

| Premier Men - Athlone IT Stadium | | | | | Division 1 Men- Athlone IT Stadium | | | | |
|------------------------------------|-----|--------------------|----------------------|----------|-------------------------------------|-----|-------------------|-----------------------|----------|
| 110m Hurdles (wind: 1.7m/s) | | | | | 110m Hurdles (wind: 0.3 m/s) | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 39 | Joe Halwax | DSD | 17.22 | 1 | 45 | Shane Mooney | Sligo County | 16.37 |
| 2 | 35 | Simon Monro | Kildare County | 21.43 | 2 | 49 | Oisín Fitzpatrick | Nenagh Olympic A.C. | 17.68 |
| 3 | 38 | Henrique Nkolovata | Galway City Harriers | 22.10 | 3 | 46 | Cillian Griffin | Kerry County | 17.70 |
| 4 | 37 | Ciaran Donnelly | Crusaders A.C. | 29.41 | 4 | 42 | Emmanuel Alumu | East Cork Division | 23.51 |
| | | | | | | 276 | Patrick Heffernan | Tullamore (Guest) | 15.51 |
| 3000m Walk | | | | | 3000m Walk | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 39 | Jerome Caprice | DSD | 11.46.92 | 1 | 42 | Ryan Roberts | Sligo | 16.20.23 |
| 2 | 35 | Adam McInerney | Kildare County | 13.50.99 | | | | | |
| 3 | 38 | Seamus Leddy | Galway City Harriers | 16.48.19 | | | | | |
| 4 | 36 | Simon Devenney | Raheny Shamrock | 17.38.94 | | | | | |
| 5 | 37 | Bob Lyne | Crusaders A.C. | 18.27.99 | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| 400m Hurdles | | | | | 400m Hurdles | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 39 | Joe Halwax | DSD | 57.52 | 1 | 48 | Brendan Lynch | Galway County | 59.22 |
| 2 | 36 | Dyklan Kirwan | Raheny Shamrock | 58.04 | 2 | 42 | Ciaran Nugent | East Cork Division | 59.30 |
| 3 | 35 | Tadhg Murtagh | Kildare County | 60.92 | 3 | 45 | shane Mooney | Sligo County | 62.41 |
| 4 | 38 | Eoghan Jennings | Galway City Harriers | 65.33 | 4 | 47 | Sam Power | St. Laurence O'Toole | 64.21 |
| 5 | 37 | Gary Park | Crusaders A.C. | 78.04 | 5 | 43 | Ronan Dempsey | Sli Cualainn A.C. | 64.82 |
| | | | | | 6 | 49 | Liam Finn | Nenagh Olympic A.C. | 65.10 |
| | | | | | | | | | |
| 4X100m Relay | | | | | 4X100m Relay | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 39 | | DSD | 43.17 | 1 | 46 | | Kerry County | 43.14 |
| 2 | 36 | | Raheny Shamrock | 43.75 | 2 | 49 | | Nenagh Olympic A.C. | 43.55 |
| 3 | 35 | | Kildare County | 44.14 | 3 | 45 | | Sligo County | 44.84 |
| 4 | 38 | | Galway City Harriers | 44.22 | 4 | 47 | | St. Laurence O'Toole | 45.66 |
| 5 | 37 | | Crusaders A.C. | 53.45 | 5 | 43 | | Sli Cualainn A.C. | 45.79 |
| | | | | | 6 | 44 | | City of Derry Spartan | 45.81 |
| | | | | | 7 | 48 | | Galway County | 46.14 |
| | | | | | 8 | 42 | | East Cork Division | 47.85 |
| | | | | | | | | | |
| 1500m | | | | | 1500m | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| | 39 | Hiko Tonosa | DSD | 3.56.93 | 1 | 49 | Tom Hennessy | Nenagh Olympic A.C. | 4.02.15 |
| 1 | 41 | Cian Kelly | St. Abbans A.C. | 3.59.76 | 2 | 45 | Emmet Dunleavy | Sligo County | 4.03.88 |
| 2 | 35 | Mark Glynn | Kildare County | 4.03.99 | 3 | 47 | Mick Kelly | St. Laurence O'Toole | 4.10.35 |
| 3 | 38 | James Frizzell | Galway City Harriers | 4.07.59 | 4 | 42 | Daire O'Sullivan | East Cork Division | 4.17.47 |
| 4 | 36 | Andrew Hyland | Raheny Shamrock | 4.11.00 | 5 | 48 | Stephen Casserly | Galway County | 4.28.19 |
| 5 | 37 | Garrett Dunne | Crusaders A.C. | 4.29.91 | 6 | 43 | Joe Dowd | Sli Cualainn A.C. | 4.32.41 |
