## Dublin City University Invitational Schools Cross Country Races 2015 (Sponsored by Bank of Ireland)



Date Wednesday 14<sup>th</sup> January, 2015

**Venue** DCU Sports Grounds (off Ballymun Road – behind Glasnevin Tennis Club)

Time 1<sup>st</sup> Race at 12.00pm sharp!!!! (The order of the events as per below)

Events Minor Girls (U.14 born on or after 1/7/2001) 1000m approx.

Minor Boys (U.14 born on or after 1/7/2001)
Junior Girls (U.15 born on or after 1/7/2000)
Junior Boys (U.15 born on or after 1/7/2000)
Inter Girls (U.17 born on or after 1/7/1998)
Inter Boys (U.17 born on or after 1/7/1998)
Senior Girls (U.19 born on or after 1/1/1996)
Senior Boys (U.19 born on or after 1/1/1996)

1500m approx.
2500m approx.
3000m approx.
2000m approx.
4500m approx.

Prizes: 1<sup>st</sup> 5 individuals and 1<sup>st</sup> 3 teams in each race. Numerous spot prizes!!!!!

NOTE: Up to 8 athletes to run, ANY 4 to score, in ALL races. In the event that your school is entering 2 teams in the same age group, you must clearly

distinguish between your A and B team before the race starts. Prize giving to take place within 30 minutes of each race finishing!

Facilities: Changing facilities and toilets are available in the DCU Sports Grounds

centre. A "Help Desk" is inside the main door!

Parking: Restricted parking (cars only) in the sports grounds car park. All

BUSES are asked to park on Griffith Avenue Extension.

Enquiries to: Enda Fitzpatrick, Meeting Director 086 - 8909729

Alan Danagher, Invitational Organiser 087 - 9473962

NB: In the event of adverse weather conditions, please check the DCU University webpage at <a href="www.dcu.ie">www.dcu.ie</a> for live information updates! A decision will be made by the Organising Committee by 12 noon on Tuesday 13<sup>th</sup> after course inspection.