

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
1	1	21	Gary	O'Hanlon	CLONLIFFE HARRIERS A.C.	MS	SEN	02:18:53	06:57:44
	2	20	Sergiu	Ciobanu	CLONLIFFE HARRIERS A.C.	MS	SEN	02:19:06	06:57:44
	3	22	Stephen	Scullion	CLONLIFFE HARRIERS A.C.	MS	SEN	02:19:45	06:57:44
2	4	25	David	Mansfield	CLONLIFFE HARRIERS A.C.	MS	SEN	02:26:43	07:52:31
	9	53	Karl	Nolan	CLONLIFFE HARRIERS A.C.	MS	SEN	02:39:22	07:52:31
3	3	3782	Robert	Reid	CLONLIFFE HARRIERS A.C.	M50	SEN	02:46:26	07:52:31
	5	3904	Mark	Long	CITY OF DERRY AC SPARTANS	MS	SEN	02:35:29	07:59:00
	6	6017	Kyle	Doherty	CITY OF DERRY AC SPARTANS	MS	SEN	02:35:40	07:59:00
4	23	4305	Mark	Mullan	CITY OF DERRY AC SPARTANS	M40	SEN	02:47:51	07:59:00
	5	1231	John	Whelan	SHERCOCK A.C.	M35	SEN	02:33:24	07:59:24
	7	63	Noel	Carroll	SHERCOCK A.C.	MS	SEN	02:37:58	07:59:24
5	26	2136	Niall	Smith	SHERCOCK A.C.	M35	SEN	02:48:02	07:59:24
	8	43	Ian	McManus	CELBRIDGE A.C.	MS	SEN	02:38:23	08:04:27
	11	46	Jason	Miley	CELBRIDGE A.C.	M35	SEN	02:41:55	08:04:27
6	14	36	Stephen	Conroy	CELBRIDGE A.C.	MS	SEN	02:44:09	08:04:27
	4	24	Tomas	Fitzpatrick	TALLAGHT A.C.	M35	SEN	02:31:38	08:11:08
	22	3484	David	Callaghan	TALLAGHT A.C.	MS	SEN	02:49:35	08:11:08
7	34	2916	Padraig	Griffin	TALLAGHT A.C.	M35	SEN	02:49:55	08:11:08
	21	2264	Shaun	McLaughlin	WESTPORT A.C.	M35	SEN	02:45:29	08:20:27
	18	1176	Brendan	Gill	WESTPORT A.C.	M40	SEN	02:45:32	08:20:27
8	21	5864	David	Hickey	WESTPORT A.C.	MS	SEN	02:49:26	08:20:27
	12	4265	Darrel	Cooper	BALLYDRAIN HARRIERS	MS	SEN	02:42:33	08:27:12
	19	1923	Roger	Pannell	BALLYDRAIN HARRIERS	M40	SEN	02:46:08	08:27:12
9	2	6031	Norman	Mawhinney	BALLYDRAIN HARRIERS	M55	SEN	02:58:31	08:27:12
	15	2435	Brian	O'Kelly	CRUSADERS A.C.	MS	SEN	02:44:38	08:35:07
	28	4766	James	Moran	CRUSADERS A.C.	MS	SEN	02:53:26	08:35:07
11	41	1885	Damien	O'Brien	CRUSADERS A.C.	MS	SEN	02:57:03	08:35:07
	26	562	Colin	Murphy	DUNDRUM SOUTH DUBLIN A.C.	M40	SEN	02:49:21	08:37:24
	25	1825	Bedilu	Gebreselassie	DUNDRUM SOUTH DUBLIN A.C.	MS	SEN	02:51:45	08:37:24
12	60	1547	Fergus	Collis	DUNDRUM SOUTH DUBLIN A.C.	M35	SEN	02:56:18	08:37:24
	23	804	Kieran	Murray	MILFORD A.C.	M35	SEN	02:46:21	08:38:48
	33	4655	Peter	O'Donnell	MILFORD A.C.	MS	SEN	02:55:39	08:38:48
13	25	5630	Anthony	Doherty	MILFORD A.C.	M45	SEN	02:56:48	08:38:48
	17	990	Aaron	Meharg	ACORN AC	MS	SEN	02:46:02	08:41:01
	63	6012	Aidan	O'Hagan	ACORN AC	M35	SEN	02:56:31	08:41:01
14	81	6010	Martin	Loughran	ACORN AC	M35	SEN	02:58:28	08:41:01
	30	3889	Nigel	O'Flaherty	CLONMEL A.C.	M40	SEN	02:50:12	08:41:02
	32	1601	Jimmy	Boland	CLONMEL A.C.	MS	SEN	02:55:09	08:41:02
15	34	4694	Joey	Feery	CLONMEL A.C.	MS	SEN	02:55:41	08:41:02
	46	3571	Conor	Delaney	CLONLIFFE HARRIERS A.C.	M40	SEN	02:53:22	08:45:29
	55	4773	Dermot	Faughnan	CLONLIFFE HARRIERS A.C.	M35	SEN	02:55:21	08:45:29
16	38	3671	David	Mullen	CLONLIFFE HARRIERS A.C.	MS	SEN	02:56:46	08:45:29
	29	2932	Patrick	Curley	SLIABH BHUIDE ROVERS A.C.	MS	SEN	02:53:30	08:46:32
	7	12383	Stephen	O'Leary	SLIABH BHUIDE ROVERS A.C.	M50	SEN	02:56:01	08:46:32
17	64	1318	Jim	O'Malley	SLIABH BHUIDE ROVERS A.C.	M40	SEN	02:57:01	08:46:32
	4	1857	Stephen	Kelly	DROGHEDA & DISTRICT A.C.	M40	SEN	02:38:00	08:46:35
	50	571	Colm	Reilly	DROGHEDA & DISTRICT A.C.	MS	SEN	03:01:57	08:46:35
18	119	5117	Ruaidhri	Nolan	DROGHEDA & DISTRICT A.C.	M35	SEN	03:06:38	08:46:35
	51	2534	Daragh	Bell	RAHENY SHAMROCK A.C.	M35	SEN	02:53:49	08:47:06
	31	1347	Robert	Frewen	RAHENY SHAMROCK A.C.	MS	SEN	02:54:33	08:47:06
19	87	1678	Gearoid	Healy	RAHENY SHAMROCK A.C.	M35	SEN	02:58:44	08:47:06
	37	3741	Conaill	Cooper	SLANEY OLYMPIC A.C.	M35	SEN	02:50:31	08:48:34
	55	3742	Brian	Maher	SLANEY OLYMPIC A.C.	M40	SEN	02:55:25	08:48:34

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	51	5245	Colin	Garry	SLANEY OLYMPIC A.C.	MS	SEN	03:02:38	08:48:34
20	73	4695	Gerard	Martin	DUNBOYNE A.C.	M35	SEN	02:57:29	08:54:29
	44	4402	John	Maguire	DUNBOYNE A.C.	MS	SEN	02:57:51	08:54:29
	80	4509	Donal	Cashin	DUNBOYNE A.C.	M40	SEN	02:59:09	08:54:29
21	39	1325	Ciaran	McKenna	STAR OF THE SEA A.C.	MS	SEN	02:56:51	08:56:02
	82	3759	Alan	Caul	STAR OF THE SEA A.C.	M40	SEN	02:59:10	08:56:02
	39	1530	Daniel	Delaney	STAR OF THE SEA A.C.	M45	SEN	03:00:01	08:56:02
22	10	71	Patrick	Higgins	NEWCASTLE & DISTRICT AC	MS	SEN	02:39:41	08:57:30
	62	5826	Frank	Cunningham	NEWCASTLE & DISTRICT AC	MS	SEN	03:07:53	08:57:30
	134	696	Kieran	Morgan	NEWCASTLE & DISTRICT AC	M35	SEN	03:09:56	08:57:30
23	13	5054	Eoin	Devlin	CIVIL SERVICE A.C.	MS	SEN	02:42:39	08:59:53
	89	2516	Martin	Prunty	CIVIL SERVICE A.C.	M40	SEN	03:00:24	08:59:53
	182	965	Noel	Ryan	CIVIL SERVICE A.C.	M40	SEN	03:16:50	08:59:53
24	48	2586	Simon	Taylor	ANNADALE STRIDERS	M35	SEN	02:53:09	09:06:31
	52	4300	Mark	Rafferty	ANNADALE STRIDERS	MS	SEN	03:02:43	09:06:31
	139	3811	Ciaran	McKendry	ANNADALE STRIDERS	M35	SEN	03:10:39	09:06:31
25	45	1921	Shane	Caffrey	CLONLIFFE HARRIERS A.C.	MS	SEN	02:58:26	09:06:51
	108	3607	Matt	McGuinness	CLONLIFFE HARRIERS A.C.	M35	SEN	03:02:56	09:06:51
	110	2331	Stephen	Tracey	CLONLIFFE HARRIERS A.C.	M40	SEN	03:05:29	09:06:51
26	26	4348	John	Courell	BALLINA A.C.	MS	SEN	02:52:35	09:08:39
	122	4704	Michael	Boland	BALLINA A.C.	M40	SEN	03:07:50	09:08:39
	125	2146	Ivan	Kelly	BALLINA A.C.	M40	SEN	03:08:14	09:08:39
27	19	3565	Bryan	O'Connor	ST. COCA'S A.C.	MS	SEN	02:47:31	09:09:36
	51	2917	John	Murray	ST. COCA'S A.C.	M45	SEN	03:06:59	09:09:36
	164	9555	Mick	Burke	ST. COCA'S A.C.	M35	SEN	03:15:06	09:09:36
28	45	3088	Brian	Murphy	CARRICK-ON-SUIR A.C.	M35	SEN	02:52:53	09:13:32
	50	4174	Michael	O'Sullivan	CARRICK-ON-SUIR A.C.	M45	SEN	03:05:52	09:13:32
	169	1225	Raymond	Bourke	CARRICK-ON-SUIR A.C.	M40	SEN	03:14:47	09:13:32
29	27	2162	Kieran	Staunton	ATHENRY A.C.	MS	SEN	02:52:51	09:14:00
	55	4711	Frank	Burke	ATHENRY A.C.	M45	SEN	03:08:42	09:14:00
	150	5843	Brian	Somers	ATHENRY A.C.	M35	SEN	03:12:27	09:14:00
30	71	5518	Eamonn	McGee	ROSSES A.C.	M40	SEN	02:58:24	09:14:30
	48	4923	Fergal	McGee	ROSSES A.C.	MS	SEN	02:59:31	09:14:30
	86	2525	Denis	Boner	ROSSES A.C.	M45	SEN	03:16:35	09:14:30
31	46	2978	Iosif	Guther	NEWBRIDGE A.C.	MS	SEN	02:59:04	09:14:47
	106	628	Dave	Browne	NEWBRIDGE A.C.	M35	SEN	03:02:29	09:14:47
	158	305	Paul	Matthews	NEWBRIDGE A.C.	M40	SEN	03:13:14	09:14:47
32	83	4126	Shane	Greene	CLONMEL A.C.	M40	SEN	02:59:14	09:15:07
	60	2402	William	Moloney	CLONMEL A.C.	MS	SEN	03:07:08	09:15:07
	129	2251	David	Ryan	CLONMEL A.C.	M40	SEN	03:08:45	09:15:07
33	43	1745	Tomas	Kavanagh	SLIABH BHUIDE ROVERS A.C.	MS	SEN	02:57:41	09:15:07
	123	3547	Paul	Gibbons	SLIABH BHUIDE ROVERS A.C.	M40	SEN	03:07:57	09:15:07
	136	2933	Adrian	Doyle	SLIABH BHUIDE ROVERS A.C.	M40	SEN	03:09:29	09:15:07
34	62	1600	Ray	Kenny	SLI CUALANN A.C.	M40	SEN	02:56:51	09:15:18
	97	3530	Shane	O'Connell	SLI CUALANN A.C.	M35	SEN	02:59:17	09:15:18
	89	3100	Alan	Duffy	SLI CUALANN A.C.	MS	SEN	03:19:10	09:15:18
35	54	5007	Ronan	Hartnett	BALBRIGGAN & DISTRICT A.C	M40	SEN	02:54:35	09:15:21
	120	1918	Alan	O'Donnell	BALBRIGGAN & DISTRICT A.C	M35	SEN	03:07:07	09:15:21
	76	3873	Hugh	Cashell	BALBRIGGAN & DISTRICT A.C	MS	SEN	03:13:39	09:15:21
36	40	1196	Paul	Martin	BROTHERS PEARSE A.C.	MS	SEN	02:56:55	09:17:20
	109	3253	Donal	Brady	BROTHERS PEARSE A.C.	M40	SEN	03:05:24	09:17:20
	163	4501	Garreth	Bayle	BROTHERS PEARSE A.C.	M35	SEN	03:15:01	09:17:20

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
37	102	4865	Liam	Lyons	CLONAKILTY ROAD RUNNERS A.C.	M35	SEN	03:00:58	09:19:23
	117	4733	Paul	Kingston	CLONAKILTY ROAD RUNNERS A.C.	M40	SEN	03:07:06	09:19:23
	72	7952	Conan	O'Donovan	CLONAKILTY ROAD RUNNERS A.C.	MS	SEN	03:11:19	09:19:23
38	49	5332	Adam	Cooke	OMAGH HARRIERS	MS	SEN	02:59:47	09:19:29
	60	5491	Barry	McElduff	OMAGH HARRIERS	M45	SEN	03:09:50	09:19:29
	61	4111	Peter	Byrne	OMAGH HARRIERS	M45	SEN	03:09:52	09:19:29
39	47	1802	Neil	Murphy	PORTMARNOCK A.C.	MS	SEN	02:59:08	09:21:39
	133	3855	Neil	Rooney	PORTMARNOCK A.C.	M40	SEN	03:09:09	09:21:39
	74	5527	Ken	Ryan	PORTMARNOCK A.C.	M45	SEN	03:13:22	09:21:39
40	11	870	Colum	Gaile	ALBERTVILLE HARRIERS	MS	SEN	02:42:28	09:22:02
	176	5846	Neil	Mercer	ALBERTVILLE HARRIERS	M40	SEN	03:15:49	09:22:02
	129	4628	Glenn	Weir	ALBERTVILLE HARRIERS	M45	SEN	03:23:45	09:22:02
41	20	1200	Ciaran	Reilly	LIFFEY VALLEY A.C.	M40	SEN	02:46:56	09:29:07
	147	4718	John	Tuohy	LIFFEY VALLEY A.C.	M35	SEN	03:12:06	09:29:07
	122	4287	Conor	Reilly	LIFFEY VALLEY A.C.	MS	SEN	03:30:05	09:29:07
42	106	4784	Stephen	Joyce	SPRINGWELL RUNNING CLUB	M40	SEN	03:05:11	09:29:24
	59	5464	Stephen	Fillis	SPRINGWELL RUNNING CLUB	MS	SEN	03:06:19	09:29:24
	7	1839	Dave	Sexton	SPRINGWELL RUNNING CLUB	M55	SEN	03:17:54	09:29:24
43	76	1385	William	Owens	CRUSADERS A.C.	M35	SEN	02:57:49	09:29:40
	75	3766	Diarmuid	Byrne	CRUSADERS A.C.	MS	SEN	03:13:36	09:29:40
	85	5523	Kevin	Regan	CRUSADERS A.C.	MS	SEN	03:18:15	09:29:40
44	74	1682	Garry	Cribbin	CELBRIDGE A.C.	M35	SEN	02:57:37	09:32:22
	67	5070	Eoin	McManus	CELBRIDGE A.C.	MS	SEN	03:09:32	09:32:22
	103	4251	James	Hoare	CELBRIDGE A.C.	MS	SEN	03:25:13	09:32:22
45	64	1430	Wayne	Walker	CLONLIFFE HARRIERS A.C.	MS	SEN	03:08:56	09:33:39
	31	4930	Kevin	Heffernan	CLONLIFFE HARRIERS A.C.	M50	SEN	03:10:25	09:33:39
	38	1673	Maurice	McCrohan	CLONLIFFE HARRIERS A.C.	M50	SEN	03:14:18	09:33:39
46	122	4001	Johnny	O'Doherty	MILFORD A.C.	M35	SEN	03:07:16	09:33:44
	70	2902	Patrick	Ryan	MILFORD A.C.	MS	SEN	03:10:16	09:33:44
	82	5465	Shaun	McHugh	MILFORD A.C.	M45	SEN	03:16:12	09:33:44
47	23	5163	Donal	Egan	NORTH SLIGO A.C.	MS	SEN	02:49:45	09:34:26
	79	5626	Padraig	Kelly	NORTH SLIGO A.C.	M40	SEN	02:59:00	09:34:26
	124	6985	Paul	Kerrigan	NORTH SLIGO A.C.	M50	SEN	03:45:41	09:34:26
48	56	2724	Danny	Shanahan	THOMASTOWN A.C.	MS	SEN	03:03:39	09:36:49
	69	5883	Gerry	Walsh	THOMASTOWN A.C.	MS	SEN	03:09:41	09:36:49
	57	4440	John	Davis	THOMASTOWN A.C.	M50	SEN	03:23:29	09:36:49
49	57	989	Ted	O'Leary	WEST WATERFORD A.C.	M45	SEN	03:09:12	09:37:53
	73	5596	Colm	Ryan	WEST WATERFORD A.C.	MS	SEN	03:11:30	09:37:53
	189	5903	Tom	Leahy	WEST WATERFORD A.C.	M40	SEN	03:17:11	09:37:53
50	50	1743	Michael	Kerr	CARMEN RUNNERS A.C.	M40	SEN	02:54:04	09:40:39
	77	5637	Shane	McGlone	CARMEN RUNNERS A.C.	MS	SEN	03:14:20	09:40:39
	238	10930	Noel	McElhone	CARMEN RUNNERS A.C.	M35	SEN	03:32:15	09:40:39
51	71	1441	Michael	Gleeson	TEMPLEMORE A.C.	MS	SEN	03:10:46	09:41:00
	72	3706	Larry	Stapleton	TEMPLEMORE A.C.	M45	SEN	03:13:15	09:41:00
	188	5211	Paul	Walsh	TEMPLEMORE A.C.	M40	SEN	03:16:59	09:41:00
52	142	4688	Richie	O'Donnell	B.M.O.H. ATHLETICS CLUB	M40	SEN	03:10:15	09:41:21
	174	5289	Derek	Lee	B.M.O.H. ATHLETICS CLUB	M40	SEN	03:15:33	09:41:21
	79	5287	Antonio	Raffa	B.M.O.H. ATHLETICS CLUB	MS	SEN	03:15:33	09:41:21
53	58	2277	Niall	Farquharson	BEECHMOUNT HARRIERS A.C	M35	SEN	02:55:50	09:42:55
	36	3451	Noel	McNally	BEECHMOUNT HARRIERS A.C	MS	SEN	02:55:51	09:42:55
	408	4880	Colin	Drain	BEECHMOUNT HARRIERS A.C	M40	SEN	03:51:14	09:42:55
54	151	3575	Andrew	Brett	SPORTSWORLD A.C.	M35	SEN	03:13:04	09:44:19

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	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	163	3458	Justin	McKeever	SPORTSWORLD A.C.	M40	SEN	03:14:24	09:44:19
	83	522	Damien	Geraghty	SPORTSWORLD A.C.	MS	SEN	03:16:51	09:44:19
55	35	646	James	Monaghan	ST. PETER'S A.C.	MS	SEN	02:55:45	09:45:50
	126	799	John	Nix	ST. PETER'S A.C.	M35	SEN	03:08:19	09:45:50
	343	9206	Paul	Ginesi	ST. PETER'S A.C.	M40	SEN	03:41:46	09:45:50
56	82	2387	Conor	Fitzpatrick	PORTMARNOCK A.C.	MS	SEN	03:16:35	09:53:33
	176	3803	Paul	Byrne	PORTMARNOCK A.C.	M35	SEN	03:18:16	09:53:33
	94	5257	Aiden	Burke	PORTMARNOCK A.C.	M45	SEN	03:18:42	09:53:33
57	157	357	Dermot	O'Kane	AGHADA RC	M35	SEN	03:14:33	09:54:57
	87	6045	Chris	Kelly	AGHADA RC	MS	SEN	03:18:27	09:54:57
	115	4992	Eoin	Pomphrett	AGHADA RC	M45	SEN	03:21:57	09:54:57
58	65	62	Evan	Scully	DUNSHAUGHLIN A.C.	MS	SEN	03:09:03	09:58:50
	125	1895	Anthony	Fairbrother	DUNSHAUGHLIN A.C.	M45	SEN	03:22:53	09:58:50
	246	3945	Ian	Forrestal	DUNSHAUGHLIN A.C.	M40	SEN	03:26:54	09:58:50
59	80	1908	Conor	Devaney	ST. COCA'S A.C.	MS	SEN	03:16:04	09:59:14
	175	2421	Darren	Maher	ST. COCA'S A.C.	M35	SEN	03:17:56	09:59:14
	104	4941	Colin	O'Neill	ST. COCA'S A.C.	MS	SEN	03:25:14	09:59:14
60	29	4505	Seamus	Murphy	GNEEVEGUILLA A.C.	M45	SEN	02:58:55	09:59:19
	61	6100	Maurice	Feehan	GNEEVEGUILLA A.C.	MS	SEN	03:07:39	09:59:19
	152	4142	Tony	Foley	GNEEVEGUILLA A.C.	M50	SEN	03:52:45	09:59:19
61	88	1359	Declan	Whooley	RAHENY SHAMROCK A.C.	MS	SEN	03:18:48	10:01:58
	94	955	Brian	Connor	RAHENY SHAMROCK A.C.	MS	SEN	03:20:46	10:01:58
	120	1573	Keith	Fleming	RAHENY SHAMROCK A.C.	M45	SEN	03:22:24	10:01:58
62	86	1023	Mark	Hogan	SPORTSWORLD A.C.	MS	SEN	03:18:21	10:03:04
	195	3119	John	Flaherty	SPORTSWORLD A.C.	M35	SEN	03:21:59	10:03:04
	123	1755	Cormac	Garvey	SPORTSWORLD A.C.	M45	SEN	03:22:44	10:03:04
63	109	4568	Martin	McCahey	CARRICK ACES A.C.	M45	SEN	03:20:43	10:03:25
	212	2429	Patrick	Cassidy	CARRICK ACES A.C.	M40	SEN	03:21:04	10:03:25
	95	5085	Niall	Condron	CARRICK ACES A.C.	MS	SEN	03:21:38	10:03:25
64	81	5399	Fintan	Whelan	SLIGO A.C.	MS	SEN	03:16:16	10:04:39
	219	5582	Alan	Kearins	SLIGO A.C.	M40	SEN	03:23:53	10:04:39
	1	5400	Enda	Whelan	SLIGO A.C.	M65	SEN	03:24:30	10:04:39
65	188	1217	Aidan	Doyle	CRUSADERS A.C.	M35	SEN	03:19:54	10:05:51
		13328	Tommy	Faherty	CRUSADERS A.C.	MS	SEN	03:22:37	10:05:51
	98	627	Kevin	Lynch	CRUSADERS A.C.	MS	SEN	03:23:20	10:05:51
66	93	4130	David	Moynihan	MIDDLETON A.C.	MS	SEN	03:20:25	10:07:01
	108	593	Gerard	O'Regan	MIDDLETON A.C.	M45	SEN	03:20:42	10:07:01
	133	5884	Gerard	McLean	MIDDLETON A.C.	M45	SEN	03:25:54	10:07:01
67	207	2110	Elton	Chambers	TRACTON A.C.	M40	SEN	03:20:09	10:07:26
	106	3990	Jack	McGregor	TRACTON A.C.	M45	SEN	03:20:37	10:07:26
	108	3370	Eskil	Garfjell Hansen	TRACTON A.C.	MS	SEN	03:26:40	10:07:26
68	57	4008	Lorcan	Gerty	LONGFORD A.C.	MS	SEN	03:05:27	10:08:47
	121	1480	Derek	O'Neill	LONGFORD A.C.	M45	SEN	03:22:27	10:08:47
	339	7241	Colman	Reilly	LONGFORD A.C.	M40	SEN	03:40:53	10:08:47
69	95	3681	Mark	Poole	CROGHAN A.C.	M35	SEN	02:59:14	10:08:49
	126	4818	Keith	Wallace	CROGHAN A.C.	MS	SEN	03:30:53	10:08:49
	267	3627	Brendan	Brogan	CROGHAN A.C.	M35	SEN	03:38:42	10:08:49
70	4	3549	Eugene	Doherty	SLIABH BHUIDE ROVERS A.C.	M60	SEN	03:19:39	10:08:50
	193	2935	Shane	Gregan	SLIABH BHUIDE ROVERS A.C.	M35	SEN	03:21:26	10:08:50
	113	11181	Eoin	Power	SLIABH BHUIDE ROVERS A.C.	MS	SEN	03:27:45	10:08:50
71	37	3283	Michael	McLernon	DROMORE AC	MS	SEN	02:56:14	10:08:52
	127	672	Johnny	McKinley	DROMORE AC	M45	SEN	03:23:41	10:08:52

