

**Woodie's DIY****Athletic Association of Ireland Senior Track and Field Championships**

10th &amp; 11th July 2010

Morton Stadium

Men's 100 m

Wind : -0.8

Place	Name	Club	Time
1	Jonathan Holmes	Kilkenny City Harriers A.C.	10.71
2	Steven Colvert	U.C.D. A.C.	10.73
3	Seye Ogunlewe	Celbridge A.C.	10.80
4	Christopher Russell	Ferrybank A.C.	10.83
5	Darragh Graham	Sli Cualann A.C.	10.84
6	Patrick Phelan	Dundrum South Dublin A.C.	10.92
7	David Hynes	Menapians A.C.	10.93
8	Dean Adams	Ballymena & Antrim A.C.	11.09
9	Cian Aherne	Dooneen A.C.	11.19
10	Daniel Kavanagh	Clonliffe Harriers A.C.	11.32

Men's 200 m

Wind : -0.9

Place	Name	Club	Time
1	Paul Hession	Athenry A.C.	20.77
2	Steven Colvert	Crusaders A.C.	21.41
3	Darragh Graham	Sli Cualann A.C.	21.58
4	Patrick Phelan	Dundrum South Dublin A.C.	21.60
5	David Hynes	Menapians A.C.	21.83
6	Lorcan O'Cathain	Roscommon A.C.	21.95
7	Cian Aherne	Dooneen A.C.	22.30
8	Craig Lynch	Shercock A.C.	22.44

Men's 400 m

Place	Name	Club	Time
1	Gordon Kennedy	Tullamore Harriers A.C.	46.57
2	Brian Gregan	Clonliffe Harriers A.C.	46.89
3	Brian Murphy	U.C.C. A.C.	47.23
4	Nick Hogan	Dundrum South Dublin A.C.	47.90
5	Kieran Kelly	Raheny Shamrock A.C.	48.38
6	Dara Kervick	Carrick-On-Suir A.C.	48.50
7	Billy Ryan	Ferrybank A.C.	48.67
8	John Laffey	Clonliffe Harriers A.C.	49.27

Men's 800 m

Place	Name	Club	Time
1	Thomas Chamney	Crusaders A.C.	1.48.84
2	Darren Mc Brearty	Letterkenny A.C.	1.49.37
3	Anthony Lieghio	Tallaght A.C.	1.49.65
4	Eoin Everard	Kilkenny City Harriers A.C.	1.50.09
5	Tommy Carroll	North Sligo A.C.	1.51.63
6	Conor Healy	Clonliffe Harriers A.C.	1.51.89
7	Gareth Hill	Ballymena & Antrim A.C.	1.52.56
8	Julian Kuppler	Rathfarnham W.S.A.F. A.C.	152.59
9	Daniel Mooney	Letterkenny A.C.	1.52.99
10	James Ledingham	West Waterford A.C.	1.55.75

Men's 1500 m

Place	Name	Club	Time
1	Mark Christie	Mullingar Harriers A.C.	3.48.22
2	Dan Mulhare	North Laois A.C.	3.48.76

3	Richard Corcoran	Raheny Shamrock A.C.	3.49.91
4	Kevin Moriarty	Raheny Shamrock A.C.	3.51.02
5	Joe Warne	Doheny A.C.	3.51.75
6	Gavin O'Sullivan	Raheny Shamrock A.C.	3.52.09
7	Michael Mulhare	North Laois A.C.	3.53.57
8	Patrick Brennan	Letterkenny A.C.	3.53.99
9	Daire Bermingham	Raheny Shamrock A.C.	3.54.42
10	Michael Mc Killop	St. Malachy's A.C.	3.55.23
11	Patrick Mc Cartan	West Limerick A.C.	3.55.58
12	Eoin Flynn	Rathfarnham W.S.A.F. A.C.	3.55.65
13	Aidan Bailey	Clonliffe Harriers A.C.	3.56.03
14	Patrick Flynn	Ferrybank A.C.	4.06.40
	James Mc Carthy	East Cork A.C.	DNS

