

Women Long Jump					
ID	Name	Club	Dist	Place	Points
41	Roisin Howard	Bandon A.C. (1)	4.94	1	10
46	Sinead Treacy	Craughwell A.C. (1)	4.86	2	9
42	Andie Maguire	Donore Harriers (1)	4.84	3	8
35	Chloe Hayden	St. L. O'Toole A.C. (2)	4.72	4	7
40	Snezana Beatina	Clonliffe Harriers (1)	4.69	5	6
45	Solange Carla	Galway City Hrs	4.60	6	5
37	Ara Freeman	Sli Cualann (2)	4.14	7	4
34	Chloe Corcoran	Dublin City Harriers (2)	3.90	8	3
38	Hannah Murphy	Leevale A.C. (2)	3.84	9	2
566	Lara O'Byrne	Donore Hrs Guest	5.08		

Women Shot Put					
ID	Name	Club	Dist	Place	Points
41	Laura McSweeney	Bandon A.C. (1)	11.98	1	10
37	Laura Kavanagh	Sli Cualann (2)	9.37	2	9
42	Lara o'Byrne	Donore Harriers (1)	8.45	3	8
35	Emma Hutton	St. L. O'Toole A.C. (2)	8.37	4	7
34	Catherine McManus	Dublin City Harriers (2)	8.30	5	6
46	Laura Cunningham	Craughwell A.C. (1)	7.74	6	5
45	Majella Loftus	Galway City Harriers (1)	6.74	7	4
36	Kay Bannon	Raheny Shamrocks (2)	5.55	8	3

Women Shot Put Guests						
511	Nicole Kehoe-Dowling	St. Abbans Guest	10.49			
591	Roisin Howard	Bandon A.C. Guest	10.12			

Women Pole Vault						
ID	Name	Club	Hgt	Place	Points	
34	Mureann McGinley	Dublin City Harriers (2)	2.60	1	10	
35	Ella Duane	St. L. O'Toole A.C. (2)	2.40	2	9	
37	Alanah O'Carroll	Sli Cualann (2)	2.00	3	8	
46	Clana Reidy	Craughwell A.C. (1)	1.80	4	7	
Women Pole Vault Guests						
547	Clare Wilkinson	Ballymena & Antrim	3.20	1		
582	Ruth Larragy	Le Cheile	3.00	2		
530	Sarah Derhan	Lusk A.C.	2.80	3		
527	Maeve Flynn	Lusk A.C.	2.60	4		
510	Clair Delaney	St. Abbans	2.60	5		

Mens Long Jump			Dist	Place	Points	
163	Shane Howard	Bandon A.C. (1)	7.09	1	10	
170	Niall Counihan	Clonliffe Harriers (2)	6.78	2	9	
160	James Vance	Sli Cualann (1)	6.78	3	8	
169	Eamon Fahy	Donore Harriers (2)	6.61	4	7	
168	Michael Cullen	Menapians	6.50	5	6	

166	Cormac O'Brien	Ennis Track A.C. (2)	5.77	6	5	
161	Matt Cotter	Raheny Shamrocks (1)	5.61	7	4	
162	Simon Callaghan	Galway City Harriers (1)	5.6	8	3	
164	James Redmond	Cushinstown A.C. (1)	5.47	9	2	

Long Jump Guests

648	Thomas Connolly	Le Cheile	6.01	1		
575	Roland Pika	Limerick	5.88	2		
654	Henrique Nkoconeke	Galway City Hrs	5.02	3		

Mens Shot Put						
ID	Name	Club	Dist	Place	Points	
170	Marius Containsius	Clonliffe Harriers (2)	15.88	1	10	
162	Brendan Staunton	Galway City Harriers (1)	11.71	2	9	
166	Alex Conway	Ennis Track A.C. (2)	10.29	3	8	
164	Michael O'Sullivan	Cushinstown A.C. (1)	9.41	4	7	
168	Aidan Doyle	Menapians A.C. (2)	8.49	5	6	
169	Zolt Higgins	Donore Harriers (2)	8.33	6	5	
161	Liam Sheehan	Raheny Shamrocks (1)	7.29	7	4	
163	Ronan Duggan	Bandon A.C. (1)	6.69	8	3	

160	Tim Grummell	Sli Cualann (1)	4.19	9	2	
Mens Shot Put Guests						
	Shane Aston	Trim A.C.	11.94	1		
	Eigor Wuntean	Galway City Hrs	10.19	2		
532	Kevin Byrne	DSD	7.82	3		

Mens Pole Vault						
ID	Name	Club	Hgt.	Place	Points	
170	Rolus Olusa	Clonliffe Harriers (2)	3.60	1	10	
164	Donal Kearns	Cushinstown A.C. (1)	2.80	2	9	
162	Cliff Jennings	Galway City Harriers (1)	2.40	3	8	
161	Conor Birmingham	Raheny Shamrocks (1)	NH			
166	David Courtney	Ennis Track A.C. (2)	NH			
169	Max Carey	Donore Harriers (2)	NH			

Mens Pole Vault Guests

ID	Name	Club	Hgt.	Place	Points	
596	Thomas Houlihan	West Waterford	4.20	1		
528	Brian Flynn	Lusk A.C.	4.00	2		
665	Shane Aston	Trim A.C.	3.80	3		
616	Jonathon McKenna	St. L'O'Toole	3.40	4		

529	Adam McNally	Lusk A.C.	3.40	5		
606	Mathew Callinan Keenan	St. L'O'Toole	3.20	6		
519	Matthew Rossiter	St. Abbans	3.20	7		
516	Kevin Byrne	DSD	2.88	8		
543	Kevin Halpin	Lusk A.C.	2.49	9		