

# MORTON STADIUM SANTRY 2014

## Premier Men

|                                    |                    |                    |             |
|------------------------------------|--------------------|--------------------|-------------|
| <b>110m Hurdles (wind: 2.2m/s)</b> |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | Shane Aston        | Meath Athletics    | 15.74       |
|                                    | Ed O Halloran      | Leevale AC         | 15.88       |
|                                    | Josh Essuman       | Tallaght AC        | 15.98       |
|                                    | Michael Hartley    | Menapians AC       | 16.43       |
|                                    | Sean Whittle       | Ferrybank AC       | 21.16       |
|                                    | Gary Park          | Crusaders AC       | 22.99       |
| Guest                              | Matthew Behan      | Crusaders AC       | 14.30       |
| <b>3000m Walk</b>                  |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | Luke Hickey        | Leevale AC         | 12.12.36    |
|                                    | Jimmy Mac Donald   | Menapians AC       | 14.52.15    |
|                                    | Greg Hossenney     | Clonliffe Harriers | 18.09.84    |
|                                    | Tony Lyons         | Tallaght AC        | 20.18.35    |
|                                    | Phillip Matthews   | Crusaders AC       | 20.42.75    |
| <b>400m Hurdles</b>                |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | Jason Harvey       | Crusaders AC       | 50.86       |
|                                    | Barry Upton        | Menapians AC       | 54.23       |
|                                    | Kaodi Ogbene       | Leevale AC         | 60.80       |
|                                    | Simon Essuman      | Tallaght AC        | 61.14       |
|                                    | Ciaran Farren      | North Down AC      | 70.40       |
| <b>4X100m Relay</b>                |                    |                    |             |
|                                    | <b>Club</b>        | <b>Time</b>        |             |
|                                    | Leevale AC         | 43.41              |             |
|                                    | Clonliffe Harriers | 42.95              |             |
|                                    | Menapians AC       | 43.06              |             |
|                                    | North Down AC      | 43.41              |             |
|                                    | Tallaght AC        | 43.50              |             |
|                                    | Crusaders AC       | 43.51              |             |
| <b>1500m</b>                       |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | Andrew Coscoran    | Meath Athletics    | 3.56.25     |
|                                    | Mark Hanrahan      | Leevale AC         | 3.56.95     |
|                                    | Michael Dyel       | North Down AC      | 3.57.76     |
|                                    | Edgar Sunkiss      | Clonliffe Harriers | 3.58.49     |
|                                    | Kieran Sexton      | Crusaders AC       | 4.02.59     |
|                                    | Mustafa Nasir      | Tallaght AC        | 4.13.84     |
|                                    | Sean Hopkins       | Menapians AC       | 4.48.0 HT   |
| Guest                              | Jordan Stokes      | North Down AC      | 4.05.39     |
| Guest                              | James Budd         | North Down AC      | 4.06.79     |
| <b>400m</b>                        |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | Paul Murphy        | Ferrybank AC       | 48.50       |
|                                    | Owen Mulhall       | Crusaders AC       | 49.72       |
|                                    | Curtis Woods       | North Down AC      | 49.97       |
|                                    | Thomas O'Sullivan  | Leevale AC         | 50.82       |
|                                    | Conor Wilson       | Menapians AC       | 51.17       |
|                                    | Daragh Griffin     | Clonliffe Harriers | 51.59       |
|                                    | Oisin Foley        | Meath Athletics    | 53.07       |
|                                    | Joseph Lyons       | Tallaght AC        | 53.84       |
| <b>3000m S/C</b>                   |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | James Rossiter     | Clonliffe Harriers | 9.14.70     |
|                                    | Andrew Coscoran    | Meath Athletics    | 9.43.71     |
|                                    | Luke Coleman       | Tallaght AC        | 10.43.16    |
|                                    | Brian Barron       | North Down AC      | 10.47.82    |
|                                    | Gary Park          | Crusaders AC       | 11.20.81    |
|                                    | Damien Walsh       | Menapians AC       | 12.06.19    |
| Guest                              | Ciaran Doherty     | Letterkenny AC     | 9.31.23     |
| <b>200m (wind:2.4m/s)</b>          |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | David Quilligan    | Leevale AC         | 21.58       |
|                                    | Jason Harvey       | Crusaders AC       | 21.72       |
|                                    | Tony Stafford      | Menapians AC       | 22.29       |
|                                    | Stephen Walsh      | Ferrybank AC       | 22.30       |
|                                    | Ciaran Donohue     | Clonliffe Harriers | 22.42       |
|                                    | Sean Morris        | Tallaght AC        | 22.85       |
|                                    | Oisin Foley        | Meath Athletics    | 23.27       |
|                                    | Roger Sexton       | North Down AC      | 23.45       |
| <b>800m</b>                        |                    |                    |             |
|                                    | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                    | Robert Tully       | Meath Athletics    | 1.54.31     |