POS	Cat Place	BIB	FIRST		Club	TEAM			TEAM TIME
			Name	Surname		CAT	CAT	Gun Time	
	168	10125	Jonathan	Davis	DROMORE AC	MS	SEN	03:48:57	10:08:52
72	119	3740	Michael	Smyth	DUBLIN FRONT RUNNERS A.C.	M40	SEN	03:07:36	10:09:58
	100	3243	Colm	Corrigan	DUBLIN FRONT RUNNERS A.C.	MS	SEN	03:24:41	10:09:58
	314	4764	John	McGuinness	DUBLIN FRONT RUNNERS A.C.	M40	SEN	03:37:41	10:09:58
73	16	4649	Mohamed	Wahbi	ST. FINBARRS A.C.	MS	SEN	02:45:17	10:10:06
	42	4475	David	Butler	ST. FINBARRS A.C.	MS	SEN	02:57:32	10:10:06
	244	3331	Daniel	Conneely	ST. FINBARRS A.C.	MS	SEN	04:27:17	10:10:06
74	64	4901	Joseph	O'Brien	DOONEEN A.C.	M35	SEN	02:56:34	10:11:22
	172	5622	Robbie	Bannon	DOONEEN A.C.	M45	SEN	03:34:51	10:11:22
	146	12742	Shane	Ryan	DOONEEN A.C.	MS	SEN	03:39:57	10:11:22
75	84	2601	Rob	Asher	BLACKROCK A.C. (DUBLIN)	MS	SEN	03:16:54	10:11:24
	109	5067	Javid	Gaynor	BLACKROCK A.C. (DUBLIN)	MS	SEN	03:26:46	10:11:24
	142	6889	Jonathan	Sheehan	BLACKROCK A.C. (DUBLIN)	M45	SEN	03:27:44	10:11:24
76	52	1845	Tony	Connolly	BROTHERS PEARSE A.C.	M50	SEN	03:21:59	10:13:16
	97	5010	Sorcha	McCann	BROTHERS PEARSE A.C.	MS	SEN	03:23:06	10:13:16
	220	2955	Kieran	Campbell	BROTHERS PEARSE A.C.	M35	SEN	03:28:11	10:13:16
77	216	2442	Alan	Carter	CLONMEL A.C.	M40	SEN	03:22:57	10:13:58
	220	2648	James	Denn	CLONMEL A.C.	M40	SEN	03:23:54	10:13:58
	216	2401	Niall	Brannigan	CLONMEL A.C.	M35	SEN	03:27:07	10:13:58
78	210	4106	Neil	Campbell	MALLUSK HARRIERS	M40	SEN	03:20:42	10:15:04
	114	2858	Alex	Davidson	MALLUSK HARRIERS	M45	SEN	03:21:52	10:15:04
	129	5348	Joe	Mathers	MALLUSK HARRIERS	MS	SEN	03:32:30	10:15:04
79	68	6068	Barry	Watters	NAVAN A.C.	MS	SEN	03:09:35	10:20:33
	160	4604	Mark	Egan	NAVAN A.C.	M45	SEN	03:30:50	10:20:33
	336	7615	Paul	Daly	NAVAN A.C.	M40	SEN	03:40:08	10:20:33
80	224	5870	Ryan	Kennedy	SPRINGWELL RUNNING CLUB	M40	SEN	03:24:35	10:23:05
	114	5403	Eddie	Clyde	SPRINGWELL RUNNING CLUB	MS	SEN	03:28:58	10:23:05
	75	1273	Richard	Ross	SPRINGWELL RUNNING CLUB	M50	SEN	03:29:32	10:23:05
81	206	4344	Gary	O'Dwyer	KILKENNY CITY HARRIERS A.C.	M35	SEN	03:24:33	10:23:22
	261	1005	Mervin	Doyle	KILKENNY CITY HARRIERS A.C.	M40	SEN	03:28:46	10:23:22
	121	1143	Marcus	Fitzsimons	KILKENNY CITY HARRIERS A.C.	MS	SEN	03:30:03	10:23:22
82	137	1598	Alan	Egan	DUNDRUM SOUTH DUBLIN A.C.	M45	SEN	03:26:50	10:24:05
	257	2457	Gavin	O'Flaherty	DUNDRUM SOUTH DUBLIN A.C.	M40	SEN	03:27:50	10:24:05
	116	1864	James	Berry	DUNDRUM SOUTH DUBLIN A.C.	MS	SEN	03:29:25	10:24:05
83	136	5079	Alan	Worrall	CLONLIFFE HARRIERS A.C.	M45	SEN	03:26:43	10:25:35
	150	3749	Alan	Townsend	CLONLIFFE HARRIERS A.C.	M45	SEN	03:29:03	10:25:35
	119	6942	Adrien	Gerard	CLONLIFFE HARRIERS A.C.	MS	SEN	03:29:49	10:25:35
84	107	3685	Noel	Reilly	CRUSADERS A.C.	MS	SEN	03:26:04	10:26:08
		3952	Donatas	Jocius	CRUSADERS A.C.	MS	SEN	03:29:41	10:26:08
	124	4988	Diarmuid	Fahey	CRUSADERS A.C.	MS	SEN	03:30:23	10:26:08
85	140	2633	Brendan	Dowd	DONADEA RUNNING CLUB	M35	SEN	03:10:56	10:26:21
	299	1532	Andrew	Meehan	DONADEA RUNNING CLUB	M40	SEN	03:35:16	10:26:21
	148	3415	Conor	Lavery	DONADEA RUNNING CLUB	MS	SEN	03:40:09	10:26:21
86	184	4137	Neil	Carroll	MAYO A.C.	M35	SEN	03:19:18	10:26:39
	131	2862	Clive	Lavelle	MAYO A.C.	MS	SEN	03:33:15	10:26:39
	96	578	Thomas	Jennings	MAYO A.C.	M50	SEN	03:34:06	10:26:39
87	115	4673	Ian	Davis	KNOCKS RUNNING CLUB	M40	SEN	03:06:08	10:27:25
	144	4692	Kevin	Daly	KNOCKS RUNNING CLUB	MS	SEN	03:38:57	10:27:25
	278	4798	David	Lilleker	KNOCKS RUNNING CLUB	M35	SEN	03:42:20	10:27:25
88	111	621	Plunkett	Donnelly	OMAGH HARRIERS	MS	SEN	03:27:22	10:28:57
	156	630	Shane	McGale	OMAGH HARRIERS	M45	SEN	03:30:39	10:28:57
	127	5900	Barry	McGillion	OMAGH HARRIERS	MS	SEN	03:30:56	10:28:57

Cat	FIRST		TEAM			TEAM				
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
89	160	1332	Pan	Alrum	Kjer	MONAGHAN TOWN RUNNERS	M35	SEN	03:14:41	10:29:18
	282	2011	Liam	Smyth		MONAGHAN TOWN RUNNERS	M40	SEN	03:31:08	10:29:18
	155	3178	Edwin	McAree		MONAGHAN TOWN RUNNERS	MS	SEN	03:43:29	10:29:18
90	138	9654	Emmet	Burke		WEXFORD MARATHON CLUB	M45	SEN	03:27:00	10:31:00
	120	3833	Richard	Costain		WEXFORD MARATHON CLUB	MS	SEN	03:29:57	10:31:00
	167	8531	Karl	Richards		WEXFORD MARATHON CLUB	M45	SEN	03:34:03	10:31:00
91	92	19024	Adam	Broderick		ST. L. O'TOOLE A.C.	MS	SEN	03:20:22	10:31:18
	165	2459	Kevin	Rajaratnam		ST. L. O'TOOLE A.C.	M45	SEN	03:33:43	10:31:18
	25	906	David	Ashmore		ST. L. O'TOOLE A.C.	M55	SEN	03:37:13	10:31:18
92	73	3375	Paul	McGivern		NEWBRIDGE A.C.	M50	SEN	03:29:28	10:33:06
	154	4940	Danny	Halford		NEWBRIDGE A.C.	M45	SEN	03:29:58	10:33:06
	132	3525	Eoghan	Caffrey		NEWBRIDGE A.C.	MS	SEN	03:33:40	10:33:06
93	139	1142	Ben	Hill		SLANEY OLYMPIC A.C.	M45	SEN	03:27:31	10:33:15
	112	4735	Barry	Nolan		SLANEY OLYMPIC A.C.	MS	SEN	03:27:40	10:33:15
	317	10745	Patrick	Hennessy		SLANEY OLYMPIC A.C.	M40	SEN	03:38:04	10:33:15
94	102	1881	Ruadhan	O'Laoi		DUBLIN BAY RUNNING CLUB	MS	SEN	03:25:07	10:34:02
	269	1697	Anthony	Sheridan		DUBLIN BAY RUNNING CLUB	M40	SEN	03:30:00	10:34:02
	187	4433	Carl	Harris		DUBLIN BAY RUNNING CLUB	M45	SEN	03:38:55	10:34:02
95	105	4821	Tom	Breen		GALWAY CITY HARRIERS A.C.	MS	SEN	03:25:49	10:36:26
	3	70	Michael	Greene		GALWAY CITY HARRIERS A.C.	M65	SEN	03:35:11	10:36:26
	98	3863	Larry	Kelly		GALWAY CITY HARRIERS A.C.	M50	SEN	03:35:26	10:36:26
96	191	2246	Aindriu	O'Comhraidhe		ST. MICHAEL'S AC	M35	SEN	03:20:37	10:38:19
	140	1524	Laurence	Havens		ST. MICHAEL'S AC	MS	SEN	03:37:44	10:38:19
	196	1079	Aidan	McGee		ST. MICHAEL'S AC	M45	SEN	03:39:58	10:38:19
97	180	4661	Gary	Walsh		BWEENG TRAIL BLAZERS	M35	SEN	03:18:49	10:39:09
	274	5817	Brian	Ahern		BWEENG TRAIL BLAZERS	M40	SEN	03:30:25	10:39:09
	171	7760	Aidan	Crowley		BWEENG TRAIL BLAZERS	MS	SEN	03:49:55	10:39:09
98	152	3240	Alan	Hynes		SPORTSWORLD A.C.	M45	SEN	03:29:39	10:42:02
	134	2944	Neil	Purdy		SPORTSWORLD A.C.	MS	SEN	03:34:44	10:42:02
	261	433	Paul	O'Connell		SPORTSWORLD A.C.	M35	SEN	03:37:39	10:42:02
99	74	4592	Ultan	Downes		LAKESHORE STRIDERS A.C.	MS	SEN	03:12:11	10:44:19
	209	2260	Tom	O'Leary		LAKESHORE STRIDERS A.C.	M35	SEN	03:24:55	10:44:19
	495	4561	Thomas	Healy		LAKESHORE STRIDERS A.C.	M40	SEN	04:07:13	10:44:19
100	117	4701	Gary	Whittle		TULLAMORE HARRIERS A.C.	MS	SEN	03:29:37	10:44:55
	256	1057	Mark	Harpur		TULLAMORE HARRIERS A.C.	M35	SEN	03:36:19	10:44:55
	325	8733	Adrian	Larkin		TULLAMORE HARRIERS A.C.	M40	SEN	03:38:59	10:44:55
101	123	15135	Alan	Carney		TALLAGHT A.C.	MS	SEN	03:30:21	10:45:10
	300	3177	Paul	Murphy		TALLAGHT A.C.	M40	SEN	03:35:31	10:45:10
	328	5203	Eddie	Donegan		TALLAGHT A.C.	M40	SEN	03:39:18	10:45:10
102	125	1341	Stephen	Devlin		DUNBOYNE A.C.	MS	SEN	03:30:43	10:46:02
	181	3420	Jim	Lineen		DUNBOYNE A.C.	M45	SEN	03:37:06	10:46:02
	318	4530	Mark	McDonald		DUNBOYNE A.C.	M40	SEN	03:38:13	10:46:02
103	53	5026	Jonathan	Murphy		LEEVALE A.C.	MS	SEN	03:02:44	10:52:59
	415	4876	Garry	Noonan		LEEVALE A.C.	M40	SEN	03:52:29	10:52:59
	344	6030	John	Twomey		LEEVALE A.C.	M35	SEN	03:57:46	10:52:59
104	130	2236	Alan	Lockington		LARNE AC	MS	SEN	03:33:13	10:53:46
	250	12016	Daniel	Magill		LARNE AC	M35	SEN	03:34:45	10:53:46
	367	1792	Mark	Todd		LARNE AC	M40	SEN	03:45:48	10:53:46
105	69	1421	Alan	Boon		DBRC	M45	SEN	03:12:38	10:56:01
	370	4121	Lorne	Gallagher		DBRC	M40	SEN	03:46:22	10:56:01
	184	7803	Mark	Conlon		DBRC	MS	SEN	03:57:01	10:56:01
106	137	4641	Philip	Mac Bain		TEMPLEMORE A.C.	MS	SEN	03:36:11	10:56:03

POS	Cat Place	BIB	FIRST		Club	TEAM			TEAM TIME
			Name	Surname		CAT	CAT	Gun Time	
	102	5209	Owen	Ryan	TEMPLEMORE A.C.	M50	SEN	03:37:41	10:56:03
	347	3705	Paddy	Clarke	TEMPLEMORE A.C.	M40	SEN	03:42:11	10:56:03
107	168	2974	Peter	Noone	NORTH EAST RUNNERS A.C.	M45	SEN	03:34:25	10:57:26
	150	3523	Audruis	Gaudutis	NORTH EAST RUNNERS A.C.	MS	SEN	03:41:20	10:57:26
	210	1403	Pat	McElarney	NORTH EAST RUNNERS A.C.	M45	SEN	03:41:41	10:57:26
108	63	2597	John	Higgins	SERPENTINE RC	M50	SEN	03:26:15	10:57:38
	239	4058	Ben	Cordner	SERPENTINE RC	M35	SEN	03:32:31	10:57:38
	189	5549	Hampus	Bergquist	SERPENTINE RC	MS	SEN	03:58:52	10:57:38
109	177	9010	Bernard	Phelan	ST. COCA'S A.C.	M45	SEN	03:36:28	10:58:13
	322	10220	Shane	Brilly	ST. COCA'S A.C.	M40	SEN	03:38:33	10:58:13
	153	2487	Gavin	Scanlon	ST. COCA'S A.C.	MS	SEN	03:43:12	10:58:13
110	232	3127	Colm	McNally	FINGALLIANS A.C.	M35	SEN	03:30:49	11:01:20
	275	1061	Alan	O'Mahoney	FINGALLIANS A.C.	M35	SEN	03:41:47	11:01:20
	167	3047	Paddy	Mulvey	FINGALLIANS A.C.	MS	SEN	03:48:44	11:01:20
111	143	6793	Niall	Bennis	LIMERICK COUNTRY CLUB A.C.	MS	SEN	03:38:23	11:04:41
	282	1805	Darren	Crowe	LIMERICK COUNTRY CLUB A.C.	M35	SEN	03:42:37	11:04:41
	215	4951	Pat	Hartigan	LIMERICK COUNTRY CLUB A.C.	M45	SEN	03:43:41	11:04:41
112	162	3968	Robert	Murray	SEAPARK AC	M45	SEN	03:31:17	11:06:06
	141	2497	James	Collins	SEAPARK AC	MS	SEN	03:37:51	11:06:06
	183	2010	Robert	Elliott	SEAPARK AC	MS	SEN	03:56:58	11:06:06
113	106	857	Joel	McFetridge	PACE RUNNING CLUB	MS	SEN	03:25:58	11:06:23
	379	865	John	Nicholson	PACE RUNNING CLUB	M40	SEN	03:47:42	11:06:23
	34	7799	Pawel	Durjasz	PACE RUNNING CLUB	M55	SEN	03:52:43	11:06:23
114	90	8269	Dean	Beirne	CARRICK-ON-SHANNON A.C.	MS	SEN	03:19:34	11:07:05
	386	873	Bernard	Greene	CARRICK-ON-SHANNON A.C.	M40	SEN	03:49:11	11:07:05
	347	13811	Ashley	Molloy	CARRICK-ON-SHANNON A.C.	M35	SEN	03:58:20	11:07:05
115	101	1565	Edwin	Lennon	BLAYNEY ROCKETS A.C.	MS	SEN	03:24:53	11:09:37
	122	3507	Frankie	Gorman	BLAYNEY ROCKETS A.C.	M50	SEN	03:45:41	11:09:37
	190	6634	Paul	McArdle	BLAYNEY ROCKETS A.C.	MS	SEN	03:59:03	11:09:37
116	149	3630	Emmet	O'Sullivan	BROTHERS PEARSE A.C.	MS	SEN	03:40:13	11:10:50
	225	10064	Austin	Smyth	BROTHERS PEARSE A.C.	M45	SEN	03:44:54	11:10:50
	295	4277	Keith	Doyle	BROTHERS PEARSE A.C.	M35	SEN	03:45:43	11:10:50
117	142	3898	Steven	Donegan	NORTH DOWN AC	MS	SEN	03:37:56	11:11:09
	335	807	Keith	Gilmore	NORTH DOWN AC	M40	SEN	03:40:05	11:11:09
	153	7480	Michael	Stevenson	NORTH DOWN AC	M50	SEN	03:53:08	11:11:09
118	63	3574	David	Harte	TRIM A.C.	MS	SEN	03:08:03	11:11:52
	192	1205	Eoghan	Harford	TRIM A.C.	MS	SEN	03:59:21	11:11:52
	203	1400	Peter	Duffy	TRIM A.C.	MS	SEN	04:04:28	11:11:52
119	271	5354	Paul	Driscoll	WEXFORD MARATHON CLUB	M35	SEN	03:40:24	11:12:19
	157	11353	Michael	McGuire	WEXFORD MARATHON CLUB	MS	SEN	03:43:57	11:12:19
	241	2418	Ciaran	Quirke	WEXFORD MARATHON CLUB	M45	SEN	03:47:58	11:12:19
120	145	2809	Brendan	McGrath	BALLINTOTIS FIT4LIFE	M45	SEN	03:28:42	11:12:25
	162	2303	T.J.	Carew	BALLINTOTIS FIT4LIFE	MS	SEN	03:47:18	11:12:25
	438	2132	Simon	Davies	BALLINTOTIS FIT4LIFE	M40	SEN	03:56:25	11:12:25
121	333	4533	Chris	Dalton	TALLAGHT A.C.	M40	SEN	03:39:34	11:12:57
	205	2910	Gary	Williams	TALLAGHT A.C.	M45	SEN	03:40:57	11:12:57
	176	14553	Michael	Murphy	TALLAGHT A.C.	MS	SEN	03:52:26	11:12:57
122	259	4557	William	McCann	SLI CUALANN A.C.	M35	SEN	03:36:55	11:14:33
	163	7023	Slawek	Bosy	SLI CUALANN A.C.	MS	SEN	03:47:26	11:14:33
	252	4825	Liam	Kelly	SLI CUALANN A.C.	M45	SEN	03:50:12	11:14:33
123	138	7609	Con	Berkery	BILBOA A.C.	MS	SEN	03:36:37	11:15:08
	158	5268	Barry	O'Brien	BILBOA A.C.	MS	SEN	03:45:21	11:15:08

Cat	FIRST		TEAM			TEAM					
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME	
		265	5269	Cathal	Gleeson	BILBOA A.C.	M45	SEN	03:53:10	11:15:08	
124		139	3885	Fergal	O'Neill	SPERRIN HARRIERS	MS	SEN	03:37:34	11:15:09	
		242	8022	Douglas	Finlay	SPERRIN HARRIERS	M45	SEN	03:48:23	11:15:09	
		139	8279	Kevin	Heenan	SPERRIN HARRIERS	M50	SEN	03:49:12	11:15:09	
125		272	1402	Paul	Larkin	RAHENY SHAMROCK A.C.	M35	SEN	03:40:48	11:15:20	
		160	6637	Oliver	Power	RAHENY SHAMROCK A.C.	MS	SEN	03:46:39	11:15:20	
		240	2621	Eamon	Traynor	RAHENY SHAMROCK A.C.	M45	SEN	03:47:53	11:15:20	
126		283	588	John Paul	O'Brien	MULLINGAR HARRIERS A.C.	M35	SEN	03:42:38	11:19:04	
		157	2463	Enda	Seery	MULLINGAR HARRIERS A.C.	MS	SEN	03:43:36	11:19:04	
		417	3117	Colm	Walsh	MULLINGAR HARRIERS A.C.	M40	SEN	03:52:50	11:19:04	
127		286	2848	Craig	Bradley	BALLYDRAIN HARRIERS	M35	SEN	03:43:34	11:20:50	
		165	3336	Adam	McKee	BALLYDRAIN HARRIERS	MS	SEN	03:48:38	11:20:50	
		166	3335	Josh	McKee	BALLYDRAIN HARRIERS	MS	SEN	03:48:38	11:20:50	
128		290	673	Robert	Cunningham	MOOREABBEY MILERS A.C.	M35	SEN	03:44:58	11:22:14	
		164	5104	J.T.	Ryan	MOOREABBEY MILERS A.C.	MS	SEN	03:47:39	11:22:14	
		310	11448	John	Hayes	MOOREABBEY MILERS A.C.	M35	SEN	03:49:37	11:22:14	
129		164	4849	Jonny	Kinney	SCRABO STRIDERS	M45	SEN	03:31:55	11:22:56	
		398	10359	Chris	Stevenson	SCRABO STRIDERS	M40	SEN	03:50:08	11:22:56	
		197	15212	Ian	Frazer	SCRABO STRIDERS	MS	SEN	04:00:53	11:22:56	
130		237	4312	Justin	Coonan	WEST WATERFORD A.C.	M45	SEN	03:47:30	11:25:12	
		380	3886	Bryan	Hallissey	WEST WATERFORD A.C.	M40	SEN	03:47:54	11:25:12	
		169	2570	Daryl	Kearns	WEST WATERFORD A.C.	MS	SEN	03:49:48	11:25:12	
131		152	553	Seamus	McEnhill	ROSSES A.C.	MS	SEN	03:42:59	11:25:43	
		355	4434	Paul	McGee	ROSSES A.C.	M40	SEN	03:43:45	11:25:43	
		349	4924	Gavin	O'Donaill	ROSSES A.C.	M35	SEN	03:58:59	11:25:43	
132		4	3056	Robert	Corr	DUBLIN FRONT RUNNERS A.C.	M65	SEN	03:37:46	11:28:11	
		179	12624	Paul	McWalter	DUBLIN FRONT RUNNERS A.C.	MS	SEN	03:52:57	11:28:11	
		39	9644	Roger	Dowds	DUBLIN FRONT RUNNERS A.C.	M55	SEN	03:57:28	11:28:11	
133		154	3045	Frank	Farrell	EAGLE A.C.	MS	SEN	03:43:27	11:29:04	
		305	11366	Cedric	Cabantous	EAGLE A.C.	M35	SEN	03:48:30	11:29:04	
		442	5917	Martin	Daly	EAGLE A.C.	M40	SEN	03:57:07	11:29:04	
134			4581	Micheal	Killeen	CRUSADERS A.C.	SEN	SEN	03:30:27	11:33:19	
			185	5086	Fergal	Condron	CRUSADERS A.C.	SEN	SEN	03:58:03	11:33:19
			8510	Niall	Dunne	CRUSADERS A.C.	SEN	SEN	04:04:49	11:33:19	
135		128	10530	Eddie	Murnin	MURLOUGH AC	MS	SEN	03:31:06	11:35:58	
		334	2182	Sean	Looby	MURLOUGH AC	M35	SEN	03:54:50	11:35:58	
		371	17085	James	McKnight	MURLOUGH AC	M35	SEN	04:10:02	11:35:58	
136		323	4198	Karl	Fullerton	FOYLE VALLEY AC	M35	SEN	03:51:31	11:37:27	
		324	5366	Barry	Smith	FOYLE VALLEY AC	M35	SEN	03:51:50	11:37:27	
		180	4984	Declan	Doherty	FOYLE VALLEY AC	MS	SEN	03:54:06	11:37:27	
137		145	4332	Brendan	Aspel	WATERFORD A.C.	M50	SEN	03:51:17	11:39:50	
		177	4611	Michael	Walsh	WATERFORD A.C.	MS	SEN	03:52:37	11:39:50	
		337	2177	Michael	O'Brien	WATERFORD A.C.	M35	SEN	03:55:56	11:39:50	
138		257	8730	Eugene	Mann	TULLAMORE HARRIERS A.C.	M45	SEN	03:50:57	11:41:20	
		174	7071	Fergal	Leonard	TULLAMORE HARRIERS A.C.	MS	SEN	03:51:01	11:41:20	
		296	7695	Declan	Rosney	TULLAMORE HARRIERS A.C.	M45	SEN	03:59:22	11:41:20	
139		394	4739	Tommy	Colfer	SLANEY OLYMPIC A.C.	M40	SEN	03:49:31	11:42:29	
		173	13264	Michael	Coughlan	SLANEY OLYMPIC A.C.	MS	SEN	03:51:01	11:42:29	
		476	11322	Declan	O'Brien	SLANEY OLYMPIC A.C.	M40	SEN	04:01:57	11:42:29	
140		258	3009	Brian	Guilfoyle	DROGHEDA & DISTRICT A.C.	M45	SEN	03:51:03	11:43:16	
		178	11233	Fergal	Myles	DROGHEDA & DISTRICT A.C.	MS	SEN	03:52:55	11:43:16	
		295	608	Knut	Nielsen	DROGHEDA & DISTRICT A.C.	M45	SEN	03:59:18	11:43:16	

Cat	FIRST		TEAM			TEAM			
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time
141	381	6965	Steve	Gallagher	DULEEK & DISTRICT A.C.	M40	SEN	03:48:19	11:44:17
	181	8646	Stephen	Burke	DULEEK & DISTRICT A.C.	MS	SEN	03:54:27	11:44:17
	471	3949	Greg	Dixon	DULEEK & DISTRICT A.C.	M40	SEN	04:01:31	11:44:17
142	222	9251	Brendan	McGeown	MALLUSK HARRIERS	M45	SEN	03:44:40	11:44:31
	458	11492	Paul	Skillen	MALLUSK HARRIERS	M40	SEN	03:59:41	11:44:31
	195	10886	Matthew	Allen	MALLUSK HARRIERS	MS	SEN	04:00:10	11:44:31
143	130	6649	Philip	Richards	DROMAHANE ROAD RUNNERS A C	M50	SEN	03:46:48	11:45:44
	161	8643	Mark	Walsh	DROMAHANE ROAD RUNNERS A C	MS	SEN	03:47:11	11:45:44
	512	8023	Damian	O'Keeffe	DROMAHANE ROAD RUNNERS A C	M40	SEN	04:11:45	11:45:44
144	182	3528	Shane	Lavery	BLACKROCK A.C. (DUBLIN)	MS	SEN	03:54:30	11:53:30
	165	3992	Dermot	Hughes	BLACKROCK A.C. (DUBLIN)	M50	SEN	03:58:49	11:53:30
	171	9028	Kevin	Flood	BLACKROCK A.C. (DUBLIN)	M50	SEN	04:00:11	11:53:30
145	7	3000	Garry	Clarke	TALLAGHT A.C.	M65	SEN	03:53:33	11:57:47
	193	1571	Stephen	Kavanagh	TALLAGHT A.C.	MS	SEN	03:59:27	11:57:47
	185	10408	Joseph	Pepper	TALLAGHT A.C.	M50	SEN	04:04:47	11:57:47
146	447	11077	Mark	Clements	NEWRY CITY RUNNERS AC	M40	SEN	03:58:05	11:58:35
	188	2358	Cathal	Morgan	NEWRY CITY RUNNERS AC	MS	SEN	03:58:38	11:58:35
	359	9001	Marty	Farnon	NEWRY CITY RUNNERS AC	M35	SEN	04:01:52	11:58:35
147	291	2905	John	Callaghan	MULLINGAR HARRIERS A.C.	M45	SEN	03:58:56	12:03:33
	197	3118	Stephen	Olwell	MULLINGAR HARRIERS A.C.	MS	SEN	04:00:19	12:03:33
	316	6813	Declan	Costello	MULLINGAR HARRIERS A.C.	M45	SEN	04:04:18	12:03:33
148	285	14111	Eugene	McCrink	SLIEVE GULLION RUNNERS	M45	SEN	03:57:18	12:03:48
	199	7102	Gerard	Murray	SLIEVE GULLION RUNNERS	MS	SEN	04:02:23	12:03:48
	482	7376	Paddy	Moley	SLIEVE GULLION RUNNERS	M40	SEN	04:04:07	12:03:48
149	350	2806	Gavin	O'Hagan	SPERRIN HARRIERS	M35	SEN	03:59:03	12:04:14
	355	11424	John	Canavan	SPERRIN HARRIERS	M35	SEN	04:00:52	12:04:14
	202	13906	Kevin	Darragh	SPERRIN HARRIERS	MS	SEN	04:04:19	12:04:14
150	164	7400	Martin	Kelly	FOYLE VALLEY AC	M50	SEN	03:58:10	12:07:29
	310	9386	Peter	Loughrey	FOYLE VALLEY AC	M45	SEN	04:01:53	12:07:29
	207	4856	Mark	White	FOYLE VALLEY AC	MS	SEN	04:07:26	12:07:29
151	299	2503	Mick	Foy	DUNBOYNE A.C.	M45	SEN	03:59:56	12:08:18
	462	6641	Michael	Baille	DUNBOYNE A.C.	M40	SEN	03:59:57	12:08:18
	210	2764	Dave	Galbraith	DUNBOYNE A.C.	MS	SEN	04:08:25	12:08:18
152	100	3445	Chris	Smith	EAST DOWN AC	M50	SEN	03:35:59	12:11:08
	203	10933	Tom	McCleen	EAST DOWN AC	M50	SEN	04:08:37	12:11:08
	243	5597	Gareth	Fegan	EAST DOWN AC	MS	SEN	04:26:32	12:11:08
153	151	1300	Derek	Monaghan	WATERSTOWN WARRIORS	M50	SEN	03:52:41	12:15:21
	196	18126	Damien	Smith	WATERSTOWN WARRIORS	M50	SEN	04:06:55	12:15:21
	227	7891	Richard	O'Connor	WATERSTOWN WARRIORS	MS	SEN	04:15:45	12:15:21
154	194	1964	Alan	McEntee	DUBLIN FRONT RUNNERS A.C.	MS	SEN	03:59:47	12:16:48
	209	7516	Aidan	Connolly	DUBLIN FRONT RUNNERS A.C.	MS	SEN	04:08:10	12:16:48
	368	9521	Ally	Menary	DUBLIN FRONT RUNNERS A.C.	M35	SEN	04:08:51	12:16:48
155	201	9545	Ryan	Smyth	MONAGHAN TOWN RUNNERS	MS	SEN	04:03:19	12:18:45
	204	2312	Niall	McCarville	MONAGHAN TOWN RUNNERS	MS	SEN	04:05:48	12:18:45
	345	8342	Barry	Tomany	MONAGHAN TOWN RUNNERS	M45	SEN	04:09:38	12:18:45
156	198	8760	Gary	Doyle	CROGHAN A.C.	MS	SEN	04:01:11	12:19:06
	498	1551	Colin	McShane	CROGHAN A.C.	M40	SEN	04:08:10	12:19:06
	370	12552	Philip	Redmond	CROGHAN A.C.	M35	SEN	04:09:45	12:19:06
157	346	1954	Eoin	O'Brien	SPORTSWORLD A.C.	M35	SEN	03:57:53	12:21:57
	187	4435	Sean	Duffy	SPORTSWORLD A.C.	MS	SEN	03:58:13	12:21:57
	408	3087	David	Culhane	SPORTSWORLD A.C.	M35	SEN	04:25:51	12:21:57
158	170	1455	Paul	Sheerin	ST. MICHAEL'S AC	M50	SEN	04:00:04	12:22:00