#### Men's 5000 m

Place	Name	Club	Time
1	Alistair Cragg	Clonliffe Harriers A.C.	14.04.64
2	Joseph Sweeney	Dundrum South Dublin A.C.	14.07.44
3	Sean Connolly	Tallaght A.C.	14.10.93
4	David Mc Carthy	West Waterford A.C.	14.13.12
5	Breandan O'Neill	Dundrum South Dublin A.C.	14.21.26
6	Brian Farrell	Sli Cualann A.C.	14.23.89
7	Tomas Fitzpatrick	Tallaght A.C.	14.34.66
8	Eddie Mc Ginley	Annadale Striders A.C.	14.51.43
9	Niall Sheehan	Gowran A.C.	15.01.94
10	Sean Mc Grath	East Cork A.C.	15.04.10
11	Jarlath Falls	Ballymena & Antrim A.C.	15.04.55
12	Paul Fleming	Rathfarnham W.S.A.F. A.C.	15.06.02
13	Robert Corbally	Dundrum South Dublin A.C.	15.13.04
14	Pauric Mc Kinney	Letterkenny A.C.	15.16.84
15	John Cleary	Ferrybank A.C.	15.21.09
16	Rory Mc Donnell	Dunboyne A.C.	15.23.25
17	Aaron Doherty	City of Derry	15.24.95
18	Thomas Maunsell	Leevale A.C.	15.26.00
19	Ian Conroy	Raheny Shamrock A.C.	15.26.87
20	Mark Dooley	Donore Harriers A.C.	15.30.15
21	Raivis Zakis	West Waterford A.C.	15.37.86
22	Alex Flynn	Ferrybank A.C.	15.41.05
23	Liam Feely	North Leitrim A.C.	15.58.13
24	Graham Power	Ferrybank A.C.	16.08.64
	Toss Hayes	Kilkenny City Harriers A.C.	DNS
	Martin Quinn	Dunleer A.C.	DNS
	David Fitzmaurice	Clonliffe Harriers A.C.	DNS
	Paul Duffy	Sportsworld A.C.	DNF

#### Men's 10,000 m

Place	Name	Club	Time
1	Gary Thornton	Galway City Harriers A.C.	29.18.88
2	Brian Maher	Kilkenny City Harriers A.C.	30.03.50
3	Joseph Mc Allister	St. Malachy'S A.C.	30.07.69
4	Sergui Ciobanu	Clonliffe Harriers A.C.	30.11.47
5	Barry Minnock	Rathfarnham W.S.A.F. A.C.	30.21.66
6	Greg Roberts	City of Derry	30.49.72
7	Eddie Mc Ginley	Annadale Striders A.C.	31.16.66
8	John Cleary	Ferrybank A.C.	31.47.93
9	Patrick Cassidy	Glaslough Harriers A.C.	32.25.84
10	Robert Mallseed	Mayo A.C.	32.52.95
11	Ruairi O'Donnell	Limerick A.C.	33.37.66

12	Barry Donovan	Leevale A.C.	33.52.99
13	Donal Coakley	Togher A.C.	34.01.75
14	Chris Harrington	Leevale A.C.	35.09.54
15	Donal Coffey	Leevale A.C.	35.51.64
16	George Boyle	Leevale A.C.	36.27.82
17	David Comber	Leevale A.C.	37.26.44
	Martin Conroy	Sligo A.C.	DNS

#### Men's 110 m Hurdles

Wind : -2.3

Place	Name	Club	Time
1	Edmond O'Halloran	Leevale A.C.	15.29
2	Peter Shallow	Raheny Shamrock A.C.	15.67
3	Brian Flatley	Shercock A.C.	16.21
4	Chris Minn	Clonliffe Harriers A.C.	16.43
5	Conor Mc Crossan	Clonliffe Harriers A.C.	16.72
6	Adrian Jackman	Menapians A.C.	16.84
7	Ger Cremin	Riocht A.C.	17.50
8	Lee Austin	St. Joseph's A.C.	19.23
	Ian Mc Donald	Crusaders A.C.	DQ

#### Men's 400 m Hurdles

Place	Name	Club	Time
1	Patrick Maher	Leevale A.C.	51.53
2	Tom Carey	City of Derry	52.07
3	John Fagan	Clonliffe Harriers A.C.	52.60
4	Paul Byrne	St. Abbans A.C.	52.64
5	James Ruxton	Shercock A.C.	52.98
6	Jeremy Lyons	Clonliffe Harriers A.C.	53.04
7	Barry Upton	Ferrybank A.C.	53.60
8	Timothy Crowe	Dooneen A.C.	54.36

