

10th Secondary Level Schools Cross Country

Your school is invited to participate at the 10th Secondary Schools Level Cross Country event which is taking place on the **30th September 2010**. This was a most successful event in recent years.

Venue: Finn Valley A.C. Stranorlar
Date: 30th September 2010
Time: 1st event @11.30am start. Event complete @ 12.30pm
Presentation: 1.00pm
Entry Fee: €3.00 per athlete payable at registration on the day.

Teachers / Adults in charge can help by collecting entry fee on journey to the event.

Prize Structure:

Prizes individual 1 – 12
Teams 1,2,3 (Scoring 3)

Programme:

1 st Year Girls	800m
1 st Year Boys	1000m
2 nd Year Girls	1000m
2 nd Year Boys	1200m
3 rd Year Girls	1200m
3 rd Year Boys	1500m
4 th /5 th / 6 th year girls	1500m
4 th /5 th /6 th boys	2000m

Each school is encouraged to bring along as many athletes as they wish, in other words: ***you may run as many as you choose in each race....***

Maximum entry fee per school: €60 / £50

For further details please ring Patsy McGonagle on 087 222 6112 or email
patsymcgonagle@hotmail.com

Looking forward to meeting you on the day!