Cat	FIRST		TEAM			TEAM				
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
		322	4405	Austin	Fenlon	ST. MICHAEL'S AC	M45	SEN	04:05:40	12:22:00
		228	1638	Shane	Broderick	ST. MICHAEL'S AC	MS	SEN	04:16:16	12:22:00
159		6	7775	Richard	Lenihan	WEST LIMERICK A.C.	M65	SEN	03:48:59	12:23:09
		223	12664	Jeni	O'Regan	WEST LIMERICK A.C.	MS	SEN	04:14:08	12:23:09
		397	7388	Diarmuid	McCarthy	WEST LIMERICK A.C.	M35	SEN	04:20:02	12:23:09
160		70	7366	Warren	Deacon	GRAIGUE BALLYCALLAN A.C.	M50	SEN	03:28:09	12:25:11
		237	13294	Padraig	Brennan	GRAIGUE BALLYCALLAN A.C.	MS	SEN	04:23:47	12:25:11
		405	12507	Michael	Malone	GRAIGUE BALLYCALLAN A.C.	M45	SEN	04:33:15	12:25:11
161		365	7342	Bronagh	McKenna	SPERRIN HARRIERS	M35	SEN	04:07:18	12:29:19
		212	5632	Donal	Teague	SPERRIN HARRIERS	MS	SEN	04:09:11	12:29:19
		212	9171	Michael	McCrory	SPERRIN HARRIERS	M50	SEN	04:12:50	12:29:19
162		481	11302	Derek	Boylan	BOYNE A.C.	M40	SEN	04:03:12	12:30:43
		367	14857	Andrew	Coyle	BOYNE A.C.	M35	SEN	04:08:43	12:30:43
		231	20118	Ryan	Holcroft	BOYNE A.C.	MS	SEN	04:18:48	12:30:43
163		206	15284	Kieran	Cooke	SPRINGWELL RUNNING CLUB	MS	SEN	04:06:30	12:31:39
		505	8821	Paul	Quinn	SPRINGWELL RUNNING CLUB	M40	SEN	04:09:35	12:31:39
		219	10508	Peter	Butcher	SPRINGWELL RUNNING CLUB	M50	SEN	04:15:34	12:31:39
164			1476	Emmet	Mullally	ATHLONE IT A.C.	M40	SEN	03:38:23	12:32:22
			13363	Padraig	Irwin	ATHLONE IT A.C.	M55	SEN	04:20:52	12:32:22
			18784	Martin	Sherlock	ATHLONE IT A.C.	MS	SEN	04:33:07	12:32:22
165		36	6950	Diamantis	Kouvalakis	SLIGO A.C.	M55	SEN	03:54:33	12:36:17
		200	14689	Brendan	McCarrick	SLIGO A.C.	MS	SEN	04:03:11	12:36:17
		250	16353	John	Walsh	SLIGO A.C.	M50	SEN	04:38:33	12:36:17
166		511	2657	Brendan	Carbin	MONAGHAN TOWN RUNNERS	M40	SEN	04:11:22	12:37:34
		218	3373	Gerdy	Earley	MONAGHAN TOWN RUNNERS	MS	SEN	04:13:06	12:37:34
		219	3365	Sean	Lally	MONAGHAN TOWN RUNNERS	MS	SEN	04:13:06	12:37:34
167		43	4041	Tommy Joe	Whyte	TUAM A.C.	M55	SEN	04:00:47	12:37:36
		216	889	Neasa	Canavan	TUAM A.C.	MS	SEN	04:11:51	12:37:36
		406	8385	Lee	Saville	TUAM A.C.	M35	SEN	04:24:58	12:37:36
168		16	14137	Enda	McMorrow	DUNDRUM SOUTH DUBLIN A.C.	M60	SEN	04:12:47	12:44:24
		224	4615	Philip	Horan	DUNDRUM SOUTH DUBLIN A.C.	MS	SEN	04:14:24	12:44:24
		229	677	Ciaran	Sutton	DUNDRUM SOUTH DUBLIN A.C.	MS	SEN	04:17:13	12:44:24
169		305	8179	David	Birch	DROGHEDA & DISTRICT A.C.	M45	SEN	04:00:52	12:46:27
		377	7210	Paddy	Ward	DROGHEDA & DISTRICT A.C.	M45	SEN	04:21:51	12:46:27
		236	8741	David	O'Neill	DROGHEDA & DISTRICT A.C.	MS	SEN	04:23:44	12:46:27
170		211	14312	Sean	Cooney	BALLINTOTIS FIT4LIFE	MS	SEN	04:09:09	12:49:35
		537	16954	Kieran	Lynch	BALLINTOTIS FIT4LIFE	M40	SEN	04:19:46	12:49:35
		227	12877	Sean	Hennessy	BALLINTOTIS FIT4LIFE	M50	SEN	04:20:40	12:49:35
171		225	17765	Sancha	Quigley	CLONMEL A.C.	MS	SEN	04:15:03	12:49:35
		527	10444	Grzegorz	Kecik	CLONMEL A.C.	M40	SEN	04:16:41	12:49:35
		392	10088	Keith	Robinson	CLONMEL A.C.	M35	SEN	04:17:51	12:49:35
172		275	10129	Aubrey	McCrory	LARNE AC	M45	SEN	03:55:40	12:50:05
		552	19707	Andrew	Davidson	LARNE AC	M40	SEN	04:25:37	12:50:05
		246	2285	Thomas	Craig	LARNE AC	MS	SEN	04:28:48	12:50:05
173		514	15151	Alan	Conroy	BROTHERS PEARSE A.C.	M40	SEN	04:12:03	13:01:10
		238	2993	Terry	Monaghan	BROTHERS PEARSE A.C.	MS	SEN	04:24:20	13:01:10
		236	13314	Peter	Lawlor	BROTHERS PEARSE A.C.	M50	SEN	04:24:47	13:01:10
174		226	4970	Rnn	Mistil	DUBLIN BAY RUNNING CLUB	MS	SEN	04:15:22	13:01:31
		546	6722	Bened	Reyes	DUBLIN BAY RUNNING CLUB	M40	SEN	04:23:03	13:01:31
		547	3693	Eddie	Hamilton	DUBLIN BAY RUNNING CLUB	M40	SEN	04:23:06	13:01:31
175		54	2235	Liam	McDonnell	MARATHON CLUB IRELAND	M55	SEN	04:19:39	13:03:45
		401	6905	Matthew	Nicholson	MARATHON CLUB IRELAND	M35	SEN	04:21:29	13:03:45

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	235	2278	Stephen	Chambers	MARATHON CLUB IRELAND	MS	SEN	04:22:37	13:03:45
176	340	11319	Paul	Hillis	WEXFORD MARATHON CLUB	M35	SEN	03:56:38	13:04:24
	249	9808	Daniel	Bury	WEXFORD MARATHON CLUB	MS	SEN	04:31:29	13:04:24
	568	7679	Conor	Brady	WEXFORD MARATHON CLUB	M40	SEN	04:36:17	13:04:24
177	222	11017	John	Holian	DUNBOYNE A.C.	M50	SEN	04:18:28	13:05:29
	233	4304	Philip	Mahony	DUNBOYNE A.C.	MS	SEN	04:19:43	13:05:29
	557	15485	David	Dolan	DUNBOYNE A.C.	M40	SEN	04:27:18	13:05:29
178	234	8812	James	Kershaw	CRUSADERS A.C.	SEN	SEN	04:20:11	13:15:44
	240	9234	Niall	Kelly	CRUSADERS A.C.	SEN	SEN	04:24:38	13:15:44
		12319	Robert	Brown	CRUSADERS A.C.	SEN	SEN	04:30:55	13:15:44
179	221	7749	Hugh	Patton	LIFFORD STRABANE AC	MS	SEN	04:13:40	13:19:01
	60	12478	Laurence	Doherty	LIFFORD STRABANE AC	M55	SEN	04:29:09	13:19:01
	248	12479	Jason	Walsh	LIFFORD STRABANE AC	M50	SEN	04:36:12	13:19:01
180	205	4726	Anthony	Nugent	SLI CUALANN A.C.	MS	SEN	04:06:25	13:19:04
	239	12306	Mark	Duncan	SLI CUALANN A.C.	M50	SEN	04:26:35	13:19:04
	63	14006	Peter	Doran	SLI CUALANN A.C.	M55	SEN	04:46:04	13:19:04
181	534	15494	Shane	Walsh	DUNDRUM SOUTH DUBLIN A.C.	M40	SEN	04:19:27	13:26:54
	406	8270	John	Hosey	DUNDRUM SOUTH DUBLIN A.C.	M45	SEN	04:33:17	13:26:54
	252	3488	Dave	Gowan	DUNDRUM SOUTH DUBLIN A.C.	MS	SEN	04:34:10	13:26:54
182	241	8574	Gary	O'Daly	DUBLIN BAY RUNNING CLUB	MS	SEN	04:25:20	13:30:00
	390	9059	Paul	White	DUBLIN BAY RUNNING CLUB	M45	SEN	04:25:45	13:30:00
	412	20353	Erwin Noel	Camangian	DUBLIN BAY RUNNING CLUB	M45	SEN	04:38:55	13:30:00
183	253	9170	andrew	hutchinson	BALLYMENA RUNNERS AC	MS	SEN	04:34:37	14:08:43
	249	19941	kevin	duffy	BALLYMENA RUNNERS AC	M50	SEN	04:37:09	14:08:43
	261	9917	Christophe	Young	BALLYMENA RUNNERS AC	MS	SEN	04:56:57	14:08:43
184	208	4365	Aaron	Mawhinney	TERMONEENY RUNNING CLUB	MS	SEN	04:07:58	14:20:07
	209	8387	Robert	Maguire	TERMONEENY RUNNING CLUB	M50	SEN	04:12:09	14:20:07
	15	17892	Tom	Halferty	TERMONEENY RUNNING CLUB	M65	SEN	06:00:00	14:20:07
185	254	20207	Colin	Doolan	DUBLIN BAY RUNNING CLUB	MS	SEN	04:45:38	14:39:13
	257	2120	Barry	Casserly	DUBLIN BAY RUNNING CLUB	MS	SEN	04:52:06	14:39:13
	436	8867	Gary	Power	DUBLIN BAY RUNNING CLUB	M35	SEN	05:01:29	14:39:13
186	429	20399	Gerard	Colleran	DUNDRUM SOUTH DUBLIN A.C.	M35	SEN	04:42:51	15:18:54
	260	17445	Fergal	Calvey	DUNDRUM SOUTH DUBLIN A.C.	MS	SEN	04:55:57	15:18:54
	70	18187	Alan	Moore	DUNDRUM SOUTH DUBLIN A.C.	M55	SEN	05:40:06	15:18:54
1	2	55	Michael	Morgan	ST. FINBARRS A.C.	M40	M35	02:33:31	07:49:39
	3	58	Michael	Corbett	ST. FINBARRS A.C.	M40	M35	02:35:57	07:49:39
	3	56	Joe	Cunningham	ST. FINBARRS A.C.	M45	M35	02:40:11	07:49:39
2	1	40	Fergal	Whitty	DONORE HARRIERS	M40	M35	02:30:40	07:50:38
	8	38	Christophe	Muldoon	DONORE HARRIERS	M40	M35	02:39:34	07:50:38
	4	1827	Peter	Gaffney	DONORE HARRIERS	M45	M35	02:40:24	07:50:38
3	1	50	Michael	McMahon	RAHENY SHAMROCK A.C.	M35	M35	02:28:05	07:53:10
	9	5302	Dermot	Gorman	RAHENY SHAMROCK A.C.	M35	M35	02:41:21	07:53:10
	7	2947	Mick	Boyle	RAHENY SHAMROCK A.C.	M45	M35	02:43:44	07:53:10
4	2	34	Alan	O'Brien	EAGLE A.C.	M35	M35	02:29:35	07:53:16
	2	5602	Vivian	Foley	EAGLE A.C.	M45	M35	02:38:58	07:53:16
	13	580	Derek	O' Keeffe	EAGLE A.C.	M40	M35	02:44:43	07:53:16
5	3	64	Robert	Murphy	RATHFARNHAM W.S.A.F. A.C.	M35	M35	02:30:05	08:06:42
	16	49	Jason	Reid	RATHFARNHAM W.S.A.F. A.C.	M35	M35	02:43:49	08:06:42
	44	1056	Ciaran	Aylward	RATHFARNHAM W.S.A.F. A.C.	M35	M35	02:52:48	08:06:42
6	8	1081	Kevin	Baker	MULLINGAR HARRIERS A.C.	M35	M35	02:40:41	08:15:43
	5	37	Maurice	Looby	MULLINGAR HARRIERS A.C.	M45	M35	02:42:03	08:15:43
	45	2491	Mark	Carroll	MULLINGAR HARRIERS A.C.	M40	M35	02:52:59	08:15:43

POS	Cat		FIRST			TEAM			TEAM
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
7	9	65	Richard	Gorman	SLIGO A.C.	M40	M35	02:40:37	08:16:43
	12	4345	Seamus	Somers	SLIGO A.C.	M40	M35	02:43:14	08:16:43
	44	1733	Damien	Kennedy	SLIGO A.C.	M40	M35	02:52:52	08:16:43
8	12	5213	Colin	Wendel	KILCOOLE A.C.	M35	M35	02:42:01	08:18:37
	6	4570	Brian	Gurrin	KILCOOLE A.C.	M45	M35	02:42:51	08:18:37
	49	4431	Damien	Byrne	KILCOOLE A.C.	M40	M35	02:53:45	08:18:37
9	6	67	Barry	Sheil	LONGFORD A.C.	M35	M35	02:35:51	08:19:29
	11	3977	Patrick	Sharkey	LONGFORD A.C.	M40	M35	02:41:50	08:19:29
	42	1780	Kevin	Ward	LONGFORD A.C.	M45	M35	03:01:48	08:19:29
10	7	479	Stephen	Connon	BROTHERS PEARSE A.C.	M40	M35	02:39:00	08:19:38
	28	3767	Colm	Costello	BROTHERS PEARSE A.C.	M40	M35	02:49:28	08:19:38
	35	4935	Patrick	Sneyd	BROTHERS PEARSE A.C.	M40	M35	02:51:10	08:19:38
11	5	5634	Andrew	Considine	NORTH BELFAST HARRIERS	M40	M35	02:38:36	08:21:06
	19	5850	Thomas	Simmons	NORTH BELFAST HARRIERS	M35	M35	02:44:37	08:21:06
	27	5906	John	McGuigan	NORTH BELFAST HARRIERS	M45	M35	02:57:53	08:21:06
12	1	44	Gary	Condon	SLI CUALANN A.C.	M45	M35	02:38:13	08:24:16
	31	3611	Thomas	Moore	SLI CUALANN A.C.	M35	M35	02:49:34	08:24:16
	22	4600	Joe	Kelly	SLI CUALANN A.C.	M45	M35	02:56:29	08:24:16
13	15	2509	Dominick	Branigan	CRUSADERS A.C.	M35	M35	02:43:36	08:25:36
	20	4280	Ger	Forde	CRUSADERS A.C.	M35	M35	02:44:39	08:25:36
	71	4432	Eugene	McDonough	CRUSADERS A.C.	M35	M35	02:57:21	08:25:36
14	17	2768	Eddie	Garry	TULLAMORE HARRIERS A.C.	M35	M35	02:43:53	08:26:30
	27	6032	David	Murray	TULLAMORE HARRIERS A.C.	M35	M35	02:49:05	08:26:30
	48	881	Raymond	Ryan	TULLAMORE HARRIERS A.C.	M40	M35	02:53:32	08:26:30
15	10	1564	Alan	Clarke	BLAYNEY ROCKETS A.C.	M40	M35	02:41:43	08:27:37
	25	3004	Stephen	Dignam	BLAYNEY ROCKETS A.C.	M40	M35	02:49:07	08:27:37
	61	1012	Martin	Fleming	BLAYNEY ROCKETS A.C.	M40	M35	02:56:47	08:27:37
16	12	4852	Pat	O'Connor	EAGLE A.C.	M45	M35	02:48:23	08:27:56
	28	5388	Ruairi	O'Callaghan	EAGLE A.C.	M35	M35	02:49:28	08:27:56
	4	810	Frank	Hill	EAGLE A.C.	M50	M35	02:50:05	08:27:56
17	6	5641	Ciaran	McGonagle	LETTERKENNY A.C.	M40	M35	02:38:48	08:28:06
	39	5565	Sean	McFadden	LETTERKENNY A.C.	M40	M35	02:52:04	08:28:06
	69	5141	Gerard	McGranaghan	LETTERKENNY A.C.	M35	M35	02:57:14	08:28:06
18	16	1628	Wesley	O'Brien	RAHENY SHAMROCK A.C.	M40	M35	02:45:02	08:30:13
	42	2914	Damian	Kehoe	RAHENY SHAMROCK A.C.	M40	M35	02:52:17	08:30:13
	46	3762	Jody	Gilhooly	RAHENY SHAMROCK A.C.	M35	M35	02:52:54	08:30:13
19	13	32	Trevor	Power	WATERFORD A.C.	M35	M35	02:42:09	08:30:19
	40	5605	Mark	Langford	WATERFORD A.C.	M35	M35	02:51:53	08:30:19
	59	2199	Brian	Swaby	WATERFORD A.C.	M35	M35	02:56:17	08:30:19
20	14	5013	Jerome	Debize	GALWAY CITY HARRIERS A.C.	M40	M35	02:44:47	08:31:37
	34	4160	Culan	O'Meara	GALWAY CITY HARRIERS A.C.	M40	M35	02:50:58	08:31:37
	19	3878	Gerard	Carty	GALWAY CITY HARRIERS A.C.	M45	M35	02:55:52	08:31:37
21	27	3716	Sean	Fox	DONORE HARRIERS	M40	M35	02:49:25	08:32:57
	36	3864	Patrick	Moriarty	DONORE HARRIERS	M40	M35	02:51:31	08:32:57
	41	3129	Dan	O'Farrell	DONORE HARRIERS	M35	M35	02:52:01	08:32:57
22	10	59	Alan	Lehane	ST. FINBARRS A.C.	M35	M35	02:41:23	08:32:58
	43	68	Alex	O'Shea	ST. FINBARRS A.C.	M40	M35	02:52:20	08:32:58
	34	4971	Stephen	Geoghegan	ST. FINBARRS A.C.	M45	M35	02:59:15	08:32:58
23	14	2345	Kieran Brer	Mullan	INISHOWEN A.C.	M45	M35	02:51:22	08:37:39
	40	1794	Malcolm	McGee	INISHOWEN A.C.	M40	M35	02:52:06	08:37:39
	51	1510	Jim	Harkin	INISHOWEN A.C.	M40	M35	02:54:11	08:37:39
24	29	4512	Pedro	Lopez	CELBRIDGE A.C.	M40	M35	02:49:57	08:38:42

POS	Cat Place	BIB	FIRST		Club	TEAM			TEAM TIME
			Name	Surname		CAT	CAT	Gun Time	
	52	1437	Paddy	Moran	CELBRIDGE A.C.	M40	M35	02:54:16	08:38:42
	1	3302	Peter	Donohoe	CELBRIDGE A.C.	M55	M35	02:54:29	08:38:42
25	15	2898	Brian	McElvanna	ARMAGH AC	M40	M35	02:44:52	08:42:14
	85	6062	Paul	Finnegan	ARMAGH AC	M35	M35	02:58:35	08:42:14
	89	785	Lorcan	Vallely	ARMAGH AC	M35	M35	02:58:47	08:42:14
26	39	1060	John	McMenamin	METRO/ST. BRIGID'S A.C.	M35	M35	02:51:34	08:42:36
	16	4677	Sean	Mac Seoin	METRO/ST. BRIGID'S A.C.	M45	M35	02:53:12	08:42:36
	70	3083	Paul	Kelly	METRO/ST. BRIGID'S A.C.	M40	M35	02:57:50	08:42:36
27	37	5063	David	Conliffe	PACE RUNNING CLUB	M40	M35	02:51:47	08:44:20
	57	4020	Stephen	Nicholson	PACE RUNNING CLUB	M35	M35	02:55:40	08:44:20
	65	4864	Ricky	McKnight	PACE RUNNING CLUB	M35	M35	02:56:53	08:44:20
28	10	977	Sean	Murphy	TRIM A.C.	M45	M35	02:46:32	08:44:24
	74	2954	Ernest	Asensio	TRIM A.C.	M40	M35	02:58:44	08:44:24
	33	5531	Andrew	Revington	TRIM A.C.	M45	M35	02:59:08	08:44:24
29	47	1047	Ian	O'Reilly	BROTHERS PEARSE A.C.	M40	M35	02:53:30	08:45:52
	58	3758	Philip	Doyle	BROTHERS PEARSE A.C.	M40	M35	02:55:55	08:45:52
	62	3256	Mark	Pearce	BROTHERS PEARSE A.C.	M35	M35	02:56:27	08:45:52
30	52	1889	Greg	Byrne	RATHFARNHAM W.S.A.F. A.C.	M35	M35	02:54:14	08:47:18
	6	3604	Colm	Murray	RATHFARNHAM W.S.A.F. A.C.	M50	M35	02:54:58	08:47:18
	77	393	Gael	Hernandez	RATHFARNHAM W.S.A.F. A.C.	M35	M35	02:58:06	08:47:18
31	47	4229	Edward	Harkin	ROSSES A.C.	M35	M35	02:53:07	08:47:31
	66	794	Noel	Diver	ROSSES A.C.	M35	M35	02:57:00	08:47:31
	68	6023	Michael	Logue	ROSSES A.C.	M40	M35	02:57:24	08:47:31
32	29	1981	Don	Hayes	AN BRU AC	M35	M35	02:49:29	08:47:57
	43	4189	Brian	Lawlor	AN BRU AC	M35	M35	02:52:30	08:47:57
	115	2856	Nicholas	Moloney	AN BRU AC	M35	M35	03:05:58	08:47:57
33	9	1975	Tom	Gavin	BLACKROCK A.C. (DUBLIN)	M45	M35	02:45:35	08:49:00
	15	2492	Barry	Thornton	BLACKROCK A.C. (DUBLIN)	M45	M35	02:52:25	08:49:00
	65	2688	John F	Casey	BLACKROCK A.C. (DUBLIN)	M45	M35	03:11:00	08:49:00
34	38	5500	John	Nolan	MAYO A.C.	M40	M35	02:51:48	08:49:13
	54	4335	Brendan	Hession	MAYO A.C.	M35	M35	02:54:31	08:49:13
	98	439	John	Byrne	MAYO A.C.	M40	M35	03:02:54	08:49:13
35	32	5210	Sean	Percy	TEMPLEMORE A.C.	M35	M35	02:49:47	08:50:45
	13	5208	Peter	Madden	TEMPLEMORE A.C.	M45	M35	02:50:23	08:50:45
	144	4609	Seamus	Duggan	TEMPLEMORE A.C.	M40	M35	03:10:35	08:50:45
36	57	1118	Diarmuid	Hennessy	GALWAY CITY HARRIERS A.C.	M40	M35	02:55:52	08:51:10
	24	5071	Jimmy	Ward	GALWAY CITY HARRIERS A.C.	M45	M35	02:56:48	08:51:10
	82	4582	Padraig	McHugh	GALWAY CITY HARRIERS A.C.	M35	M35	02:58:30	08:51:10
37	17	3014	Alan	Farrrell	DONORE HARRIERS	M45	M35	02:55:25	08:51:28
	72	1866	Declan	Lynch	DONORE HARRIERS	M35	M35	02:57:22	08:51:28
	86	1020	Tony	Barry	DONORE HARRIERS	M35	M35	02:58:41	08:51:28
38	50	3813	Paul	Kelly	LIFFORD STRABANE AC	M35	M35	02:53:28	08:51:30
	9	684	Michael	McGrinder	LIFFORD STRABANE AC	M50	M35	02:58:47	08:51:30
	3	3437	Michael	Duncan	LIFFORD STRABANE AC	M55	M35	02:59:15	08:51:30
39	21	1709	Alan	Ryan	WEST WATERFORD A.C.	M45	M35	02:56:28	08:53:20
	68	3430	Marc	Flavin	WEST WATERFORD A.C.	M35	M35	02:57:11	08:53:20
	86	5360	Michael	Moloney	WEST WATERFORD A.C.	M40	M35	02:59:41	08:53:20
40	22	5099	Dave	Slater	ENNISKILLEN RC	M40	M35	02:47:51	08:53:59
	38	4156	Michael	Walsh	ENNISKILLEN RC	M45	M35	03:00:01	08:53:59
	116	498	Damien	Murray	ENNISKILLEN RC	M35	M35	03:06:07	08:53:59
41	66	5327	Paul	Wyse	WATERFORD A.C.	M40	M35	02:57:18	08:54:33
	80	483	Colm	Walsh	WATERFORD A.C.	M35	M35	02:58:25	08:54:33

