Athletics Ireland

		PROVISIONAL TIMETABLE				-
	TRACK				FIELD	
	12.00	200m 200m	Women Men	12.15 13.30	High Jump High Jump	Women Men
	13.00	1500m 1500m	Women Men	12.30	Triple Jump Triple Jump	Women Men
NHM	13.45	400m 400m	Women Men			General
and the second second	Check in for Individual Athletes is 60 minutes before timed event					

H

3

X

Team Check in must be completed by 11.15

H

5

Ŧ

2]-

NATIONAL INDOOR CLUB LEAGUE ROUND 2 **AIT INTERNATIONAL ARENA, ATHLONE SATURDAY 30TH JANUARY 2016**

Ż.

K

R

6