| 6 | 40 | Fionn Harrington | Bandon Striders | 4.30.68 | 7 | 44 | Peter Melarkey | City of Derry Spartan | 4.43.84 |
| | | | | | | 165 | Aaron Donnelly | DSD (Guest) | 4.03.60 |
| | | | | | | 181 | Michael Kerins | N. Sligo (Guest) | 4.10.92 |
| | | | | | | 656 | Conor O'Mahony | An Riocht (Guest) | 4.11.81 |
| | | | | | | 144 | John Moroney | GCH (Guest) | 4.14.85 |
| | | | | | | 395 | William Kelly | St Abbans (Guest) | 4.24.87 |

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| 400m | | | | | 400m | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 37 | Nick Ennis | Crusaders A.C. | 49.85 | 1 | 49 | Paul White | Nenagh Olympic A.C | 48.99 |
| 2 | 35 | Robert Hewison | Kildare County | 49.90 | 2 | 47 | Adam Murphy | St. Laurence O'Toole | 51.18 |
| 3 | 41 | Eoghan Buggy | St. Abbans A.C. | 49.95 | 3 | 45 | colm McBrien | Sligo County | 51.74 |
| 4 | 38 | Jonah Erugo | Galway City Harriers | 51.05 | 4 | 44 | Austin Hargan | City of Derry Spartan | 53.32 |
| 5 | 39 | James Holden | DSD | 51.64 | 5 | 48 | John Cormican | Galway County | 53.83 |
| 6 | 36 | Sean Dowling | Raheny Shamrock | 52.71 | 6 | 46 | Basit Oyanbanji | Kerry County | 54.04 |
| | | | | | 7 | 42 | Ciaran Nugent | East Cork Division | 54.10 |
| | | | | | 8 | 43 | John O'Connor | Sli Cualainn A.C. | 55.19 |
| | | | | | 400m Guest Race | | | | |
| | | | | | Pos | Num | Athlete | Club | Time |
| | | | | | 1 | 187 | Cathal Crosbie | Ennis Track | 49.25 |
| | | | | | 2 | 68 | Evan Crotty | Emerald | 49.62 |
| | | | | | 3 | 67 | Lorcan O'Connor | Emerald | 51.69 |
| | | | | | 4 | 262 | Eoin O'Connor | Kildare | 57.61 |
| | | | | | | | | | |
| 3000m S/C | | | | | 3000m S/C | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 39 | Robert Corbally | DSD | 10.16.96 | 1 | 43 | Troy Scully | Sli Cualainn A.C. | 10.49.96 |
| 2 | 41 | Stephen Hunter | St. Abbans A.C. | 10.51.07 | 2 | 42 | Joseph Daly | East Cork Division | 11.14.38 |
| 3 | 36 | Donal Foley | Raheny Shamrock | 11.05.00 | 3 | 48 | Luke Evans | Galway County | 11.24.14 |
| 4 | 37 | Garrett Dunne | Crusaders A.C. | 11.14.37 | 4 | 47 | Brian Kirwan | St. Laurence O'Toole | 9.42.26 |
| 5 | 35 | Adam Byrne | Kildare County | 11.42.73 | 5 | 45 | Finley Daly | Sligo County | 9.44.02 |
| | | | | | | | | | |
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| | | | | | | | | | |
| 200m (wind: 2.7 m/s) | | | | | 200m (wind: 2.7 m/s) | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 38 | Cillin Greene | Galway City Harriers | 21.62 | 1 | 46 | Travane Morrison | Kerry County | 21.51 |
| 2 | 39 | Mark Kavanagh | DSD | 22.20 | 2 | 45 | Aaron Cadden | Sligo County | 22.31 |
| 3 | 35 | John Grant | Kildare County | 22.72 | 3 | 49 | Robert Bennett | Nenagh Olympic A.C | 22.36 |
| 4 | 36 | Sean L'Estrange | Raheny Shamrock | 22.98 | 4 | 44 | Jack McCluskey | City of Derry Spartan | 23.10 |
| 5 | 40 | John Browne | Bandon Striders | 23.52 | 5 | 43 | Marcus Lennon | Sli Cualainn A.C. | 23.6 |
| 6 | 37 | Peter Murphy | Crusaders A.C. | 23.75 | 6 | 47 | Owen Scully | St. Laurence O'Toole | 23.78 |
| | | | | | 7 | 48 | Daniel Callanan | Galway County | 25.52 |
| | | | | | | | | | |
| | | | | | | | | | |
| 200m (wind: 0.9 m/s) GUEST RACE | | | | | 200m (wind: 2.3 m/s) GUEST RACE | | | | |
| Pos | Num | Athlete | Club | Time | Pos | Num | Athlete | Club | Time |
