

## Junior Men

100m (CBP: 10.7/10.74)			
Place	Athlete	Club	Time
1	Jonathon Holmes	KCH	11.17
	Ciaran O'Cathain (Guest)	Roscommon	11.37
2	David MacAogain	St Pauls	11.87
3	Oisin Robbins	Tullamore Harriers	11.94

wind=-0.4m/s

200m (CBP: 21.64)			
Place	Athlete	Club	Time
1	Jonathon Holmes	KCH	24.96

wind=-1.5m/s

400m (CBP: 48.9)			
Place	Athlete	Club	Time
1	Cathal Daly	Sli Cualann	55.84
2	Warren Walsh	Mullingar Harriers	56.47
3	Shane Connick	St Pauls	56.64

800m (CBP: 1.57.6)			
Place	Athlete	Club	Time
1	Ciaran Phelan	Aghaviller	2.01.61
2	Richard Owens	Sli Cualann	2.03.54
3	Jonathan Phillips	Sli Cualann	2.10.97

1500m (CBP: 3.55.2)			
Place	Athlete	Club	Time
1	Michael Mulhare	North Laois	4.04.1
2	Darragh Rennicks	Bohermeen	4.29.4
3	Jonathan Phillips	Sli Cualann	4.31.4
4	Keith Geraghty	Sli Cualann	4.36.2

5000m (CBP: 16.08.76)			
Place	Athlete	Club	Time
1	Richard Hourihane	Sli Cualann	18.02.81

110m Hurdles (CBP: 15.1)			
Place	Athlete	Club	Time
1	Ciaran O'Cathain (Guest)	Roscommon	15.91
1	Padraig Mahon	Gowran	18.68

wind=-1.2m/s

400m Hurdles (CBP: 57.04)			
Place	Athlete	Club	Time
1	David MacAogain	St Pauls	59.87
2	Darren Morrissey	Menapians	63.74

3000m Walk (CBP: NR)			
Place	Athlete	Club	Time

4*100m Relay (CBP: 45.2)			
Place	Athlete	Club	Mark
1		Sli Cualann	51.76

4*400m (CBP: 3.37.0)			
Place	Athlete	Club	Time
1		Sli Cualann	4.05.92

Pole Vault (CBP: 3.60)			
Place	Athlete	Club	Height
1	Ian Rogers	Clonliffe Harriers	4.00 (CBP)
2	Keith Doherty	Dunboyne	3.20

Long Jump (CBP: 6.92)			
Place	Athlete	Club	Distance
	Christopher Crowley (Guest)	Belgooly	6.69 (+1.9)
1	Kouroush Fourghi	Star of the Sea	6.08 (+1.3)
2	Jonathan Holmes	KCH	5.74 (+1.0)
3	Sean Ryder	Sli Cualann	5.18 (-0.8)

High Jump (CBP: 2.05)			
Place	Athlete	Club	Height
	Christopher Crowley (Guest)	Belgooly	2.00
1	Kouroush Fourghi	Star of the Sea	2.00

Triple Jump (CBP: 14.50)			
Place	Athlete	Club	Distance

Hammer (CBP: 59.79)			
Place	Athlete	Club	Distance
1	Michael Cass	Gowran	28.36
2	Joseph Mulligan	Tullamore Harriers	21.33

Discus (CBP: 42.48)			
Place	Athlete	Club	Distance
1	Ronan Kearney	Sli Cualann	35.06
2	Padraig Mahon	Gowran	32.15
3	Michael Cass	Gowran	26.78
4	Joseph Mulligan	Tullamore Harriers	23.67
5	Ciaran Phelan	Aghaviller	22.85

Shot Putt (CBP: 14.44)			
Place	Athlete	Club	Distance
1	Padraig Mahon	Gowran	11.54
2	Jonathan Holmes	KCH	9.64
3	Joseph Mulligan	Tullamore Harriers	9.51

## Junior Women

100m (CBP: 12.1)			
Place	Athlete	Club	Time
1	Francesca Reville	Menapians	12.68
2	Louise Holmes	Naas	13.14
3	Eva Murphy	DMP	13.22
4	Susan Giblin	Raheny Shamrocks	13.43
5	Lisa Nolan	Gowran	14.00
6	Ciara Stuart	Sli Cualann	14.04
7	Anne Hanton	Sli Cualann	14.31
8	Katie Phelan	Sli Cualann	14.48

wind=-0.2m/s and -0.7m/s

200m (CBP: 25.5)			
Place	Athlete	Club	Time
1	Francesca Reville	Menapians	26.87
2	Louise Holmes	KCH	27.72
3	Susan Giblin	Raheny Shamrocks	27.79
4	Isabel Malley	Sli Cualann	28.48
5	Eva Murphy	DMP	28.53
6	Katie Phelan	Sli Cualann	30.09

wind=+0.1m/s

400m (CBP: 56.08)			
Place	Athlete	Club	Time
1	Clare Earls	Sli Cualann	60.32

800m (CBP: 2.15.7)			
Place	Athlete	Club	Time
1	Ellie Hartnett	Sli Cualann	2.23.41
2	Aisling McGee	Sli Cualann	2.25.59
3	Anne Hanton	Sli Cualann	2.29.91