POS	Cat Place	BIB	FIRST			TEAM			
			Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	75	3526	David	Cunningham	WATERFORD A.C.	M40	M35	02:58:50	08:54:33
42	59	1214	John	Robinson	BALLYMENA RUNNERS AC	M40	M35	02:56:07	08:55:04
	11	1488	Rodney	Agnew	BALLYMENA RUNNERS AC	M50	M35	02:58:56	08:55:04
	37	570	John	Hasson	BALLYMENA RUNNERS AC	M45	M35	03:00:01	08:55:04
43	69	3393	Martin	Doyle	SPORTSWORLD A.C.	M40	M35	02:57:44	08:55:50
	92	66	Michael	Cunningham	SPORTSWORLD A.C.	M35	M35	02:59:03	08:55:50
	93	1983	Diarmuid	Silleabhin	SPORTSWORLD A.C.	M35	M35	02:59:03	08:55:50
44	11	2587	John	Murphy	GRANGE/FERMOY A.C.	M45	M35	02:47:38	08:55:55
	35	497	Gary	Clerkin	GRANGE/FERMOY A.C.	M45	M35	02:59:16	08:55:55
	56	2125	Conor	Bartley	GRANGE/FERMOY A.C.	M45	M35	03:09:01	08:55:55
45	67	5249	Michael	Forde	EAGLE A.C.	M35	M35	02:57:10	08:56:15
	28	2323	Ronan	O'Reilly	EAGLE A.C.	M45	M35	02:58:50	08:56:15
	88	2102	Paul	Cotter	EAGLE A.C.	M40	M35	03:00:15	08:56:15
46	18	4774	Stephen	Hurley	WATERGRASSHILL A.C.	M35	M35	02:44:12	08:56:53
	99	2291	Stephen	Rooney	WATERGRASSHILL A.C.	M40	M35	03:03:04	08:56:53
	137	5615	Ken	Crowley	WATERGRASSHILL A.C.	M40	M35	03:09:37	08:56:53
47	12	5594	Derek	Somerville	OMAGH HARRIERS	M50	M35	02:59:11	08:58:29
	13	2149	Seanie	Meyler	OMAGH HARRIERS	M50	M35	02:59:38	08:58:29
	36	4699	Peter	Neill	OMAGH HARRIERS	M45	M35	02:59:40	08:58:29
48	73	5017	Colm	Cunningham	DUNDRUM SOUTH DUBLIN A.C.	M40	M35	02:58:42	08:58:47
	14	3401	Stephen	Judge	DUNDRUM SOUTH DUBLIN A.C.	M50	M35	02:59:59	08:58:47
	40	3080	Jim	Quinn	DUNDRUM SOUTH DUBLIN A.C.	M45	M35	03:00:06	08:58:47
49	77	1855	Terry	Keogh	RAHENY SHAMROCK A.C.	M40	M35	02:58:54	08:58:56
	84	397	Steve	Reeves	RAHENY SHAMROCK A.C.	M40	M35	02:59:20	08:58:56
	101	3679	Dermot	Coffey	RAHENY SHAMROCK A.C.	M35	M35	03:00:42	08:58:56
50	90	1377	Peter	Toomey	RATHFARNHAM W.S.A.F. A.C.	M35	M35	02:58:48	08:59:30
	4	5284	Tom	Cuddy	RATHFARNHAM W.S.A.F. A.C.	M55	M35	02:59:16	08:59:30
	15	3008	Denis	Daly	RATHFARNHAM W.S.A.F. A.C.	M50	M35	03:01:26	08:59:30
51	72	2118	Tony	O'Connor	GALWAY CITY HARRIERS A.C.	M40	M35	02:58:33	09:00:05
	31	3834	Sean	Hanley	GALWAY CITY HARRIERS A.C.	M45	M35	02:59:01	09:00:05
	107	665	Louis	Coyne	GALWAY CITY HARRIERS A.C.	M35	M35	03:02:31	09:00:05
52	35	2179	Paul	Doran	UNITED STRIDERS A.C.	M35	M35	02:50:02	09:01:09
	33	1584	Sean	Murphy	UNITED STRIDERS A.C.	M40	M35	02:50:51	09:01:09
	208	8782	John	Kent	UNITED STRIDERS A.C.	M40	M35	03:20:16	09:01:09
53	24	4055	Trust	Mtinsi	KILKENNY CITY HARRIERS A.C.	M35	M35	02:46:45	09:01:48
	41	2207	Pat	Purcell	KILKENNY CITY HARRIERS A.C.	M40	M35	02:52:17	09:01:48
	53	5293	Malcolm	Browne	KILKENNY CITY HARRIERS A.C.	M50	M35	03:22:46	09:01:48
54	17	5436	Brian	Taggart	SPERRIN HARRIERS	M40	M35	02:45:26	09:02:19
	25	2779	Pierce	McCullagh	SPERRIN HARRIERS	M35	M35	02:47:54	09:02:19
	149	17774	Stephen	McWilliams	SPERRIN HARRIERS	M45	M35	03:28:59	09:02:19
55	70	4154	Damian	McBride	MILFORD A.C.	M35	M35	02:57:20	09:02:28
	84	5801	Paul	Russell	MILFORD A.C.	M35	M35	02:58:33	09:02:28
	118	4859	Paul	McGettigan	MILFORD A.C.	M35	M35	03:06:35	09:02:28
56	18	663	Mikey	Keating	GALTEE RUNNERS A.C.	M45	M35	02:55:26	09:03:48
	30	1252	Willie	O'Connor	GALTEE RUNNERS A.C.	M45	M35	02:58:56	09:03:48
	134	5538	James	Fletcher	GALTEE RUNNERS A.C.	M40	M35	03:09:26	09:03:48
57	8	3756	Ian	O'Gorman	LE CHEILE A.C.	M50	M35	02:57:35	09:04:23
	104	1617	Brendan	Kearney	LE CHEILE A.C.	M35	M35	03:01:07	09:04:23
	113	4555	Gerard	Donnelly	LE CHEILE A.C.	M35	M35	03:05:41	09:04:23
58	100	3909	Sean	Dudgeon	LIFFORD STRABANE AC	M35	M35	03:00:00	09:05:18
	41	3831	Eddie	Kelly	LIFFORD STRABANE AC	M45	M35	03:01:19	09:05:18
	46	5107	Enda	McNulty	LIFFORD STRABANE AC	M45	M35	03:03:59	09:05:18

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
59	30	177	Declan	Ryan	THURLES CROKES A.C.	M35	M35	02:49:29	09:05:55
	95	1015	John	Fogarty	THURLES CROKES A.C.	M40	M35	03:02:03	09:05:55
	162	1439	Willie	Shanahan	THURLES CROKES A.C.	M40	M35	03:14:23	09:05:55
60	88	517	Kevin	Kelleher	KILCOOLE A.C.	M35	M35	02:58:45	09:06:21
	100	1098	Colm	Murphy	KILCOOLE A.C.	M40	M35	03:03:24	09:06:21
	103	1390	Toni	Llovera Morancho	KILCOOLE A.C.	M40	M35	03:04:12	09:06:21
61	53	5865	Brian	McCrea	FINN VALLEY A.C.	M35	M35	02:54:23	09:07:59
	105	5925	Barry	Gallagher	FINN VALLEY A.C.	M40	M35	03:04:38	09:07:59
	132	866	Derek	Callaghan	FINN VALLEY A.C.	M40	M35	03:08:58	09:07:59
62	33	5242	Niall	Porter	DUB RUNNING CLUB	M35	M35	02:49:52	09:09:45
	20	5405	Brian	Derby	DUB RUNNING CLUB	M50	M35	03:05:45	09:09:45
	160	2165	Neil	Curran	DUB RUNNING CLUB	M40	M35	03:14:08	09:09:45
63	16	4195	Thomas	Fox	EAGLE A.C.	M50	M35	03:02:10	09:09:51
	44	5081	Colin	O'Herlihy	EAGLE A.C.	M45	M35	03:03:48	09:09:51
	45	4986	Brian	McGuire	EAGLE A.C.	M45	M35	03:03:53	09:09:51
64	96	4216	Rory	Thompson	LUCAN HARRIERS A.C.	M35	M35	02:59:14	09:10:03
	103	3017	Peter john	Hyland	LUCAN HARRIERS A.C.	M35	M35	03:01:05	09:10:03
	140	1513	Will	Byrne	LUCAN HARRIERS A.C.	M40	M35	03:09:44	09:10:03
65	94	3214	Ken	Whitelaw	MULLINGAR HARRIERS A.C.	M35	M35	02:59:05	09:13:38
	107	1372	Mark	McCann	MULLINGAR HARRIERS A.C.	M40	M35	03:05:23	09:13:38
	132	931	Patrick	Muldoon	MULLINGAR HARRIERS A.C.	M35	M35	03:09:10	09:13:38
66	93	2676	Darran	Lagan	OMAGH TRI CLUB	M40	M35	03:01:31	09:13:51
	102	9840	Conor	Eannetta	OMAGH TRI CLUB	M40	M35	03:04:03	09:13:51
	125	5272	Patrick	McGrath	OMAGH TRI CLUB	M35	M35	03:08:17	09:13:51
67	26	3851	David	Kearins	SLIGO A.C.	M45	M35	02:56:48	09:16:09
	58	5478	Mel	Casserly	SLIGO A.C.	M45	M35	03:09:15	09:16:09
	62	3987	Gerry	Gilmartin	SLIGO A.C.	M45	M35	03:10:06	09:16:09
68	21	3185	Ger	Copeland	DUBLIN BAY RUNNING CLUB	M40	M35	02:47:48	09:17:00
	73	2748	Tom	Reynolds	DUBLIN BAY RUNNING CLUB	M45	M35	03:13:21	09:17:00
	178	3142	Mark	Hughes	DUBLIN BAY RUNNING CLUB	M40	M35	03:15:51	09:17:00
69	22	2598	Michael	Byrne	ST. CATHERINES (CORK) A.C.	M35	M35	02:45:50	09:17:11
	114	999	Trevor	Geary	ST. CATHERINES (CORK) A.C.	M40	M35	03:06:00	09:17:11
	235	4895	Brendan	Hickey	ST. CATHERINES (CORK) A.C.	M40	M35	03:25:21	09:17:11
70	65	4926	Richard	Bell	FR. MURPHY A.C.	M40	M35	02:57:02	09:17:42
	85	1033	Liam	Cunningham	FR. MURPHY A.C.	M40	M35	02:59:37	09:17:42
	48	3169	Brian	Smith	FR. MURPHY A.C.	M50	M35	03:21:03	09:17:42
71	67	6059	Martin	Lyons	WEST LIMERICK A.C.	M40	M35	02:57:19	09:17:54
	53	2257	Liam	Hurrell	WEST LIMERICK A.C.	M45	M35	03:07:45	09:17:54
	70	5281	Kevin	Kelly	WEST LIMERICK A.C.	M45	M35	03:12:50	09:17:54
72	43	1579	Declan	Lawler	RAHENY SHAMROCK A.C.	M45	M35	03:03:01	09:19:11
	118	4363	Eric	Champ	RAHENY SHAMROCK A.C.	M40	M35	03:07:25	09:19:11
	130	1928	Gerard	Mullins	RAHENY SHAMROCK A.C.	M40	M35	03:08:45	09:19:11
73	79	2995	John	Carroll	BOHERMEEN A.C.	M35	M35	02:58:19	09:19:22
	105	1358	Anthony	Callan	BOHERMEEN A.C.	M35	M35	03:01:51	09:19:22
	200	2703	Shane	McCabe	BOHERMEEN A.C.	M40	M35	03:19:12	09:19:22
74	101	2252	Trevor	O'Connor	NORTH CORK A.C.	M40	M35	03:03:45	09:19:39
	113	2017	John	Meehan	NORTH CORK A.C.	M40	M35	03:05:39	09:19:39
	137	5871	Diarmuid	O'Sullivan	NORTH CORK A.C.	M35	M35	03:10:15	09:19:39
75	31	4367	Gavin	McGlinchey	CITY OF DERRY AC SPARTANS	M40	M35	02:50:18	09:21:00
	145	4161	Mark	Gibney	CITY OF DERRY AC SPARTANS	M40	M35	03:10:41	09:21:00
	189	5886	Dara	Furey	CITY OF DERRY AC SPARTANS	M35	M35	03:20:01	09:21:00
76	99	6759	Gerard	Neenan	SPORTSWORLD A.C.	M35	M35	02:59:58	09:21:28

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	27	5002	Edward	McEntee	SPORTSWORLD A.C.	M50	M35	03:09:45	09:21:28
	67	4550	Jose	Chapa	SPORTSWORLD A.C.	M45	M35	03:11:45	09:21:28
77	94	683	Arran	Rutledge	NORTH BELFAST HARRIERS	M40	M35	03:01:45	09:21:40
	104	3867	Simon	Reeve	NORTH BELFAST HARRIERS	M40	M35	03:04:25	09:21:40
	167	1275	Joe	Norney	NORTH BELFAST HARRIERS	M35	M35	03:15:30	09:21:40
78	91	773	Mark	Reid	FOYLE VALLEY AC	M40	M35	03:00:55	09:21:49
	54	4635	Dara	McNulty	FOYLE VALLEY AC	M45	M35	03:08:19	09:21:49
	153	3979	Paul	Coyle	FOYLE VALLEY AC	M40	M35	03:12:35	09:21:49
79	38	2547	Cathal	O'Reilly	LOUGHREA A.C.	M35	M35	02:51:16	09:22:28
	47	4814	Kevin	Shalloo	LOUGHREA A.C.	M45	M35	03:05:10	09:22:28
	238	4837	Kevin	Nolan	LOUGHREA A.C.	M40	M35	03:26:02	09:22:28
80	75	3061	Paul	Dempsey	CRUSADERS A.C.	M35	M35	02:57:47	09:23:53
	155	3529	Patrick	Needham	CRUSADERS A.C.	M40	M35	03:12:47	09:23:53
	152	3989	Philip	Hamilton	CRUSADERS A.C.	M35	M35	03:13:19	09:23:53
81	19	3794	Brendan	Abbott	TULLAMORE HARRIERS A.C.	M50	M35	03:05:25	09:24:20
	124	3640	Robert	Westman	TULLAMORE HARRIERS A.C.	M35	M35	03:07:52	09:24:20
	143	1058	Johnjoe	Galvin	TULLAMORE HARRIERS A.C.	M35	M35	03:11:03	09:24:20
82	110	904	John	Culhane	ST. L. O'TOOLE A.C.	M35	M35	03:03:25	09:24:33
	131	1331	Tom	Cooney	ST. L. O'TOOLE A.C.	M40	M35	03:08:46	09:24:33
	149	1330	Denis	Lyons	ST. L. O'TOOLE A.C.	M35	M35	03:12:22	09:24:33
83	23	3222	Michael	Coia	TALLAGHT A.C.	M45	M35	02:56:47	09:24:40
	151	2545	Shane	Carton	TALLAGHT A.C.	M40	M35	03:12:25	09:24:40
	173	3608	Billy	Loughman	TALLAGHT A.C.	M40	M35	03:15:28	09:24:40
84	91	3743	Fearghal	Delaney	ARMAGH AC	M35	M35	02:58:56	09:24:47
	143	5350	James	Brannigan	ARMAGH AC	M40	M35	03:10:19	09:24:47
	168	5848	Michael	McKenzie	ARMAGH AC	M35	M35	03:15:32	09:24:47
85	101	788	Rob	Lennon	CASTLEGAR A.C.	M35	M35	03:00:22	09:26:30
	146	3836	Shane	Begley	CASTLEGAR A.C.	M35	M35	03:11:17	09:26:30
	162	2870	Liam	Curran	CASTLEGAR A.C.	M35	M35	03:14:51	09:26:30
86	1	2882	Martin	Kearney	GALWAY CITY HARRIERS A.C.	M60	M35	03:02:56	09:26:59
	136	877	Hugh	Donoghue	GALWAY CITY HARRIERS A.C.	M35	M35	03:10:05	09:26:59
	155	4197	Gearoid	Hynes	GALWAY CITY HARRIERS A.C.	M35	M35	03:13:58	09:26:59
87	96	2827	Morgan	O'Regan	MIDDLETON A.C.	M40	M35	03:02:41	09:28:44
	156	484	Kevin	Smith	MIDDLETON A.C.	M40	M35	03:12:53	09:28:44
	157	4166	Fionan	O'Haodain	MIDDLETON A.C.	M40	M35	03:13:10	09:28:44
88	24	3433	Micheal	Dillon	NEWRY CITY RUNNERS AC	M40	M35	02:48:59	09:30:11
	116	4790	Peter	Linden	NEWRY CITY RUNNERS AC	M40	M35	03:06:22	09:30:11
	251	11079	Neil	McMurray	NEWRY CITY RUNNERS AC	M35	M35	03:34:50	09:30:11
89	117	3769	John	O'Neill	LE CHEILE A.C.	M35	M35	03:06:09	09:30:30
	144	4239	Tommy	Walsh	LE CHEILE A.C.	M35	M35	03:11:13	09:30:30
	71	2347	Eamon	Shields	LE CHEILE A.C.	M45	M35	03:13:08	09:30:30
90	126	1905	Shane	McCarthy	CELBRIDGE A.C.	M40	M35	03:08:25	09:30:53
	135	3814	Stephen	Coller	CELBRIDGE A.C.	M35	M35	03:10:00	09:30:53
	152	4406	David	Hayes	CELBRIDGE A.C.	M40	M35	03:12:28	09:30:53
91	59	424	Enda	Martin	DROGHEDA & DISTRICT A.C.	M45	M35	03:09:49	09:31:35
	33	2408	John	Reilly	DROGHEDA & DISTRICT A.C.	M50	M35	03:10:49	09:31:35
	64	1886	John	Cooper	DROGHEDA & DISTRICT A.C.	M45	M35	03:10:57	09:31:35
92	20	2245	Brian	Heron	LARNE AC	M45	M35	02:56:08	09:32:14
	48	5558	Paul	Gaskell	LARNE AC	M45	M35	03:05:34	09:32:14
	79	4136	Emmett	Woods	LARNE AC	M50	M35	03:30:32	09:32:14
93	14	2554	Michael	Canty	MOY VALLEY A.C.	M35	M35	02:43:29	09:33:09
	92	1797	Kevin	Clarke	MOY VALLEY A.C.	M45	M35	03:18:36	09:33:09

Cat	FIRST		TEAM			TEAM				
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
		281	4122	John	Fox	MOY VALLEY A.C.	M40	M35	03:31:04	09:33:09
94		61	1959	Liam	Fergus	NORTH EAST RUNNERS A.C.	M35	M35	02:56:22	09:34:55
		127	3089	Kevin	Hamill	NORTH EAST RUNNERS A.C.	M40	M35	03:08:36	09:34:55
		268	5515	Fintan	Rogers	NORTH EAST RUNNERS A.C.	M40	M35	03:29:57	09:34:55
95		30	5535	Norman	Smyth	NEWCASTLE & DISTRICT AC	M50	M35	03:10:11	09:36:37
		146	314	Michael	McKenna	NEWCASTLE & DISTRICT AC	M35	M35	03:11:52	09:36:37
		158	3503	Noel	Gallagher	NEWCASTLE & DISTRICT AC	M35	M35	03:14:34	09:36:37
96		111	2821	Patrick	Brennan	LETTERKENNY A.C.	M35	M35	03:03:27	09:36:52
		128	2016	Martin	Devenney	LETTERKENNY A.C.	M35	M35	03:08:29	09:36:52
		58	4882	Darren	Beecroft	LETTERKENNY A.C.	M50	M35	03:24:56	09:36:52
97		10	1567	Campbell	Aidan	BLAYNEY ROCKETS A.C.	M50	M35	02:58:55	09:37:00
		184	1851	Derek	Callan	BLAYNEY ROCKETS A.C.	M40	M35	03:16:52	09:37:00
		111	3635	Brendan	Murphy	BLAYNEY ROCKETS A.C.	M45	M35	03:21:13	09:37:00
98		129	402	Paul	O'Brien	KILCOOLE A.C.	M35	M35	03:08:37	09:37:01
		159	413	Mark	Byrne	KILCOOLE A.C.	M40	M35	03:13:44	09:37:01
		166	419	Eoghan	Mooney	KILCOOLE A.C.	M40	M35	03:14:40	09:37:01
99		49	4587	Ian	Phelan	RATOATH A.C.	M35	M35	02:53:19	09:37:16
		201	4586	Earle	Doyle	RATOATH A.C.	M40	M35	03:19:13	09:37:16
		225	1327	Hugh	Kelly	RATOATH A.C.	M40	M35	03:24:44	09:37:16
100		97	5303	Connor	Mulholland	ST PETERS	M40	M35	03:02:51	09:39:03
		187	1264	Francis	McKay	ST PETERS	M40	M35	03:16:58	09:39:03
		96	792	Barry	Shanks	ST PETERS	M45	M35	03:19:14	09:39:03
101		138	2792	Eamonn	Doyle	GRANGE/FERMOY A.C.	M40	M35	03:09:41	09:39:31
		159	2879	Don	Pyne	GRANGE/FERMOY A.C.	M35	M35	03:14:41	09:39:31
		171	3882	Darren	Flynn	GRANGE/FERMOY A.C.	M40	M35	03:15:09	09:39:31
102		8	5120	Alan	Johnston	MURLOUGH AC	M45	M35	02:44:28	09:40:01
		250	4116	Hugh	Oram	MURLOUGH AC	M40	M35	03:27:16	09:40:01
		18	3315	Declan	McCormick	MURLOUGH AC	M55	M35	03:28:17	09:40:01
103		36	5511	David	Proctor	WILLOWFIELD HARRIERS	M35	M35	02:50:24	09:41:04
		68	5041	Stephen	Smartt	WILLOWFIELD HARRIERS	M45	M35	03:12:06	09:41:04
		104	5433	Maurice	Murphy	WILLOWFIELD HARRIERS	M50	M35	03:38:34	09:41:04
104		52	692	Eamonn	O'Reilly	NORTH DOWN AC	M45	M35	03:07:35	09:41:26
		172	689	Andrew	Muir	NORTH DOWN AC	M40	M35	03:15:12	09:41:26
		199	313	Alan	Massey	NORTH DOWN AC	M40	M35	03:18:39	09:41:26
105		56	3103	David	Griffin	SLIEVE GULLION RUNNERS	M35	M35	02:55:37	09:42:07
		83	1809	Peter	Rogers	SLIEVE GULLION RUNNERS	M35	M35	02:58:32	09:42:07
		303	8558	Peter	McAllister	SLIEVE GULLION RUNNERS	M35	M35	03:47:58	09:42:07
106		141	3317	Wesley	Grant	RAHENY SHAMROCK A.C.	M35	M35	03:11:02	09:42:24
		39	1942	David	O'Hara	RAHENY SHAMROCK A.C.	M50	M35	03:14:28	09:42:24
		87	1100	David	Grange	RAHENY SHAMROCK A.C.	M45	M35	03:16:54	09:42:24
107		133	5876	Brendan	O'Driscoll	WATERFORD A.C.	M35	M35	03:09:46	09:42:28
		164	310	Peter	Hennessy	WATERFORD A.C.	M40	M35	03:14:30	09:42:28
		197	531	Pat	Nolan	WATERFORD A.C.	M40	M35	03:18:12	09:42:28
108		35	1278	David	Fagan	MULLINGAR HARRIERS A.C.	M50	M35	03:13:15	09:43:00
		157	1935	Brian	Collentine	MULLINGAR HARRIERS A.C.	M35	M35	03:14:32	09:43:00
		41	1236	Matthew	Glemmon	MULLINGAR HARRIERS A.C.	M50	M35	03:15:13	09:43:00
109		114	1059	Paul	Farrell	METRO/ST. BRIGID'S A.C.	M35	M35	03:05:48	09:43:43
		90	3313	Alan	King	METRO/ST. BRIGID'S A.C.	M45	M35	03:17:47	09:43:43
		206	4722	Colm	O'Grady	METRO/ST. BRIGID'S A.C.	M40	M35	03:20:08	09:43:43
110		23	3810	Sean	Kelly	LIMERICK COUNTRY CLUB A.C.	M50	M35	03:08:34	09:44:10
		168	1287	Martin	Waters	LIMERICK COUNTRY CLUB A.C.	M40	M35	03:14:46	09:44:10
		9	4150	Kieran	Tracey	LIMERICK COUNTRY CLUB A.C.	M55	M35	03:20:50	09:44:10

POS	Cat		FIRST			TEAM			TEAM
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
111	81	4532	Alan	McKernan	DUNBOYNE A.C.	M40	M35	02:59:09	09:44:19
	101	411	Rob	Hale	DUNBOYNE A.C.	M45	M35	03:19:50	09:44:19
	212	5828	John	Carney	DUNBOYNE A.C.	M35	M35	03:25:20	09:44:19
112	17	1249	Tony	Cambridge	EAGLE A.C.	M50	M35	03:05:06	09:44:29
	190	1101	Darren	Casey	EAGLE A.C.	M40	M35	03:17:12	09:44:29
	117	2786	John	Sheehan	EAGLE A.C.	M45	M35	03:22:11	09:44:29
113	130	3284	Eoin	Fogarty	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	03:08:56	09:44:43
	66	1343	Barry	O'Grady	DUNDRUM SOUTH DUBLIN A.C.	M45	M35	03:11:03	09:44:43
	208	33	Gary	Crossan	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	03:24:44	09:44:43
114	63	4295	Vincent	Naughton	TARA A.C.	M40	M35	02:56:59	09:46:56
	124	1087	Andrew	Murphy	TARA A.C.	M45	M35	03:22:45	09:46:56
	249	1088	Shane	Moss	TARA A.C.	M40	M35	03:27:12	09:46:56
115	141	2975	John	O'Neill	STAR OF THE SEA A.C.	M40	M35	03:09:45	09:47:59
	32	3068	Brian	Collins	STAR OF THE SEA A.C.	M50	M35	03:10:37	09:47:59
	252	1248	Niall	Tuckey	STAR OF THE SEA A.C.	M40	M35	03:27:37	09:47:59
116	76	4566	Liam	Ryan	CARRICK ACES A.C.	M45	M35	03:14:40	09:48:01
	165	4565	Darragh	Scott	CARRICK ACES A.C.	M35	M35	03:15:19	09:48:01
	195	1053	Shane	Connolly	CARRICK ACES A.C.	M40	M35	03:18:02	09:48:01
117	162	5413	Gareth	Kelly	EAST DOWN AC	M35	M35	03:14:58	09:49:13
	81	1178	Phillip	Vint	EAST DOWN AC	M45	M35	03:15:52	09:49:13
	177	2143	Dermot	Cahill	EAST DOWN AC	M35	M35	03:18:23	09:49:13
118	145	2760	Andrew	Linsley	TRIM A.C.	M40	M35	03:10:38	09:49:29
	93	3412	James	Guiheen	TRIM A.C.	M45	M35	03:18:40	09:49:29
	103	3414	Don	Mahon	TRIM A.C.	M45	M35	03:20:11	09:49:29
119	175	4169	Kealan	O'Connor	GRANGE/FERMOY A.C.	M40	M35	03:15:37	09:51:02
	169	3572	John	Gray	GRANGE/FERMOY A.C.	M35	M35	03:15:51	09:51:02
	202	5427	Francis	Morrisson	GRANGE/FERMOY A.C.	M40	M35	03:19:34	09:51:02
120	180	3605	Justin	Doyle	KILCOOLE A.C.	M40	M35	03:16:01	09:51:03
	172	1408	Aaron	Mooney	KILCOOLE A.C.	M35	M35	03:16:10	09:51:03
	181	5038	Aiden	Jennings	KILCOOLE A.C.	M35	M35	03:18:52	09:51:03
121	42	4349	Jim	Leahy	ATHENRY A.C.	M50	M35	03:15:15	09:53:15
	173	4632	Ray	Treacy	ATHENRY A.C.	M35	M35	03:17:08	09:53:15
	192	6050	Kieran	Walsh	ATHENRY A.C.	M35	M35	03:20:52	09:53:15
122	167	2133	Declan	McCarthy	WEST LIMERICK A.C.	M40	M35	03:14:45	09:53:31
	185	682	Gary	Wilmott	WEST LIMERICK A.C.	M35	M35	03:19:20	09:53:31
	186	4151	Mark	Lenihan	WEST LIMERICK A.C.	M35	M35	03:19:26	09:53:31
123	29	3520	Sean	Smith	NI CIVIL SERVICE AC	M50	M35	03:10:10	09:53:47
	85	938	Paul	Wynne	NI CIVIL SERVICE AC	M45	M35	03:16:35	09:53:47
	248	6018	Gareth	Reilly	NI CIVIL SERVICE AC	M40	M35	03:27:02	09:53:47
124	90	2424	Jim	Moore	BALLYMENA RUNNERS AC	M40	M35	03:00:53	09:53:54
	177	569	Ryan	Logan	BALLYMENA RUNNERS AC	M40	M35	03:15:50	09:53:54
	182	5423	Peter	Fleming	BALLYMENA RUNNERS AC	M45	M35	03:37:11	09:53:54
125	32	5835	Declan	Murphy	STAR OF THE LAUNE A.C.	M40	M35	02:50:28	09:57:36
	63	3364	Thomas	Bubendorfer	STAR OF THE LAUNE A.C.	M45	M35	03:10:53	09:57:36
	436	8366	Sean	Murphy	STAR OF THE LAUNE A.C.	M40	M35	03:56:15	09:57:36
126	112	4227	John	Foley	SLANEY OLYMPIC A.C.	M35	M35	03:05:23	09:57:50
	15	3876	Mick	Morrissey	SLANEY OLYMPIC A.C.	M55	M35	03:26:04	09:57:50
	135	4737	Dave	Bolger	SLANEY OLYMPIC A.C.	M45	M35	03:26:23	09:57:50
127	43	3132	Colm	Leonard	CLONLIFFE HARRIERS A.C.	M50	M35	03:15:17	09:58:21
	183	3251	James	Dunne	CLONLIFFE HARRIERS A.C.	M35	M35	03:19:13	09:58:21
	203	2903	Alan	Curley	CLONLIFFE HARRIERS A.C.	M35	M35	03:23:51	09:58:21
128	193	3108	Stephen	Boyne	DUBLIN BAY RUNNING CLUB	M40	M35	03:17:33	09:58:33