| 1 | 68 | Evan Crotty | Emerald | 22.37 | | 901 | Fintan Howard | Kildare | 24.33 |
| 2 | 39 | James Holden | DSD | 22.88 | | 42 | TBC | East Cork | 25.89 |
| 3 | 38 | TBC | GCH | 22.91 | | 999 | Eoin O'Sullivan | Kildare | 24.97 |
| 4 | 80 | Aaron Keane | Tullamore | 23.01 | | 136 | Michael Kerins | N Sligo | 24.20 |
| 5 | 67 | Lorcan O'connor | Emerald | 23.09 | | 315 | Philip O'Gorman | Raheny Shamrocks | 25.53 |
| 6 | 261 | William O'Connor | An Riocht | 23.78 | | 594 | Kevin Lynch | Lios Tuathail | 24.49 |
| 7 | 15 | Jamie Sheridan | Raheny | 24.63 | | | | | |
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|---|------------|--------------------|----------------------|-----------------|---|------------|--------------------|-----------------------|-----------------|
| Triple Jump | | | | | Triple Jump | | | | |
| Pos | Num | Athlete | Club | Distance | Pos | Num | Athlete | Club | Distance |
| 1 | 37 | Oisin Taylor | Crusaders A.C. | 13.49 | 1 | 46 | Michael Tony | Kerry County | 13.24 |
| 2 | 36 | Colm Bourke | Raheny Shamrock | 12.95 | 2 | 48 | David Callanan | Galway County | 12.36 |
| 3 | 38 | Henrique Nkolovata | Galway City Harriers | 12.34 | 3 | 44 | Oisin Ni Donegaile | City of Derry Spartan | 11.90 |
| 4 | 39 | David Dagg | DSD | 12.25 | 4 | 49 | Oisin FitzPatrick | Nenagh Olympic A.C | 11.85 |
| 5 | 41 | Mathew Rossiter | St. Abbans A.C. | 12.15 | 5 | 43 | Francois Kulik | Sli Cualainn A.C. | 11.10 |
| 6 | 35 | Eddie Tampu | Kildare County | 11.81 | 6 | 45 | Adam Walsh7 | Sligo County | 10.51 |
| | | | | | 7 | 42 | Sam Dunning | East Cork Division | 10.43 |
| | | | | | | 427 | Denis Finnegan | An Riocht (Guest) | 14.53 |
| | | | | | | | | | |
| Javelin | | | | | Javelin | | | | |
| Pos | Num | Athlete | Club | Distance | Pos | Num | Athlete | Club | Distance |
| 1 | 35 | Michael Jordan | Kildare County | 51.07 | 1 | 46 | Rossa Foley | Kerry County | 46.39 |
| 2 | 37 | Patrick Gilvecea | Crusaders A.C. | 35.28 | 2 | 49 | Sean Carolan | Nenagh Olympic A.C | 40.33 |
| 3 | 41 | Conor Daly | St. Abbans A.C. | 34.30 | 3 | 43 | Ben Browne Roche | Sli Cualainn A.C. | 40.10 |
| 4 | 38 | Eoghan Jennings | Galway City Harriers | 32.35 | 4 | 47 | Jonathon McKenna | St. Laurence O'Toole | 37.46 |
| 5 | 39 | Kevin Byrne | DSD | 27.61 | 5 | 44 | Austin Hargin | City of Derry Spartan | 18.29 |
| 6 | 36 | Sean Maher | Raheny Shamrock | 27.41 | 6 | 45 | Ryan Roberts | Sligo County | 13.46 |
| 7 | 40 | Fionn Harrington | Bandon Striders | 26.86 | 7 | 48 | Jack Miskella | Galway County | 12.08 |
| | | | | | | | | | |
| | | | | | | | | | |
| 56 lb Weight | | | | | 56 lb Weight | | | | |
| Pos | Num | Athlete | Club | Distance | Pos | Num | Athlete | Club | Distance |
| 1 | 35 | Michael Kenny | Kildare County | 6.14 | 1 | 49 | Anthony Carolan | Nenagh Olympic A.C | 5.90 |
| 2 | 37 | Ciaran Donnelly | Crusaders A.C. | 5.41 | 2 | 46 | Travane Morrison | Kerry County | 5.74 |
| 3 | 41 | Aidan Kelly | St. Abbans A.C. | 4.86 | 3 | 48 | Justin Lane | Galway County | 4.47 |
| 4 | 39 | Joe Halwax | DSD | 4.52 | 4 | 44 | Philip Dunagh | City of Derry Spartan | 4.42 |
| 5 | 38 | Cliff Jennings7 | Galway City Harriers | 4.22 | 5 | 42 | Michael McSweeney | East Cork Division | 4.40 |
| 6 | 40 | Patrick McSweeney | Bandon Striders | 3.93 | | 38 | Brendan Staunton | GCH (Guest) | 6.35 |
| 7 | 36 | Liam Sheehan | Raheny Shamrock | 3.91 | | 337 | Graham Deane | Kildare (Guest) | 5.84 |