

## PROVISIONAL TIMETABLE

### TRACK

|       |            |       |
|-------|------------|-------|
| 11.00 | 3000m Walk | Women |
| 11.20 | 3000m Walk | Men   |
| 11.45 | 60m        | Women |
| 12.00 | 60m        | Men   |
| 12.35 | 60mH       | Women |
| 12.45 | 60mH       | Men   |
| 13.15 | 3000m      | Women |
| 13.35 | 800m       | Women |
| 13.45 | 800m       | Men   |
| 14.10 | 200m       | Women |
| 14.25 | 200m       | Men   |
| 14.55 | 3000m      | Men   |
| 15.15 | 400m       | Women |
| 15.25 | 400m       | Men   |
| 15.50 | 1500m      | Women |
| 16.05 | 1500m      | Men   |

### FIELD

|       |             |             |
|-------|-------------|-------------|
| 11.15 | Shot Putt   | Women       |
| 12.45 | Shot Putt   | Men         |
| 11.30 | High Jump   | Women       |
| 13.30 | High Jump   | Men         |
| 11.30 | Pole Vault  | Men & Women |
| 12.00 | Long Jump   | Women       |
| 15.00 | Long Jump   | Men         |
| 13.15 | Triple Jump | Women       |
|       | Triple Jump | Men         |

Final Timetable will be based on entries at closing date