## Premier Women

|                                     |                    |                    |             |
|-------------------------------------|--------------------|--------------------|-------------|
| <b>100m Hurdles (wind: 2.7m/s )</b> |                    |                    |             |
|                                     | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                     | Sarah Connolly     | North Down AC      | 15.42       |
|                                     | Jayne Pennefather  | Leevale AC         | 15.60       |
|                                     | Roisin Howard      | Bandon AC          | 15.74       |
|                                     | Emma Mc Coy        | City of Derry AC   | 16.68       |
| <b>1500m Walk</b>                   |                    |                    |             |
|                                     | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                     | Lauren Whelan      | Leevale AC         | 6.81.89     |
|                                     | Rebecca Collins    | North Down AC      | 7.12.18     |
|                                     | Catherine Walsh    | Wexford Athletic   | 7.45.97     |
|                                     | Lisa Bradley       | City of Derry AC   | 9.58.44     |
|                                     | Diana Markinza     | Clonliffe Harriers | 11.48.89    |
| <b>400m Hurdles</b>                 |                    |                    |             |
|                                     | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                     | Jayne Pennefather  | Leevale AC         | 63.63       |
|                                     | Jenni O'Brien      | City of Derry AC   | 67.39       |
|                                     | Chloe Whelan       | Wexford Athletic   | 70.39       |
|                                     | Rebecca Collins    | North Down AC      | 90.21       |
| <b>4X100m Relay</b>                 |                    |                    |             |
|                                     | <b>Club</b>        | <b>Time</b>        |             |
|                                     | Leevale AC         | 49.27              |             |
|                                     | North Down AC      | 51.03              |             |
|                                     | Ferrybank AC       | 52.68              |             |
|                                     | City of Derry AC   | 52.92              |             |
|                                     | Clonliffe Harriers | 53.89              |             |
|                                     | Bandon AC          | 55.09              |             |
| <b>1500m</b>                        |                    |                    |             |
|                                     | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                     | Carmel Crowley     | Bandon             | 5.12.16     |
|                                     | Sarah Kivelehan    | City of Derry      | 5.08.35     |
|                                     | Becky Woods        | Clonliffe Harriers | 4.27.71     |
|                                     | Carol Finn         | Leevale AC         | 4.46.55     |
|                                     | Rachel Gibson      | North Down         | 4.36.87     |
|                                     | Fiona Keogh        | Wexford Athletic   | 4.30.39     |
| Guest                               | Niamh Donnelly     | Dublin City Harr   | 4.44.58     |
| Guest                               | Cliona Murphy      | Dublin City Harr   | 4.56.51     |
| Guest                               | Heather Lockard    | Dublin City Harr   | 5.03.93     |
| Guest                               | Sinead Cronin      | Dublin City Harr   | 5.04.30     |
| Guest                               | Niamh Moore        | UCC                | 5.10.27     |
| <b>400m</b>                         |                    |                    |             |
|                                     | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                     | 1 Brona Furlong    | Wexford Athletic   | 58.75       |
|                                     | 2 Jess Neville     | Leevale AC         | 59.60       |
|                                     | 3 Chloe Johnson    | North Down         | 60.87       |
|                                     | 4 Ciara Cronin     | Ferrybank AC       | 62.03       |
|                                     | 5 Leah Bergin      | Clonliffe Harriers | 62.97       |
|                                     | 6 Tamara Boyle     | City of Derry      | 63.91       |
|                                     | 7 Ella Nickleson   | Bandon             | 64.98       |
| <b>200m (wind:2.6m/s)</b>           |                    |                    |             |
|                                     | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |
|                                     | Leah Moore         | Clonliffe Harriers | 24.54       |
|                                     | Shona Lowe         | Leevale AC         | 25.58       |
|                                     | Siobhan Whelan     | Ferrybank AC       | 26.72       |
|                                     | Ellie Hull         | North Down AC      | 26.90       |
|                                     | Roisin Howard      | Bandon AC          | 27.33       |
|                                     | Lucy Appletown     | City of Derry AC   | 27.99       |
| Guest                               | Grace Lawlor       | S.L.O.T AC         | 26.14       |
| <b>800m</b>                         |                    |                    |             |
|                                     | <b>Athlete</b>     | <b>Club</b>        | <b>Time</b> |

|                |                    |         |
|----------------|--------------------|---------|
| Michael Dyel   | North Down AC      | 1.55.48 |
| Geordie Smilde | Crusaders AC       | 1.56.33 |
| Conor Walter   | Leevale AC         | 1.57.02 |
| Mark Mc Donald | Clonliffe Harriers | 1.57.63 |
| Sean Mc Cabe   | Tallaght AC        | 2.00.78 |
| Richard Lucus  | Ferrybank AC       | 2.06.20 |
| Conor Gafney   | Menapians AC       | 2.07.35 |
| 316 Guest      |                    | 2.01.67 |
| 317 Guest      |                    | 2.03.18 |

#### 5000m

| Athlete              | Club               | Time     |
|----------------------|--------------------|----------|
| Andrew Connick       | Ferrybank AC       | 14.50.86 |
| Brian Mc Mahon       | Clonliffe Harriers | 14.52.67 |
| James Grufferty      | Leevale AC         | 15.35.94 |
| Kieran Peters        | Meath Athletics    | 15.55.80 |
| Shane Collins        | Crusaders AC       | 16.05.39 |
| Francis March        | North Down AC      | 16.29.75 |
| Luke Coleman         | Tallaght AC        | 17.21.05 |
| Lee Savage           | Menapians AC       | 18.36.48 |
| Guest Robert Murphy  | Rathfarnham AC     | 15.52.11 |
| Guest John Reidy     | Crusaders AC       | 16.05.89 |
| Guest Peter Mularkey | City of Derry AC   | 18.15.41 |

#### 100m (wind: 1.7m/s)

| Athlete               | Club               | Time  |
|-----------------------|--------------------|-------|
| Tony Stafford         | Menapians AC       | 11.02 |
| David Quilligan       | Leevale AC         | 11.03 |
| David Tobin           | Meath Athletics    | 11.29 |
| Stephen Walsh         | Ferrybank AC       | 11.42 |
| Sean Bolger           | Tallaght AC        | 11.51 |
| Stuart Roche          | Clonliffe Harriers | 11.58 |
| Kenny Elliott         | North Down AC      | 11.59 |
| Nick Evans            | Crusaders AC       | 11.74 |
| Guest Oliveira Wesley | Leevale AC         | 12.13 |

#### 100m Guest (wind: 0.9 m/s)

| Athlete          | Club         | Time  |
|------------------|--------------|-------|
|                  |              | 11.24 |
|                  |              | 11.48 |
|                  |              | 11.55 |
| Nial Mc Grattan  | North Down   | 11.94 |
| 308 Graham Flynn | Crusaders AC | 11.98 |
|                  |              | 12.13 |
|                  |              | 12.47 |

#### 4X400m

| Club               | Time    |
|--------------------|---------|
| Crusaders AC       | 3.23.12 |
| Menapians AC       | 3.24.47 |
| Clonliffe Harriers | 3.25.82 |
| Leevale AC         | 3.30.04 |
| Tallaght AC        | 3.23.66 |
| North Down AC      | 3.34.18 |
| Meath Athletics    | 3.37.58 |