1500m (CBP: 4.45.1)			
Place	Athlete	Club	Time
1	Tara Jameson	Sli Cualann	4.45.68
2	Anne Hanton	Sli Cualann	5.11.64

3000m (CBP: 11.18.76)			
Place	Athlete	Club	Time
1	Naoimi NiChlerigh	KCH	12.30.35

100m Hurdles (CBP: 15.8)			
Place	Athlete	Club	Time
1	Rachel Bolger	Sli Cualann	17.71
2	Emma Butler	Gowran	18.84

wind=-0.1m/s

400m Hurdles (CBP: 65.2)			
Place	Athlete	Club	Time
1	Niamh Kearney	Sli Cualann	68.89
2	Teresa Slattery	Sli Cualann	73.18
3	Erica Dixon	Le Cheile	84.67

3000m Walk (CBP: NR)			
Place	Athlete	Club	Time
1	Donna Carolan	Sli Cualann	14.50.87 (CBP)
	Sally Forristal	St Joesphs	16.57.67
	Lucy O Sullivan	Cushinstown	17.18.35

4*100m Relay (CBP: 51.0)			
Place	Athlete	Club	Mark
1		Sli Cualann	55.53

4*400m Relay (CBP: 4.10.9)			
Place	Athlete	Club	Time
1		Sli Cualann	4.16.00
2		Sli Cualann	4.27.15

Pole Vault (CBP: 2.30)			
Place	Athlete	Club	Height

Long Jump (CBP: 5.72)			
Place	Athlete	Club	Distance
1	Lisa Nolan	Gowran	4.99
2	Aisling Dunphy	Aghaviller	4.85
3	Olivia McDonald	St Peters	4.77
4	Rachel Bolger	Sli Cualann	4.59
5	Kelly O'Reilly	Fingallians	4.51
6	Emma Butler	Gowran	4.44
7	Ciara Stuart	Sli Cualann	3.63

High Jump (CBP: 1.65)			
Place	Athlete	Club	Height
1	Mary Kate Lanigan	KCH	1.61
2	Lisa Nolan	Gowran	1.50
3	Emma Butler	Gowran	1.50

Triple Jump (CBP: 11.32)			
Place	Athlete	Club	Distance
1	Lisa Nolan	Gowran	10.20
2	Aisling Dunphy	Aghaviller	9.63

Hammer (CBP: 46.78)			
Place	Athlete	Club	Distance
1	Aoife Hickey	KCH	50.40 (CBP)
2	Mary Sutherland	DMP	43.84
3	Teresa Conlon	KCH	35.08

Discus (CBP: 38.79)			
Place	Athlete	Club	Distance
1	Shauna Daly	St Abbans	28.07

Shot Putt (CBP: 13.34)			
Place	Athlete	Club	Distance
1	Aoife Hickey	KCH	12.33
2	Frances Rogers	St Peters	9.73
3	Teresa Conlon	KCH	9.50

4 Sean Ryder	Sli Cualann	9.34
5 Ronan Kearney	Sli Cualann	8.62

4 Shauna Daly	St Abbans	9.04
5 Lucy O'Sullivan	Cushinstown	7.13

### Javelin (CBP: 55.02)

Place	Athlete	Club	Distance
1	Georgie Leahy	Le Chile	42.87
2	Kourosh Foroughi	Star of the Sea	42.83
3	Sean Ryder	Sli Cualann	41.13
4	Stuart Scargill	Sli Cualann	35.81
5	Michael Cass	Gowran	35.17
6	Jonathan Holmes	KCH	20.42

### Javelin (CBP: 35.63)

Place	Athlete	Club	Distance
1	Rachel Bolger	Sli Cualann	34.79
2	Olivia McDonald	St Peters	34.49
3	Kelly Ryder	Sli Cualann	32.93
4	Grace O'Sullivan	Cushinstown	30.87
5	Laura O'Neill	St Peters	26.09

### 35lb Weight for Distance (CBP: NR)

Place	Athlete	Club	Distance
1	Joseph Mulligan	Tullamore Harriers	5.53

## U23 Men

### 100m (CBP: 10.5)

Place	Athlete	Club	Time
1	Kevin Duggan	Mullingar Harriers	11.4
2	Joey Monaghan	Navan	11.5
3	Adrian Jackman	Menapians	11.6
4	Derek Stapleton	Navan	11.6
5	Niall Matthews	Navan	11.8
6	John Keegan	Crusaders	12.2
7	John McGrath	Menapians	13.7

wind=-0.6m/s and -0.5m/s

### 200m (CBP: 21.52) - Heat 1

Place	Athlete	Club	Time
1	Andrew Jackman	Menapians	23.73
2	Ross O'Loughlin	Menapians	24.31
3	Andrew Mitchell	Sli Cualann	25.26
4	Brian Gorey	St Cocas	25.71