#### Men's 3000 m Steeplechase

Place	Name	Club	Time
1	Rory Chesser	Ennis Track A.C.	8.51.95
2	Paul Rupprecht	Leevale A.C.	9.00.18
3	Emmet Dunleavy	Sligo A.C.	9.01.77
4	Tomas Cotter	Dunleer A.C.	9.04.14
5	David Flynn	Clonliffe Harriers A.C.	9.04.77
6	Mark Kirwan	Raheny Shamrock A.C.	9.05.04
8	Emmet Jennings	Dundrum South Dublin A.C.	9.29.04
9	Ciaran Doherty	Letterkenny A.C.	9.34.70
10	Feidhlim Kelly	Raheny Shamrock A.C.	10.13.54
	Stephen Murphy	Donore Harriers A.C.	9.09.72
	Noel Collins	Finn Valley A.C.	DNF
	James Mc Carthy	East Cork A.C.	DNF

#### Men's 10 000 m Walk

Place	Name	Club	Time
1	Robert Heffernan	Togher A.C.	39.07.21
2	Jamie Costin	West Waterford A.C.	39.43.11
3	Brendan Boyce	Letterkenny A.C.	42.54.66
4	Michael Doyle	Tara A.C.	43.32.48
5	David Kidd	St. L. O'Toole A.C.	46.21.72
6	John Egan	Bree A.C.	48.46.15
7	Timothy Healy	Togher A.C.	48.48.88
8	Cian Mc Manamon	Westport A.C.	48.52.91
	Erick Jerome Caprice	Dundrum South Dublin A.C.	DQ

### Men's High Jump

Place	Name	Club	Hgt (m)
1	Kourish Foroughi	Star of the Sea A.C.	2.15
2	Alan Smith	Ballina A.C.	1.95
2	Marcin Klinkosz	Clonliffe Harriers A.C.	1.95
4	Brian Flatley	Shercock A.C.	1.75

### Men's Triple Jump

Place	Name	Club	Dist (m)
1	Eoin Kelly	St. Abbans A.C.	14.83
2	Denis Finnegan	U.C.C. A.C.	14.72
3	Kourish Foroughi	Star of the Sea A.C.	13.68
4	Tomas Dorina	Clonliffe Harriers A.C.	13.36
5	Richard Tsang	Shercock A.C.	12.44
6	Eamon Fahy	Donore Harriers A.C.	12.25
7	Michael Davis	Raheny Shamrock A.C.	11.84
8	Lee Austin	St. Joseph's A.C.	10.46

### Men's Pole Vault

Place	Name	Club	Hgt (m)
1	David Donegan	Clonliffe Harriers A.C.	4.70
2	Ruairi O'Briain	Crusaders A.C.	4.70
3	Ian Rogers	Clonliffe Harriers A.C.	4.60
4	Thomas Houlihan	West Waterford A.C.	4.40
5	Laurence Houlihan	West Waterford A.C.	3.60
6	Martin Houlihan	West Waterford A.C.	3.60
7	Mihai Panter	Raheny Shamrock A.C.	3.40

### Men's Shot Putt

Place	Name	Club	Dist (m)
1	Sean Breathnach	Galway City Harriers A.C.	16.31
2	Tomas Rauktys	Clonliffe Harriers A.C.	15.35
3	Luke Mangan	Clonliffe Harriers A.C.	14.22
4	Daniel Clifford	Farranfore Maine Valley A.C.	13.90
5	Kieron Stout	Celbridge A.C.	13.17
6	Shane Lynch	Crusaders A.C.	12.25
7	David Tierney	Leevale A.C.	12.11
8	Michael Heneghan	Castlebar A.C.	11.79
9	Conor O'Reilly	Sli Cualann A.C.	10.03
10	Richard Lawlor	Fingallians A.C.	9.29
11	Cormac (5K) Ryan	Paralympics Ireland	9.08

### Men's Discus

Place	Name	Club	Dist (m)
1	Tomas Rauktys	Clonliffe Harriers A.C.	51.68
2	John Menton	Donore Harriers A.C.	48.28
3	Daniel Clifford	Farranfore Maine Valley A.C.	46.09
4	Sean Breathnach	Galway City Harriers A.C.	43.66
5	Darragh Hanlon	Tullamore Harriers A.C.	37.10
6	Kieron Stout	Celbridge A.C.	35.75
7	Cormac Ryan	Paralympics Ireland	35.33
8	Conal Campion	St. Andrews A.C.	34.96
9	Aidan Kelly	St. Abbans A.C.	33.28
10	Ronan Kearney	Sli Cualann A.C.	32.72

