

Division 1 Men					Division 1 Women				
110m Hurdles (wind: 1.7m/s)					100m Hurdles (wind: 1.5m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	76	Donal Kearns	Meath Athletics	16.69	1	93	Lily Ann O'Hora	Dooneen	14.60
2	69	Ger Cremin	An Ríocht	17.17	2	91	Chloe Whelan	Menapians	16.06
3	70	Diarmuid Clancy	Bandon	19.66	3	95	Dervla Scully	Laois County	17.13
4	73	Fergal Scully	Laois County	20.81	4	97	Zara Stafford	Sligo County County	19.23
3000m Walk					1500m Walk				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	72	David Kidd	SLOT	14.01.79					
2	73	John White	Laois County	16.17.94	1	94	Emma Prendiville	Kerry Athletics	6.48.75
3	69	Michael O Connor	An Ríocht	17.35.63	2	92	Georgina Touhy	Tullamore Harriers	7.30.49
					3	90	Another	Youghal A.C.	8.23.40
					4	97	Rachael Flynn	Sligo County	8.33.33
					5	91	Clare O Farrell	Menapians	14.07.74
400m Hurdles					400m Hurdles				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	71	Cathal Locke	Dooneen	57.10		97	Zara Stafford	Sligo County	71.60
2	70	Diarmuid Clancy	Bandon	57.78		90	Jessica Strain	Youghal A.C.	74.60
3	69	PJ Galvin	An Ríocht	59.46		95	Dervla Scully	Laois County	78.75
4	72	Jamie Wall	SLOT	60.62		93	Louise Collins	Dooneen	82.82
5	76	Donal Kearns	Meath Athletics	62.59					
6	73	Patrick Marshall	Laois County	75.14					
4X100m Relay					4X100m Relay				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	71		Dooneen	43.16	1	97		Sligo County	50.78
2	69		An Ríocht	44.68	2	94		Kerry Athletics	50.91
3	76		Meath Athletics	45.12	3	93		Dooneen	51.45
4	72		SLOT	45.20	4	91		Menapians	51.58
5	73		Laois County	51.71	5	92		Tullamore Harriers	57.75
	70		Bandon	Disq	6	90		Youghal A.C.	59.36
1500m					1500m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	69	Tim O'Connor	An Ríocht	4.13.91	1	97	Sarah Doohan	Sligo County	4.53.34
2	76	Paddy Maher	Meath Athletics	4.13.39	2	94	Niamh Di Hora	Kerry Athletics	4.53.75
3	72	Mick Kelly	SLOT	4.26.27	3	91	Anne Gilshenan	Menapians	4.54.26
4	70	John Muckian	Bandon	4.32.75	4	95	Niamh Quinn	Laois County	5.03.37
5	73	Fionn Moran	Laois County	4.53.25	5	90	Ann Marie Holland	Youghal A.C.	5.23.47
	Guest	Karl Fitzmaurice	Ennis Track	4.14.32	6	92	Emily Grennan	Tullamore Harriers	5.29.23
	Guest	Joey Tannin	Galway City Harriers	4.24.07	7	93	Verena Tarpey	Dooneen	5.50.22
400m					400m				

Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	70	Scott Gibson	Bandon	49.68	1	94	Aoife Mahon	Kerry Athletics	61.40
2	76	Niall Flanagan	Meath Athletics	49.96	2	97	Ciara Mooney	Sligo County	62.15
3	69	William O'Connor	An Riocht	51.50	3	91	Ruth Bowe	Menapians	66.42
4	72	Jonny Mc Kenna	SLOT	52.20	4	93	Louise Collins	Dooneen	70.22
5	71	David O'Brien	Dooneen	53.81	5	90	Lisa Walsh	Youghal A.C.	76.29
					6	95	Amy Walsh	Laois County	82.00
3000m S/C					3000m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	72	Brian Kirwan	SLOT	10.21.42	1	94	Shauna Heaslip	Kerry Athletics	9.40.56
2	69	Joe O'Connor	An Riocht	10.29.08	2	92	Niamh O'Connor	Tullamore Harriers	10.22.26
3	73	Cathal Grennan	Laois County	11.41.25	3	97	Sarah Doohan	Sligo County	10.30.88
					4	90	Evelyn Cashman	Youghal A.C.	10.59.78
					5	91	Catherine O'Connor	Menapians	13.35.51
200m (wind: 0.3 m/s)					200m (wind: 1.4 m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	70	Cathal Locke	Dooneen	22.87	1	97	Lauren Cadden	Sligo County	25.51
2	76	Luke Redmond	Meath Athletics	23.52	2	93	Lauren Ryan	Dooneen	26.00
3		Danile Lanzard	Bandon	23.55	3	92	Rachel Keane	Tullamore Harriers	26.16
4	72	Brandon Martin	SLOT	24.19	4	94	Sarah Leahy	Kerry Athletics	26.83
5	69	Michael O'Sé	An Riocht	24.56	5	90	Jessica Strain	Youghal A.C.	27.98
	Guest	Brandon Arrey	Blarney Inniscara	22.47	6	91	Jane Shovlin	Menapians	29.01
					Guest	Rachael Bowler	Tralee Harriers	27.55	
200m (wind: 0.5 m/s)									
Place	Num	Athlete	Club	Time					
1		Ciaran Maher	Menapians	23.54					
2		Adrian Chapman	Menapians	24.15					
3		Darragh White	Galway City Harriers	24.22					
4		Colm Lynch	Iveragh	24.37					
800m					800m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	72	Niall Harvey	SLOT	1.55.94	1	94	Aoife Mahony	Kerry Athletics	2.18.19
2	70	John Muckian	Bandon	2.10.96	2	92	Chloe Harte	Tullamore Harriers	2.19.99
3	69	Conor O Mahony	An Riocht	2.12.08	3	97	Aoife Morris	Sligo County	2.30.40
4	71	Tony Fitzgerald	Dooneen	2.13.72	4	90	Ruth Millerick	Youghal A.C.	2.38.52
5	73	Patrick Marshall	Laois County	2.24.13	5	91	Ruth Bowe	Menapians	2.40.88
					6	95	Sorcha Maloney	Laois County	2.41.61
					7	93	Verena Tarpey	Dooneen	2.56.37
	Guest	Tim O Connor	An Riocht	2.08.68	Guest	Margaret Mary Grace	Nenagh	2.36.17	

5000m									
Place	Num	Athlete	Club	Time					
1	72	Oran O'Flaherty	SLOT	15.44.48					
2	69	Donal O'Callaghan	An Ríocht	16.05.18					
3	76	Gerard Heery	Meath Athletics	16.34.96					
4	73	Tom Dunne	Laois County	16.39.24					
	Guest	Cian Mulrooney	Ballina	15.50.92					
		Brian Murphy	Ennis Track	16.31.24					
100m (wind: 2.7m/s)					100m (wind: 1.8m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	76	Niall Flanagan	Meath Athletics	11.21	1	92	Rachel Keane	Tullamore Harriers	12.51
2	69	Jer O'Donoghue	An Ríocht	11.22	2	93	Lily Ann O'Hora	Dooneen	12.62
3	70	Daniel Lazard	Bandon	11.49	3	91	Chloe Whelan	Menapians	12.63
4	71	David O'Brien	Dooneen	11.68	4	97	Ellen McGeough	Sligo County	12.97
5	73	Jack Fortune	Laois County	11.78	5	94	Aoibheann O'Brien	Kerry Athletics	12.98
6	72	Ayo Ako	SLOT	12.36	6	90	Patricia Curtin	Youghal A.C.	16.24
						Guest	Sarah Leahy	Killarney Valley	12.96
4X400m					4X400m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	76		Meath Athletics	3.36.10	1	97		Sligo County	4.20.23
2	72		SLOT	3.41.27	2	91		Menapians	4.23.09
3	69		An Ríocht	3.42.76	3	95		Laois County	4.37.96
4	70		Bandon	3.48.85	4	93		Dooneen	5.08.36
5	71		Dooneen	3.54.87					
6	73		Laois County	4.10.58					
Hammer					Hammer				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	76	Conal Campion	Meath Athletics	47.00	1	94	Mairead O'Neill	Kerry Athletics	49.86
2	69	Shane Hand	An Ríocht	41.00	2	95	Seodhna Hoey	Laois County	43.90
3	70	Patrick McSweeney Jun	Bandon	37.90	3	91	Claire O'Farrell	Menapians	20.77
4	71	Gary Moloney	Dooneen	19.88	4	90	Caroline Joyce	Youghal A.C.	18.04
5	73	Joe Walsh	Laois County	9.97					
Pole Vault									
Place	Num	Athlete	Club	Height					
1	72	Mathew Callanan Keenan	SLOT	3.60					
2	69	PJ Galvin	An Ríocht	2.00					
	Guest	Dean Nolan	SLOT	3.40					

