

## Tullamore Harriers Stadium Records

Events	Stadium Records	Name	Country	Date of Record
100m	10.42 (1.4)	Jason Smyth	Ireland	28.06.09
200m	20.87 (-1.9)	Marcus Lawler	Ireland	01.06.13
400m	47.15	David McCarthy	Ireland	21.08.05
800m	1.48.18	David McCarthy	Ireland	05.06.10
1500m	3.42.98	Mark Carroll	Ireland	09.08.98
Mile	3.58.45	James Nolan	Ireland	05.06.04
3000m				
5000m	13.50.9	Dave Taylor	Ireland	20.07.86
10000m	28.17.09	John Treacy	Ireland	25.07.87
3000m St.	8.40.94	Kieren Stack	Ireland	15.07.90
110m Hurdles	13.98 (1.3)	Ben Reynolds	Ireland	20.08.11
400m Hurdles	51.67	Thomas Barr	Ireland	24.06.12
3,000m Walk	11.27.06	Robert Heffernan	Ireland	13.08.00
10,000m Walk	40.16.68	Robert Heffernan	Ireland	23.07.00
High Jump	2.15	Kourosh Foroughi	Ireland	26.06.11
Long Jump	7.84 (1.9)	Ciaran McDonagh	Ireland	07.08.05
Triple Jump	15.83	Hugh Maguire	Canada	20.07.86
Shot	19.93	Victor Costello	Ireland	01.07.92
Discus	60.82	Nicky Sweeney	Ireland	09.08.98
Hammer	67.90	Paddy McGrath	Ireland	09.08.98
Pole Vault	4.82	David Donegan	Ireland	27.07.08
Javelin	75.90	Terry McHugh	Ireland	14.07.90
Decathlon	6263	Ian Condron	Ireland	24-25.08.89
4 x 100m	40.89	Dublin City Harriers	Ireland	13.08.00
4 x 400m				
56lbs H	4.93	Gerry O'Connell	Ireland	19.07.86
56lbs D	8.88	Gerry O'Connell	Ireland	20.07.86

### Women:

Events	Stadium Records	Name	Country	Date of Record
100m	11.69 (0.7)	Kelly Proper	Ireland	29.06.08
200m	23.98 (-0.7)	Phil Healy	Ireland	01.06.13
400m	53.72	Patricia Walsh	Ireland	20.07.86
800m	2.03.96	Kelly Neely	Ireland	05.06.10
1500m	4.09.44	Sonia O'Sullivan	Ireland	15.07.90
3000m	9.16.60	Catherina McKiernan	Ireland	14.07.90
5000m	16.52.67	Suzanne Huet	Ireland	08.07.07
10000m	33.57.13	Rosie Lambe	Ireland	26.07.87
3000 St.	11.50.7	Fiona McKenna	Ireland	28.06.09
100 Hurdles	13.12 (+1.2)	Susan Smith	Ireland	09.08.98
400m Hurdles	58.91	Barbara Johnson	Ireland	20.07.86
3000m Walk	12.18.86	Kate Veale	Ireland	23.07.11
5000m Walk	21.35.62	Deirdre Gallagher	Ireland	23.06.96
High Jump	1.85	Deirdre Ryan	Ireland	20.08.11
Long Jump	6.51 (+0.7)	Kelly Proper	Ireland	08.08.09
Triple Jump	12.63 (1.7)	Caoimhe King	Ireland	26.06.11
Shot	15.22	Marita Walton	Ireland	20.07.86
Discus	55.32	Jackie McKiernan	Great Britain	09.08.98
Hammer	70.13	Eileen O'Keefe	Ireland	08.06.08
Pole Vault	4.30	Zoe Brown	Ireland	22.07.12
Javelin	52.21	Anita Fitzgibbon	Ireland	19.08.12
Heptathlon	5239	Brid Hallisey	Ireland	24-25.08.89
4 x 100m	48.16	St McDaras CC	Ireland	01.06.98
4 x 400m				