### Men's Javelin

Place	Name	Club	Dist (m)
-------	------	------	----------

1	Aaron Crawford	Strabane Track Club	61.91
2	Juraj Kubis	Kilkenny City Harriers A.C.	60.01
3	Adam Rice	Sli Cualann A.C.	58.89
4	Paul Marry	Clonliffe Harriers A.C.	57.18
5	David Kelly	Sli Cualann A.C.	54.37
6	Marcin Klinkosz	Clonliffe Harriers A.C.	50.88
7	Damian Crawford	Strabane Track Club	50.48
8	Denis Delaney	Dunboyne A.C.	49.77
9	Darren Ayres	Northwest Kildare A.C.	48.86

#### Men's Hammer

Place	Name	Club	Dist (m)
1	Padraig White	Dunboyne A.C.	61.03
2	Barry Killian	Crusaders A.C.	57.57
3	Mark Hanily	Fr. Murphys A.C.	55.32
4	Martin Hunt	Clonliffe Harriers A.C.	55.31
5	James Mc Cabe	Dunboyne A.C.	50.32
6	Ciaran Donnelly	Crusaders A.C.	49.32
7	Michael Morrissey	West Waterford A.C.	48.74
8	Conal Campion	St. Andrews A.C.	47.11
9	Francis Haniily	Fr. Murphys A.C.	45.01
10	Aidan Kelly	St. Abbans A.C.	35.91

#### Men's 56lb Distance

Place	Name	Club	Dist (m)
1	Tomas Rauktys	Clonliffe Harriers A.C.	7.89
2	David Tierney	Leevale A.C.	7.82
3	Sean Breathnach	Galway City Harriers A.C.	7.58
4	Seamus Fitzpatrick	North Laois A.C.	7.56
5	Luke Mangan	Clonliffe Harriers A.C.	6.61
6	Michael Heneghan	Castlebar A.C.	6.59
7	David Hoey	St. Michael's Enniskillen	6.40
8	Richard Pilkington	Kilmurray/Ibrick/N.Clare A.C.	6.07

#### Men's 56lb Height

Place	Name	Club	Hgt (m)
1	Seamus Fitzpatrick	North Laois A.C.	4.10
2	Sean Breathnach	Galway City Harriers A.C.	3.90
3	Barry Delany	Star of the Sea A.C.	3.70
4	Austin Kennedy	Crusaders A.C.	3.50
5	Michael Heneghan	Castlebar A.C.	3.50
5	Michael O'Brien	Tulla A.C.	3.50
7	Richard Pilkington	Kilmurray/Ibrick/N.Clare A.C.	3.30
8	Tom Bouchier	Ferrybank A.C.	3.10

#### Junior Men's 3000 m

Place	Name	Club	Time
1	John Travers	Donore Harriers A.C.	8.12.79
2	Jake Byrne	Mullingar Harriers A.C.	8.49.11
3	Michael Dowling	Sli Cualann A.C.	8.54.40
5	Daniel Mullins	Bantry A.C.	8.56.96
6	Stephen Kerr	Armagh A.C.	9.01.46
7	Ryan Mc Dermott	Dromore A.C.	9.03.65
8	Ian Hartnett	Togher A.C.	9.04.59
9	Cian O'Reilly	Annalee A.C.	9.06.40
10	Cullen Lynch	Togher A.C.	9.11.00
11	Stephen Lawlor	St. Abbans A.C.	9.11.50
12	Peter Hanrahan	Togher A.C.	9.15.63

13	Michael O'Sullivan	West Muskerry A.C.	9.18.93
14	Conor Mc Guinness	Clonliffe Harriers A.C.	9.25.10
15	Shane Maher	U.C.C. A.C.	9.35.50
16	Emmet Bracken	Togher A.C.	9.43.96
17	Ian Tobin	Togher A.C.	9.49.63
18	Mark Mc Kenzie	Clonliffe Harriers A.C.	10.02.68
74	Kevin Dooney	Raheny Shamrock A.C.	8.56.71
	Darragh Rennicks	Bohermeen A.C.	DNS
	Stephen Attride	St. Abbans A.C.	DNF
	Liam Tremble	Metro/St. Brigid's A.C.	DNF