#### Hammer

| Athlete          | Club               | Distance |
|------------------|--------------------|----------|
| Simon Galligan   | Clonliffe Harriers | 51.37    |
| Patrick Ryan     | Ferrybank AC       | 51.18    |
| Conal Campion    | Meath Athletics    | 49.23    |
| Ciaran Donneally | Crusaders AC       | 44.28    |
| James Heffernan  | Leevale AC         | 38.53    |
| Eamon Mc Evoy    | Menapians AC       | 26.64    |
| John Devers      | Tallaght AC        | 25.92    |
| Paddy Mc Grattan | North Down AC      | 24.00    |

#### Pole Vault

| Athlete         | Club               | Height |
|-----------------|--------------------|--------|
| Ruiari O Briain | Crusaders AC       | 4.00   |
| Shane Aston     | Meath Athletics    | 3.00   |
| Patrick Curran  | Tallaght AC        | 2.80   |
| Ciaran Donohue  | Clonliffe Harriers | 2.60   |

#### Long Jump

| Athlete         | Club               | Distance |
|-----------------|--------------------|----------|
| David Tobin     | Meath Athletics    | 7.01     |
| David Quilligan | Leevale AC         | 6.97     |
| Alan Kenny      | North Down AC      | 6.95     |
| Keith Smith     | Menapians AC       | 6.43     |
| Ciaran Donohue  | Clonliffe Harriers | 6.21     |

|                 |                    |         |
|-----------------|--------------------|---------|
| Clare McSweeney | Leevale AC         | 2.11.34 |
| Eleanor AI      | Clonliffe Harriers | 2.12.06 |
| Rachel Gibson   | North Down AC      | 2.14.92 |
| Amy Jackson     | City of Derry AC   | 2.19.74 |
| Ciara Cronin    | Ferrybank AC       | 2.26.38 |

#### 3000m

| Athlete         | Club               | Time     |
|-----------------|--------------------|----------|
| Sinead O'Connor | Leevale AC         | 10.18.33 |
| Loiuse Reilly   | Clonliffe Harriers | 10.25.31 |
| Elizabeth Egan  | Wexford Athletic   | 10.35.82 |
| Carmel Crowley  | Bandon AC          | 10.51.06 |
| Katie Moore     | North Down AC      | 11.40.35 |
| Sarah Kivelehan | City of Derry AC   | 11.51.25 |

#### 100m (wind: 2.5m/s)

| Athlete            | Club               | Time  |
|--------------------|--------------------|-------|
| Leah Moore         | Clonliffe Harriers | 12.02 |
| Shona Lowe         | Leevale AC         | 12.63 |
| Chloe Whelan       | Wexford Athletic   | 13.06 |
| Mollie Brett       | North Down AC      | 13.44 |
| Ella Nickleson     | Bandon AC          | 13.64 |
| Niamh Giles Doran  | Ferrybank AC       | 13.71 |
| Lucy Appletown     | City of Derry AC   | 14.01 |
| Guest Grace Lawlor | S.L.O.T AC         | 12.49 |

#### 4X400m

| Club               | Time    |
|--------------------|---------|
| Leevale AC         | 3.54.03 |
| Clonliffe Harriers | 4.00.91 |
| North Down AC      | 4.06.11 |
| City of Derry AC   | 4.11.51 |
| Wexford Athletics  | 4.12.68 |
| Ferrybank AC       | 4.21.23 |
| Guest Team         | 4.08.53 |
| Guest Team         | 4.19.87 |

#### Hammer

| Athlete           | Club               | Distance |
|-------------------|--------------------|----------|
| Cara Kennedy      | Ferrybank AC       | 52.98    |
| Laura Mc Sweeney  | Bandon AC          | 44.39    |
| Caoimhe Morris    | Clonliffe Harriers | 43.08    |
| Christina Furlong | Wexford Athletic   | 38.10    |
| Ellie Hull        | North Down AC      | 18.55    |
| Emma Mc Cay       | City of Derry AC   | 10.06    |

#### Pole Vault

| Athlete             | Club               | Height |
|---------------------|--------------------|--------|
| Una Samuels         | Leevale AC         | 2.00   |
| Snezana Bechtin     | Clonliffe Harriers | 2.00   |
| Guest Sarah Rennick | S.L.O.T AC         | 2.40   |

#### Long Jump

| Athlete        | Club             | Distance |
|----------------|------------------|----------|
| Roisin Howard  | Bandon AC        | 5.29     |
| Claire Doherty | City of Derry AC | 5.22     |
| Siobhan Whelan | Ferrybank AC     | 5.19     |
| Sarah Connolly | North Down AC    | 5.17     |
| Jess Sheehan   | Leevale AC       | 4.59     |

|              |              |      |
|--------------|--------------|------|
| Sea Archer   | Ferrybank AC | 6.15 |
| Sean Mc Cabe | Tallaght AC  | 5.66 |
| Oisin Taylor | Crusaders AC | 5.65 |

|                |                  |      |
|----------------|------------------|------|
| Sophia Mc Cabe | Wexford Athletic | 2.36 |
|----------------|------------------|------|

#### Shot Putt

| Athlete              | Club               | Distance |
|----------------------|--------------------|----------|
| James Kelly          | Crusaders AC       | 12.05    |
| Michael Gassowski    | Tallaght AC        | 11.94    |
| Shane Aston          | Meath Athletics    | 11.54    |
| Marcin Clinzoni      | Clonliffe Harriers | 11.41    |
| Brian Hayes          | Leevale AC         | 10.15    |
| Pat Kennedy          | Ferrybank AC       | 8.63     |
| Nial Lamont          | North Down AC      | 6.55     |
| Guest Michael Curley | Clonliffe Harriers | 11.09    |
| Guest Tom De Lough   | Crusaders AC       | 14.44    |
| Guest John Dever     | Tallaght AC        | 11.12    |

