

Division 1 Men - Tallaght Stadium					Division 1 Women - Tallaght Stadium				
110m Hurdles (wind: -1.1 m/s)					100m Hurdles (wind: -2.6m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	49	Cian Ward	Sli Cualann A.C.	19.45	1	72	Lara O'Byrne	Donore Harriers	16.56
2	47	Samuel Fasan	Louth Athletics	25.71	2	66	Katie Lawless	Sli Cualann A.C.	17.46
3	58	Josh Essuman	Tallaght A.C.	DNF	3	67	Laura Frey	Lagan Valley A.C.	17.66
					4	68	Sorcha O'Neill	Monaghan County	18.83
					5	71	Caitlin Rose	City of Lisburn A.C.	18.89
					6	65	Mary Scanlon	Louth Athletics	21.72
							Alison Burke (G)	Celtic/DCH	15.99
3000m Walk					1500m Walk				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	58	Luke Coleman	Tallaght A.C.	20.49.49	1	66	Rachel Casey	Sli Cualann A.C.	8.40.55
2	50	Macartan Kieran	Monaghan A.C.	21.44.66	2	72	Anne Gormley	Donore Harriers	9.31.52
3	47	Gerry McArdle	Louth Athletics	22.39.60	3	68	Una McMahon	Monaghan County	12.21.48
					4	67	Amy Edwards	Lagan Valley A.C.	12.22.22
400m Hurdles					400m Hurdles				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	48	Ciaran Barnes	City of Lisburn A.C.	56.44	1	67	Laura Frey	Lagan Valley A.C.	67.84
2	47	Mark Rogers	Louth Athletics	59.44	2	66	Aoife Conroy	Sli Cualann A.C.	69.42
3	49	Louis Lalor	Sli Cualann A.C.	63.17	3	68	Sorcha O'Neill	Monaghan County	72.82
4	58	Josh Essuman	Tallaght A.C.	69.08	4	72	Clodagh Martin	Donore Harriers	73.04
					5	71	Anna McIlmoyle	City of Lisburn A.C.	79.02
					6	65	Mary Scanlon	Louth Athletics	90.27
						399	Alison Byrne (G)	Celtic DCH	69.98
						377	Sarah Doyle (G)	Tallaght	67.93
4X100m Relay					4X100m Relay				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	58		Tallaght A.C.	43.64	1	66		Sli Cualann A.C.	51.52
2	49		Sli Cualann A.C.	45.93	2	72		Donore Harriers	51.69
3	50		Monaghan A.C.	52.74	3	67		Lagan Valley A.C.	53.17
	47		Louth Athletics	DQ	4	71		City of Lisburn A.C.	53.31
					5	65		Louth Athletics	53.51

1500m					1500m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	50	Conor Duffy	Monaghan A.C.	4.06.95	1	71	Maeve Laverty	City of Lisburn A.C.	4.51.18
2	47	Darragh Greene	Louth Athletics	4.11.35	2	65	Nicola Welsh	Louth Athletics	4.56.61
3	48	Tom Baird	City of Lisburn A.C.	4.12.26	3	66	Katy Conroy	Sli Cualann A.C.	4.59.59
4	49	Tim Grummel	Sli Cualann A.C.	4.15.78	4	72	Maura Kearns	Donore Harriers	5.24.68
5	58	Dean Conway	Tallaght A.C.	4.39.90	5	68	Emma Geary	Monaghan County	5.33.02
	415	Paul Duffy (G)	Sli Cualann	4.53.55	6	67	Caitlyn Harvey	Lagan Valley A.C.	5.40.01
						398	Claire Brennan (G)	Celtic DCH	4.47.76
						424	Jone Kalemi (G)	Donore Harriers	5.42.00
						406	Emma Murphy (G)	Celtic DCH	5.33.02
						347	Sarah Jane Brennan (G)	Celtic DCH	5.57.62
						410	Emma Harrison (G)	Raheny Shamrocks	6.39.32