#### 35lb Height - Junior Men

Place	Name	Club	Hgt (m)
1	Gavan Donnelly	Crusaders A.C.	4.10
2	Michael Kenny	Kildare A.C.	3.10

#### 35lb Height - U.23 Men

Place	Name	Club	Hgt (m)
1	Luke Mangan	Clonliffe Harriers A.C.	5.50
2	David Tierney	Leevale A.C.	4.70

#### Men's Discus Seated

Place	Name	Club	Dist (m)
1	Garrett Culliton	Paralympics Ireland (Seated)	18.46
2	Ray O'Dwyer	Paralympics Ireland (Seated)	25.65
3	Jamie Boyle	Paralympics Ireland (Seated)	26.91
4	James Mc Carthy	Irish Wheelchair	27.16
5	Seamus Wall	Irish Wheelchair	23.30
6	Keith Armstrong	Irish Wheelchair	21.00
7	David Berry	Paralympics Ireland (Seated)	20.77
8	Eamon Butler	Paralympics Ireland (Seated)	11.15

#### Men's Javelin Seated

Place	Name	Club	Dist (m)
1	Ray O'Dwyer	Paralympics Ireland (Seated)	19.20
2	Seamus Wall	Irish Wheelchair	16.07
3	David Berry	Paralympics Ireland (Seated)	10.50

#### Women's 100 m

Wind : -1.6

Place	Name	Club	Time
1	Ailis Mc Sweeney	Leevale A.C.	11.60
2	Amy Foster	University of Ulster	11.76
3	Claire Brady	Celbridge A.C.	11.85
4	Niamh Whelan	Ferrybank A.C.	11.87
5	Kelly Proper	Ferrybank A.C.	12.00
6	Joan Healy	Bandon A.C.	12.09
7	Louise Kiernan	Fingallians A.C.	12.16
8	Steffi Creaner	Celtic DCH A.C.	12.30
9	Aoife Mc Neill	Dundrum South Dublin A.C.	12.32
10	Leah Moore	Clonliffe Harriers A.C.	12.33

#### Women's 200 m

Wind : -1.7

Place	Name	Club	Time
1	Niamh Whelan	Ferrybank A.C.	23.68
2	Kelly Proper	Ferrybank A.C.	23.68
3	Joanne Cuddihy	Kilkenny City Harriers A.C.	24.21

4	Leah Moore	Clonliffe Harriers A.C.	24.79
5	Catriona Cuddihy	Kilkenny City Harriers A.C.	25.31
6	Sharon Kilduff	Claremorris A.C.	25.47
7	Grainne Moynihan	West Muskerry A.C.	25.60
	Roisin Anglim	Fingallians A.C.	DNS

Women's 400 m

Place	Name	Club	Time
1	Joanne Cuddihy	Kilkenny City Harriers A.C.	52.76
2	Marian Andrews	Togher A.C.	53.55
3	Michelle Carey	Dublin Striders A.C.	53.73
4	Claire Bergin	Dundrum South Dublin A.C.	54.56
5	Joanna Mills	Ballymena & Antrim A.C.	54.76
6	Jo Patterson	Ballymena & Antrim A.C.	55.40
7	Catriona Cuddihy	Kilkenny City Harriers A.C.	55.48
8	Michelle Rodgers	Abbey A.C.	57.85

Women's 800 m

Place	Name	Club	Time
1	Roseanne Galligan	Newbridge A.C.	2.03.35
2	Ciara Mageean	City of Lisburn	2.05.50
3	Fiona Kehoe	Kilmore A.C.	2.08.47
4	Amy O'Donoghue	Emerald A.C.	2.09.67
5	Ciara Everard	U.C.D. A.C.	2.10.62
6	Sinead Denny	Dundrum South Dublin A.C.	2.11.76
7	Lauren Scott	North Down	2.12.46
8	Siobhan Eviston	Raheny Shamrock A.C.	2.14.63