POS	Cat		FIRST			TEAM			TEAM
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
	46	1415	Stephen	Egan	DUBLIN BAY RUNNING CLUB	M50	M35	03:20:03	09:58:33
	110	1781	Frank	McMorrow	DUBLIN BAY RUNNING CLUB	M45	M35	03:20:57	09:58:33
129	111	1386	Richard	Reid	PORTLAOISE A.C.	M40	M35	03:05:32	09:58:38
	165	884	Corrado	Cittadoni	PORTLAOISE A.C.	M40	M35	03:14:33	09:58:38
	321	4528	Joe	Breen	PORTLAOISE A.C.	M40	M35	03:38:33	09:58:38
130	121	2299	Brendan	Coleman	YOUGHAL A.C.	M40	M35	03:07:49	09:59:00
	112	6033	David	Barry	YOUGHAL A.C.	M45	M35	03:21:32	09:59:00
	266	1125	Declan	Barron	YOUGHAL A.C.	M40	M35	03:29:39	09:59:00
131	182	4400	Cormac	O'Ceallaigh	PARNELL A.C.	M40	M35	03:16:37	09:59:10
	89	1916	Hugh	McLindon	PARNELL A.C.	M45	M35	03:17:28	09:59:10
	232	427	Bosco	O'Neill	PARNELL A.C.	M40	M35	03:25:05	09:59:10
132	179	1123	James	Whoriskey	MILFORD A.C.	M35	M35	03:18:43	10:00:01
	205	5867	Joe	Gallagher	MILFORD A.C.	M40	M35	03:20:00	10:00:01
	213	5432	Eoin	Sheehy	MILFORD A.C.	M40	M35	03:21:18	10:00:01
133	120	4490	Gearoid	Healy	TUAM A.C.	M40	M35	03:07:36	10:00:45
	178	3974	Tom	Moore	TUAM A.C.	M35	M35	03:18:28	10:00:45
	297	885	Shane	Crisham	TUAM A.C.	M40	M35	03:34:41	10:00:45
134	186	2249	Darren	Lynch	B.M.O.H. ATHLETICS CLUB	M40	M35	03:16:53	10:02:39
	194	2168	Derek	Vaughan	B.M.O.H. ATHLETICS CLUB	M40	M35	03:17:59	10:02:39
	218	5451	Stephen	Hannam	B.M.O.H. ATHLETICS CLUB	M35	M35	03:27:47	10:02:39
135	174	3052	Paraic	Gallagher	CRUSADERS A.C.	M35	M35	03:17:56	10:03:27
	208	4222	Robert	Cahill	CRUSADERS A.C.	M40	M35	03:20:33	10:03:27
	229	2184	Ali	Uyar	CRUSADERS A.C.	M40	M35	03:24:58	10:03:27
136	150	11360	Dwain	Moore	LUSK A.C.	M40	M35	03:11:49	10:04:06
	44	1901	Sean	Greensit	LUSK A.C.	M50	M35	03:15:25	10:04:06
	179	6532	Eamon	Caffrey	LUSK A.C.	M45	M35	03:36:52	10:04:06
137	24	4802	Seamus	Hourigan	AN BRU AC	M50	M35	03:08:49	10:04:10
	200	6013	Stephen	Casey	AN BRU AC	M35	M35	03:23:05	10:04:10
	89	7252	John	O'Connell	AN BRU AC	M50	M35	03:32:16	10:04:10
138	166	4319	Declan	Moyles	LE CHEILE A.C.	M35	M35	03:15:30	10:05:12
	54	3463	Jimmy	Maher	LE CHEILE A.C.	M50	M35	03:22:47	10:05:12
	247	3464	Alan	Maher	LE CHEILE A.C.	M40	M35	03:26:55	10:05:12
139	95	2704	Gerry	Schley	TALLAGHT A.C.	M45	M35	03:18:52	10:05:16
	51	4534	Gerard	Dore	TALLAGHT A.C.	M50	M35	03:21:46	10:05:16
	207	2468	David	Fletcher	TALLAGHT A.C.	M35	M35	03:24:38	10:05:16
140	148	1824	Mark	Reynolds	BALLINA A.C.	M35	M35	03:12:22	10:05:21
	198	5149	Paul	Hogan	BALLINA A.C.	M40	M35	03:18:38	10:05:21
	20	5598	Mattie	Coleman	BALLINA A.C.	M55	M35	03:34:21	10:05:21
141	76	3888	John	Moloney	ENNIS TRACK A.C.	M40	M35	02:58:53	10:05:24
	2	2542	Sean	Whelan	ENNIS TRACK A.C.	M65	M35	03:33:15	10:05:24
	92	4159	Pat	Morrissey	ENNIS TRACK A.C.	M50	M35	03:33:16	10:05:24
142	192	996	Alan	Daly	WATERGRASSHILL A.C.	M40	M35	03:17:31	10:05:32
	201	508	Brendan	Coughlan	WATERGRASSHILL A.C.	M35	M35	03:23:12	10:05:32
	229	5613	Steve	Dunlea	WATERGRASSHILL A.C.	M40	M35	03:24:49	10:05:32
143	203	3289	Michael J	O'Neill	SLI CUALANN A.C.	M40	M35	03:19:52	10:05:52
	194	3199	Paul	Allen	SLI CUALANN A.C.	M35	M35	03:21:40	10:05:52
	5	3164	Michael	Knight	SLI CUALANN A.C.	M60	M35	03:24:20	10:05:52
144	196	306	Ken	Heffernan	NEWBRIDGE A.C.	M40	M35	03:18:04	10:06:07
	102	918	Alan	Beale	NEWBRIDGE A.C.	M45	M35	03:20:06	10:06:07
	259	1719	Brian	Murphy	NEWBRIDGE A.C.	M40	M35	03:27:57	10:06:07
145	60	3789	Pat	Byrne	TINRYLAND A.C.	M40	M35	02:56:18	10:06:52
	242	1336	John	Dillon	TINRYLAND A.C.	M40	M35	03:26:35	10:06:52

Cat POS	Place	BIB	FIRST		Club	TEAM			TEAM TIME
			Name	Surname		CAT	CAT	Gun Time	
	116	1077	Willie	Quinlan	TINRYLAND A.C.	M50	M35	03:43:59	10:06:52
146	107	1897	Jason	Phelan	WATERFORD A.C.	M45	M35	03:20:40	10:07:29
	214	2200	John	Byrne	WATERFORD A.C.	M40	M35	03:21:30	10:07:29
	234	4845	Des	Colbert	WATERFORD A.C.	M40	M35	03:25:19	10:07:29
147	138	1115	Micheal	Murphy	RATHFARNHAM W.S.A.F. A.C.	M35	M35	03:10:18	10:07:57
	226	1888	Barry	Mulvihill	RATHFARNHAM W.S.A.F. A.C.	M40	M35	03:24:45	10:07:57
	91	3285	Eric	Cullen	RATHFARNHAM W.S.A.F. A.C.	M50	M35	03:32:54	10:07:57
148	98	3338	David	Daly	SKERRIES A.C.	M35	M35	02:59:56	10:08:05
	235	5530	Gavan	Farrell	SKERRIES A.C.	M35	M35	03:31:33	10:08:05
	308	2417	Treabhor	Mac Eochaidh	SKERRIES A.C.	M40	M35	03:36:36	10:08:05
149	22	3332	Michael J	Kelly	DERG A.C.	M50	M35	03:07:11	10:08:08
	241	2188	Cormac	Flannery	DERG A.C.	M40	M35	03:26:32	10:08:08
	21	3570	Cathal	Murphy	DERG A.C.	M55	M35	03:34:25	10:08:08
150	78	315	Darren	Aldridge	CORRAN A.C	M40	M35	02:58:59	10:08:13
	131	3825	Kieran	Coleman	CORRAN A.C	M45	M35	03:24:55	10:08:13
	357	5557	Alan	Stafford	CORRAN A.C	M40	M35	03:44:19	10:08:13
151	211	1948	Rory	Farrell	TULLAMORE HARRIERS A.C.	M40	M35	03:20:53	10:08:16
	119	1945	Leonard	Owens	TULLAMORE HARRIERS A.C.	M45	M35	03:22:20	10:08:16
	59	7743	Finian	McDermott	TULLAMORE HARRIERS A.C.	M50	M35	03:25:03	10:08:16
152	148	5161	Tony	Dunne	CARRIAG-NA-BHFEAR A.C.	M40	M35	03:11:07	10:08:37
	56	5088	David	Oriordan	CARRIAG-NA-BHFEAR A.C.	M50	M35	03:23:01	10:08:37
	169	631	Martin	Hurley	CARRIAG-NA-BHFEAR A.C.	M45	M35	03:34:29	10:08:37
153	116	2872	Colm	Sheehan	MALLOW A.C.	M45	M35	03:22:05	10:08:53
	122	11469	Gerard	Vowles	MALLOW A.C.	M45	M35	03:22:37	10:08:53
	222	4050	Michael	Clancy	MALLOW A.C.	M40	M35	03:24:11	10:08:53
154	78	4583	Patrick	Daly	MARATHON CLUB IRELAND	M45	M35	03:15:02	10:09:17
	105	6884	Martin	Brady	MARATHON CLUB IRELAND	M45	M35	03:20:36	10:09:17
	243	2154	Cezary	Lubinski	MARATHON CLUB IRELAND	M35	M35	03:33:39	10:09:17
155	161	2185	Stephen	Kerr	ACORN AC	M40	M35	03:14:17	10:10:10
	244	4002	Gordon	Linton	ACORN AC	M40	M35	03:26:46	10:10:10
	228	5849	Francis	McDaid	ACORN AC	M35	M35	03:29:07	10:10:10
156	109	4458	Ruairi	Johnston	MAGHERAFELT HARRIERS	M35	M35	03:03:05	10:10:31
	272	3638	Sebastian	Wisniewski	MAGHERAFELT HARRIERS	M40	M35	03:30:13	10:10:31
	101	4144	Damian	Kerr	MAGHERAFELT HARRIERS	M50	M35	03:37:13	10:10:31
157	47	3847	Paul	Alister	JOG LISBURN RUNNING CLUB	M50	M35	03:20:08	10:11:00
	113	6052	Andrew	Cummings	JOG LISBURN RUNNING CLUB	M45	M35	03:21:47	10:11:00
	227	6078	Colin	Mooney	JOG LISBURN RUNNING CLUB	M35	M35	03:29:05	10:11:00
158	32	519	Kieran	Crowley	DONOUGHMORE A.C.	M45	M35	02:59:03	10:12:24
	19	4623	Liam	Lynch	DONOUGHMORE A.C.	M55	M35	03:32:47	10:12:24
	200	2896	Conor	Fox	DONOUGHMORE A.C.	M45	M35	03:40:34	10:12:24
159	80	2462	Des	Feeley	DROGHEDA & DISTRICT A.C.	M45	M35	03:15:33	10:13:25
	118	1035	David	Gough	DROGHEDA & DISTRICT A.C.	M45	M35	03:22:19	10:13:25
	302	2702	Stephen	Floyd	DROGHEDA & DISTRICT A.C.	M40	M35	03:35:33	10:13:25
160	79	6025	Niall	King	NEWCASTLE & DISTRICT AC	M45	M35	03:15:05	10:13:51
	148	10170	Paul	Fitzpatrick	NEWCASTLE & DISTRICT AC	M45	M35	03:28:57	10:13:51
	153	695	Joe	McCann	NEWCASTLE & DISTRICT AC	M45	M35	03:29:49	10:13:51
161	28	5469	Finbarr	Gallagher	INISHOWEN A.C.	M50	M35	03:09:55	10:14:30
	143	359	Ronan	Whoriskey	INISHOWEN A.C.	M45	M35	03:28:11	10:14:30
	307	10856	Ben	Holmes	INISHOWEN A.C.	M40	M35	03:36:24	10:14:30
162	99	2675	Declan	Hughes	PORTMARNOCK A.C.	M45	M35	03:19:34	10:14:42
	68	4714	John	O'Leary	PORTMARNOCK A.C.	M50	M35	03:27:29	10:14:42
	254	422	Neil	White	PORTMARNOCK A.C.	M40	M35	03:27:39	10:14:42

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
163	196	2589	Colin	Duane	ATHENRY A.C.	M35	M35	03:22:12	10:15:23
	240	2855	Martin	McGrath	ATHENRY A.C.	M40	M35	03:26:10	10:15:23
	215	4812	David	O'Sullivan	ATHENRY A.C.	M35	M35	03:27:01	10:15:23
164	215	1581	Robert	Tallon	BOHERMEEN A.C.	M40	M35	03:22:47	10:15:39
	211	3663	Gerry	Nealon	BOHERMEEN A.C.	M35	M35	03:25:13	10:15:39
	253	945	Ollie	Keogan	BOHERMEEN A.C.	M40	M35	03:27:39	10:15:39
165	130	5398	Darragh	Wiley	MALLOW A.C.	M45	M35	03:24:16	10:16:54
	205	878	Daire	O'Sullivan	MALLOW A.C.	M35	M35	03:24:26	10:16:54
	221	2289	John Paul	Buckley	MALLOW A.C.	M35	M35	03:28:12	10:16:54
166	202	4306	Eamonn	Cashin	WEST WATERFORD A.C.	M35	M35	03:23:47	10:19:14
	61	7757	Martin	Tobin	WEST WATERFORD A.C.	M50	M35	03:25:56	10:19:14
	74	626	Ray	Haesy	WEST WATERFORD A.C.	M50	M35	03:29:31	10:19:14
167	5	5280	Martin	Halvey	SOUTH GALWAY A.C.	M55	M35	02:59:26	10:19:23
	198	342	Dara	Williams	SOUTH GALWAY A.C.	M35	M35	03:22:39	10:19:23
	9	14414	Grard	Duchesne	SOUTH GALWAY A.C.	M65	M35	03:57:18	10:19:23
168	237	1955	Andrew	Lennon	TALLAGHT A.C.	M40	M35	03:25:33	10:20:16
	6	2911	Jack	Tyrrell	TALLAGHT A.C.	M60	M35	03:26:30	10:20:16
	222	4535	Paul	Mitchell	TALLAGHT A.C.	M35	M35	03:28:13	10:20:16
169	83	4307	Mark	Caughey	CLONES A.C.	M45	M35	03:16:25	10:20:39
	185	5150	Eddie	Sherry	CLONES A.C.	M40	M35	03:16:52	10:20:39
	374	18284	Niall	Maguire	CLONES A.C.	M40	M35	03:47:22	10:20:39
170	77	39	Philip	Hennessy	DONORE HARRIERS	M45	M35	03:14:40	10:20:46
	214	3643	Stephen	Dawson	DONORE HARRIERS	M35	M35	03:26:38	10:20:46
	332	1423	Oliver	O'Hara	DONORE HARRIERS	M40	M35	03:39:28	10:20:46
171	236	4541	Eric	Byrne	CARRICK ACES A.C.	M40	M35	03:25:32	10:21:02
	140	4567	Damian	Martin	CARRICK ACES A.C.	M45	M35	03:27:36	10:21:02
	258	1028	Alan	Hill	CARRICK ACES A.C.	M40	M35	03:27:54	10:21:02
172	204	2661	Shane	Devlin	METRO/ST. BRIGID'S A.C.	M35	M35	03:24:01	10:23:17
	227	1712	John	Flynn	METRO/ST. BRIGID'S A.C.	M40	M35	03:24:46	10:23:17
	295	4723	Sean	Kildunne	METRO/ST. BRIGID'S A.C.	M40	M35	03:34:30	10:23:17
173	204	4881	Colin	Pascoe	BELFAST ASSOC RC & FR	M40	M35	03:20:00	10:24:55
	234	9169	Dessie	Green	BELFAST ASSOC RC & FR	M35	M35	03:31:05	10:24:55
	94	806	Patrick	Mallon	BELFAST ASSOC RC & FR	M50	M35	03:33:50	10:24:55
174	112	9232	Paul	Woodman	ORANGEGROVE AC	M40	M35	03:05:33	10:25:33
	180	1783	Frederic	D' Argoubet	ORANGEGROVE AC	M45	M35	03:36:54	10:25:33
	213	4170	David	Roberts	ORANGEGROVE AC	M45	M35	03:43:06	10:25:33
175	56	2836	Gary	O'Doherty	TERMONEENY RUNNING CLUB	M40	M35	02:55:37	10:25:34
	254	1798	Michael	Burke	TERMONEENY RUNNING CLUB	M35	M35	03:36:01	10:25:34
	35	4009	Damian	O'Boyle	TERMONEENY RUNNING CLUB	M55	M35	03:53:56	10:25:34
176	65	174	Damien	Martin	RAHENY SHAMROCK A.C.	M50	M35	03:27:05	10:26:41
	66	173	Michael	Delaney	RAHENY SHAMROCK A.C.	M50	M35	03:27:06	10:26:41
	285	3166	Alan	Foley	RAHENY SHAMROCK A.C.	M40	M35	03:32:30	10:26:41
177	243	1770	Vinnie	Codd	WATERFORD A.C.	M40	M35	03:26:45	10:27:10
	225	5391	Keith	O'Driscoll	WATERFORD A.C.	M35	M35	03:29:02	10:27:10
	283	2559	Ray	O'Mahony	WATERFORD A.C.	M40	M35	03:31:23	10:27:10
178	219	9884	Leeroy	Graham	ST. COCA'S A.C.	M35	M35	03:27:54	10:27:41
	72	1666	Mark	Leonard	ST. COCA'S A.C.	M50	M35	03:28:52	10:27:41
	84	1525	Michael	McGrath	ST. COCA'S A.C.	M50	M35	03:30:55	10:27:41
179	245	2642	Paul	O'Donnell	DUNBOYNE A.C.	M40	M35	03:26:49	10:28:12
	157	5205	Stephen	Doyle	DUNBOYNE A.C.	M45	M35	03:30:41	10:28:12
	158	3201	Tony	O'Neill	DUNBOYNE A.C.	M45	M35	03:30:42	10:28:12
180	55	2592	Philip	Mulligan	NORTH DOWN AC	M50	M35	03:22:55	10:28:19

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	255	690	Colin	Walker	NORTH DOWN AC	M40	M35	03:27:41	10:28:19
	262	1263	Neil	O'Driscoll	NORTH DOWN AC	M35	M35	03:37:43	10:28:19
181	146	3504	Marco	Onofri	DUNSHAUGHLIN A.C.	M45	M35	03:28:48	10:29:26
	151	3278	Stephen	Bateson	DUNSHAUGHLIN A.C.	M45	M35	03:29:38	10:29:26
	280	3134	Shane	Duffy	DUNSHAUGHLIN A.C.	M40	M35	03:31:00	10:29:26
182	34	4178	Patrick	Bookle	ST. JOSEPH'S A.C.	M50	M35	03:11:31	10:29:35
	218	7331	David	Lanigan	ST. JOSEPH'S A.C.	M40	M35	03:23:30	10:29:35
	11	1072	Laurence	Leacy	ST. JOSEPH'S A.C.	M60	M35	03:54:34	10:29:35
183	142	787	Martin	Hennessy	KILFINANE A.C.	M35	M35	03:11:03	10:29:43
	230	10487	Michael	Hayes	KILFINANE A.C.	M35	M35	03:30:18	10:29:43
	382	10486	James	Keogh	KILFINANE A.C.	M40	M35	03:48:22	10:29:43
184	228	1127	Libor	Matousek	LUCAN HARRIERS A.C.	M40	M35	03:24:48	10:29:45
	71	3910	Gerry	Byrne	LUCAN HARRIERS A.C.	M50	M35	03:28:14	10:29:45
	310	4391	Michael	Lee	LUCAN HARRIERS A.C.	M40	M35	03:36:43	10:29:45
185	267	640	Michael	McCreesh	EAST DOWN AC	M40	M35	03:29:56	10:29:54
	76	5600	David	Smith	EAST DOWN AC	M50	M35	03:29:56	10:29:54
	77	5130	Stephen	Heasley	EAST DOWN AC	M50	M35	03:30:02	10:29:54
186	153	513	Frankie	Bradley	FOYLE VALLEY AC	M35	M35	03:13:42	10:32:20
	80	4351	Jackie	Doherty	FOYLE VALLEY AC	M50	M35	03:30:33	10:32:20
	133	4313	David	Wylie	FOYLE VALLEY AC	M50	M35	03:48:05	10:32:20
187	126	2150	Ken	Mulcahy	EAGLE A.C.	M45	M35	03:23:09	10:32:45
	249	5087	Ian	Roche	EAGLE A.C.	M35	M35	03:34:43	10:32:45
	173	346	Gary	Gibbons	EAGLE A.C.	M45	M35	03:34:53	10:32:45
188	17	3001	Chris	Keeling	BALBRIGGAN & DISTRICT A.C	M55	M35	03:27:37	10:33:01
	163	1966	Charanjit	Purewal	BALBRIGGAN & DISTRICT A.C	M45	M35	03:31:38	10:33:01
	291	1606	Padraig	O'Connor	BALBRIGGAN & DISTRICT A.C	M40	M35	03:33:46	10:33:01
189	123	4148	Pat	Hickey	LIMERICK A.C.	M35	M35	03:07:21	10:33:37
	62	1135	Martin	Phillips	LIMERICK A.C.	M50	M35	03:26:01	10:33:37
	172	13379	Allan	Roberston	LIMERICK A.C.	M50	M35	04:00:15	10:33:37
190	64	4805	Aidan	Scally	CLONAKILTY ROAD RUNNERS A.C.	M50	M35	03:26:20	10:35:55
	85	4173	Noel	Lawlor	CLONAKILTY ROAD RUNNERS A.C.	M50	M35	03:31:00	10:35:55
	323	667	John	Twomey	CLONAKILTY ROAD RUNNERS A.C.	M40	M35	03:38:35	10:35:55
191	78	6046	Sean	Carlin	LIFFORD STRABANE AC	M50	M35	03:30:08	10:37:53
	288	4048	Geoff	Sproule	LIFFORD STRABANE AC	M40	M35	03:32:52	10:37:53
	97	5570	Gerard	Campbell	LIFFORD STRABANE AC	M50	M35	03:34:53	10:37:53
192	197	5315	Paul	Curley	NORTH BELFAST HARRIERS	M35	M35	03:22:13	10:38:31
	93	4376	John	Steele	NORTH BELFAST HARRIERS	M50	M35	03:33:19	10:38:31
	113	13797	Thomas	McKinstry	NORTH BELFAST HARRIERS	M50	M35	03:42:59	10:38:31
193	271	5914	Eddie	O'Brien	GRANGE/FERMOY A.C.	M40	M35	03:30:09	10:38:32
	244	2880	Peter	O'Brien	GRANGE/FERMOY A.C.	M35	M35	03:33:54	10:38:32
	170	5234	Brendan	O'Mahony	GRANGE/FERMOY A.C.	M45	M35	03:34:29	10:38:32
194	256	2666	Olivier	Van Parys	BLACKROCK A.C. (DUBLIN)	M40	M35	03:27:44	10:38:48
	88	5566	Ger	O'Toole	BLACKROCK A.C. (DUBLIN)	M50	M35	03:31:51	10:38:48
	189	3778	Gerry	Flaherty	BLACKROCK A.C. (DUBLIN)	M45	M35	03:39:13	10:38:48
195	191	2292	Stuart	McIver	BALLYDRAIN HARRIERS	M40	M35	03:17:30	10:39:24
	338	1924	Darren	Martin	BALLYDRAIN HARRIERS	M40	M35	03:40:50	10:39:24
	206	4007	Gary	Adams	BALLYDRAIN HARRIERS	M45	M35	03:41:04	10:39:24
196	229	10564	Joe	Barry	WEST WATERFORD A.C.	M35	M35	03:30:01	10:40:06
	248	6007	Kevin	Casey	WEST WATERFORD A.C.	M35	M35	03:34:31	10:40:06
	175	364	Michael	Callaghan	WEST WATERFORD A.C.	M45	M35	03:35:34	10:40:06
197	144	1602	Pat	O'Connor	CLONMEL A.C.	M45	M35	03:28:12	10:40:13
	22	642	John	Laste	CLONMEL A.C.	M55	M35	03:35:09	10:40:13

