

GloHealth National Indoor League Individual Results

Final		MEN TEAM 60M		Time
1	24	Michael Alfred	Dooneen AC	7.23
2	42	Neil Heffernan	Leevale AC	7.24
3	31	ConaL Mahon	Tir Chonaill A.C	7.48
4	28	Adrian Phelan	Le Chéile AC	7.81
	79	RoryMartin	Tullamore Harriers AC	DQ
	23	Keith Pike	Clonliffe Harriers	DQ
	43	Eoin Doherty	Tallaght A .C	DQ
	30	Brendan Doyle	Raheny Shamrocks A.C	DQ

MEN INDIVIDUAL 60M

Final		MEN TEAM 60M		Time
1	1204	Eoin Muldowney	Castlecomer A.C.	7.14
2	417	Brendan Doyle	Raheny Shamrock	7.21
3	1203	Neil Heffernan	Leevale A.C.	7.33
4	420	Israel Ibeanu	Clonliffe Harriers	7.40
5	1210	Padraig O Drisceoil	D.M.P. A.C.	7.40
6	419	Wesley Sarmiento	Leevale A.C.	7.51
7	1223	Roland Pika	Limerick A.C.	7.55
8	414	Michael Adekaule	Dooneen A.C.	7.67

MEN TEAM 60M Hurdles

Place				Time
1	43	Joshua Essuman	Tallaght A .C	8.64
2	28	David McCarthy	Le Chéile AC	8.67
3	23	A. Garcia	Clonliffe Harriers	8.67
4	42	Edmund O Halloran	Leevale AC	8.78
5	79	Paddy Heffernan	Tullamore Harriers AC	9.05
6	31	Barry Quigg	Tir Chonaill A.C	9.62
7	30	Sean Gill	Raheny Shamrocks A.C	9.98
8	24	Owen Alfred	Dooneen AC	14.88

MEN TEAM 200m

Place				Time
1	43	Joseph Ojewumi	Tallaght A .C	22.55
2	23	C. Sibanda	Clonliffe Harriers	22.63
3	79	Larry O Reilly	Tullamore Harriers AC	22.69
4	42	Kaoidi Ogbene	Leevale AC	22.83
5	31	Conal Mahon	Tir Chonaill A.C	23.86
6	24	Owen Alfred	Dooneen AC	23.95
7	30	Gavin Mc Carthy	Raheny Shamrocks A.C	24.01
8	28	Thomas Connolly	Le Chéile AC	24.26

MEN INDIVIDUAL 200m

Place				Time
1	415	David O'Brien	Dooneen A.C.	24.81

MEN TEAM 400m

Place				Time
1	28	David McCarthy	Le Chéile AC	49.89
2	23	K. Valters	Clonliffe Harriers	50.39
3	30	Feidhlim Kelly	Raheny Shamrocks A.C	51.34
4	42	Sean O Callaghan	Leevale AC	51.36
5	79	Daragh Mc Namara	Tullamore Harriers AC	51.74
6	24	Cathal Alfres	Dooneen AC	51.95
7	43	Sean McCabe	Tallaght A .C	53.83
8	31	Caolan O'Callaghan	Tir Chonaill A.C	55.46

MEN INDIVIDUAL 400m

Place				Time
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1	1208	John Fitzsimons	Kildare A.C.	49.80
2	1213	William O'Connor	An Ríocht A.C.	51.24
3	418	Nick Ennis	Crusaders A.C.	51.64
4	1216	David Campbell	Donore Harriers	52.54
5	415	David O'Brien	Dooneen A.C.	55.63

MEN TEAM 800m

Place				Time
1	30	Kieran Kelly	Raheny Shamrocks A.C	1.52.63
2	43	Mustafa Nasir	Tallaght A .C	1.53.54
3	79	Chinnie Ichiziu	Tullamore Harriers AC	1.58.12
4	42	Matthew Murnane	Leevale AC	2.00.13
5	28	Conor Murphy	Le Chéile AC	2.04.07
6	31	Mark Mc Guinness	Tir Chonaill A.C	2.07.40
7	23	J. Hession	Clonliffe Harriers	2.08.04
8	24	Dermot Alfres	Dooneen AC	2.31.98

MEN INDIVIDUAL 800m

Place				Time
1	1202	Mark Conway	Dundrum South Dublin A.C.	1.57.92
2	1224	Ian O'Reilly	Drogheda & District A.C.	2.10.94

