel	SW	Individual
114	281	23.31	Jim	McCole	M45+	Individual
115	203	23.42	John	Ferry	M40+	Individual
116	230	23.48	Max	Davies	M40+	Individual
117	243	23.54	Daniel	Sweeney	SM	Individual
118	258	23.59	Paul	Sweeney	SM	Individual
119	288	24.00	Aideen	Meehan	JW	Rosses A.C.
120	140	24.01	James	Mc Erlane	M50+	Letterkenny A C
121	241	24.25	Andrew	Carr	JM	Individual
122	260	24.27	Helen	McCready	SW	Individual
123	205	24.32	Fin	Begley	W35+	Individual
124	209	24.47	Lorcan	Fahy	JM	Individual
125	245	24.53	Peter	Logue	SM	Individual
126	193	24.54	Mary	Walsh	W40+	Individual
127	134	24.59	Oisin	Bonner	JM	Individual
128	192	25.03	Dylan	Sweeney	JM	Individual
129	295	25.04	JJ	Boyle	M40+	Individual
130	190	25.31	Paddy	O'Donnell	SM	Individual
131	234	25.37	Emily	Bonner	SW	Individual
132	283	25.50	Niamh	McCole	JW	Individual
133	289	25.57	Pat	Carr	M50+	Individual
134	477	26.00	Matthew	O'Donnell	JM	Individual
135	248	26.02	Christopher	Boyle	JM	Rosses A.C.
136	194	26.05	James	Friel	W40+	Individual
137	270	26.21	Roise	Diver	W35+	Individual
138	216	26.22	Donna	McFadden	SW	Individual
139	231	26.36	John	Calder	M40+	Individual
140	480	26.37	Mark	Curran	JM	Individual
141	481	26.54	Saskia	Boyle	JW	Individual
142	256	27.06	Cian	Shovlin	JM	Individual
143	280	27.07	Tracey	Boyle	SW	Individual
144	479	27.35	Zaria	Boyle	JW	Individual
145	237	28.06	Denis	Mullaney	SM	Individual
146	217	28.07	Sean	McFadden	SM	Individual
147	279	28.12	Ciarnan	Nicholas	JM	Individual
148	277	28.14	Brid	Nicholas	W40+	Individual

149	264	28.15	Libby	McCole	JW	Individual
150	275	28.16	Pat	Broomfield	SM	Individual
151	191	28.21	John	Sweeney	M40+	Individual
152	284	28.29	Marjorie	Burns	SW	Individual
153	290	28.45	Sean	McGarrigle	JM	Individual
154	294	28.46	Dominick	Sharkey	JM	Individual
155	251	28.47	Lorraine	Sweeney	SW	Rosses A.C.
156	253	29.19	Ann Marion	Sweeney	SW	Individual
157	298	29.31	Niamh	Sweeney	JW	Individual
158	158	29.34	Angela	Trimble	W35+	Individual
159	159	29.37	Alisha	Trimble	JW	Individual
160	292	29.42	Edel	Bonner	SW	Individual
161	196	30.35	Dara	Friel	M40+	Individual
162	476	30.42	Ann	O'Donnell	W40+	Individual
163	261	31.45	Catherine	McCole	W35+	Individual
164	483	33.40	Owen	Doogan	JM	Individual
165	215	33.55	Conor	Murphy	SM	Individual
166	200	36.12	Ben	Harkin	JM	Individual
167	272	36.20	Aisling	Power	JW	Individual
168	218	37.12	Orla	Doogan	SW	Individual
169	138	38.06	Mary	Breslin	SW	Individual
170	213	38.15	Pauline	Murphy	SW	Individual
171	214	38.16	Brid	Gallagher	SW	Individual
172	212	38.17	Maeve	Campbell	SW	Individual
173	478	38.30	Ciara	Dawson	JW	Rosses A.C.
174	486	38.31	Jessica	Oglesby	JW	Individual
175	246	39.44	Patrice	Boyle	JW	Rosses A.C.
176	484	39.46	Justine	Boyle	JW	Individual
177	266	39.47	Sean	Mullis	JM	Individual
178	482	40.00	Daniel	Tracey	JM	Individual
179	485	41.40	Conor	Doogan	JM	Individual
180	130	43.03	Angela	Mc Dyre	W45+	Individual
181	129	45.45	Margaret	Trimble	W45+	Individual

*Total Runners: 181*