#### High Jump

| Athlete         | Club               | Height |
|-----------------|--------------------|--------|
| Andrew Heaney   | Clonliffe Harriers | 2.05   |
| Michael Hartley | Menapians AC       | 1.95   |
| Peter Glass     | North Down AC      | 1.80   |
| Mathew Behan    | Crusaders AC       | 1.80   |
| Eoin Morton     | Tallaght AC        | 1.70   |
| Andrew Coscoran | Meath Athletics    | 1.65   |
| Des Kelleher    | Leevale AC         | 1.60   |

#### Discus

| Athlete             | Club               | Distance |
|---------------------|--------------------|----------|
| Marcin Clinzoni     | Clonliffe Harriers | 33.78    |
| Shane Kennedy       | Ferrybank AC       | 29.86    |
| Michael Gassowski   | Tallaght AC        | 32.25    |
| Conal Campion       | Meath Athletics    | 34.70    |
| James Kelly         | Crusaders AC       | 32.32    |
| Michael Deedy       | Menapians AC       | 17.70    |
| Curtis Simpson      | North Down AC      | 25.09    |
| Guest Safari Aketch | Clonliffe Harriers | 24.63    |

#### Triple Jump

| Athlete      | Club               | Distance |
|--------------|--------------------|----------|
| Sean Archer  | Ferrybank AC       | 13.91    |
| Alan Kennedy | North Down AC      | 13.72    |
| Tomas Dorina | Clonliffe Harriers | 12.72    |
| Oisin Taylor | Crusaders AC       | 12.66    |
| Mikey Cullen | Menapians AC       | 12.35    |
| Sean McCabe  | Tallaght AC        | 11.52    |
| Des Kelleher | Leevale AC         | 8.50     |

#### Javelin

| Athlete       | Club               | Distance |
|---------------|--------------------|----------|
| Rory Gunning  | Meath              | 58.38    |
| Ryan Whelan   | Clonliffe Harriers | 51.05    |
| Karl Lamont   | North Down AC      | 43.32    |
| Keith Smith   | Menapians AC       | 42.84    |
| Pat Moore     | Leevale AC         | 42.30    |
| Shane Kennedy | Ferrybank AC       | 40.09    |
| Tom De Jongh  | Crusaders AC       | 39.19    |
| Sean Morris   | Tallaght AC        | 39.02    |

#### 56 lb Weight

| Athlete          | Club               | Distance |
|------------------|--------------------|----------|
| John Devers      | Tallaght AC        | 6.33     |
| N Touhy          | Crusaders AC       | 6.32     |
| Paul Stack       | Leevale AC         | 4.76     |
| Paddy Mc Grattan | North Down AC      | 4.67     |
| Pat Kennedy      | Ferrybank AC       | 4.62     |
| Brendan Meade    | Meath Athletics    | 3.86     |
| B Tobin          | Clonliffe Harriers | 3.66     |

#### Division 1 Men

##### 110m Hurdles (wind: 3.0m/s )

| Athlete          | Club                | Time  |
|------------------|---------------------|-------|
| Eoin Power       | Kilkenny City Harri | 15.70 |
| Mark Mc Garvey   | City Of Derry AC    | 15.87 |
| Loughlin Campion | Dunboyne AC         | 22.06 |
| David Coyle      | Sli Cualann AC      | 23.57 |

##### 3000m Walk

| Athlete          | Club                | Time     |
|------------------|---------------------|----------|
| Nicholas Dunphy  | Kilkenny City Harri | 16.35.15 |
| Loughlin Campion | Dunboyne AC         | 16.57.87 |
| Tony Gartland    | Sli Cualann AC      | 17.56.29 |
| Peter Vincent    | Bro Pearse AC       | 18.16.93 |

#### Shot Putt

| Athlete            | Club               | Distance |
|--------------------|--------------------|----------|
| Laura Mc Sweeney   | Bandon AC          | 11.75    |
| Cara Kennedy       | Ferrybank AC       | 10.83    |
| Emma Owens         | Wexford Athletic   | 8.80     |
| Denise Byrne       | Clonliffe Harriers | 8.29     |
| Page O'Brien       | Leevale AC         | 8.07     |
| Jenny O'Brien      | City of Derry AC   | 7.80     |
| Ellie Hull         | North Down AC      | 7.71     |
| Guest Niamh Murphy | B.I AC             | 12.59    |

#### High Jump

| Athlete            | Club               | Height |
|--------------------|--------------------|--------|
| Rebecca Rutherford | North Down AC      | 1.60   |
| Sorcha Murphy      | Ferrybank AC       | 1.55   |
| Emma Mc Cay        | City of Derry AC   | 1.50   |
| Emma Young         | Bandon AC          | 1.50   |
| Catriona Corcoran  | Wexford Athletic   | 1.45   |
| Marie O Halloran   | Leevale AC         | 1.40   |
| Diana Markinza     | Clonliffe Harriers | 1.25   |

#### Discus

| Athlete            | Club               | Distance |
|--------------------|--------------------|----------|
| Emma Owens         | Wexford Athletic   | 36.46    |
| Kate Hickey        | Ferrybank AC       | 34.72    |
| Caoimhe Morris     | Clonliffe Harriers | 33.01    |
| Rachel Young       | Bandon AC          | 28.96    |
| Sophie Cree        | North Down AC      | 19.72    |
| Sarah Bradfield    | Leevale AC         | 17.36    |
| Fiona Mallet       | City of Derry AC   | 16.60    |
| Guest Niamh Murphy | B.I.A.C            | 35.82    |
| Guest Tara Connick | St Pauls AC        | 25.12    |

#### Triple Jump

| Athlete        | Club               | Distance |
|----------------|--------------------|----------|
| Asla Jaryorian | Clonliffe Harriers | 11.14    |
| Claire Doherty | City of Derry AC   | 11.04    |
| Laura Saulters | North Down AC      | 10.67    |
| Sophia Mc Cabe | Wexford Athletic   | 10.54    |
| Siobhan Whelan | Ferrybank AC       | 10.11    |
| Emma Young     | Bandon AC          | 9.01     |

