

THE GLOHEALTH

NATIONAL 4K, JUVENILE B CROSS COUNTRY & INTER COUNTY RELAY CHAMPIONSHIPS

SAT. 9TH OF JANUARY 2016
ALSAA, CO. DUBLN



11.30	GIRLS	U11	1000m
11.40	BOYS	U11	1000m
11.50	GIRLS	U13	1500m
12.00	BOYS	U13	1500m
12.10	GIRLS	U15	2500m
12.25	BOYS	U15	2500m
12.40	GIRLS	U17	3000m
12.55	BOYS	U17	3000m
13.10	BOYS	U12	4x500m
	GIRLS	U12	4x500m
	BOYS	U14	4x500m
	GIRLS	U14	4x500m
14.00	SENIOR WOMEN		4000m
14.30	SENIOR MEN		4000m