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	178	4191	John	Perry	CLONMEL A.C.	M45	M35	03:36:52	10:40:13
198	217	4822	Patrick	Loughlin	TIR CHONAILL A.C.	M35	M35	03:27:17	10:40:29
	83	4640	Noel	Hoey	TIR CHONAILL A.C.	M50	M35	03:30:51	10:40:29
	279	4824	Karol	Warnock	TIR CHONAILL A.C.	M35	M35	03:42:21	10:40:29
199	233	527	Brian	Kearney	SLIABH BHUIDE ROVERS A.C.	M35	M35	03:31:02	10:41:03
	247	9515	Michael	Breen	SLIABH BHUIDE ROVERS A.C.	M35	M35	03:34:27	10:41:03
	303	3020	Martin	O'Connor	SLIABH BHUIDE ROVERS A.C.	M40	M35	03:35:34	10:41:03
200	86	14477	Barry	Mackey	LETTERKENNY A.C.	M50	M35	03:31:29	10:42:05
	287	6021	John	McFadden	LETTERKENNY A.C.	M40	M35	03:32:48	10:42:05
	316	5887	Adrian	Callaghan	LETTERKENNY A.C.	M40	M35	03:37:48	10:42:05
201	264	2670	Martin	O'Brien	PORTMARNOCK A.C.	M40	M35	03:29:18	10:42:18
	277	3625	John	Clarke	PORTMARNOCK A.C.	M40	M35	03:30:28	10:42:18
	110	3150	Keith	Murray	PORTMARNOCK A.C.	M50	M35	03:42:32	10:42:18
202	270	1658	John	O'Gorman	BROTHERS PEARSE A.C.	M40	M35	03:30:04	10:42:37
	304	3267	Joseph	Haugh	BROTHERS PEARSE A.C.	M40	M35	03:35:40	10:42:37
	23	1094	Michael	Walsh	BROTHERS PEARSE A.C.	M55	M35	03:36:53	10:42:37
203	182	1947	Patrick	O'Brien	BIRR A.C.	M35	M35	03:19:08	10:42:42
	103	5416	Andy	Masterson	BIRR A.C.	M50	M35	03:37:50	10:42:42
	125	10552	Patrick	Mellsop	BIRR A.C.	M50	M35	03:45:44	10:42:42
204	286	3219	Bobby	Reynolds	B.M.O.H. ATHLETICS CLUB	M40	M35	03:32:37	10:43:13
	292	1786	Simonnet	Thomas	B.M.O.H. ATHLETICS CLUB	M40	M35	03:33:55	10:43:13
	309	312	Anthony	Boyle	B.M.O.H. ATHLETICS CLUB	M40	M35	03:36:41	10:43:13
205	87	1277	Stephen	Naughton	MULLINGAR HARRIERS A.C.	M50	M35	03:31:45	10:44:08
	175	7856	Sean	Liston	MULLINGAR HARRIERS A.C.	M45	M35	03:36:05	10:44:08
	305	4564	Jude	Whelehan	MULLINGAR HARRIERS A.C.	M40	M35	03:36:18	10:44:08
206	210	4036	Sean	Colreavy	SLIGO A.C.	M35	M35	03:24:59	10:44:30
	99	3446	Joe	Davey	SLIGO A.C.	M50	M35	03:35:29	10:44:30
	221	8359	Stephen	Gilgan	SLIGO A.C.	M45	M35	03:44:02	10:44:30
207	279	660	Michael	Duane	ATHENRY A.C.	M40	M35	03:30:58	10:45:59
	246	3476	Brendan	Galvin	ATHENRY A.C.	M35	M35	03:34:17	10:45:59
	337	4707	Martin	O'Hara	ATHENRY A.C.	M40	M35	03:40:44	10:45:59
208	134	5609	Michael	Linehan	ST. FINBARRS A.C.	M45	M35	03:26:11	10:46:28
	300	2210	Alan	Noonan	ST. FINBARRS A.C.	M40	M35	03:35:32	10:46:28
	357	5146	Donal	Murray	ST. FINBARRS A.C.	M40	M35	03:44:45	10:46:28
209	273	2482	Shane	Rooney	CLONLIFFE HARRIERS A.C.	M40	M35	03:30:17	10:50:45
	185	4240	Ollie	Power	CLONLIFFE HARRIERS A.C.	M45	M35	03:38:15	10:50:45
	211	4401	Andrew	Eustace	CLONLIFFE HARRIERS A.C.	M45	M35	03:42:13	10:50:45
210	294	376	Richard	McNeill	MILFORD A.C.	M40	M35	03:34:28	10:51:02
	252	2280	Tony	O'Donnell	MILFORD A.C.	M35	M35	03:35:16	10:51:02
	28	776	Gerard	McGettigan	MILFORD A.C.	M55	M35	03:41:18	10:51:02
211	276	1082	Cathal	Daly	MALLOW A.C.	M40	M35	03:30:28	10:51:08
	324	4049	Brendan	Flanagan	MALLOW A.C.	M40	M35	03:38:45	10:51:08
	276	11175	John	O'Sullivan	MALLOW A.C.	M35	M35	03:41:55	10:51:08
212	67	4235	Tony	Delaney	DUNDRUM A.C.	M50	M35	03:27:07	10:51:13
	231	10996	Paudie	Coen	DUNDRUM A.C.	M35	M35	03:30:21	10:51:13
	10	7758	Patrick J	Holmes	DUNDRUM A.C.	M60	M35	03:53:45	10:51:13
213	91	4676	Ken	McManamon	CLANE A.C.	M45	M35	03:18:07	10:51:15
	312	3449	Niall	Heffernan	CLANE A.C.	M40	M35	03:37:13	10:51:15
	158	10059	Paul	Hawkins	CLANE A.C.	M50	M35	03:55:55	10:51:15
214	128	2346	Edward	Casey	TRIM A.C.	M45	M35	03:23:42	10:52:14
	183	3413	Niall	Feeney	TRIM A.C.	M45	M35	03:38:10	10:52:14
	399	3467	Steven	Nally	TRIM A.C.	M40	M35	03:50:22	10:52:14

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
215	253	14558	Pat	Murray	UNITED STRIDERS A.C.	M35	M35	03:35:32	10:53:01
	184	9486	Denis	O'Brien	UNITED STRIDERS A.C.	M45	M35	03:38:12	10:53:01
	26	8940	Mick	O'Gorman	UNITED STRIDERS A.C.	M55	M35	03:39:17	10:53:01
216	265	10179	Kevin	Fennessy	WATERGRASSHILL A.C.	M40	M35	03:29:21	10:53:40
	190	7970	Leonard	O'Sullivan	WATERGRASSHILL A.C.	M45	M35	03:39:13	10:53:40
	362	4816	David	Mullins	WATERGRASSHILL A.C.	M40	M35	03:45:06	10:53:40
217	274	4904	Brendan	Farrell	CIVIL SERVICE A.C.	M40	M35	03:30:28	10:53:47
	269	5825	Kevin	Laide	CIVIL SERVICE A.C.	M35	M35	03:40:10	10:53:47
	349	954	John	Meagher	CIVIL SERVICE A.C.	M40	M35	03:43:09	10:53:47
218	245	1396	David	Hodson	RAHENY SHAMROCK A.C.	M35	M35	03:34:16	10:54:02
	193	1977	Keith	Comiskey	RAHENY SHAMROCK A.C.	M45	M35	03:39:31	10:54:02
	270	2523	Colm	Hickey	RAHENY SHAMROCK A.C.	M35	M35	03:40:15	10:54:02
219	100	2004	Fabrice	Scoupe	BELFAST RUNNING CLUB	M45	M35	03:19:48	10:54:21
	224	5462	Nicholas	Wallace	BELFAST RUNNING CLUB	M35	M35	03:28:27	10:54:21
	190	12681	Mark	Rocks	BELFAST RUNNING CLUB	M50	M35	04:06:06	10:54:21
220	311	3257	Neal	Leddy	MARATHON CLUB IRELAND	M40	M35	03:37:09	10:54:39
	313	9145	Adolfo	Garcia	MARATHON CLUB IRELAND	M40	M35	03:37:19	10:54:39
	27	1109	John	Hunt	MARATHON CLUB IRELAND	M55	M35	03:40:11	10:54:39
221	98	4869	Eugene	Gallen	FINN VALLEY A.C.	M45	M35	03:19:30	10:54:43
	30	5568	Sean	O'Leary	FINN VALLEY A.C.	M55	M35	03:44:38	10:54:43
	315	2101	Gabriel	O'Leary	FINN VALLEY A.C.	M35	M35	03:50:35	10:54:43
222	154	2566	Stephen	Pepper	BANBRIDGE AC	M40	M35	03:12:43	10:55:54
	258	2300	Stuart	Sinnamon	BANBRIDGE AC	M35	M35	03:36:42	10:55:54
	192	3988	Dominic	Kearns	BANBRIDGE AC	M50	M35	04:06:29	10:55:54
223	121	1354	John	Comerford	GOWRAN A.C.	M35	M35	03:07:11	10:58:37
	223	3053	Tom	Corrigan	GOWRAN A.C.	M35	M35	03:28:20	10:58:37
	18	10927	Mick	Walsh	GOWRAN A.C.	M60	M35	04:23:06	10:58:37
224	170	1756	Conor	McCarthy	ROSSCARBERY STEAM RUNNERS	M35	M35	03:16:00	10:58:55
	400	19282	William	Limrick	ROSSCARBERY STEAM RUNNERS	M40	M35	03:50:26	10:58:55
	150	11263	Gary	Howarth	ROSSCARBERY STEAM RUNNERS	M50	M35	03:52:29	10:58:55
225	241	8306	Kieran	Carr	WEST LIMERICK A.C.	M35	M35	03:32:56	11:01:59
	274	10020	John Paul	O'Sullivan	WEST LIMERICK A.C.	M35	M35	03:41:26	11:01:59
	378	8565	Paul	Crotty	WEST LIMERICK A.C.	M40	M35	03:47:37	11:01:59
226	260	11413	Martin	Dowling	NEWBRIDGE A.C.	M35	M35	03:37:10	11:02:51
	344	2927	Gerry	Rowley	NEWBRIDGE A.C.	M40	M35	03:41:52	11:02:51
	287	4211	Barry	Kehoe	NEWBRIDGE A.C.	M35	M35	03:43:49	11:02:51
227	105	3348	Peter	Power	WATERFORD A.C.	M50	M35	03:38:52	11:02:52
	203	485	John	O'Connor	WATERFORD A.C.	M45	M35	03:40:45	11:02:52
	285	4330	Gary	Whelan	WATERFORD A.C.	M35	M35	03:43:15	11:02:52
228	265	3426	Stephen	Geraghty	DROGHEDA & DISTRICT A.C.	M35	M35	03:38:24	11:03:27
	208	1608	Roger	Tegart	DROGHEDA & DISTRICT A.C.	M45	M35	03:41:23	11:03:27
	114	2502	Gerard	Mullins	DROGHEDA & DISTRICT A.C.	M50	M35	03:43:40	11:03:27
229	331	5153	Fergus	Murphy	SLANEY OLYMPIC A.C.	M40	M35	03:39:25	11:04:23
	106	4738	Ger	Murphy	SLANEY OLYMPIC A.C.	M50	M35	03:40:22	11:04:23
	29	11324	Michael	Quigley	SLANEY OLYMPIC A.C.	M55	M35	03:44:36	11:04:23
230	327	4381	David	Glynn	GALWAY CITY HARRIERS A.C.	M40	M35	03:39:03	11:05:50
	112	694	Jan	Van Den Bergh	GALWAY CITY HARRIERS A.C.	M50	M35	03:42:54	11:05:50
	217	4112	Richard	Simpson	GALWAY CITY HARRIERS A.C.	M45	M35	03:43:53	11:05:50
231	266	1541	Brian	Delaney	ST. L. O'TOOLE A.C.	M35	M35	03:38:30	11:06:03
	198	1540	Mick	Long	ST. L. O'TOOLE A.C.	M45	M35	03:40:15	11:06:03
	299	4928	Richard	Ryan	ST. L. O'TOOLE A.C.	M35	M35	03:47:18	11:06:03
232	194	99	Mark	Messitt	DUBLIN BAY RUNNING CLUB	M45	M35	03:39:32	11:06:31

Cat	FIRST		TEAM			TEAM				
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
		351	2992	Gavin	Tobin	DUBLIN BAY RUNNING CLUB	M40	M35	03:43:13	11:06:31
		216	2580	Tom	Cassidy	DUBLIN BAY RUNNING CLUB	M45	M35	03:43:46	11:06:31
233		262	487	Brendan	Curtin	MIDLETON A.C.	M40	M35	03:29:07	11:06:50
		202	2584	Mark	O'Reilly	MIDLETON A.C.	M45	M35	03:40:40	11:06:50
		282	883	Francis	Maunsell	MIDLETON A.C.	M45	M35	03:57:03	11:06:50
234		50	2254	John Joe	O'Grady	NORTH CORK A.C.	M50	M35	03:21:37	11:07:14
		7	8187	John	Brady	NORTH CORK A.C.	M60	M35	03:39:26	11:07:14
		326	8890	T J	Bluett	NORTH CORK A.C.	M45	M35	04:06:11	11:07:14
235		263	4540	Fergal	Quinn	CARRICK ACES A.C.	M40	M35	03:29:09	11:07:34
		293	1051	Patrick	McCabe	CARRICK ACES A.C.	M40	M35	03:34:19	11:07:34
		318	18372	Michael	Gallagher	CARRICK ACES A.C.	M45	M35	04:04:06	11:07:34
236		195	4190	Sheila	Perry	CLONMEL A.C.	M45	M35	03:39:38	11:08:21
		218	5096	Mark	Corcoran	CLONMEL A.C.	M45	M35	03:43:54	11:08:21
		223	5338	Pat	Walsh	CLONMEL A.C.	M45	M35	03:44:49	11:08:21
237		329	2163	Fionnan	Minnock	TULLAMORE HARRIERS A.C.	M40	M35	03:39:20	11:08:21
		352	2930	Leslie	Buckley	TULLAMORE HARRIERS A.C.	M40	M35	03:43:26	11:08:21
		293	11283	Ricky	White	TULLAMORE HARRIERS A.C.	M35	M35	03:45:35	11:08:21
238		255	1538	Andy	Dowey	SPRINGWELL RUNNING CLUB	M35	M35	03:36:18	11:08:29
		292	5466	Steven	McAlary	SPRINGWELL RUNNING CLUB	M35	M35	03:45:18	11:08:29
		233	5447	Gary	Moore	SPRINGWELL RUNNING CLUB	M45	M35	03:46:53	11:08:29
239		192	10320	David	Mullins	CARRIAG-NA-BHFEAR A.C.	M45	M35	03:39:27	11:08:34
		209	5590	Jim	O'Mahony	CARRIAG-NA-BHFEAR A.C.	M45	M35	03:41:40	11:08:34
		376	4115	Robert	Boyle	CARRIAG-NA-BHFEAR A.C.	M40	M35	03:47:27	11:08:34
240		159	3121	Gianpiero	Allerta	CRUSADERS A.C.	M45	M35	03:30:45	11:09:10
		289	1842	Sean	Smith	CRUSADERS A.C.	M35	M35	03:44:48	11:09:10
		263	3113	Stephen	Mulligan	CRUSADERS A.C.	M45	M35	03:53:37	11:09:10
241		345	10268	Brian	McGuinness	NORTH EAST RUNNERS A.C.	M40	M35	03:41:53	11:09:25
		111	2193	Brendan	Reid	NORTH EAST RUNNERS A.C.	M50	M35	03:42:41	11:09:25
		224	3524	Barry	Sullivan	NORTH EAST RUNNERS A.C.	M45	M35	03:44:51	11:09:25
242		298	1230	Paul	Hynes	TUAM A.C.	M40	M35	03:35:14	11:10:38
		119	9296	Stephen	Brady	TUAM A.C.	M50	M35	03:44:42	11:10:38
		142	17688	Sean	O'Morain	TUAM A.C.	M50	M35	03:50:42	11:10:38
243		319	7954	Matthew	McLaughlin	INISHOWEN A.C.	M40	M35	03:38:18	11:11:01
		191	9975	Damian	Downey	INISHOWEN A.C.	M45	M35	03:39:23	11:11:01
		420	12948	Pat	Doherty	INISHOWEN A.C.	M40	M35	03:53:20	11:11:01
244		268	9517	Tim	O'Neill	SLIABH BHUIDE ROVERS A.C.	M35	M35	03:39:55	11:12:15
		277	467	Niall	O'Connor	SLIABH BHUIDE ROVERS A.C.	M35	M35	03:42:05	11:12:15
		253	1116	Richie	Lynch	SLIABH BHUIDE ROVERS A.C.	M45	M35	03:50:15	11:12:15
245		315	976	Paddy	Holohan	KILCOOLE A.C.	M40	M35	03:37:45	11:12:25
		199	2968	David	Maloney	KILCOOLE A.C.	M45	M35	03:40:16	11:12:25
		427	8150	Ronan	Gill	KILCOOLE A.C.	M40	M35	03:54:24	11:12:25
246		263	10827	Paul	McMonagle	LETTERKENNY A.C.	M35	M35	03:37:48	11:12:33
		204	5294	Stephen	Shiels	LETTERKENNY A.C.	M45	M35	03:40:49	11:12:33
		424	11042	Gerard	Mullen	LETTERKENNY A.C.	M40	M35	03:53:56	11:12:33
247		108	18233	Vincent	Guthrie	MARATHON CLUB IRELAND	M50	M35	03:41:30	11:13:39
		230	3840	Dermot	McCormack	MARATHON CLUB IRELAND	M45	M35	03:46:00	11:13:39
		128	2444	Liam	Smith	MARATHON CLUB IRELAND	M50	M35	03:46:09	11:13:39
248		296	1080	Bernard	Rennick	METRO/ST. BRIGID'S A.C.	M40	M35	03:34:41	11:14:40
		188	10812	Terry	Buckley	METRO/ST. BRIGID'S A.C.	M45	M35	03:39:03	11:14:40
		307	864	Declan	Bolton	METRO/ST. BRIGID'S A.C.	M45	M35	04:00:56	11:14:40
249		174	868	Bill	Coyne	MAYO A.C.	M45	M35	03:35:14	11:14:44
		214	11151	John	Geraghty	MAYO A.C.	M45	M35	03:43:13	11:14:44

Cat POS	Place	BIB	FIRST		Club	TEAM			TEAM TIME
			Name	Surname		CAT	CAT	Gun Time	
	437	15241	Justin	McDonagh	MAYO A.C.	M40	M35	03:56:17	11:14:44
250	154	3090	Paul	Savage	GLENMORE A.C.	M35	M35	03:13:43	11:15:06
	389	3272	Stephen	O'Connor	GLENMORE A.C.	M40	M35	03:49:24	11:15:06
	377	4352	Gavin	Byrne	GLENMORE A.C.	M35	M35	04:11:59	11:15:06
251	115	9485	Seamus	Kehoe	UNITED STRIDERS A.C.	M50	M35	03:43:40	11:15:34
	368	8939	Michael	Cleere	UNITED STRIDERS A.C.	M40	M35	03:45:57	11:15:34
	369	9482	Eddie	Murphy	UNITED STRIDERS A.C.	M40	M35	03:45:57	11:15:34
252	289	13068	Stuart	Gowans	CO ANTRIM HARRIERS	M40	M35	03:33:26	11:15:50
	297	13763	Aaron	Anderson	CO ANTRIM HARRIERS	M35	M35	03:47:03	11:15:50
	273	16112	Martin	Graham	CO ANTRIM HARRIERS	M45	M35	03:55:21	11:15:50
253	333	8880	James	Magee	JOG LISBURN RUNNING CLUB	M40	M35	03:39:52	11:16:44
	234	16114	Andrew	Willis	JOG LISBURN RUNNING CLUB	M45	M35	03:47:29	11:16:44
	310	2196	Colin	Mooney	JOG LISBURN RUNNING CLUB	M35	M35	03:49:23	11:16:44
254	120	2194	Austin	Reid	NORTH EAST RUNNERS A.C.	M50	M35	03:44:52	11:18:41
	228	1535	Patrick Joseph	Cooney	NORTH EAST RUNNERS A.C.	M45	M35	03:45:08	11:18:41
	138	649	Gerard	Kenny	NORTH EAST RUNNERS A.C.	M50	M35	03:48:41	11:18:41
255	364	8954	Paul	Canniffe	SPORTSWORLD A.C.	M40	M35	03:45:26	11:19:51
	31	5102	David	Trimble	SPORTSWORLD A.C.	M55	M35	03:45:35	11:19:51
	307	7202	Karol	Laffan	SPORTSWORLD A.C.	M35	M35	03:48:50	11:19:51
256	207	1457	Bernard	Weldon	ST. MICHAEL'S AC	M45	M35	03:41:15	11:20:21
	234	2480	Johnny	Doris	ST. MICHAEL'S AC	M45	M35	03:46:54	11:20:21
	149	8287	Tony	O'Keeffe	ST. MICHAEL'S AC	M50	M35	03:52:12	11:20:21
257	366	2124	Eric	Devine	DULEEK & DISTRICT A.C.	M40	M35	03:45:39	11:20:50
	301	2389	Derek	Reilly	DULEEK & DISTRICT A.C.	M35	M35	03:47:35	11:20:50
	132	6850	Paddy	Lennon	DULEEK & DISTRICT A.C.	M50	M35	03:47:36	11:20:50
258	171	1052	Andy	Perle	BOHERMEEN A.C.	M45	M35	03:34:37	11:21:19
	8	1604	Richard	Ball	BOHERMEEN A.C.	M60	M35	03:46:17	11:21:19
	464	6967	Mark	Duffy	BOHERMEEN A.C.	M40	M35	04:00:25	11:21:19
259	124	3702	Kevin	Hill	ASHFORD A.C.	M40	M35	03:08:05	11:22:53
	177	529	Paul	Whelan	ASHFORD A.C.	M50	M35	04:02:48	11:22:53
	355	1995	Diarmuid	Canning	ASHFORD A.C.	M45	M35	04:12:00	11:22:53
260	281	8102	Basil	King	ATHENRY A.C.	M35	M35	03:42:31	11:24:55
	259	2142	Patrick	Forde	ATHENRY A.C.	M45	M35	03:51:11	11:24:55
	320	11260	Noel	Conway	ATHENRY A.C.	M35	M35	03:51:13	11:24:55
261	213	2272	Stephen	Lambe	MONAGHAN PHOENIX A.C.	M35	M35	03:25:59	11:25:21
	12	8152	Leslie	Crawford	MONAGHAN PHOENIX A.C.	M60	M35	03:57:31	11:25:21
	174	6914	Sean	Sherry	MONAGHAN PHOENIX A.C.	M50	M35	04:01:51	11:25:21
262	212	2912	Don	Cronin	PORTMARNOCK A.C.	M45	M35	03:43:05	11:26:00
	360	7719	Declan	Kelly	PORTMARNOCK A.C.	M40	M35	03:44:59	11:26:00
	287	6741	Gaetan	Meister	PORTMARNOCK A.C.	M45	M35	03:57:56	11:26:00
263	245	9433	Paul	Lyons	BROTHERS PEARSE A.C.	M45	M35	03:48:30	11:28:01
	385	12144	Keith	Farrell	BROTHERS PEARSE A.C.	M40	M35	03:48:53	11:28:01
	317	11082	Rownald	Bayle	BROTHERS PEARSE A.C.	M35	M35	03:50:38	11:28:01
264	243	9650	John	Tindley	LUSK A.C.	M45	M35	03:48:27	11:28:43
	391	7062	Mark	Geraghty	LUSK A.C.	M40	M35	03:49:26	11:28:43
	318	9663	Trevor	Russell	LUSK A.C.	M35	M35	03:50:50	11:28:43
265	229	5128	Gerard	Moore	LIMERICK COUNTRY CLUB A.C.	M45	M35	03:45:58	11:29:27
	256	5504	Ger	Moore	LIMERICK COUNTRY CLUB A.C.	M45	M35	03:50:56	11:29:27
	416	670	Brendan	Fitzgerald	LIMERICK COUNTRY CLUB A.C.	M40	M35	03:52:33	11:29:27
266	361	3101	John	Vallely	ARMAGH AC	M40	M35	03:45:01	11:29:54
	231	3011	Conor	Hamilton	ARMAGH AC	M45	M35	03:46:19	11:29:54
	291	7974	Brian	Finnegan	ARMAGH AC	M45	M35	03:58:34	11:29:54

POS	Cat		FIRST			Club	TEAM			TEAM TIME
	Place	BIB	Name	Surname	CAT		CAT	Gun Time		
267	117	5869	Colman	Greene	CLARE RIVER HARRIERS A.C.	M50	M35	03:44:01	11:30:18	
	407	1110	Michael	Healy	CLARE RIVER HARRIERS A.C.	M40	M35	03:51:08	11:30:18	
	431	6038	Patrick	Murphy	CLARE RIVER HARRIERS A.C.	M40	M35	03:55:09	11:30:18	
268	387	2929	Lesley	Cornally	TULLAMORE HARRIERS A.C.	M40	M35	03:49:13	11:30:34	
	402	2936	Rob	Maunsell	TULLAMORE HARRIERS A.C.	M40	M35	03:50:26	11:30:34	
	404	2928	Paul	Hensey	TULLAMORE HARRIERS A.C.	M40	M35	03:50:55	11:30:34	
269	375	5326	Aidan	Collins	B.M.O.H. ATHLETICS CLUB	M40	M35	03:47:26	11:31:45	
	316	9727	Jane	Collins	B.M.O.H. ATHLETICS CLUB	M35	M35	03:50:37	11:31:45	
	267	10876	Richard	Gordon	B.M.O.H. ATHLETICS CLUB	M45	M35	03:53:42	11:31:45	
270	302	8795	Joseph	Cole	DUBLIN BAY RUNNING CLUB	M35	M35	03:47:46	11:32:07	
	249	1569	Enda	Dunne	DUBLIN BAY RUNNING CLUB	M45	M35	03:50:00	11:32:07	
	269	2660	Martin	Purcell	DUBLIN BAY RUNNING CLUB	M45	M35	03:54:21	11:32:07	
271	131	4203	Paul	Kiely	LE CHEILE A.C.	M50	M35	03:47:07	11:32:14	
	390	10983	Gary	Denner	LE CHEILE A.C.	M40	M35	03:49:24	11:32:14	
	434	3594	Colin	Blake	LE CHEILE A.C.	M40	M35	03:55:43	11:32:14	
272	371	583	Robert	Gallagher	MARATHON CLUB IRELAND	M40	M35	03:47:09	11:32:28	
	306	8696	John	Carey	MARATHON CLUB IRELAND	M35	M35	03:48:47	11:32:28	
	439	1360	Mark	Kells	MARATHON CLUB IRELAND	M40	M35	03:56:32	11:32:28	
273	107	6835	Michael	Kenny	AN BRU AC	M50	M35	03:40:30	11:32:53	
	314	10569	Des	Hyde	AN BRU AC	M35	M35	03:50:13	11:32:53	
	477	10016	Leigh	Tweddle	AN BRU AC	M40	M35	04:02:10	11:32:53	
274	405	1504	Eddie	Dooley	ST. L. O'TOOLE A.C.	M40	M35	03:50:56	11:33:02	
	143	4911	Rock	Pender	ST. L. O'TOOLE A.C.	M50	M35	03:51:03	11:33:02	
	33	2961	Neil	Thornton	ST. L. O'TOOLE A.C.	M55	M35	03:51:03	11:33:02	
275	397	3355	John	Lyons	WATERSTOWN WARRIORS	M40	M35	03:50:00	11:33:18	
	146	1299	Anthony	Desmond	WATERSTOWN WARRIORS	M50	M35	03:51:36	11:33:18	
	260	18703	John	Mulvaney	WATERSTOWN WARRIORS	M45	M35	03:51:42	11:33:18	
276	372	4789	Damien	Maguire	NEWRY CITY RUNNERS AC	M40	M35	03:47:15	11:34:03	
	421	3434	Robert	Marsh	NEWRY CITY RUNNERS AC	M40	M35	03:53:21	11:34:03	
	423	3881	Michael	Englishby	NEWRY CITY RUNNERS AC	M40	M35	03:53:27	11:34:03	
277	137	7518	Gary	McGucken	ACORN AC	M50	M35	03:48:41	11:34:23	
	9	9218	Don	Brownlee	ACORN AC	M60	M35	03:49:31	11:34:23	
	338	10102	Mark	Thom	ACORN AC	M35	M35	03:56:11	11:34:23	
278	294	7351	Evgeni	Raykov	GALWAY CITY HARRIERS A.C.	M35	M35	03:45:36	11:34:25	
	235	5127	Aidan	Hanley	GALWAY CITY HARRIERS A.C.	M45	M35	03:47:00	11:34:25	
	309	10532	Eamonn	Brennan	GALWAY CITY HARRIERS A.C.	M45	M35	04:01:49	11:34:25	
279	123	4969	Geoff	Hamilton	DUNBOYNE A.C.	M50	M35	03:45:41	11:34:58	
	413	3779	Gerard	Plante	DUNBOYNE A.C.	M40	M35	03:52:23	11:34:58	
	281	6693	Gerard	Walsh	DUNBOYNE A.C.	M45	M35	03:56:54	11:34:58	
280	247	11154	Kevin	Doyle	GRANGE/FERMOY A.C.	M45	M35	03:49:19	11:35:21	
	395	10765	Mark	Pyne	GRANGE/FERMOY A.C.	M40	M35	03:49:36	11:35:21	
	160	8017	Dave	Bartley	GRANGE/FERMOY A.C.	M50	M35	03:56:26	11:35:21	
281	373	347	John	Collins	MALLOW A.C.	M40	M35	03:47:19	11:35:21	
	254	2807	Barry	O'Callaghan	MALLOW A.C.	M45	M35	03:50:37	11:35:21	
	444	617	Dan	Collins	MALLOW A.C.	M40	M35	03:57:25	11:35:21	
282	393	3911	Gary	Martin	NORTH EAST RUNNERS A.C.	M40	M35	03:49:31	11:36:05	
	409	8846	Gerard	McCaffery	NORTH EAST RUNNERS A.C.	M40	M35	03:51:39	11:36:05	
	430	1536	Hugh	McNulty	NORTH EAST RUNNERS A.C.	M40	M35	03:54:55	11:36:05	
283	223	4627	Paul	Gorman	ALBERTVILLE HARRIERS	M40	M35	03:24:27	11:36:30	
	81	2784	Brian	Kingston	ALBERTVILLE HARRIERS	M50	M35	03:30:39	11:36:30	
	428	10839	Dinny	Harkin	ALBERTVILLE HARRIERS	M35	M35	04:41:24	11:36:30	
284	383	8559	Brian	O'Neill	SLIEVE GULLION RUNNERS	M40	M35	03:48:40	11:36:33	