#### Javelin

| Athlete      | Club               | Distance |
|--------------|--------------------|----------|
| Denise Byrne | Clonliffe Harriers | 37.85    |
| Rachel Roche | Bandon AC          | 32.97    |
| Faye O'Brien | Leevale AC         | 28.60    |
| Sophie Cree  | North Down AC      | 28.41    |
| Chloe Whelan | Wexford Athletic   | 17.41    |
| Megan Kiely  | Ferrybank AC       | 17.12    |
| Tamara Boyle | City of Derry AC   | 14.16    |

#### Division 1 Women

##### 100m Hurdles (wind: m/s )

| Athlete        | Club            | Time  |
|----------------|-----------------|-------|
| Amaris Borel   | Sli Cualann AC  | 15.20 |
| Orla Furney    | Menapians AC    | 15.65 |
| Laura Frey     | Lagan Valley AC | 16.33 |
| Ciara Heneghan | Meath County    | 18.86 |

##### 1500m Walk

| Athlete          | Club           | Time     |
|------------------|----------------|----------|
| Evelyn Cashman   | Youghal AC     | 8.35.48  |
| Aloisa King      | Tallaght AC    | 8.42.13  |
| Elaine Mac Mahon | Menapians AC   | 10.30.75 |
| Isobel Kenny     | Sli Cualann AC | 11.47.51 |

|       |                     |                     |             |
|-------|---------------------|---------------------|-------------|
|       | Noel Curtin         | Youghal AC          | 20.18.23    |
|       | <b>400m Hurdles</b> |                     |             |
|       | <b>Athlete</b>      | <b>Club</b>         | <b>Time</b> |
|       | Daniel Colbert      | Youghal AC          | 56.79       |
|       | Eoin Power          | Kilkenny City Harri | 59.77       |
|       | Lorcan Lalor        | Sli Cualann AC      | 62.75       |
|       | Kenneth Kiernan     | Bro Pearse AC       | 66.02       |
|       | Mark Mc Garvey      | City Of Derry AC    | 68.60       |
|       | Paul Gannon         | Dunboyne AC         | 69.80       |
| Guest | Damien Walsh        | Menapians AC        | 61.05       |

|  |                        |  |             |
|--|------------------------|--|-------------|
|  | <b>4X100m Relay</b>    |  |             |
|  | <b>Club</b>            |  | <b>Time</b> |
|  | S.L.O.T AC             |  | 44.39       |
|  | City Of Derry AC       |  | 44.76       |
|  | Sli Cualann AC         |  | 45.65       |
|  | Bro Pearse AC          |  | 46.39       |
|  | Kilkenny City Harriers |  | 46.42       |
|  | Youghal AC             |  | 49.51       |
|  | Dunboyne AC            |  | 50.95       |

|       |                    |                     |             |
|-------|--------------------|---------------------|-------------|
|       | <b>1500m</b>       |                     |             |
|       | <b>Athlete</b>     | <b>Club</b>         | <b>Time</b> |
|       | Liam Molloy        | Bro Pearse AC       | 4.26.56     |
|       | Brian Maher        | Kilkenny City Harri | 4.09.80     |
|       | Cathal Mc Loughlin | Olympian AC         | 4.14.95     |
|       | Cillian Browne     | Sli Cualann AC      | 4.14.46     |
|       | Jamie Wall         | SLOT AC             | 4.18.73     |
|       | Michael Mularkey   | City Of Derry AC    | 4.19.16     |
|       | James Mc Carthy    | Youghal AC          | 4.06.17     |
|       | Luke Forde         | Dunboyne AC         | 4.11.53     |
| Guest | Karl Fitzmaurice   | Crusaders AC        | 4.15.37     |
| Guest | Brian Barron       | North Down AC       | 4.28.82     |
| Guest | Daniel Gillen      | S.L.O.T AC          | 4.56.00     |

|       |                  |                     |             |
|-------|------------------|---------------------|-------------|
|       | <b>400m</b>      |                     |             |
|       | <b>Athlete</b>   | <b>Club</b>         | <b>Time</b> |
|       | Martin Mc Geedy  | City Of Derry AC    | 49.97       |
|       | Michael Bowler   | Kilkenny City Harri | 50.74       |
|       | Keith Noctor     | S.L.O.T AC          | 52.20       |
|       | Steven Hanrahan  | Bro Pearse AC       | 53.23       |
|       | Conor Dempsey    | Sli Cualann AC      | 55.04       |
|       | Fearghal Curtin  | Youghal AC          | 56.81       |
|       | Ossay Sala       | Dunboyne AC         | 62.19       |
| Guest | Eoin Kavanagh    | Celtic DCH          | 52.40       |
| Guest | Malachy Campbell | Dunleer AC          | 58.62       |

|       |                            |                  |             |
|-------|----------------------------|------------------|-------------|
|       | <b>3000m Steeple Chase</b> |                  |             |
|       | <b>Athlete</b>             | <b>Club</b>      | <b>Time</b> |
|       | R Kavanagh                 | Dunboyne AC      | 9.49.27     |
|       | Michael Mularkey           | City Of Derry AC | 10.29.03    |
|       | Tim Grummell               | Sli Cualann AC   | 10.41.48    |
|       | Mossie Cahill              | Youghal AC       | 12.58.87    |
| Guest | Ciaran Doherty             | Letterkenny AC   | 9.31.23     |

|  |                           |                     |             |
|--|---------------------------|---------------------|-------------|
|  | <b>200m (wind:2.3m/s)</b> |                     |             |
|  | <b>Athlete</b>            | <b>Club</b>         | <b>Time</b> |
|  | Adam Murphy               | S.L.O.T AC          | 22.49       |
|  | Daniel Colbert            | Youghal AC          | 23.06       |
|  | Jack Mc Closkey           | City Of Derry AC    | 23.24       |
|  | Aaron Barron              | Kilkenny City Harri | 23.74       |
|  | Adam Raitt                | Bro Pearse AC       | 24.64       |
|  | Martin O'Donnell          | Olympian AC         | 25.28       |
|  | David O'Flynn             | Sli Cualann AC      | 25.75       |
|  | Ossay Sala                | Dunboyne AC         | 26.86       |

