

PROVISIONAL TIMETABLE

TRACK			FIELD		
12.00	200m	Women	12.15	High Jump	Women
	200m	Men	13.30	High Jump	Men
13.00	1500m	Women	12.30	Triple Jump	Women
	1500m	Men		Triple Jump	Men
13.45	400m	Women	Check in for Individual Athletes is 60minutes before timed event Team Check in must be completed by 11.15		
	400m	Men			
14.30	800m	Women	Events for Teams and Individuals – 200m, 400m, 1500m, Triple Jump, High Jump		
	800m	Men			
15.00	3000m	Women	Events for Individuals 800m, 1500m, 3000m		
	3000m	Men			