MEN TEAM 1500m

Place				Time
1	43	Anthony Leigho	Tallaght A .C	3.57.27
2	42	Luke Horgan	Leevale AC	3.58.91
3	23	A. Jenkinson	Clonliffe Harriers	4.00.24
4	28		Le Chéile AC	4.10.26
5	31	Mark McGuinness	Tir Chonaill A.C	4.13.48
6	24	Eoghan Beary	Dooneen AC	4.18.22
7	30	Donal Foley	Raheny Shamrocks A.C	4.26.83
8	79	Matthew Molloy	Tullamore Harriers AC	4.33.66

MEN INDIVIDUAL 1500m

Place				Time
G	1209	Niall Sheil		4.09.77

MEN TEAM Long Jump - Result

Place				Dist.
1	24	Niall Counihan	Dooneen AC	6.41
2	28	Thomas Connolly	Le Chéile AC	6.01
3	42	Wesley Sarmiento	Leevale AC	5.81
4	43	Sean McCabe	Tallaght A .C	5.78
5	23	A.Andjuar	Clonliffe Harriers	5.74
6	31	Caolan O Callaghan	Tir Chonaill A.C	5.64
7	79	Conor Butler	Tullamore Harriers AC	4.13
8	30	Donal Foley	Raheny Shamrocks A.C	2.55

MEN INDIVIDUAL Long Jump

	1205	Adam McMullen	Crusaders A.C.	7.31
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MEN TEAM Pole Vault

Place				Dist.
1	31	David Donegan	Clonliffe Harriers	4.65
2	30	Peter O'Brien	Raheny Shamrocks A.C	3.50
3	43	Patrick Curran	Tallaght A .C	2.90
4	42	Kodi Ogbene	Leevale AC	2.50
5	28	Adrian Phelan	Le Chéile AC	2.30
	31	Christopher Doherty	Tir Chonaill A.C	0
	79	Conor Butler	Tullamore Harriers AC	0
	24	John Flynn	Dooneen AC	0

MEN TEAM Shot Put				
Place				Dist.
1	42	Dave Tierney	Leevale AC	14.44
2	28	Michael Mc Carthy	Le Chéile AC	11.64
3	23	M. Curley	Clonliffe Harriers	11.41
4	79	Tom Rafferty	Tullamore Harriers	10.19
5	30	Brion Hoban	Raheny Shamrocks A.C	9.96
6	43	Patrick Curran	Tallaght A .C	8.97
7	31	Christopher Doherty	Tir Chonail A.C	7.76
8	24	Aaron O Shaughnessy	Dooneen AC	7.03

MEN TEAM Triple Jump

Place				Dist.
1	31	Conal Mahon	Tir Chonail A.C	14.11
2	24	Niall Counihan	Dooneen AC	14.02
3	23	Andrii Mahin	Clonliffe Harriers	13.30
4	28	David McCarthy	Le Chéile AC	12.48
5	43	Sean McCabe	Tallaght A .C	11.40
6	42	Des Kelleher	Leevale AC	11.01
7	30	Feidhlim Kelly	Raheny Shamrocks A.C	10.97
8	79	Conor Butler	Tullamore Harriers AC	10.24

MEN TEAM High Jump

Place				Dist.
1	23	Andrew Heaney	Clonliffe Harriers	1.85
2	31	Barry Quigg	Tir Chonail A.C	1.80
3	43	Sean Morris	Tallaght A .C	1.70
4	28	Thomas Connolly	Le Chéile AC	1.65
5	42	Des Kelleher	Leevale AC	1.65
6	30	Sean Gill	Raheny Shamrocks A.C	1.60
7	79		Tullamore Harriers AC	1.55

8	24	Owen Alfred	Dooneen AC	1.35
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MEN TEAM Relay

Place				Time
1	43	Tallaght A.C.	S. Essuman, S. Morris. J. Ojewuni, E. Doherty	1.29.89
2	23	Clonliffe Harriers	C. Zabanda, I. Ibanu, K. Yaltrs, A.Minhan	1.30.47
3	30	Raheny Shamrock	K. Kelly, F.Gill, F. Kelly C.McCarthy	1.35.04
4	24	Dooneen AC	C. Locke, M.Adekuale, J. Flynn, O. Alfred	1.36.11
5	42	Leevale A.C.	K. Ogbene, S. O'Callaghan, W. Sarmiento, L. Horgan	1.36.17
6	28	Le Cheile A.C.		1.36.57
7	79	Tullamore Harriers A.C.	P. Heffernan, R. Martin, D. McNamara, R. Delaney	1.38.10
8	31	Tir Chonaill	B. Quigg, C. Mahon, C. O'Callaghan, C. Doherty	1.40.57