

GloHealth

AAI Games 2015 Provisional Timetable

<u>TRACK EVENTS</u>			<u>FIELD EVENTS</u>		
11.30	5000m Walk	Men	11.30	Long Jump	Women
12.00	3000m Walk	Women			
			12.00	Pole Vault	Men & Women
12.30	400m H	Women			
12.40	400m H	Men	12.00	Shot Put	Women
12.50	200m	Women	12.15	Javelin	Men
13.00	200m	Men			
			12.30	High Jump	Men
13.30	800m	Women			
13.40	800m	Men	13.00	Hammer	Women & Men
13.50	3000m	Men Women	12.45	Long Jump	Men
14.10	100m H	Women	13.30	Shot Put	Men
14.20	110m H	Men			
			14.00	Javelin	Women
14.40	100m	Women			
14.45	100m	Men	14.30	High Jump	Women
15.20	1500m	Women	14.15	Discus	Men
15.30	1500m	Men			
			14.15	Triple Jump	Women & Men
15.40	400m	Women			
15.50	400m	Men	15.30	Discus	Women
16.15	Relays	Men & Women			