wind=-0.2m/s

### 200m (CBP: 21.52) - Heat 2

Place	Athlete	Club	Time
1	Kevin Duggan	Mullingar Harriers	24.69
2	Niall Matthews	Navan	25.38
3	John Keegan	Crusaders	25.83
4	John McGrath	Menapians	28.30

wind=-1.9m/s

### 200m (CBP: 21.52) - Final

Place	Athlete	Club	Time
1	Andrew Jackman	Menapians	23.35
2	Kevin Duggan	Mullingar Harriers	23.56
3	Niall Matthews	Navan	23.79
4	Ross O'Loughlin	Menapians	24.08
5	Andrew Mitchell	Sli Cualann	25.60

wind=-0.7m/s

### 400m (CBP: 49.9)

Place	Athlete	Club	Time
1	Kieran Kelly	Raheny Shamrocks	51.10
2	Ross O'Loughlin	Menapians	54.22

### 800m (CBP: 1.56.36)

Place	Athlete	Club	Time
1	Daniel Treacy	Moynalvey	1.56.62
2	Andrew Connick	Slaney Olympic	1.56.63
3	Des Earls	Sli Cualann	1.57.13
4	Mick Dore	KCH	2.02.65

### 1500m (CBP: 3.59.5)

Place	Athlete	Club	Time
1	Andrew Connick	Slaney Olympic	4.08.0
2	Mick Dore	KCH	4.18.0

### 5000m (CBP: 15.19.5)

Place	Athlete	Club	Time
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### 110m Hurdles (CBP: 14.9)

Place	Athlete	Club	Time
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### Long Jump (CBP: 6.88)

Place	Athlete	Club	Distance
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### High Jump (CBP: 1.93)

Place	Athlete	Club	Height
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### Triple Jump (CBP: 13.74)

Place	Athlete	Club	Distance
1	Eoin Kelly	St Abbans	14.60 (w2.9)
	Eoin Kelly	St Abbans	13 w0.4 (CBP)

### Hammer (CBP: 58.38)

Place	Athlete	Club	Distance
1	Eoin White	DMP	48.41

### Discus (CBP: 47.78)

Place	Athlete	Club	Distance
1	Justin Collins	North Westmeath	41.18

### Shot Putt (CBP: 13.88)

Place	Athlete	Club	Distance
1	Justin Collins	North Westmeath	11.60

### Javelin (CBP: 65.40)

Place	Athlete	Club	Distance
1	Paul Marry	Clonliffe Harriers	57.12

## U23 Women

### 100m (CBP: 12.8/12.64)

Place	Athlete	Club	Time
1	Claire Brady	Celbridge	12.45
2	Ruth Carson	MSB	13.44

wind=+0.0m/s

### 200m (CBP: 24.0)

Place	Athlete	Club	Time
1	Claire Brady	Celbridge	25.28
2	Ann Doyle	Gowran	30.45

wind=-1.5m/s

### 400m (CBP: 60.7)

Place	Athlete	Club	Time
1	Clara McCallion	Clonliffe Harriers	58.18 (CBP)
2	Ann Doyle	Gowran	67.10

### 800m (CBP: 2.13.4)

Place	Athlete	Club	Time
1	Laura Scriven	SLOT	2.20.02
2	Ann Doyle	Gowran	2.37.63

### 1500m (CBP: 4.39.2)

Place	Athlete	Club	Time
1	Suzanne Donovan	Aghaviller	5.07.90
2	Ann Doyle	Gowran	5.47.95
3	Emma Farrell	Slaney Olympic	6.26.70

### 3000m (CBP: 9.49)

Place	Athlete	Club	Time
1	Emma Farrell	Slaney Olympic	13.25.75

### 100m Hurdles (CBP: 15.86)

Place	Athlete	Club	Time
1	Leona Byrne	SLOT	15.80 (CBP)

wind=-0.1m/s

### Long Jump (CBP: 5.65)

Place	Athlete	Club	Distance
1	Leona Byrne	SLOT	5.55

### High Jump (CBP: 1.69)

Place	Athlete	Club	Height
1	Jenny Reilly	Na Fianna	1.60

### Triple Jump (CBP: 10.87)

Place	Athlete	Club	Distance
1	Jenny Reilly	Na Fianna	11.03 (w3.8)
	Jenny Reilly	Na Fianna	10.89 (CBP)

### Hammer (CBP: 59.88)

Place	Athlete	Club	Distance
1	Karen Healy	Fr Murphys	40.86
2	Phillipa Conway	Crusaders	30.37

### Discus (CBP: 44.84)

Place	Athlete	Club	Distance
1	Karen Healy	Fr Murphys	36.57
2	Phillipa Conway	Crusaders	36.35

### Shot Putt (CBP: 12.72)

Place	Athlete	Club	Distance
1	Karen Healy	Fr Murphys	8.60
2	Phillipa Conway	Crusaders	7.81

### Javelin (CBP: 40.64)

Place	Athlete	Club	Distance
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