Women's 1500 m

Place	Name	Club	Time
1	Hazel Murphy	Dundrum South Dublin A.C.	4.18.24
2	Stephanie Reilly	Sli Cualann A.C.	4.19.54
3	Roisin Mc Gettigan	Sli Cualann A.C.	4.21.27
4	Sara Louise Treacy	Moynalvey A.C.	4.21.86
5	Fionnualla Britton	Sli Cualann A.C.	4.23.33
6	Emma Mitchell	Banbridge A.C.	4.28.67
7	Becky Woods	Clonliffe Harriers A.C.	4.31.94
8	Laura Suur	Galway City Harriers A.C.	4.32.56
9	Aoife Brady	Sportsworld A.C.	4.32.68
10	Louise Reilly	Clonliffe Harriers A.C.	4.33.69
11	Crona Brady	Sportsworld A.C.	4.36.63
12	Niamh Roe	Eagle A.C.	4.41.12
13	Claire Phelan	St. Abbans A.C.	4.50.92
14	Fiona Clinton	Dundrum South Dublin A.C.	4.51.78
15	Cindy Kelly	Donore Harriers A.C.	4.58.72

Women's 5000 m

Place	Name	Club	Time
1	Maria Mc Cambridge	Letterkenny A.C.	16.19.78
2	Lizzie Lee	Leevale A.C.	16.54.76
3	Siobhain O'Doherty	Borrisokane A.C.	16.59.92
4	Teresa Mc Gloin	Finn Valley A.C.	17.05.11
5	Julie Turley	Dromore A.C.	17.13.11
6	Breffni Twohig	Dundrum South Dublin A.C.	17.14.75
7	Aoife Brady	Sportsworld A.C.	17.29.67
8	Lorraine Manning	Raheny Shamrock A.C.	17.37.23
9	Ailish Mc Dermott	Clonliffe Harriers A.C.	18.25.73
10	Catriona Devine	Finn Valley A.C.	18.31.75

11	Jessica Von Hatten	Leevale A.C.	18.35.59
12	Claire Phelan	St. Abbans A.C.	18.37.93
13	Kath O'Neill	Metro/St. Brigid's A.C.	18.44.78

Women's 100 m Hurdles

Wind : -1.9

Place	Name	Club	Time
1	Derval O'Rourke	Leevale A.C.	13.26
2	Mairead Murphy	U.C.D. A.C.	14.38
3	Sandra Lawler	Celbridge A.C.	14.47
4	Shauna Furman	Clonliffe Harriers A.C.	15.54
5	Ailbhe Courtney	St. Brendan'S A.C.	15.79

Women's 400 m Hurdles

Place	Name	Club	Time
1	Justine Kinney	Loughborough A.C.	57.78
2	Brona Furlong	Slaney Olympic A.C.	58.33
3	Jessie Barr	Ferrybank A.C.	59.82
4	Megan Kiely	Ferrybank A.C.	61.58
5	Sarah Woods	Clonliffe Harriers A.C.	68.84
	Michelle Carey	Dublin Striders A.C.	DNS
	Katey Byrd	Leevale A.C.	DNS

Women's 3000 m Steeplechase

Place	Name	Club	Time
1	Bryony Treston	Dundrum South Dublin A.C.	11.17.13
2	Michelle Finn	Duhallow A.C.	11.17.17
3	Elizabeth Egan	Bree A.C.	11.24.87

Women's 5000 m Walk

Place	Name	Club	Time
1	Kate Veale	West Waterford A.C.	22.52.90
2	Laura Reynolds	Mohill A.C.	23.41.79
3	Rachel Conlon	Sligo A.C.	28.57.12

Women's High Jump

Place	Name	Club	Hgt (m)
1	Deirdre Ryan	Dundrum South Dublin A.C.	1.80
2	Pamela Hughes	Westport A.C.	1.70
3	Caoimhe Basquille	Sli Cualann A.C.	1.60
3	Claire Mc Namara	Athenry A.C.	1.60
5	Helen Buckley	Raheny Shamrock A.C.	1.60

Women's Long Jump

Place	Name	Club	Dist (m)
1	Kelly Proper	Ferrybank A.C.	6.35
2	Mary Mc Loone	Tír Chonaill A.C.	6.16
3	Sally Rose Maughan	Castlebar A.C.	5.93
4	Mary Devlin	Abbey A.C.	5.60
5	Hannah Lewis	North Down	5.56
6	Antoinette Stafford	D.M.P. A.C.	5.48
7	Anna Boyle	Ballymena & Antrim A.C.	5.27