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	406	8759	Ollie	Murray	SLIEVE GULLION RUNNERS	M40	M35	03:51:01	11:36:33
	441	7029	Larry	Boyle	SLIEVE GULLION RUNNERS	M40	M35	03:56:52	11:36:33
285	359	3906	Vincent	McHugh	CLONMEL A.C.	M40	M35	03:44:57	11:37:00
	157	10557	Sean	O'Dea	CLONMEL A.C.	M50	M35	03:55:51	11:37:00
	8	9570	Tom	Quinn	CLONMEL A.C.	M65	M35	03:56:12	11:37:00
286	321	3081	Des	Joyce	ST. L. O'TOOLE A.C.	M35	M35	03:51:16	11:38:45
	417	6684	David	Lawlor	ST. L. O'TOOLE A.C.	M40	M35	03:52:38	11:38:45
	270	1505	Stephen	Murphy	ST. L. O'TOOLE A.C.	M45	M35	03:54:51	11:38:45
287	363	643	Glenn	Brennan	DONADEA RUNNING CLUB	M40	M35	03:45:08	11:38:46
	429	3196	John Joe	Cosgrove	DONADEA RUNNING CLUB	M40	M35	03:54:47	11:38:46
	453	7024	Brian	Lee	DONADEA RUNNING CLUB	M40	M35	03:58:51	11:38:46
288	342	3172	Brian	Doherty	MILFORD A.C.	M40	M35	03:41:20	11:39:06
	135	6542	Francis	Diver	MILFORD A.C.	M50	M35	03:48:26	11:39:06
	342	12143	Frank	McTaggart	MILFORD A.C.	M45	M35	04:09:20	11:39:06
289	129	10137	Paul	Mulholland	ST PETERS	M50	M35	03:46:21	11:39:11
	141	10594	Colin	Conway	ST PETERS	M50	M35	03:50:24	11:39:11
	313	4544	Jason	Holmes	ST PETERS	M45	M35	04:02:26	11:39:11
290	313	10344	Thomas	Doherty	MAGHERAFELT HARRIERS	M35	M35	03:50:10	11:39:30
	147	3470	Paul	McErlain	MAGHERAFELT HARRIERS	M50	M35	03:51:40	11:39:30
	286	13178	Therese	Connery	MAGHERAFELT HARRIERS	M45	M35	03:57:40	11:39:30
291	392	8777	Paul	Colfer	UNITED STRIDERS A.C.	M40	M35	03:49:30	11:40:00
	311	8783	Keith	Styles	UNITED STRIDERS A.C.	M35	M35	03:49:57	11:40:00
	302	8779	Anthony	Sinnott	UNITED STRIDERS A.C.	M45	M35	04:00:33	11:40:00
292	32	10761	Martin	Carey	KNOCKS RUNNING CLUB	M55	M35	03:49:28	11:40:51
	325	19228	Paul	Mohan	KNOCKS RUNNING CLUB	M35	M35	03:51:59	11:40:51
	168	16339	Brian	Fitzpatrick	KNOCKS RUNNING CLUB	M50	M35	03:59:24	11:40:51
293	308	5052	Declan	Kearns	NAVAN A.C.	M35	M35	03:48:53	11:41:16
	155	9632	Rory	Glacken	NAVAN A.C.	M50	M35	03:53:32	11:41:16
	292	7808	Philip	Dempsey	NAVAN A.C.	M45	M35	03:58:51	11:41:16
294	246	11009	Noel	Lynam	SPORTSWORLD A.C.	M45	M35	03:49:15	11:42:30
	274	7284	Ronan	Murray	SPORTSWORLD A.C.	M45	M35	03:55:28	11:42:30
	345	2714	Thomas	Kinsella	SPORTSWORLD A.C.	M35	M35	03:57:47	11:42:30
295	226	1186	Alan	Phelan	RATOATH A.C.	M45	M35	03:44:56	11:44:33
	419	3022	Aidan	Barker	RATOATH A.C.	M40	M35	03:52:55	11:44:33
	193	7041	Adrian	Roche	RATOATH A.C.	M50	M35	04:06:42	11:44:33
296	412	7488	Michael	Williamson	NI CIVIL SERVICE AC	M40	M35	03:51:57	11:44:44
	268	14926	Mark	Gilmore	NI CIVIL SERVICE AC	M45	M35	03:53:54	11:44:44
	348	3266	Adam	Heanen	NI CIVIL SERVICE AC	M35	M35	03:58:53	11:44:44
297	428	10323	Ciaran	O'Leary	WEXFORD MARATHON CLUB	M40	M35	03:54:36	11:45:09
	432	4889	Jason	Kehoe	WEXFORD MARATHON CLUB	M40	M35	03:55:11	11:45:09
	433	2135	Anthony	Kennelly	WEXFORD MARATHON CLUB	M40	M35	03:55:22	11:45:09
298	244	3362	Trevor	Walker	MONAGHAN TOWN RUNNERS	M45	M35	03:48:29	11:45:28
	331	941	Paul	McKenna	MONAGHAN TOWN RUNNERS	M35	M35	03:54:27	11:45:28
	314	3820	Declan	Fanthorpe	MONAGHAN TOWN RUNNERS	M45	M35	04:02:32	11:45:28
299	272	1514	Ken	Byrne	ST. L. O'TOOLE A.C.	M45	M35	03:55:13	11:47:40
	435	9677	Myles	Balfe	ST. L. O'TOOLE A.C.	M40	M35	03:56:13	11:47:40
	339	9437	Eddie	Dowling	ST. L. O'TOOLE A.C.	M35	M35	03:56:14	11:47:40
300	319	19323	Declan	Watters	BROTHERS PEARSE A.C.	M35	M35	03:50:57	11:48:15
	40	3310	Michael	Carolan	BROTHERS PEARSE A.C.	M55	M35	03:58:23	11:48:15
	293	10823	Philip	Blake	BROTHERS PEARSE A.C.	M45	M35	03:58:55	11:48:15
301	422	1902	Carl	Conroy	RAHENY SHAMROCK A.C.	M40	M35	03:53:21	11:48:27
	38	150	Mark	Lacey	RAHENY SHAMROCK A.C.	M55	M35	03:56:53	11:48:27

Cat POS	Place	BIB	FIRST		Club	TEAM			TEAM TIME
			Name	Surname		CAT	CAT	Gun Time	
	289	3753	Connor	Jennings	RAHENY SHAMROCK A.C.	M45	M35	03:58:13	11:48:27
302	248	6686	Des	Fitzgerald	DUNDRUM SOUTH DUBLIN A.C.	M45	M35	03:49:59	11:49:24
	445	1696	Darren	Clifford	DUNDRUM SOUTH DUBLIN A.C.	M40	M35	03:57:26	11:49:24
	175	3543	John	McDonnell	DUNDRUM SOUTH DUBLIN A.C.	M50	M35	04:01:59	11:49:24
303	414	5496	Joseph	Hallinan	WEST WATERFORD A.C.	M40	M35	03:52:28	11:51:35
	167	14903	Joe	O'Rourke	WEST WATERFORD A.C.	M50	M35	03:59:03	11:51:35
	352	675	Mark	Cliffe	WEST WATERFORD A.C.	M35	M35	04:00:04	11:51:35
304	201	4862	Colm	Menton	DONOUGHMORE A.C.	M45	M35	03:40:34	11:51:36
	148	2717	Mark	Bulman	DONOUGHMORE A.C.	M50	M35	03:51:50	11:51:36
	532	12205	Vincent	Buckley	DONOUGHMORE A.C.	M40	M35	04:19:12	11:51:36
305	121	2684	Anthony	Reape	BALLINA A.C.	M50	M35	03:44:56	11:52:54
	127	801	Robbie	Reynolds	BALLINA A.C.	M50	M35	03:46:03	11:52:54
	541	10353	Raymond	Masterson	BALLINA A.C.	M40	M35	04:21:55	11:52:54
306	276	10502	Andrew	Murray	ST. MICHAEL'S AC	M45	M35	03:56:01	11:52:55
	163	15317	David	Murphy	ST. MICHAEL'S AC	M50	M35	03:58:07	11:52:55
	452	9480	Emmett	O'Reilly	ST. MICHAEL'S AC	M40	M35	03:58:47	11:52:55
307	277	3515	Michael	Lindon	NORTH EAST RUNNERS A.C.	M45	M35	03:56:09	11:54:03
	446	8251	Ian	Cosgrove	NORTH EAST RUNNERS A.C.	M40	M35	03:57:35	11:54:03
	463	9466	Kevin	Dunne	NORTH EAST RUNNERS A.C.	M40	M35	04:00:19	11:54:03
308	411	9636	Colm	Wall	LUSK A.C.	M40	M35	03:51:54	11:55:33
	467	7298	Ken	Cahill	LUSK A.C.	M40	M35	04:00:46	11:55:33
	362	20265	Daniel	Cronin	LUSK A.C.	M35	M35	04:02:53	11:55:33
309	279	8350	Liam	Spain	BIRR A.C.	M45	M35	03:56:25	11:55:37
	288	8752	Nicholas	Dunne	BIRR A.C.	M45	M35	03:58:01	11:55:37
	308	8539	Philip	Guilfoyle	BIRR A.C.	M45	M35	04:01:11	11:55:37
310	403	5036	Thomas	Ennis	CLONLIFFE HARRIERS A.C.	M40	M35	03:50:27	11:55:49
	326	1940	Damien	Kelly	CLONLIFFE HARRIERS A.C.	M35	M35	03:52:12	11:55:49
	516	4595	Niall	Gorman	CLONLIFFE HARRIERS A.C.	M40	M35	04:13:10	11:55:49
311	284	7395	Damian	Kearney	ACORN AC	M45	M35	03:57:10	11:56:12
	162	8873	Colin	Thom	ACORN AC	M50	M35	03:57:55	11:56:12
	357	7908	Padraig	O'Kane	ACORN AC	M35	M35	04:01:07	11:56:12
312	263	5404	Davy	Mac Nicol	SPRINGWELL RUNNING CLUB	M45	M35	03:52:21	11:57:20
	450	9458	Stephen	Smyth	SPRINGWELL RUNNING CLUB	M40	M35	03:58:35	11:57:20
	191	7789	David	Gault	SPRINGWELL RUNNING CLUB	M50	M35	04:06:24	11:57:20
313	327	4712	Kenneth	O'Hara	ATHENRY A.C.	M35	M35	03:52:36	11:59:34
	315	2795	Cormac	Nicholson	ATHENRY A.C.	M45	M35	04:02:58	11:59:34
	182	12949	Sjoerd	Le Noble	ATHENRY A.C.	M50	M35	04:04:00	11:59:34
314	388	7001	Isidore	Ryan	BALBRIGGAN & DISTRICT A.C	M40	M35	03:49:24	11:59:40
	303	10420	Liam	Doyle	BALBRIGGAN & DISTRICT A.C	M45	M35	04:00:39	11:59:40
	506	1919	Robert	Doyle	BALBRIGGAN & DISTRICT A.C	M40	M35	04:09:37	11:59:40
315	278	9178	Michael	Ryan	CLONMEL A.C.	M45	M35	03:56:21	12:00:02
	169	2796	Cyril	Fogarty	CLONMEL A.C.	M50	M35	03:59:41	12:00:02
	183	3051	Neil	Proven	CLONMEL A.C.	M50	M35	04:04:00	12:00:02
316	264	7996	Graham	Hill	BALLYDRAIN HARRIERS	M45	M35	03:52:42	12:00:08
	328	2850	Jonathan	Swann	BALLYDRAIN HARRIERS	M35	M35	03:52:45	12:00:08
	521	2293	Paul	Edgar	BALLYDRAIN HARRIERS	M40	M35	04:14:41	12:00:08
317	330	13742	Eddie	Hawe	KILKENNY CITY HARRIERS A.C.	M35	M35	03:53:56	12:00:17
	283	12280	Daragh	Sharpe	KILKENNY CITY HARRIERS A.C.	M45	M35	03:57:04	12:00:17
	503	1319	Eoin	Molloy	KILKENNY CITY HARRIERS A.C.	M40	M35	04:09:17	12:00:17
318	262	9048	Colm	Kavanagh	NORTH WESTMEATH A.C.	M45	M35	03:51:58	12:00:38
	329	9049	Cathal	Fagan	NORTH WESTMEATH A.C.	M35	M35	03:52:57	12:00:38
	364	6814	Joseph	Murray	NORTH WESTMEATH A.C.	M45	M35	04:15:43	12:00:38

Cat	FIRST			TEAM			TEAM		
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time
319	455	15042	Fergal	McElroy	KNOCKS RUNNING CLUB	M40	M35	03:59:25	12:01:59
	466	2791	John	McAtee	KNOCKS RUNNING CLUB	M40	M35	04:00:36	12:01:59
	311	14311	Martin	Lynch	KNOCKS RUNNING CLUB	M45	M35	04:01:58	12:01:59
320	140	9916	Glenn	McGall	BALLYMENA RUNNERS AC	M50	M35	03:49:53	12:03:01
	449	9786	Alastair	Hill	BALLYMENA RUNNERS AC	M40	M35	03:58:31	12:03:01
	215	2541	David	Rainey	BALLYMENA RUNNERS AC	M50	M35	04:14:37	12:03:01
321	456	1561	Aidan	Carroll	BROTHERS PEARSE A.C.	M40	M35	03:59:36	12:05:05
	356	576	P.J.	Black	BROTHERS PEARSE A.C.	M35	M35	04:00:59	12:05:05
	184	4248	Alan	Fairbrother	BROTHERS PEARSE A.C.	M50	M35	04:04:30	12:05:05
322	237	3781	Andrew	McCrea	MONKSTOWN SPARTANS AC	M35	M35	03:32:08	12:05:47
	240	3780	Johnny	McKeown	MONKSTOWN SPARTANS AC	M35	M35	03:32:33	12:05:47
	588	19484	William Th	Gray	MONKSTOWN SPARTANS AC	M40	M35	05:01:06	12:05:47
323	92	4912	Liam	Grogan	NAAS A.C.	M40	M35	03:01:23	12:06:34
	379	13027	Colin	Feely	NAAS A.C.	M45	M35	04:22:21	12:06:34
	577	5525	Stephane	Moreau	NAAS A.C.	M40	M35	04:42:50	12:06:34
324	426	14729	Anuj	Sood	B.M.O.H. ATHLETICS CLUB	M40	M35	03:54:08	12:06:36
	301	2250	Dermot	Hartigan	B.M.O.H. ATHLETICS CLUB	M45	M35	04:00:32	12:06:36
	513	7620	Damian	Landy	B.M.O.H. ATHLETICS CLUB	M40	M35	04:11:56	12:06:36
325	239	9163	Barry	McArdle	LIFFORD STRABANE AC	M45	M35	03:47:44	12:07:02
	331	2216	Dominic	Carlin	LIFFORD STRABANE AC	M45	M35	04:06:57	12:07:02
	378	9269	Paul	Houston	LIFFORD STRABANE AC	M35	M35	04:12:21	12:07:02
326	457	5501	Paul	Allen	DUNSHAUGHLIN A.C.	M40	M35	03:59:37	12:07:10
	297	4906	Brendan	Dunne	DUNSHAUGHLIN A.C.	M45	M35	03:59:42	12:07:10
	497	10811	Michael	Anderson	DUNSHAUGHLIN A.C.	M40	M35	04:07:51	12:07:10
327	454	6635	Glenn	Murphy	BLAYNEY ROCKETS A.C.	M40	M35	03:59:04	12:07:54
	45	8259	Martin	Rafter	BLAYNEY ROCKETS A.C.	M55	M35	04:02:02	12:07:54
	194	10419	Dermot	McGuigan	BLAYNEY ROCKETS A.C.	M50	M35	04:06:48	12:07:54
328	448	8103	Frank	Cloherly	MAYO A.C.	M40	M35	03:58:26	12:08:05
	304	9369	John	Nyland	MAYO A.C.	M45	M35	04:00:48	12:08:05
	204	7381	Tony	Hegarty	MAYO A.C.	M50	M35	04:08:51	12:08:05
329	440	14511	Emmett	Breen	TEMPLEMORE A.C.	M40	M35	03:56:51	12:09:30
	166	6755	Paddy	Ryan	TEMPLEMORE A.C.	M50	M35	03:58:50	12:09:30
	382	14510	Sean	Mulholland	TEMPLEMORE A.C.	M35	M35	04:13:49	12:09:30
330	312	4226	Ed	Cahill	SLANEY OLYMPIC A.C.	M45	M35	04:02:07	12:11:15
	360	4736	Sean	Crotty	SLANEY OLYMPIC A.C.	M35	M35	04:02:07	12:11:15
	364	11262	Patrick	Rooney	SLANEY OLYMPIC A.C.	M35	M35	04:07:01	12:11:15
331	300	3797	Joseph	Kiernan	DUBLIN BAY RUNNING CLUB	M45	M35	04:00:12	12:11:36
	354	1867	George	Brady	DUBLIN BAY RUNNING CLUB	M35	M35	04:00:38	12:11:36
	349	3385	Jonathan	Dolan	DUBLIN BAY RUNNING CLUB	M45	M35	04:10:46	12:11:36
332	353	14470	Claire	Garrad	NORTH DOWN AC	M35	M35	04:00:10	12:12:44
	306	2544	Donald	Smith	NORTH DOWN AC	M45	M35	04:00:53	12:12:44
	208	10814	Cliff	McCausland	NORTH DOWN AC	M50	M35	04:11:41	12:12:44
333	343	5393	Patrick	Hynds	ST. L. O'TOOLE A.C.	M35	M35	03:57:32	12:14:50
	485	20224	Fergal	Barry	ST. L. O'TOOLE A.C.	M40	M35	04:04:43	12:14:50
	515	6690	Fergal	Foley	ST. L. O'TOOLE A.C.	M40	M35	04:12:35	12:14:50
334	330	10843	Martin	O'Kane	TARA A.C.	M40	M35	03:39:24	12:16:30
	351	9081	Paul	Crawley	TARA A.C.	M45	M35	04:11:01	12:16:30
	393	6981	Stephen	Kelly	TARA A.C.	M45	M35	04:26:05	12:16:30
335	273	7573	Gary	Finnegan	CELBRIDGE A.C.	M35	M35	03:41:18	12:17:24
	493	2678	David	Kinsella	CELBRIDGE A.C.	M40	M35	04:06:41	12:17:24
	558	13336	Alan	Kavanagh	CELBRIDGE A.C.	M40	M35	04:29:25	12:17:24
336	44	5475	Paddy	McCambridge	NORTH BELFAST HARRIERS	M55	M35	04:00:48	12:19:20

Cat	FIRST		TEAM			TEAM				
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
		317	8008	Gordon	Glenn	NORTH BELFAST HARRIERS	M45	M35	04:03:12	12:19:20
		523	4685	Stephen	McParland	NORTH BELFAST HARRIERS	M40	M35	04:15:20	12:19:20
337		425	2158	Darren	Lawther	OMAGH HARRIERS	M40	M35	03:54:04	12:19:26
		186	4044	Niall	Heaney	OMAGH HARRIERS	M50	M35	04:04:58	12:19:26
		225	10791	Peter	Dolan	OMAGH HARRIERS	M50	M35	04:20:24	12:19:26
338		354	8256	Graham	Devitt	CILLES A.C.	M40	M35	03:43:40	12:19:58
		375	10105	Alan	Mulligan	CILLES A.C.	M35	M35	04:11:31	12:19:58
		387	6694	Tim	Donnelly	CILLES A.C.	M45	M35	04:24:47	12:19:58
339		484	7840	Anne Marie	O'Flaherty	DUNDRUM SOUTH DUBLIN A.C.	M40	M35	04:04:33	12:19:59
		195	8891	Liam	McCambridge	DUNDRUM SOUTH DUBLIN A.C.	M50	M35	04:06:52	12:19:59
		338	8603	Camilla	Tuffy	DUNDRUM SOUTH DUBLIN A.C.	M45	M35	04:08:34	12:19:59
340		321	3481	Maurice	Olwill	MARATHON CLUB IRELAND	M45	M35	04:05:36	12:21:16
		496	12099	Bear Aodha	Fitzsimons	MARATHON CLUB IRELAND	M40	M35	04:07:39	12:21:16
		199	3151	John	Hanratty	MARATHON CLUB IRELAND	M50	M35	04:08:01	12:21:16
341		173	9989	Henk	Van Soolingen	EAGLE A.C.	M50	M35	04:01:08	12:21:19
		504	2237	John	McCarthy	EAGLE A.C.	M40	M35	04:09:19	12:21:19
		373	14309	John	Swanton	EAGLE A.C.	M35	M35	04:10:52	12:21:19
342		46	12934	Michael	Pratt	GRANGE/FERMOY A.C.	M55	M35	04:06:01	12:21:32
		328	13519	Martin	Healy	GRANGE/FERMOY A.C.	M45	M35	04:06:30	12:21:32
		205	12955	Sean	Lomasney	GRANGE/FERMOY A.C.	M50	M35	04:09:01	12:21:32
343		459	4740	Juraj	Karcak	LONGFORD A.C.	M40	M35	03:59:53	12:22:14
		461	4741	Sean	Crossan	LONGFORD A.C.	M40	M35	03:59:55	12:22:14
		58	15207	Raymond	Brogan	LONGFORD A.C.	M55	M35	04:22:26	12:22:14
344		189	1759	Richard	Keeffe	ST. COCA'S A.C.	M50	M35	04:05:23	12:22:29
		333	1761	Brendan	Nurney	ST. COCA'S A.C.	M45	M35	04:07:29	12:22:29
		507	1558	Aidan	Maher	ST. COCA'S A.C.	M40	M35	04:09:37	12:22:29
345		488	7913	Jason	Kelly	GALWAY CITY HARRIERS A.C.	M40	M35	04:05:45	12:22:39
		197	3472	Paraic	Oates	GALWAY CITY HARRIERS A.C.	M50	M35	04:06:58	12:22:39
		348	661	Mirko	Warnke	GALWAY CITY HARRIERS A.C.	M45	M35	04:09:56	12:22:39
346		197	1992	Rob	Brannigan	LUCAN HARRIERS A.C.	M45	M35	03:40:10	12:23:03
		475	6737	Niall	Cadogan	LUCAN HARRIERS A.C.	M40	M35	04:01:46	12:23:03
		62	2758	Vincent	Murtagh	LUCAN HARRIERS A.C.	M55	M35	04:41:07	12:23:03
347		491	10937	Peter	Lowney	ATHENRY A.C.	M40	M35	04:06:21	12:25:19
		339	7350	David	Murray	ATHENRY A.C.	M45	M35	04:09:04	12:25:19
		508	5155	Sean	Flaherty	ATHENRY A.C.	M40	M35	04:09:54	12:25:19
348		322	4262	Andrew	Reilly	TRIM A.C.	M35	M35	03:51:21	12:25:22
		335	8556	Joseph	Cosgrove	TRIM A.C.	M45	M35	04:08:05	12:25:22
		409	1177	Mark	Melia	TRIM A.C.	M35	M35	04:25:56	12:25:22
349		490	8784	Patrick	Murphy	UNITED STRIDERS A.C.	M40	M35	04:06:05	12:26:36
		327	12890	Pat	Myers	UNITED STRIDERS A.C.	M45	M35	04:06:25	12:26:36
		360	7887	Conrad	Shannon	UNITED STRIDERS A.C.	M45	M35	04:14:06	12:26:36
350		329	5911	Valeriu	Turcan	CLONMEL A.C.	M45	M35	04:06:34	12:27:08
		206	8230	Ciaran	Fahey	CLONMEL A.C.	M50	M35	04:09:48	12:27:08
		372	9196	Brendan	Coffey	CLONMEL A.C.	M35	M35	04:10:46	12:27:08
351		104	5902	Glen	Campbell	ROSCOMMON HARRIERS A.C.	M45	M35	03:20:28	12:27:33
		420	160	Adrian	Smith	ROSCOMMON HARRIERS A.C.	M35	M35	04:33:31	12:27:33
		407	125	Mark	Gilleran	ROSCOMMON HARRIERS A.C.	M45	M35	04:33:34	12:27:33
352		472	1050	Stephen	Fay	BOHERMEEN A.C.	M40	M35	04:01:38	12:28:03
		324	1187	Tony	Walsh	BOHERMEEN A.C.	M45	M35	04:05:44	12:28:03
		399	2450	Damien	English	BOHERMEEN A.C.	M35	M35	04:20:41	12:28:03
353		332	3361	Tommy	Crampton	RAHENY SHAMROCK A.C.	M45	M35	04:07:28	12:29:18
		200	3744	Desmond	Lyons	RAHENY SHAMROCK A.C.	M50	M35	04:08:10	12:29:18

