

**South Leinster Track and Field  
Minor and Junior**

**Thursday May 2nd 2019**

**Starting Time: 10:45am at Waterford Regional Track  
9.30am Hammer Junior Boys&Girls together**

**Order of Events - Track**

**Order of Events - Field**

Order of heats Minor Girls Minor Boys Junior Girls Junior Boys

1*	300m Hurdles Inter Girls - Heats		
2*	400m Hurdles Senior Girls - Heats		
3*	400m Hurdles Inter Boys - Heats		
4*	400m Hurdles Senior Boys - Heats		
5 \ 8	4x100m Relays - Heats		
9 \ 10	1,200m Walks - Junior Girls and Boys	11:00 Minor Girls	13:00 Junior Boys
11 \ 12	2,000m Walks - Inter Girls and Boys	12:00 Minor Boys	14:00 Junior Girls
13 \ 14	3,000m Walks Senior Girls and Boys		
15 \ 18	4x100m Relays - Finals		
19 \ 22	Finals of Long Hurdles Races		
23 \ 24	200m Girls and Boys - Heats	11:00 Junior Boys	13:00 Minor Girls
25 \ 26	500m Girls and Boys - Heats	12:00 Junior Girls	14:00 Minor Boys
27 \ 28	800m Girls and Boys - Heats		
29 \ 30	100m Girls and Boys - Heats		
31 \ 32	75m Hurdles Girls and Boys - Heats		
33 \ 34	80m Hurdles Girls and Boys - Heats	11:00 Junior Boys	13:00 Minor Boys
35 \ 36	Finals of Hurdles, In the same order	12:00 Junior Girls	14:00 Minor Girls
37 \ 40	200m Girls and Boys - Finals		
41 \ 42	500m Girls and Boys - Finals		
43 \ 44	1500m Steeplechase I&S Girls		
45 \ 46	1,500m Steeplechase Inter Boys	11:00 Junior Girls	13:00 Minor Girls
47 \	2,000m Steeplechase Senior Boys	12:00 Junior Boys	14:00 Minor Boys
48 \	800m Girls and Boys - Finals		
49 \ 50	100m Girls and Boys - Finals		
51 \ 52	1,100m Girls and Boys - Finals		
53 \ 54	1,500m Girls and Boys - Finals	12:00 Minor Boys 13:00 Junior Girls	14:00 Junior Boys 15:00 Minor Girls

**Long Jump - Pit No. 1**

**High Jump**

**Shot Putt**

**Discus**

**Javelin**

\* Please note Finals will take place at  
heat time if there are no heats

**Triple Jump - Pit No. 2**

11:00 Junior Boys                      12:00 Junior Girls

**Hammer**

9.30 Junior Girls  
09:30 Junior Boys