#### 30m (wind: 3.8 m/s ) Guest Race

|  |        |       |
|--|--------|-------|
|  | Lane 3 | 21.79 |
|  | Lane 7 | 23.27 |
|  | Lane 6 | 24.33 |
|  | Lane 5 | 24.65 |
|  | Lane 4 | 25.95 |

|  |                  |                  |             |
|--|------------------|------------------|-------------|
|  | <b>800m</b>      |                  |             |
|  | <b>Athlete</b>   | <b>Club</b>      | <b>Time</b> |
|  | Matt Doherty     | City Of Derry AC | 2.03.22     |
|  | Fearghal Curtin  | Youghal AC       | 2.04.05     |
|  | Morgan Mc Donagh | Dunboyne AC      | 2.05.37     |
|  | Ken Archbold     | S.L.O.T AC       | 2.06.11     |
|  | David Coyle      | Sli Cualann AC   | 2.10.63     |
|  | Shaun Perry      | Olympian AC      | 2.10.94     |
|  | Ray Cunningham   | Bro Pearse AC    | 2.26.77     |

|  |                 |                     |             |
|--|-----------------|---------------------|-------------|
|  | <b>5000m</b>    |                     |             |
|  | <b>Athlete</b>  | <b>Club</b>         | <b>Time</b> |
|  | James Mc Carthy | Youghal AC          | 15.00.16    |
|  | Brian Maher     | Kilkenny City Harri | 15.19.26    |
|  | Abdula Abdullin | Dunboyne AC         | 15.34.88    |
|  | Conor Doherty   | City Of Derry AC    | 16.05.39    |

|             |             |          |
|-------------|-------------|----------|
| Olivia Webb | Olympian AC | 12.51.53 |
|-------------|-------------|----------|

|  |                     |                |             |
|--|---------------------|----------------|-------------|
|  | <b>400m Hurdles</b> |                |             |
|  | <b>Athlete</b>      | <b>Club</b>    | <b>Time</b> |
|  | Amaris Borel        | Sli Cualann AC | 64.17       |
|  | Orla Furney         | Menapians AC   | 66.48       |
|  | Laura Heneghan      | Meath County   | 75.16       |
|  |                     | Olympian AC    | 78.56       |

|  |                     |  |             |
|--|---------------------|--|-------------|
|  | <b>4X100m Relay</b> |  |             |
|  | <b>Club</b>         |  | <b>Time</b> |
|  | Menapians AC        |  | 50.36       |
|  | Sli Cualann AC      |  | 51.80       |
|  | Lagan Valley AC     |  | 51.90       |
|  | Olympian AC         |  | 53.87       |
|  | Meath Athletics     |  | 54.34       |
|  | Tallaght AC         |  | 55.17       |
|  | Youghal AC          |  | 58.12       |

|  |                   |                 |             |
|--|-------------------|-----------------|-------------|
|  | <b>1500m</b>      |                 |             |
|  | <b>Athlete</b>    | <b>Club</b>     | <b>Time</b> |
|  | Rosa Kirwan       | Sli Cualann AC  | 5.00.03     |
|  | Wendy Davis       | Lagan Valley AC | 5.08.79     |
|  | Marissa Mc Millan | Tallaght AC     | 5.40.12     |
|  | Miriam Hill       | Menapians AC    | 5.46.07     |
|  | Mary O'Keefe      | Youghal AC      | 5.46.18     |

|       |                  |                 |             |
|-------|------------------|-----------------|-------------|
|       | <b>400m</b>      |                 |             |
|       | <b>Athlete</b>   | <b>Club</b>     | <b>Time</b> |
|       | Karen Dunne      | Meath County    | 59.84       |
|       | Sarah Reihill    | Tallaght AC     | 61.23       |
|       | Connie Thiel     | Sli Cualann AC  | 62.07       |
|       | Nicole Moorehead | Lagan Valley AC | 63.91       |
|       | Sarah Shovlin    | Menapians AC    | 66.70       |
|       | Karren O'Donnell | Olympian AC     | 67.01       |
|       | Emily O'Keeffe   | Youghal AC      | 71.44       |
| Guest | Aoife Ni Bhroin  | Celtic DCH      | 61.93       |

|       |                           |                 |             |
|-------|---------------------------|-----------------|-------------|
|       | <b>200m (wind:2.3m/s)</b> |                 |             |
|       | <b>Athlete</b>            | <b>Club</b>     | <b>Time</b> |
|       | Ara Freeman               | Sli Cualann AC  | 25.72       |
|       | Aisling Watters           | Meath County    | 26.41       |
|       | Christina Logue           | Olympian AC     | 26.58       |
|       | Jane Shovlin              | Menapians AC    | 28.13       |
|       | Susie Cave                | Lagan Valley AC | 28.71       |
|       | Emily O'Keeffe            | Youghal AC      | 29.83       |
|       | Chelsey O'Toole           | Tallaght AC     | 29.87       |
| Guest | Ellen Byrne               | Celtic DCH      | 30.82       |

|     |                 |                 |             |
|-----|-----------------|-----------------|-------------|
|     | <b>800m</b>     |                 |             |
|     | <b>Athlete</b>  | <b>Club</b>     | <b>Time</b> |
|     | Claire Earls    | Sli Cualann AC  | 2.22.46     |
|     | Jane Matthews   | Lagan Valley AC | 2.26.39     |
|     | Karen O'Donnell | Olympian AC     | 2.30.34     |
|     | Bridgie Clarke  | Meath County    | 2.30.80     |
|     | Ruth Millirich  | Youghal AC      | 2.42.60     |
|     | Miriam Hill     | Menapians AC    | 2.47.80     |
|     | Aoife Pugh      | Tallaght AC     | 2.51.94     |
| 318 | Aoife Corr      | Celtic DCH      | 2.31.90     |