POS	Cat Place	BIB	FIRST		Club	TEAM			TEAM TIME
			Name	Surname		CAT	CAT	Gun Time	
	359	7703	Robbie	Beggs	RAHENY SHAMROCK A.C.	M45	M35	04:13:40	12:29:18
354	337	10183	John	Healy	MARATHON CLUB IRELAND	M45	M35	04:08:27	12:30:21
	509	12373	Jonathan	Lindsay	MARATHON CLUB IRELAND	M40	M35	04:10:02	12:30:21
	48	18416	Stephen	Mooney	MARATHON CLUB IRELAND	M55	M35	04:11:52	12:30:21
355	500	5396	Gavin	Murphy	WATERGRASSHILL A.C.	M40	M35	04:08:49	12:34:07
	356	13021	Jason	Lynch	WATERGRASSHILL A.C.	M45	M35	04:12:00	12:34:07
	380	10527	James	Forrest	WATERGRASSHILL A.C.	M35	M35	04:13:18	12:34:07
356	309	9246	Shane	O'Donnell	TIR CHONAILL A.C.	M35	M35	03:49:12	12:34:38
	353	5369	Kevin	Foley	TIR CHONAILL A.C.	M45	M35	04:11:38	12:34:38
	565	9785	Jason	Graham	TIR CHONAILL A.C.	M40	M35	04:33:48	12:34:38
357	320	1180	Martin	McCready	MALLUSK HARRIERS	M45	M35	04:04:36	12:36:38
	207	10121	Ken	McAuley	MALLUSK HARRIERS	M50	M35	04:11:02	12:36:38
	229	17970	Noel	Bloomfield	MALLUSK HARRIERS	M50	M35	04:21:00	12:36:38
358	271	2301	Noel	Lynch	LETTERKENNY A.C.	M45	M35	03:55:02	12:41:34
	522	14489	Naoise	Enright	LETTERKENNY A.C.	M40	M35	04:14:48	12:41:34
	560	14490	Ciaran	Liddy	LETTERKENNY A.C.	M40	M35	04:31:44	12:41:34
359	474	12343	Brendan	Gallagher	NORTH EAST RUNNERS A.C.	M40	M35	04:01:43	12:43:56
	538	7809	Paul M	Kelly	NORTH EAST RUNNERS A.C.	M40	M35	04:19:53	12:43:56
	543	14210	Niall	Farrell	NORTH EAST RUNNERS A.C.	M40	M35	04:22:20	12:43:56
360	347	1663	Shane	Boyle	DUNSHAUGHLIN A.C.	M45	M35	04:09:44	12:44:24
	354	2753	Declan	Butler	DUNSHAUGHLIN A.C.	M45	M35	04:11:56	12:44:24
	382	3915	Dermot	Clinton	DUNSHAUGHLIN A.C.	M45	M35	04:22:44	12:44:24
361	331	1349	Mike	Stewart	CRUSADERS A.C.	M45	M35	04:07:48	12:45:22
	500	5069	Gavan	Doherty	CRUSADERS A.C.	M40	M35	04:09:02	12:45:22
		5252	Michael	Fong	CRUSADERS A.C.	M35	M35	04:28:32	12:45:22
362	384	8928	Paul	Cheevers	MARATHON CLUB IRELAND	M35	M35	04:14:38	12:46:31
	362	1003	Sean	Keogh	MARATHON CLUB IRELAND	M45	M35	04:15:35	12:46:31
	367	4419	Nicholas	Gordon	MARATHON CLUB IRELAND	M45	M35	04:16:18	12:46:31
363	346	3801	Ruadh	Fearghail	CLONAKILTY ROAD RUNNERS A.C.	M45	M35	04:09:44	12:48:48
	535	9181	Eileen	Collins	CLONAKILTY ROAD RUNNERS A.C.	M40	M35	04:19:32	12:48:48
	394	8635	Aoife	McAuley	CLONAKILTY ROAD RUNNERS A.C.	M35	M35	04:19:32	12:48:48
364	325	8750	Dave	Heather	BIRR A.C.	M45	M35	04:06:01	12:49:11
	372	9292	Damien	Finnerty	BIRR A.C.	M45	M35	04:18:04	12:49:11
	407	8751	James	Hartnett	BIRR A.C.	M35	M35	04:25:06	12:49:11
365	396	1593	Adrian	Mulholland	STAR OF THE SEA A.C.	M40	M35	03:49:45	12:49:35
	542	1519	Brian	Moore	STAR OF THE SEA A.C.	M40	M35	04:22:14	12:49:35
	569	14478	Ciaran	Flanagan	STAR OF THE SEA A.C.	M40	M35	04:37:36	12:49:35
366	154	2926	Michael	Gibbons	NEWBRIDGE A.C.	M50	M35	03:53:17	12:49:43
	280	1393	Paul G	Ryan	NEWBRIDGE A.C.	M45	M35	03:56:31	12:49:43
	430	917	Jeremy	Whitty	NEWBRIDGE A.C.	M45	M35	04:59:55	12:49:43
367	201	7099	William	Walsh	LUSK A.C.	M50	M35	04:08:34	12:49:48
	340	10934	Rodrigo	Lara	LUSK A.C.	M45	M35	04:09:06	12:49:48
	561	7694	Richard	Lanigan	LUSK A.C.	M40	M35	04:32:08	12:49:48
368	280	3181	Michael	Barry	DONORE HARRIERS	M35	M35	03:42:30	12:50:37
	400	7479	Sean	Browne	DONORE HARRIERS	M35	M35	04:21:08	12:50:37
	421	3534	Declan	Raftery	DONORE HARRIERS	M45	M35	04:46:59	12:50:37
369	494	323	Ivan	Eustace	PORTMARNOCK A.C.	M40	M35	04:07:08	12:50:42
	221	10239	Brian	Kelly	PORTMARNOCK A.C.	M50	M35	04:17:12	12:50:42
	411	3755	Eoghan	Lee	PORTMARNOCK A.C.	M35	M35	04:26:22	12:50:42
370	50	6861	Billy	Orr	FOYLE VALLEY AC	M55	M35	04:12:28	12:50:43
	216	3499	Gary	Marshall	FOYLE VALLEY AC	M50	M35	04:14:47	12:50:43
	403	4132	Darren	Wallace	FOYLE VALLEY AC	M35	M35	04:23:28	12:50:43

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
371	510	5621	Luciano	Lualdi	ATHENRY A.C.	M40	M35	04:11:13	12:50:47
	13	8822	Philip	Magnier	ATHENRY A.C.	M65	M35	04:18:48	12:50:47
	56	3592	Liam	Mycroft	ATHENRY A.C.	M55	M35	04:20:46	12:50:47
372	13	4902	Sean	McGowan	WATERFORD A.C.	M60	M35	03:59:26	12:51:28
	232	17278	Michael	Duffin	WATERFORD A.C.	M50	M35	04:23:24	12:51:28
	397	9248	Martin	Flynn	WATERFORD A.C.	M45	M35	04:28:38	12:51:28
373	389	7225	Marek	Pamula	MARATHON CLUB IRELAND	M35	M35	04:17:02	12:52:38
	529	10181	Wojciech	Musial	MARATHON CLUB IRELAND	M40	M35	04:17:44	12:52:38
	530	4573	Daniel	Brennan	MARATHON CLUB IRELAND	M40	M35	04:17:52	12:52:38
374	525	3239	Fiachra	Crean	CLONLIFFE HARRIERS A.C.	M40	M35	04:15:40	12:52:47
	531	8272	Niall	O'Connor	CLONLIFFE HARRIERS A.C.	M40	M35	04:18:19	12:52:47
	373	5202	Mark	Birmingham	CLONLIFFE HARRIERS A.C.	M45	M35	04:18:48	12:52:47
375	316	7980	David	Regan	WEST WATERFORD A.C.	M45	M35	04:03:03	12:54:57
	371	9222	Brian	Ormonde	WEST WATERFORD A.C.	M45	M35	04:17:18	12:54:57
	566	7979	Brian	Beatty	WEST WATERFORD A.C.	M40	M35	04:34:36	12:54:57
376	348	4948	Alphonse	Heneghan	LOUGHREA A.C.	M40	M35	03:42:12	12:58:04
	502	4949	Tom	Crosse	LOUGHREA A.C.	M40	M35	04:09:05	12:58:04
	594	17289	Stephen	Hanrahan	LOUGHREA A.C.	M40	M35	05:06:47	12:58:04
377	363	652	Robert	Purcell	SPRINGWELL RUNNING CLUB	M45	M35	04:15:36	12:59:06
	533	7334	Paul	Irwin	SPRINGWELL RUNNING CLUB	M40	M35	04:19:26	12:59:06
	404	5373	Noel	Harkin	SPRINGWELL RUNNING CLUB	M35	M35	04:24:04	12:59:06
378	520	6828	Jason	McCabe	MULLINGAR HARRIERS A.C.	M40	M35	04:14:39	12:59:23
	373	13016	Michael	Byrne	MULLINGAR HARRIERS A.C.	M45	M35	04:21:26	12:59:23
	13	1927	Tommy	Archbold	MULLINGAR HARRIERS A.C.	M65	M35	04:23:18	12:59:23
379	517	16150	Patrick	Mason	KILKENNY CITY HARRIERS A.C.	M40	M35	04:13:38	12:59:36
	381	2808	Brian	Sheeran	KILKENNY CITY HARRIERS A.C.	M35	M35	04:13:38	12:59:36
	562	4630	Declan	Walshe	KILKENNY CITY HARRIERS A.C.	M40	M35	04:32:20	12:59:36
380	12	700	David	Brady	RAHENY SHAMROCK A.C.	M65	M35	04:18:01	12:59:57
	393	8158	Patrick	Phillips	RAHENY SHAMROCK A.C.	M35	M35	04:19:02	12:59:57
	544	1639	Michael	King	RAHENY SHAMROCK A.C.	M40	M35	04:22:54	12:59:57
381	387	8729	Lar	Tierney	TULLAMORE HARRIERS A.C.	M35	M35	04:15:39	13:01:33
	52	2425	Denis	Flynn	TULLAMORE HARRIERS A.C.	M55	M35	04:19:17	13:01:33
	240	7969	Ray	Murray	TULLAMORE HARRIERS A.C.	M50	M35	04:26:37	13:01:33
382	248	10126	Michael	Harris	JOG LISBURN RUNNING CLUB	M45	M35	03:50:02	13:05:34
	180	10804	Ian	Morrow	JOG LISBURN RUNNING CLUB	M50	M35	04:03:10	13:05:34
	441	17084	Martin	Stewart	JOG LISBURN RUNNING CLUB	M35	M35	05:12:22	13:05:34
383	218	4329	Thomas	O'Connor	DUBLIN FRONT RUNNERS A.C.	M50	M35	04:15:04	13:08:19
	398	3955	Sean	Lynch	DUBLIN FRONT RUNNERS A.C.	M35	M35	04:20:29	13:08:19
	246	6613	Luiz	Dasilva	DUBLIN FRONT RUNNERS A.C.	M50	M35	04:32:46	13:08:19
384	395	12713	Tim	Ganley	MAYO A.C.	M35	M35	04:19:32	13:08:20
	384	9367	Greg	Barry	MAYO A.C.	M45	M35	04:23:02	13:08:20
	553	10940	Shane	Timothy	MAYO A.C.	M40	M35	04:25:46	13:08:20
385	53	641	Anthony	Power	CLONMEL A.C.	M55	M35	04:19:24	13:10:39
	536	9009	Brian	Tyrrell	CLONMEL A.C.	M40	M35	04:19:38	13:10:39
	402	10333	Tom	Butler	CLONMEL A.C.	M45	M35	04:31:37	13:10:39
386	217	7705	Dermot	Holland	BALBRIGGAN & DISTRICT A.C	M50	M35	04:14:59	13:14:23
	388	12171	Paul	Bissett	BALBRIGGAN & DISTRICT A.C	M45	M35	04:25:03	13:14:23
	422	3016	Stephen	McGrane	BALBRIGGAN & DISTRICT A.C	M35	M35	04:34:21	13:14:23
387	381	9452	Brendan	Breen	NORTH EAST RUNNERS A.C.	M45	M35	04:22:27	13:17:01
	405	19595	Kevin	Bishop	NORTH EAST RUNNERS A.C.	M35	M35	04:24:53	13:17:01
	559	8202	Enda	Tobin	NORTH EAST RUNNERS A.C.	M40	M35	04:29:41	13:17:01
388	388	4359	Brian	Yarrow	ST. MICHAEL'S AC	M35	M35	04:16:28	13:19:52

Cat	FIRST		TEAM			TEAM				
	POS	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TIME
		415	3542	Alvin	Duggan	ST. MICHAEL'S AC	M35	M35	04:28:30	13:19:52
		423	20225	Wesley	Reilly	ST. MICHAEL'S AC	M35	M35	04:34:54	13:19:52
389		37	10211	Liam	Breen	SLIABH BHUIDE ROVERS A.C.	M55	M35	03:55:47	13:21:24
		489	1292	Joe	Breen	SLIABH BHUIDE ROVERS A.C.	M40	M35	04:06:02	13:21:24
		8	3462	Billy	Harpur	SLIABH BHUIDE ROVERS A.C.	M70	M35	05:19:35	13:21:24
390		499	6708	Gareth	Swift	MONAGHAN PHOENIX A.C.	M40	M35	04:08:14	13:21:42
		350	9408	Damien	Barry	MONAGHAN PHOENIX A.C.	M45	M35	04:11:01	13:21:42
		262	4879	Peadar	Treanor	MONAGHAN PHOENIX A.C.	M50	M35	05:02:27	13:21:42
391		230	8747	Mick	Connolly	MARATHON CLUB IRELAND	M50	M35	04:22:40	13:22:49
		556	2434	Denzil	Jacobs	MARATHON CLUB IRELAND	M40	M35	04:27:01	13:22:49
		404	3894	Sean	Molloy	MARATHON CLUB IRELAND	M45	M35	04:33:08	13:22:49
392		59	8513	Tos	Moran	BROTHERS PEARSE A.C.	M55	M35	04:25:55	13:28:37
		395	7475	Ramon	Whelan	BROTHERS PEARSE A.C.	M45	M35	04:26:58	13:28:37
		567	1419	Tadhg	Ryan	BROTHERS PEARSE A.C.	M40	M35	04:35:44	13:28:37
393		226	9442	John	Farrelly	ST. BRIGIDS A.C.	M50	M35	04:20:34	13:31:38
		19	8933	Brendan	Smith	ST. BRIGIDS A.C.	M60	M35	04:23:14	13:31:38
		423	14534	Ray	Farrelly	ST. BRIGIDS A.C.	M45	M35	04:47:50	13:31:38
394		554	5250	Aidan	Doyle	TUAM A.C.	M40	M35	04:26:09	13:33:07
		5	7767	Martin	Hynes	TUAM A.C.	M70	M35	04:33:11	13:33:07
		564	5246	Padraic	Burke	TUAM A.C.	M40	M35	04:33:47	13:33:07
395		550	10850	Eoin	Gorman	DUNSHAUGHLIN A.C.	M40	M35	04:24:14	13:33:41
		418	9440	Aidan	Lanigan	DUNSHAUGHLIN A.C.	M35	M35	04:31:34	13:33:41
		411	13688	Paul	Harris	DUNSHAUGHLIN A.C.	M45	M35	04:37:53	13:33:41
396		555	6944	Andrea	Doyle	CIVIL SERVICE A.C.	M40	M35	04:26:36	13:34:26
		422	9542	Stephen	Downey	CIVIL SERVICE A.C.	M35	M35	04:32:13	13:34:26
		427	11317	Maurice	Kennelly	CIVIL SERVICE A.C.	M35	M35	04:35:37	13:34:26
397		390	6824	John	Corbett	NAVAN A.C.	M35	M35	04:17:25	13:42:58
		574	18216	Karl	Sherlock	NAVAN A.C.	M40	M35	04:39:45	13:42:58
		254	7877	Brendan	Hurley	NAVAN A.C.	M50	M35	04:45:48	13:42:58
398		11	3205	Pat	Rocks	NEWRY CITY RUNNERS AC	M65	M35	04:14:57	13:44:14
		383	8836	Colm	McCann	NEWRY CITY RUNNERS AC	M45	M35	04:22:56	13:44:14
		593	19420	David	Fisher	NEWRY CITY RUNNERS AC	M40	M35	05:06:21	13:44:14
399		255	10015	John	Griffin	FINN VALLEY A.C.	M45	M35	03:50:40	13:44:34
		323	10011	Paddy	Doherty	FINN VALLEY A.C.	M45	M35	04:05:41	13:44:34
		445	5482	Barry	Chambers	FINN VALLEY A.C.	M35	M35	05:48:13	13:44:34
400		394	10075	Stephen	Cassidy	SPRINGWELL RUNNING CLUB	M45	M35	04:26:44	13:44:38
		243	10485	Paul	Dornan	SPRINGWELL RUNNING CLUB	M50	M35	04:29:12	13:44:38
		431	20840	Andrew	Kincaid	SPRINGWELL RUNNING CLUB	M35	M35	04:48:42	13:44:38
401		368	13560	Brendan	Fay	ST. COCA'S A.C.	M45	M35	04:16:22	13:45:45
		539	2310	Martin	Geraghty	ST. COCA'S A.C.	M40	M35	04:19:59	13:45:45
		436	18656	Andrew	Purcell	ST. COCA'S A.C.	M45	M35	05:09:24	13:45:45
402		413	14177	Ken	Foley	TRIM A.C.	M35	M35	04:27:01	13:53:20
		570	15491	Mark	Ginnerty	TRIM A.C.	M40	M35	04:37:41	13:53:20
		424	19913	Martin	Kelly	TRIM A.C.	M45	M35	04:48:38	13:53:20
403		401	14999	Barry	Browne	MILFORD A.C.	M45	M35	04:31:36	14:09:55
		579	16929	Paul	Ryan	MILFORD A.C.	M40	M35	04:49:09	14:09:55
		64	13773	Denis	Sheridan	MILFORD A.C.	M55	M35	04:49:10	14:09:55
404		545	9919	Stuart	Roche	WATERGRASSHILL A.C.	M40	M35	04:22:59	14:14:05
		251	10529	Noel	Prendergast	WATERGRASSHILL A.C.	M50	M35	04:40:20	14:14:05
		596	12494	Martin	Landers	WATERGRASSHILL A.C.	M40	M35	05:10:46	14:14:05
405		6	14299	Martin	Keane	ATHENRY A.C.	M70	M35	04:34:10	14:17:47
		416	14703	Kevin	Devane	ATHENRY A.C.	M45	M35	04:42:08	14:17:47

POS	Cat		FIRST			TEAM			
	Place	BIB	Name	Surname	Club	CAT	CAT	Gun Time	TEAM TIME
	261	4062	Martin	Hynes	ATHENRY A.C.	M50	M35	05:01:29	14:17:47
406	576	14012	Sean	Bates	WEXFORD MARATHON CLUB	M40	M35	04:42:41	14:18:06
	417	9872	Paul	Ryan	WEXFORD MARATHON CLUB	M45	M35	04:43:00	14:18:06
	432	12990	Dermot	Wallace	WEXFORD MARATHON CLUB	M35	M35	04:52:25	14:18:06
407	417	2553	James	Wright	BALLINA A.C.	M35	M35	04:30:35	14:19:44
	257	21154	Derek	Fair	BALLINA A.C.	M50	M35	04:48:37	14:19:44
	435	11166	Brendan	Egan	BALLINA A.C.	M35	M35	05:00:32	14:19:44
408	572	4633	Jason	Manek	DUNSHAUGHLIN A.C.	M40	M35	04:38:23	14:30:45
	430	16168	Gioia	Onofri	DUNSHAUGHLIN A.C.	M35	M35	04:47:25	14:30:45
	263	14419	George	Ennis	DUNSHAUGHLIN A.C.	M50	M35	05:04:57	14:30:45
409	399	6651	Adrian	Gogarty	DROGHEDA & DISTRICT A.C.	M45	M35	04:29:39	14:33:30
	415	7861	Gerard	Fay	DROGHEDA & DISTRICT A.C.	M45	M35	04:41:33	14:33:30
	440	15103	Ged	Kenny	DROGHEDA & DISTRICT A.C.	M45	M35	05:22:18	14:33:30
410	20	4976	Andrew	Rogers	ST PETERS	M60	M35	04:26:08	14:39:23
	410	15300	Mark	Lieghio	ST PETERS	M45	M35	04:35:35	14:39:23
	444	2145	Stephen	Dunn	ST PETERS	M45	M35	05:37:40	14:39:23
411	422	12335	John	Dixon	CELBRIDGE A.C.	M45	M35	04:47:13	14:44:15
	426	17469	Owen	Mulvaney	CELBRIDGE A.C.	M45	M35	04:49:32	14:44:15
	433	18783	Eamon	Hourihane	CELBRIDGE A.C.	M45	M35	05:07:30	14:44:15
412	573	12441	Steven	ring	MARATHON CLUB IRELAND	M40	M35	04:39:41	15:03:32
	437	17062	Janilo	Somcio	MARATHON CLUB IRELAND	M45	M35	05:09:50	15:03:32
	599	10434	Jon	Loveria	MARATHON CLUB IRELAND	M40	M35	05:14:01	15:03:32
413	421	2447	Brian	Derrig	MAYO A.C.	M35	M35	04:34:07	15:14:29
	438	13086	Catrina	Houlihan	MAYO A.C.	M35	M35	05:13:53	15:14:29
	265	13992	James	Murtagh	MAYO A.C.	M50	M35	05:26:29	15:14:29
414	583	20189	Mark	Neely	SPRINGWELL RUNNING CLUB	M40	M35	04:52:37	15:40:34
	264	16950	Colin	Connolly	SPRINGWELL RUNNING CLUB	M50	M35	05:23:23	15:40:34
	601	10321	Paul	Humphreys	SPRINGWELL RUNNING CLUB	M40	M35	05:24:34	15:40:34
415	224	10000	Des	White	GRANGE/FERMOY A.C.	M50	M35	04:19:19	16:08:15
	442	20893	Troy	Spink	GRANGE/FERMOY A.C.	M45	M35	05:29:15	16:08:15
	272	16314	Tom	Flynn	GRANGE/FERMOY A.C.	M50	M35	06:19:41	16:08:15
416	431	9158	Michael	Egan	BALLINA A.C.	M45	M35	05:00:32	16:22:13
	597	19130	Yvonne	Bruce	BALLINA A.C.	M40	M35	05:11:26	16:22:13
	446	19257	John	Robinson	BALLINA A.C.	M35	M35	06:10:15	16:22:13
417	258	8506	Vincent	Byrne	SLANEY OLYMPIC A.C.	M50	M35	04:49:27	16:42:15
	444	11321	Thomas	Crofts	SLANEY OLYMPIC A.C.	M35	M35	05:28:54	16:42:15
	273	9888	Seamus	Jordan	SLANEY OLYMPIC A.C.	M50	M35	06:23:54	16:42:15
1	1	31	Cathal	O'Connell	ST. FINBARRS A.C.	M50	M50	02:36:10	08:24:19
	2	57	Ken	Devine	ST. FINBARRS A.C.	M50	M50	02:41:56	08:24:19
	21	4061	Fergus	Wall	ST. FINBARRS A.C.	M50	M50	03:06:13	08:24:19
2	10	1371	Denis	Murphy	CRUSADERS A.C.	M55	M50	03:22:55	09:34:55
	18	19828	Pat	Quill	CRUSADERS A.C.	M50	M50	03:05:18	09:34:55
	2	60	James	Cottle	CRUSADERS A.C.	M60	M50	03:06:42	09:34:55
3	37	360	Conor	Fleming	CLONMEL A.C.	M50	M50	03:13:33	09:50:41
	45	372	Cornelius	McFadden	CLONMEL A.C.	M50	M50	03:15:34	09:50:41
	49	5095	Noel	Gillman	CLONMEL A.C.	M50	M50	03:21:34	09:50:41
4	12	572	Martin	Kelly	RAHENY SHAMROCK A.C.	M55	M50	03:24:09	10:15:32
	14	3545	Seamus	Rooney	RAHENY SHAMROCK A.C.	M55	M50	03:24:52	10:15:32
	16	3156	Paul	Frewen	RAHENY SHAMROCK A.C.	M55	M50	03:26:31	10:15:32
5	26	1922	Barry	Harten	TRIM A.C.	M50	M50	03:09:41	10:51:22
	69	3294	Michael	Counsel	TRIM A.C.	M50	M50	03:27:35	10:51:22
	10	3064	Pat	Comey	TRIM A.C.	M65	M50	04:14:06	10:51:22

POS	Cat		FIRST		Club	TEAM			TEAM TIME
	Place	BIB	Name	Surname		CAT	CAT	Gun Time	
6	8	3701	Kenneth	Cronin	DONORE HARRIERS	M55	M50	03:20:17	10:51:41
	11	566	Tony	Griffin	DONORE HARRIERS	M55	M50	03:23:37	10:51:41
	198	11228	Arthur	Connick	DONORE HARRIERS	M50	M50	04:07:47	10:51:41
7	40	4177	Seamus	McKillop	CITY OF LISBURN AC	M50	M50	03:14:31	10:58:39
	6	4362	Paul	McCullagh	CITY OF LISBURN AC	M55	M50	03:16:33	10:58:39
	241	4892	Stephen	Reid	CITY OF LISBURN AC	M50	M50	04:27:35	10:58:39
8	108	3007	Fintan	Lawler	CRUSADERS A.C.	M50	M50	03:41:51	11:22:24
	117	4599	Victor	Fairbrother	CRUSADERS A.C.	M50	M50	03:44:16	11:22:24
	158	10454	Russell	Murphy	CRUSADERS A.C.	M50	M50	03:56:17	11:22:24
9	1	2186	Jack	Carberry	NORTH BELFAST HARRIERS	M70	M50	03:49:32	11:39:35
	144	10579	Sandy	Plumb	NORTH BELFAST HARRIERS	M50	M50	03:51:12	11:39:35
	41	7937	Jim	Clinton	NORTH BELFAST HARRIERS	M55	M50	03:58:51	11:39:35
10	15	12987	Patrick	McMorrow	BLACKROCK A.C. (DUBLIN)	M60	M50	04:10:39	12:43:44
	210	8860	Richard	Cooke	BLACKROCK A.C. (DUBLIN)	M50	M50	04:12:11	12:43:44
	228	12362	Colin	Power	BLACKROCK A.C. (DUBLIN)	M50	M50	04:20:54	12:43:44
11	214	2997	Shay	Murphy	TALLAGHT A.C.	M50	M50	04:14:36	13:05:28
	223	1957	Sandro	Giglione	TALLAGHT A.C.	M50	M50	04:18:56	13:05:28
	4	3792	Eddie	Coyle	TALLAGHT A.C.	M70	M50	04:31:56	13:05:28
12	2	18041	Michael	Carroll	LIMERICK COUNTRY CLUB A.C.	M70	M50	04:03:19	14:36:40
	65	10537	Dominic	Devereux	LIMERICK COUNTRY CLUB A.C.	M55	M50	04:49:38	14:36:40
	24	19802	Michael	Sheehan	LIMERICK COUNTRY CLUB A.C.	M60	M50	05:43:43	14:36:40