Individual Result				
Time	**Position**	**Name**	**Team Name**	**Age Category**
27:26	1	McCambridge Maria	Dundrum South Dublin A.C. (A)	Senior Women
28:54	2	Mulligan Sarah	Dundrum South Dublin A.C. (A)	Senior Women
29:04	3	McGee Michelle	Dundrum South Dublin A.C. (A)	Senior Women
29:29	4	Heaslip Shona	An Riocht A.C.	Senior Women
29:50	5	O'Sullivan Maria	Raheny Shamrock A.C. (A)	Senior Women
30:31	6	Crowley Caroline	Crusaders A.C. (B)	Senior Women
30:50	7	Ryan Meghan	Dundrum South Dublin A.C. (A)	Senior Women
31:05	8	Egan Elizabeth	Bree A.C.	Senior Women
31:23	9	O'Sullivan Niamh	An Riocht A.C.	Senior Women
32:28	10	Crossan Karen	Raheny Shamrock A.C. (A)	Senior Women
33:13	11	Humphreys Sorcha	Dundrum South Dublin A.C. (A)	Senior Women
33:15	12	Quigley Aoife	Crusaders A.C. (B)	Senior Women
33:28	13	Carroll Sile	Liffey Valley AC (A)	Senior Women
33:45	14	Kennehan Siobhan	Liffey Valley AC (A)	Senior Women
33:48	15	Thornton Catherine	Crusaders A.C. (B)	Senior Women
34:11	16	Quigley Sarah	Raheny Shamrock A.C. (A)	Senior Women
34:37	17	Nicanbhaird Eimear	Liffey Valley AC (A)	Senior Women
35:00	18	Ni Chearbhaill Deirdre	Crusaders A.C. (B)	Senior Women
36:08	19	Manley Orla	Raheny Shamrock A.C. (A)	Senior Women
37:03	20	Crossan Helena	Inishowen A.C. (B)	Senior Women
38:45	21	Doherty Aileen	Inishowen A.C. (B)	Senior Women
38:59	22	Doherty Ruth	Inishowen A.C. (B)	Senior Women
40:30	23	Harley Tracy	Inishowen A.C. (B)	Senior Women
44:58	24	Sweeney Lisa	Inishowen A.C. (B)	Senior Women

		Club Team Points		

	Place	Club	Positions	
	1	Dundrum South Dublin A.C. (A)	1, 2, 3, 7	7
	2	Raheny Shamrock A.C. (A)	5, 10, 16, 19	19
	3	Crusaders A.C. (B)	6, 12, 15, 18	18
	4	Inishowen A.C. (B)	20, 21, 22, 23	23