400m					400m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	58	Simon Essuman	Tallaght A.C.	51.00	1	71	Erin McIlveen	City of Lisburn A.C.	57.61
2	50	Paul Peppard	Monaghan A.C.	52.16	2	72	Lara O'Byrne	Donore Harriers	61.90
3	48	Scott McDowdell	City of Lisburn A.C.	54.25	3	66	Rosa Kirwan	Sli Cualann A.C.	63.82
4	47	Jonathan Commins	Louth Athletics	55.57	4	65	Kelly Breen	Louth Athletics	64.39
5	49	John O'Connor	Sli Cualann A.C.	55.72	5	67	Kara McDonald	Lagan Valley A.C.	67.12
						360	Catherine McManus (G)	Celtic DCH	54.48
						344	Caoimhe Lynam (G)	Celtic DCH	59.92
						411	Keela Magee (G)	Naas	62.94
3000m S/C					3000m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	47	David Walsh	Louth Athletics	11.20.94	1	66	Niamh Kearney	Sli Cualann A.C.	10.27.81
2	50	Shane Brady	Monaghan A.C.	11.29.62	2	65	Mary Leech	Louth Athletics	10.32.87
3	49	Troy Scully	Sli Cualann A.C.	11.31.38	3	71	Ann Terek	City of Lisburn A.C.	11.07.60
4	58	Eoin Kearney	Tallaght A.C.	14.31.14	4	67	Jenny Finley	Lagan Valley A.C.	11.15.54
					5	72	Amy Moriarty	Donore Harriers	11.16.25
					6	68	Emma Geary	Monaghan County	12.01.18
200m (wind: -2.1 m/s)					200m (wind: -2.8 m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	58	Sean Flanagan	Tallaght A.C.	23.24	1	72	Aoife Lynch	Donore Harriers	25.43
2	47	Lee McGuinness	Louth Athletics	23.70	2	66	Alana Ryan	Sli Cualann A.C.	25.74
3	48	Matthew Wilson	City of Lisburn A.C.	24.01	3	68	Emily Brennan	Monaghan County	28.93
4	49	Marcus Lennon	Sli Cualann A.C.	24.35	4	65	Blathnaid Donnelly	Louth Athletics	29.07
5	50	Damien Barry	Monaghan A.C.	28.20	5	71	Caitlin Rose	City of Lisburn A.C.	30.07
					6	67	Namphan Steele	Lagan Valley A.C.	31.68

800m					800m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	58	Joseph Lyons	Tallaght A.C.	2.00.51	1	71	Kelly Neely	City of Lisburn A.C.	2.19.04
2	47	James Nolan	Louth Athletics	2.01.82	2	65	Orla O'Connor	Louth Athletics	2.19.46
3	48	Sean Terek	City of Lisburn A.C.	2.07.14	3	68	Shauna Kerley	Monaghan County	2.21.60
4	49	Dylan Tarmey	Sli Cualann A.C.	2.10.80	4	66	Richael Browne	Sli Cualann A.C.	2.24.40
5	50	Paul Peppard	Monaghan A.C.	2.05.48	5	72	Mairead Kirby	Donore Harriers	2.30.14
					6	67	Suzie Cave	Lagan Valley A.C.	2.38.67
5000m									
Place	Num	Athlete	Club	Time					
1	58	Tomas Fitzpatrick	Tallaght A.C.	15.19.66					
2	50	Shane Brady	Monaghan A.C.	16.49.38					
3	47	Niall Fergus	Louth Athletics	17.15.79					
100m (wind: -3.3 m/s)					100m (wind: -1.2 m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	58	Eoin Doherty	Tallaght A.C.	11.40	1	71	Lauren Roy	City of Lisburn A.C.	12.41
2	48	Gareth Thompson	City of Lisburn A.C.	11.43	2	65	Patience Jumbo-Gula	Louth Athletics	12.48
3	47	Charlie Abako	Louth Athletics	12.57	3	66	Ara Freeman	Sli Cualann A.C.	12.85
4	50	Pauric Christy	Monaghan A.C.	12.73	4	72	Claudia Sofia Andre	Donore Harriers	13.08
