	South Munster	Schools T&F Cha	mpionshi	ips 201	L6						
	Order of Events (Girls) Thursday 5th May										
Approx Time	Track					Field Events					
11:00am	100m heats	MINOR									
		JUNIOR	11:30am Lo	ong Jump	High Jump	Triple Jump	Shot	Discus	Javelin		
		INTERMEDIATE	M	linor	Senior	Junior(12m run up)	Inter(3k)	Senior(1k)	Junior(400g)		
		SENIOR	In	iter	Junior	Senior	Minor(2.72k)	Inter(1k)	Senior(600g)		
11:30am	300m Hurdles(76.2cm)	INTERMEDIATE	Se	enior	Inter	Inter	Senior(4k)	Junior(0.75k)	Inter(500g)		
	400m Hurdles(76.2cm)	SENIOR	Ju	unior			Junior(2.72k)				
11:40am	100m Finals										
12:00noon	800m	MINOR									
		JUNIOR									
		INTERMEDIATE			Notes						
		SENIOR	Track Events								
12:30pm	3000m	INTERMEDIATE	Times on the left are only an indication of the likely start of an event. Races may start ahead of time								
	3000m	SENIOR	Where heats are necessary other than 100m the medal winners will be decided by times								·
12:50pm	200m	JUNIOR	Relay teams should be declared at registration before 1:30pm								
		INTERMEDIATE	The Intermediate 3000m and Senior 3000m will be an amalgamed race								
		SENIOR	The Internediate and Senior 1500m Steeplechase will be an amalgamated race								
1:15pm	1500m St. Chase	INTERMEDIATE									
	1500m St. Chase	SENIOR	Field Events								
1:40pm	75m Hurdles(68.6cm)	MINOR	Field events will start at 11:30am and then be run off in the sequence shown								
	75m Hurdles(76.2cm)	JUNIOR	Age groups may be amalgamated if numbers dictate								
	80m Hurdles(76.2cm)	INTERMEDIATE	Hammer and Pole Vault competitions will be held on Friday 8th May								
	100m Hurdles(83.8cm)	SENIOR									
2:00pm	300m	INTERMEDIATE									
	400m	SENIOR									
2:10pm	1 Mile	Under 16	General								
	1500m	JUNIOR	Minor: Under 14 on 1st July 2016 Junior: Under 15 on 1st July 2016								
		INTERMEDIATE	Intermediate: Under 17 on 1st July 2016 Senior: Under 19 on 1st January 2016								
		SENIOR	Athletes must compete in their own age group (Junior, Intermediate, Senior)								
2:30pm	4X100m Relay	MINOR	Minor athletes may compete at Junior level where an event is not held at Minor level								
	, , , , , , , , , , , , , , , , , , ,	JUNIOR	An athlete may compete in not more than 2 events plus one relay								
		INTERMEDIATE	A school may not have more than 2 athletes in any event								
		SENIOR	A relay team may be completed by the addition of no more than one athlete from the age gr						group im	nediatelv bel	low
3:00pm	Walks	JUNIOR	Minor and Junior athletes can take part in an 800m or 1500m but not both								
	-	INTERMEDIATE	The first 3 in each event qualify for the Munster championship - 4 qualify in the Under 16 m						mile race		
		SENIOR									