|  |                     |                 |             |
|--|---------------------|-----------------|-------------|
|  | <b>3000m</b>        |                 |             |
|  | <b>Athlete</b>      | <b>Club</b>     | <b>Time</b> |
|  | Laura McDonald      | Tallaght AC     | 10.43.78    |
|  | Evelyn Cashman      | Youghal AC      | 11.09.97    |
|  | Ciara Rooney        | Meath Athletics | 11.20.97    |
|  | Catriona Donaldspon | Lagan Valley AC | 11.40.35    |

|                 |                |          |
|-----------------|----------------|----------|
| David Coyle     | Sli Cualann AC | 17.22.21 |
| Martin Dunlop   | Olympian AC    | 17.49.36 |
| Trevor Corcoran | S.L.O.T AC     | 18.07.24 |
| L. Hopkins      | Bro Pearse AC  | 18.30.38 |

|                     |                |          |
|---------------------|----------------|----------|
| Lorraine Mac Mahion | Menapians AC   | 11.57.60 |
| Isobel Kenny        | Sli Cualann AC | 14.15.24 |

#### 100m (wind: 2.7 m/s )

| Athlete            | Club                | Time  |
|--------------------|---------------------|-------|
| Michael Bowler     | Kilkenny City Harri | 11.26 |
| Ferdia Kenny       | Sli Cualann AC      | 11.47 |
| Stephen Mc Gahey   | City Of Derry AC    | 11.52 |
| David Hayde        | S.L.O.T AC          | 11.74 |
| Eoghan Morgan      | Bro Pearse AC       | 11.89 |
| Jack Daly          | Youghal AC          | 12.17 |
| Martin O'Donnell   | Olympian AC         | 12.20 |
| Caoilin O'Flaherty | Dunboyne AC         | 12.27 |

#### 100m (wind: 1.1m/s )

| Athlete              | Club            | Time  |
|----------------------|-----------------|-------|
| Ara Freeman          | Sli Cualann AC  | 12.67 |
| Aisling Watters      | Meath County    | 12.81 |
| Annie Stafford       | Menapians AC    | 12.86 |
| Christina Logue      | Olympian AC     | 13.24 |
| Naoimi Campbell      | Lagan Valley AC | 13.58 |
| Katie Fitzpatrick    | Tallaght AC     | 14.85 |
| Guest Olivia Cumming | North Down AC   | 13.42 |
| Guest Saskia Greer   | North Down AC   | 13.76 |

#### 4x400m

| Athlete | Club             | Time    |
|---------|------------------|---------|
|         | City of Derry AC | 3.37.78 |
|         | S.L.O.T AC       | 3.40.95 |
|         | Sli Cualann AC   | 3.41.45 |
|         | Bro Pearse AC    | 3.51.69 |
|         | Dunboyne AC      | 3.56.82 |

#### 4X400m

| Athlete | Club            | Time    |
|---------|-----------------|---------|
|         | Sli Cualann AC  | 4.11.91 |
|         | Lagan Valley AC | 4.12.39 |
|         | Menapians AC    | 4.18.92 |
|         | Meath County    | 4.27.51 |
|         | Olympian AC     | 4.32.35 |
|         | Tallaght AC     | 4.38.16 |

#### Hammer

| Athlete           | Club             | Distance |
|-------------------|------------------|----------|
| Colman Dunne      | Dunboyne AC      | 41.48    |
| Patrick O'Donnell | Olympian AC      | 21.69    |
| Mossie Cahill     | Youghal AC       | 21.52    |
| Adam Raitt        | Bro Pearse AC    | 16.47    |
| Conor Doherty     | City Of Derry AC | 8.53     |

#### Hammer

| Athlete         | Club            | Distance |
|-----------------|-----------------|----------|
| Megan Monaghan  | Youghal AC      | 49.85    |
| Kelly Brady     | Meath County    | 43.28    |
| Lyndsey Glover  | Lagan Valley AC | 38.84    |
| Katie Young     | Menapians AC    | 35.33    |
| Bronagh Doherty | Olympian AC     | 23.52    |
| Isobel Kenny    | Sli Cualann AC  | 14.49    |

#### Pole Vault

| Athlete               | Club              | Height |
|-----------------------|-------------------|--------|
| Dylan Purcell         | S.L.O.T AC        | 3.40   |
| Guest Thomas Houlihan | West Waterford AC | 4.40   |
| Guest Willie O'Toole  | S.L.O.T AC        | 2.60   |

#### Long Jump

| Athlete            | Club                | Distance |
|--------------------|---------------------|----------|
| K Doherty          | Dunboyne AC         | 6.04     |
| Jason Kelly        | S.L.O.T AC          | 5.75     |
| Aiden Brophy       | Bro Pearse AC       | 5.19     |
| Lorcan Lalor       | Sli Cualann AC      | 5.08     |
| Aaron Barron       | Kilkenny City Harri | 4.66     |
| Guest Mikey Cullen | Menapians           | 6.21     |

#### Long Jump

| Athlete            | Club            | Distance |
|--------------------|-----------------|----------|
| Annie Stafford     | Menapians AC    | 5.73     |
| Karen Blaney       | Meath County    | 5.23     |
| Laura Frey         | Lagan Valley AC | 4.90     |
| Sarah Reihill      | Tallaght AC     | 4.84     |
| Sarah Hannah Warde | Olympian AC     | 4.14     |
| Nikita Savage      | Youghal AC      | 3.97     |
| Isobel Kenny       | Sli Cualann AC  | 3.93     |

#### Shot Putt

| Athlete            | Club                | Distance |
|--------------------|---------------------|----------|
| Mathew O'Reilly    | S.L.O.T AC          | 12.78    |
| Brendan Hyland     | Kilkenny City Harri | 10.42    |
| Michael Burton     | Sli Cualann AC      | 9.22     |
| Brendan Quinn      | Olympian AC         | 8.87     |
| C. Dunne           | Dunboyne AC         | 8.75     |
| Phillip Mc Dermott | Bro Pearse AC       | 7.91     |
| Conor Breslin      | City Of Derry AC    | 6.13     |
| Noel Curtin        | Youghal AC          | 5.91     |

