

National
Indoor
Championships



IRISH LIFE HEALTH JUVENILE INDOOR CHAMPIONSHIPS DAY 1
AIT INTERNATIONAL ARENA, ATHLONE
SATURDAY 25TH MARCH 2017

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in opens 9.00am

Inter-Club Relays

10.30am

Girls U13	4 x 100m	Heats
Boys U13	4 x 100m	Heats
Girls U15	4 x 200m	Heats
Boys U15	4 x 200m	Heats
Girls U17	4 x 200m	Heats
Boys U17	4 x 200m	Heats
Girls U19	4 x 200m	Heats
Boys U19	4 x 200m	Heats

FINALS OF ABOVE

Check in closes 12.30pm

1.30pm

Girls U12	4 x 100m	Heats
Boys U12	4 x 100m	Heats
Girls U14	4 x 200m	Heats
Boys U14	4 x 200m	Heats
Girls U16	4 x 200m	Heats
Boys U16	4 x 200m	Heats
Girls U18	4 x 200m	Heats
Boys U18	4 x 200m	Heats

FINALS OF ABOVE

Field Events

10:00am

Shot Putt U19 Boys (6k)

10:45am

Shot Putt U19 Girls (4k)

11:30am

Shot Putt U18 Boys (5k)

12:45pm

Shot Putt U18 Girls (3k)

1:30pm

Shot Putt U17 Boys (5k)

2:15pm

Shot Putt U17 Girls (3k)

10:30am

Pole Vault U15 Girls

(warm-up starts at 9:30am)

1:00pm

Pole Vault U16 + U17 Girls

(warm-up starts at 12:30pm)

3:30pm

Pole Vault U18 + U19 Girls

(warm-up starts at 2:30pm)

10:00am

High Jump 1 U17 Boys

10:00am

Long Jump U16 Girls

10:00am

High Jump 2 U17 Girls

11:15am

Long Jump U16 Boys

11:30am

High Jump 1 U18 Girls

12:30pm

Long Jump U15 Girls

11:30am

High Jump 2 U19 Girls

2:00pm

Long Jump U15 Boys

1:00pm

High Jump 1 U18 Boys

3:15pm

Long Jump U14 Girls

1:00pm

High Jump 2 U19 Boys

4:30pm

Long Jump U14 Boys

2:30pm

High Jump 1 U16 Boys

2:30pm

High Jump 2 U16 Girls



Athletics
Ireland