

**Dunboyne & District Secondary Schools Invitational  
XC  
at Cow Parks Dunboyne.  
on  
Wednesday December 12<sup>th</sup> 2018  
Start time 12.30pm**

**Individual and Team Prizes for all races**

**12.30pm Start**

**Order of Races:**

<b>Minor Girls</b>	<b>Approx. 1,000m (1 Small Lap)</b>	<b>Race 12.30pm</b>
<b>Minor Boys</b>	<b>Approx. 1,500m (1 Big Lap)</b>	
<b>Junior Girls</b>	<b>Approx. 1,500m (1 Big Lap)</b>	
<b>Junior Boys</b>	<b>Approx. 2,000m (1 Big lap with inserts)</b>	
<b>Inter Girls</b>	<b>Approx. 2,000m (1 Big laps with inserts)</b>	
<b>Inter Boys</b>	<b>Approx. 3,000m (2 Big Laps)</b>	
<b>Senior Girls</b>	<b>Approx. 2,000m (1 Big laps with inserts)</b>	
<b>Senior Boys</b>	<b>Approx. 3,000m (2 Big Laps)</b>	