#### Shot Putt

| Athlete            | Club            | Distance |
|--------------------|-----------------|----------|
| Kelly Brady        | Meath County    | 9.36     |
| Lauren O'Mahoney   | Youghal AC      | 8.02     |
| Susie Cave         | Lagan Valley AC | 7.97     |
| Denise O'Shea      | Sli Cualann AC  | 7.96     |
| Jane Shovlin       | Menapians AC    | 7.02     |
| Michelle O'Donnell | Olympian AC     | 6.91     |
| Sarah Reihill      | Tallaght AC     | 6.74     |

#### High Jump

| Athlete            | Club                | Height |
|--------------------|---------------------|--------|
| Jack Manning       | Kilkenny City Harri | 1.65   |
| Daniel Colbert     | Youghal AC          | 1.60   |
| Dylan Purcell      | S.L.O.T AC          | 1.60   |
| Jamie Lennon       | Sli Cualann AC      | 1.55   |
| Matt Doherty       | City Of Derry AC    | 1.55   |
| Caoilin O'Flaherty | Dunboyne AC         | 1.50   |

#### High Jump

| Athlete        | Club            | Height |
|----------------|-----------------|--------|
| Kaleigh Clarke | Tallaght AC     | 1.60   |
| Sarah Shovlin  | Menapians AC    | 1.55   |
| Karen Dunne    | Meath County    | 1.45   |
| Nikita Savage  | Youghal AC      | 1.40   |
| Laura Frey     | Lagan Valley AC | 1.35   |
| Rosa Kirwan    | Sli Cualann     | 1.35   |

#### Discus

| Athlete           | Club                | Distance |
|-------------------|---------------------|----------|
| Michael Hanlon    | Dunboyne AC         | 36.71    |
| Mathew O'Reilly   | S.L.O.T AC          | 35.48    |
| Michael Bowler    | Kilkenny City Harri | 33.63    |
| Ronan Kearney     | Sli Cualann AC      | 26.76    |
| Michael Surman    | City Of Derry AC    | 24.41    |
| Mossie Cahill     | Youghal AC          | 21.74    |
| Patrick O'Donnell | Olympian AC         | 21.60    |
| Alan Doyle        | Bro Pearse          | 18.88    |

#### Discus

| Athlete         | Club            | Distance |
|-----------------|-----------------|----------|
| Megan Monaghan  | Youghal AC      | 23.10    |
| Lyndsey Glover  | Lagan Valley AC | 21.66    |
| Bronagh Doherty | Olympian AC     | 19.23    |
| Katie Young     | Menapians AC    | 19.15    |
| Jean Daly       | Meath County AC | 18.83    |
| Aoife Pugh      | Tallaght AC     | 13.61    |

#### Triple Jump

| Athlete         | Club                | Distance |
|-----------------|---------------------|----------|
| Michael Surman  | City Of Derry AC    | 12.26    |
| D Hanlon        | Dunboyne AC         | 11.97    |
| Jack Daly       | Youghal AC          | 10.92    |
| Jason Kelly     | S.L.O.T AC          | 10.32    |
| Adam Reit       | Bro Pearse AC       | 10.30    |
| Brendan Quinn   | Olympian AC         | 10.12    |
| Nicholas Dunphy | Kilkenny City Harri | 8.36     |
| David O'Flynn   | Sli Cualann AC      | 7.81     |

#### Triple Jump

| Athlete             | Club             | Distance |
|---------------------|------------------|----------|
| Naoimi Campbell     | Lagan Valley AC  | 9.15     |
| Karen Blaney        | Meath County     | 10.44    |
| Sarah Shovlin       | Menapians AC     | 9.41     |
| Sarah Hannah Warde  | Olympian AC      | 8.44     |
| Patricia Curtin     | Youghal AC       | 9.58     |
| Guest Fiona Mallett | City of Derry AC | 8.48     |

**Javelin**

| <b>Athlete</b>  | <b>Club</b>         | <b>Distance</b> |
|-----------------|---------------------|-----------------|
| Denis Delaney   | Dunboyne AC         | 47.91           |
| Brendan Hyland  | Kilkenny City Harri | 44.20           |
| Jack Daly       | Youghal AC          | 35.44           |
| Richard Whyte   | Bro Pearse AC       | 31.03           |
| Martin Dunlop   | Olympian AC         | 26.08           |
| Daniel Gillian  | S.L.O.T AC          | 22.66           |
| David O'Flynn   | Sli Cualann AC      | 15.36           |
| Peter McCluskey | City Of Derry AC    | 9.62            |

**56 Lb Weight**

| <b>Athlete</b>   | <b>Club</b>         | <b>Distance</b> |
|------------------|---------------------|-----------------|
| Willie O Toole   | S.L.O.T AC          | 5.55            |
| D Delaney        | Dunboyne AC         | 5.11            |
| Phillip Donaghey | City Of Derry AC    | 4.49            |
| Alan Doyke       | Bro Pearse AC       | 4.41            |
| Martin O Donnell | Olympian AC         | 4.21            |
| Noel Curtin      | Youghal AC          | 4.19            |
| Ronan Kearney    | Sli Cualann AC      | 4.04            |
| Dean Brennan     | Kilkenny City Harri | 3.49            |

**Javelin**

| <b>Athlete</b>     | <b>Club</b>     | <b>Distance</b> |
|--------------------|-----------------|-----------------|
| Patricia Curtin    | Youghal AC      | 38.01           |
| Amy Edwards        | Lagan Valley AC | 29.99           |
| Michelle O Donnell | Olympian AC     | 26.47           |
| Denise O'Shea      | Sli Cualann AC  | 22.91           |
| Kaleigh Clarke     | Tallaght AC     | 20.25           |
| Siobhan Byrne      | Meath County    | 19.50           |
| Jane Shovlin       | Menapians AC    | 15.84           |