					5	68	Emily Brennan	Monaghan County	14.14
					6	67	Namphan Steele	Lagan Valley A.C.	14.29
4X400m					4X400m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	58		Tallaght A.C.	3.30.34	1	66		Sli Cualann A.C.	4.13.08
2	47		Louth Athletics	3.37.06	2	65		Louth Athletics	4.16.27
3	48		City of Lisburn A.C.	3.43.35	3	67		Lagan Valley A.C.	4.27.78
4	49		Sli Cualann A.C.	3.47.18	4	72		Donore Harriers	4.33.06
					5	68		Monaghan County	4.34.04
					6	71		City of Lisburn A.C.	4.35.77
Hammer					Hammer				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	49	Juan Miguel Amo Cortzo	Sli Cualann A.C.	19.56	1	72	Lauren O'Keeffe	Donore Harriers	46.05
2	47	Darren Weldon	Louth Athletics	17.95	2	67	Lynsey Glover	Lagan Valley A.C.	40.96
3	50	Brian Peppard	Monaghan A.C.	17.55	3	66	Anna Raquin	Sli Cualann A.C.	24.58
4	48	Phil McIlfratrick	City of Lisburn A.C.	14.72	4	65	Emily Rogers	Louth Athletics	19.81
5	58	Kevin English	Tallaght A.C.	12.33	5	68	Una McMahon	Monaghan County	17.21
					6	71	Rhiannon Rose	City of Lisburn A.C.	16.59
		Sean Maher (G - 4kg)	Raheny Shamrocks	50.59					
		Hugh Flood (G - 4kg)	Raheny Shamrocks	41.05		407	Orla Read (G)	Donore Harriers	27.66

Pole Vault					Pole Vault				
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height
1	48	Alex Livingston	City of Lisburn A.C.	4.20	1	71	Erin Fisher	City of Lisburn A.C.	3.00
2	58	Patrick Curran	Tallaght A.C.	3.20	2	72	Ailbhne Healy	Donore Harriers	2.80
3	47	Mark Rogers	Louth Athletics	2.60	3	65	Geraldine Finnegan	Louth Athletics	2.20
4	50	Jack Murphy	Monaghan A.C.	2.60	4	66	Alannah O'Carroll	Sli Cualann A.C.	2.20
5	49	Alex Campbell	Sli Cualann A.C.	2.40					
						423	Sarah Derham (G)	Lusk	3.00
Long Jump					Long Jump				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	49	James Vance	Sli Cualann A.C.	6.74	1	65	Emma Cheshire	Louth Athletics	5.19
2	47	Gabriel Bell	Louth Athletics	6.03	2	72	Andie Maguire	Donore Harriers	4.92
3	48	Ryan Nixon	City of Lisburn A.C.	5.91	3	71	Erin Fisher	City of Lisburn A.C.	4.90
4	50	Pauric Christy	Monaghan A.C.	5.12	4	67	Kara McDonald	Lagan Valley A.C.	4.84
					5	68	Caoimhe O'Hanlon	Monaghan County	4.06
		Liam Keane (G)	Finn Valley	5.5	6	66	Alana Ryan	Sli Cualann A.C.	4.05
Shot Putt					Shot Putt				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	47	Samuel Fasan	Louth Athletics	9.03	1	65	Shauna McMahon	Louth Athletics	9.56
2	50	Frankie Gorman	Monaghan A.C.	8.32	2	67	Suzie Cave	Lagan Valley A.C.	8.05
3	58	Nathan Prumpty	Tallaght A.C.	8.28	3	72	Lauren O'Keefee	Donore Harriers	7.99
4	49	Paul Duffy	Sli Cualann A.C.	6.02	4	71	Sarah Woods	City of Lisburn A.C.	7.73
5	48	Ryan Keenan	City of Lisburn A.C.	4.09	5	66	Laoise Cullen	Sli Cualann A.C.	7.37
	224	Darren Weldon (G)	Ardee & District	7.20		155	Lyndsey Glover (G)	Lagan Valley	