Women's Triple Jump

Place	Name	Club	Dist (m)
1	Mary Mc Loone	Tír Chonaill A.C.	11.82
2	Mary Devlin	Abbey A.C.	11.43
3	Fiona Hill	Newbridge A.C.	11.11

4	Laura Loughlin	North Down	10.69
5	Sarah Finnegan	Craughwell A.C.	10.03

#### Women's Shot Putt

Place	Name	Club	Dist (m)
1	Eva Massey	North Down	13.59
2	Fiona Moloney	Dooneen A.C.	12.23
3	Geraldine Stewart	Tir Chonaill A.C.	11.72
4	Deirdre Murphy	Leevale A.C.	11.34
5	Niamh Murphy	Blarney/Inniscara A.C.	11.10
6	Zoe Scanlon	West Waterford A.C.	10.50
7	Catriona Ryan	Templemore A.C.	10.29
8	Tracey Bradfield	Bandon A.C.	9.78
9	Helen Buckley	Raheny Shamrock A.C.	9.09
10	Priscilla O'Sullivan	Bandon A.C.	8.78
11	Niamh Reilly	Dundrum South Dublin A.C.	7.95
12	Nadine Lattimore	Paralympics Ireland	6.75
13	Ailish Dunne	Paralympics Ireland	6.68

#### Women's Discus

Place	Name	Club	Dist (m)
1	Claire Fitzgerald	Tralee Harriers A.C.	44.78
2	Deirdre murphy	Leevale A.C.	42.05
3	Zoe Scanlon	West Waterford A.C.	37.38
4	Philippa Conway	Crusaders A.C.	33.76
5	Jade Power	Ferrybank A.C.	30.57
6	Caoimhe Morris	Fingallians A.C.	27.22
7	Priscilla O'Sullivan	Bandon A.C.	25.70
8	Michelle Pilkington	Dunboyne A.C.	23.50
9	Ailish Dunne	Paralympics Ireland	17.60
10	Nadine Lattimore	Paralympics Ireland	17.10

#### Women's Javelin

Place	Name	Club	Dist (m)
1	Anita White Fitzgibb	Dublin Striders A.C.	43.48
2	Claire Fitzgerald	Tralee Harriers A.C.	38.24
3	Denise Byrne	Clonliffe Harriers A.C.	36.56
4	Grace O'Sullivan	Cushinstown A.C.	33.72
5	Niamh Reilly	Dundrum South Dublin A.C.	32.16
6	Rachel Bolger	Sli Cualann A.C.	29.33
7	Helen Buckley	Raheny Shamrock A.C.	29.25

#### Women's Hammer

Place	Name	Club	Dist (m)
1	Rebecca Bahni	Sli Cualann A.C.	54.66
2	Aoife Hickey	Kilkenny City Harriers A.C.	54.23
3	Cara Kennedy	Ferrybank A.C.	50.33
4	Mary Sutherland	D.M.P. A.C.	48.68
5	Charlotte O'Farrell	D.M.P. A.C.	46.77
6	Theresa Conlon	Kilkenny City Harriers A.C.	43.80
7	Christina Furlong	D.M.P. A.C.	40.43
8	Grainne Moggin	Fr. Murphys A.C.	39.48
9	Megan Moynihan	West Muskerry A.C.	39.24
10	Priscilla O'Sullivan	Bandon A.C.	38.20
11	Michelle Pilkington	Dunboyne A.C.	26.42

#### Women's Pole Vault

Place	Name	Club	Hgt (m)
-------	------	------	---------

1	Tori Pena	Finn Valley A.C.	4.15
2	Sarah Semeraro	University of Ulster A.C.	3.80
3	Claire Wilkinson	Ballymena & Antrim A.C.	3.60
4	Nikita Savage	Youghal A.C.	3.00
5	Sarah Ryan	Youghal A.C.	2.60

Women's Javelin

Place	Name	Club	Dist (m)
1	Catherine Wayland	Paralympics Ireland (Seated)	
2	Orla Barry	Paralympics Ireland (Seated)	
3	Lorraine Regan	Paralympics Ireland (Seated)	

Women's Shot Putt

Place	Name	Club	Dist (m)
1	Rosemary Tallon	Paralympics Ireland (Seated)	4.02
2	Lorraine Regan	Paralympics Ireland (Seated)	5.94