

GloHealth

NATIONAL INDOOR LEAGUE 2015

EVENT INFORMATION

ROUND 1– SUNDAY 11TH JANUARY

ROUND 2-SATURDAY 31ST JANUARY

FINAL– SATURDAY 7TH FEBRUARY

Athlone International Arena
11th Jan, 31st Jan, 7th Feb 2015
ATHLETICSIRELAND.IE



Please Note - Athletes Must Be Registered For 2015 In Order To Compete

Events Round 1 – 60m; 60mh; 800m; Long Jump; Pole Vault; Shot Putt

Events Round 2 – 200m; 400m; 1,500m; Triple Jump; High Jump

Final – 60m; 60mh; ; 200m; 400m; 800m; 1,500m; Long Jump; Pole Vault; Shot Putt; Triple Jump; High Jump; 4x200m Relay

Each Club may enter up to 2 male & 2 female teams

Athletes may only compete on 1 team throughout the competition

Four trials for Triple Jump, Long Jump & Shot Putt

4 Failures in total for Pole Vault and High Jump (*Normal 3 consecutive failure elimination rule also applies*)

All teams compete together, however mens & womens teams will be scored separately
Points will be awarded depending on the number of teams entered in the category, i.e.

Top 6 Men & Women Team will qualify for the final

Guest athletes will have a separate competition

Top guest athletes over the 2 preliminary days will compete in the final in individual events

Entry fee: €50 per team €5 per guest per event

Top male and female team will be awarded a perpetual trophy

Winners of individual events will receive an award

Athletes must be over 16 years of age in the year of competition

Men must be 18 years of age to compete in the Shot Putt

Athlete may compete in maximum of 1 track event & 1 field event in round 1&2

Athletes may compete in maximum of 2 track & 1 field or vice versa plus relay on final day

All Teams and Individuals for Round 1 must be entered with Team Names Identified by 2nd January 2015