

National
Indoor
Championships



IRISH LIFE HEALTH JUVENILE INDOOR CHAMPIONSHIPS DAY 1
AIT INTERNATIONAL ARENA, ATHLONE
SUNDAY 11TH MARCH 2018

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in opens 9.00am

Inter-Club Relays

10.30am	Girls U13	4 x 100m	Heats
	Boys U13	4 x 100m	Heats
	Girls U15	4 x 200m	Heats
	Boys U15	4 x 200m	Heats
	Girls U17	4 x 200m	Heats
	Boys U17	4 x 200m	Heats
	Girls U19	4 x 200m	Heats
	Boys U19	4 x 200m	Heats

FINALS OF ABOVE

Check in closes 12.30pm

1.30pm	Girls U12	4 x 100m	Heats
	Boys U12	4 x 100m	Heats
	Girls U14	4 x 200m	Heats
	Boys U14	4 x 200m	Heats
	Girls U16	4 x 200m	Heats
	Boys U16	4 x 200m	Heats
	Girls U18	4 x 200m	Heats
	Boys U18	4 x 200m	Heats

FINALS OF ABOVE

Field Events

10:00am	Shot Putt	U19 Boys	(6k)	
10:45am	Shot Putt	U19 Girls	(4k)	
11:30am	Shot Putt	U18 Boys	(5k)	
12:45pm	Shot Putt	U18 Girls	(3k)	
1:30pm	Shot Putt	U17 Boys	(5k)	
2:15pm	Shot Putt	U17 Girls	(3k)	
10:30am	Pole Vault	U15 Girls		(warm-up starts at 9:30am)
1:00pm	Pole Vault	U16 + U17 Girls		(warm-up starts at 12:30pm)
3:30pm	Pole Vault	U18 + U19 Girls		(warm-up starts at 2:30pm)

10:00am	High Jump 1	U17 Boys	10:00am	Long Jump 1	U16 Girls
10:00am	High Jump 2	U17 Girls	11:15am	Long Jump 1	U16 Boys
11:30am	High Jump 1	U18 Girls	12:30pm	Long Jump 1	U15 Girls
11:30am	High Jump 2	U19 Girls	2:00pm	Long Jump 1	U15 Boys
1:00pm	High Jump 1	U18 Boys	3:15pm	Long Jump 1	U14 Girls
1:00pm	High Jump 2	U19 Boys			
2:30pm	High Jump 1	U16 Boys			
2:30pm	High Jump 2	U16 Girls			



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