	397	Simon Munro (G)	Kildare	7.21					
	43	Marcin Klimkosz (G)	Clonliffe Harriers	11.55					
	640	Gavin McLoughlin (G)	Finn Valley	11.65					
High Jump					High Jump				
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height
1	49	Francois Kulik	Sli Cualann A.C.	1.80	1	65	Emily Rogers	Louth Athletics	1.70
2	47	Conor McMahon	Louth Athletics	1.75	2	72	Lara O'Byrne	Donore Harriers	1.50
3	48	Ryan Nixon	City of Lisburn A.C.	1.55	3	66	Rosa Kirwan	Sli Cualann A.C.	1.50
4	58	Luke Coleman	Tallaght A.C.	1.30	4	71	Anna McIlmoyle	City of Lisburn A.C.	1.50
5	50	Brian Peppard	Monaghan A.C.	1.20	5	67	Laura Frey	Lagan Valley A.C.	1.40
					6	68	Caoimhe O'Hanlon	Monaghan County	1.35
							Vivian Flesicher (G)	Celbridge	1.55

Discus					Discus				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	47	Tom McGrane	Louth Athletics	20.75	1	66	Ann Raquel Revuelta	Sli Cualann A.C.	32.00
2	58	Sean Fitzsimons	Tallaght A.C.	19.17	2	65	Shauna McMahon	Louth Athletics	25.95
3	48	Ryan Keenan	City of Lisburn A.C.	16.30	3	67	Lynsey Glover	Lagan Valley A.C.	23.1
4	50	Macartan Kierans	Monaghan A.C.	14.95	4	72	Clodagh Read	Donore Harriers	20.85
5	49	Tim Grummell	Sli Cualann A.C.	14.75	5	71	Caitlin Rose	City of Lisburn A.C.	16.09
					6	68	NA	Monaghan County	11.17
	383	Ryan O'Keeffe (G)	Donore Harriers	27.75					
	185	Graham Deane (G)	Crookstown Millview	27.99					
		Sean Maher		32.45					
		Gavin McLoughlin	Finn Valley	34.66					
Triple Jump					Triple Jump				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	48	Mark Burton	City of Lisburn A.C.	13.55	1	72	Andie Maguire	Donore Harriers	10.23
2	49	Alex Campbell	Sli Cualann A.C.	12.31	2	67	Emily Forte	Lagan Valley A.C.	9.51
3	50	Eamonn Duffy	Monaghan A.C.	11.89	3	66	Rosa Kirwan	Sli Cualann A.C.	9.32
4	47	Conor McMahon	Louth Athletics	11.84	4	71	Anna McIlmoyle	City of Lisburn A.C.	9.12
					5	68	Sorcha O'Neill	Monaghan County	7.75
Javelin					Javelin				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	47	Santis Kaugare	Louth Athletics	38.22	1	68	Una McMahon	Monaghan County	28.76
2	50	Jack Murphy	Monaghan A.C.	15.05	2	65	Geraldine Finnegan	Louth Athletics	28.75
3	58	Jide Adigun	Tallaght A.C.	6.47	3	67	Amy Edwards	Lagan Valley A.C.	28.24
4	48	Gareth Thompson	City of Lisburn A.C.	6.01	4	72	Rebecca Power	Donore Harriers	27.79
					5	71	Sarah Woods	City of Lisburn A.C.	27.02
					6	66	Rachel Whitten	Sli Cualann A.C.	20.15
	162	Ryan Nixon-Stewart (G)	Colac	36.99					
56 lb Weight					56 lb Weight				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	47	Santis Kaugare	Louth Athletics	4.57					
2	48	Scott McDowell	City of Lisburn A.C.	4.54					
3	49	Juan Miguel Amo Cortzio	Sli Cualann A.C.	4.27					
4	50	Frankie Gorman	Monaghan A.C.	3.94					
	185	Graham Dean (G)	Crookstown Millview	5.54					
		Darren Weldon	Ardee & District	3.19					