Long Jump NWI					Long Jump NWI				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	76	Shane Aston	Meath Athletics	6.81	1	94	Aoibhinn O'Brien	Kerry Athletics	5.45
2	70	Promise Okafar	Bandon	6.54	2	91	Annie Stafford	Menapians	5.28
3	72	John McKenna	SLOT	6.00	3	90	Jessica Strain	Youghal A.C.	4.75
4	73	Jack Fortune	Laois County	5.78	4	95	Niamh Quinn	Laois County	4.53
5	71	Laju Owatse	Dooneen	5.73	5	93	Louise Collins	Dooneen	4.52
		Guests Daniel Callanan	Craughwell	6.02	6	97	Ciara Mooney	Sligo County	4.15
		Guests Brendan Lynch	Loughrea	5.80	7	92	Chloe Harte	Tullamore Harriers	
		Guests Honeique Nkovalovu	Gayway City Harriers	5.73			Guest Rachel Bowler	Tralee Harriers	5.34
		Guests Eoin O'Connor	Kildare A.C.	5.09			Guest Jane Shovlin	Menapians	4.96
							Guest Aoibhin O'Connor	Tralee Harriers	4.57
Shot Putt					Shot Putt				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	70	Patrick McSweeney	Bandon	12.70	1	94	Clare Fitzgerald	Kerry Athletics	15.68
2	72	Mathew O'Reilly	SLOT	10.92	2	90	Lisa Walsh	Youghal A.C.	6.64
3	73	Seamus Fitzpatrick	Laois County	10.67	3	93	Marta O'Sullivan	Dooneen	6.45
4	69	Shane Hand	An Ríocht	8.00	4	92	Georgina Tuohy	Tullamore Harriers	6.12
5	71	Stephin Lappin	Dooneen	7.54	5	91	Laura Halpin	Menapians	5.39
		Guest Gary Maloney	Dooneen	7.27			Guest Roisin Howard	Bandon	10.11
		Guest Michael Breathnach	Galway City Harriers	13.00					
High Jump					High Jump				
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height
1	69	PJ Galvin	An Ríocht	1.80	1	95	Dervla Scully	Laois County	1.50
2	72	Dean Nolan	SLOT	1.75	2	93	Zara Lappin	Dooneen	1.45
3	73	Fergal Scully	Laois County	1.75	3	97	Ellen Geogh	Sligo County	1.45
4	76	Donal Kearns	Meath Athletics	1.70	4	94	Lauren O Grady	Kerry Athletics	1.40
5	70	Diarmuid Clancy	Bandon	1.65	5	92	Rachel Keane	Tullamore Harriers	1.30
6	71	David O'Brien	Dooneen	1.50	6	91	Chloe Whelan	Menapians	1.25
Discus					Discus				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
	76	Conal Campion	Meath Athletics	33.40		94	Clare Fitzgerald	Kerry Athletics	49.37
	72	Mathew O'Reilly	SLOT	29.30		95	Seodhna Hoey	Laois County	35.60
	70	Bobby Smith	Bandon	24.95		91	Clare O Farrell	Menapians	16.72
	69	Ger Cremin	An Ríocht	20.14		97	Ellen Mc Geough	Sligo County	15.08
	73	Dorian Corcoran	Laois County	18.97		93	Therese O'Brien	Dooneen	13.40
		Guest Michael Conerney	Galway City Harriers	38.37		90	Caroline Joyce	Youghal A.C.	13.26
		Guest Denis Delaney	Dunboyne	26.66			Guest Laura O Grady	St Brendans	29.70

Triple Jump					Triple Jump				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
	69	Corey Kissane	An Ríocht	11.95	1	94	Rachel Bowler	Kerry Athletics	10.18
	70	Promise Okafor	Bandon	12.48	2	93	Zara Lappin	Dooneen	9.32
	71	Stephen Lappin	Dooneen	10.17	3	90	Patricia Curtin	Youghal A.C.	9.15
					4	91	Jane Shovlin	Menapians	8.31
					5	97	Zara Stafford	Sligo County	8.09
						Guest	Amy Crowley	Bandon	8.41
Javelin					Javelin				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	76	Shane Aston	Meath Athletics	48.67	1	90	Patricia Curtin	Youghal A.C.	34.89
2	70	Bobby Smith	Bandon	46.21	2	94	Lauren O'Grady	Kerry Athletics	20.53
3	72	Michael Garrigan	SLOT	40.90	3	92	Georgina Tuohy	Tullamore Harriers	14.90
4	73	Dorian Corcoran	Laois County	40.14	4	93	Marta O'Sullivan	Dooneen	14.40
5	69	Gary Matthews	An Ríocht	19.25	5	91	Laura Halpin	Menapians	11.43
					6	95	Amy Walsh	Laois County	7.47
					7	97	Aideen Coyle	Sligo County	6.98
56 lb Weight									
Place	Num	Athlete	Club	Distance					
	73	Seamus Fitzpatrick	Laois County	7.07					
	72	Willie O'Toole	SLOT	5.41					
	70	Patrick McSweeney Sen	Bandon	4.20					
	71	Gary Moloney	Dooneen	4.18					
	76	Brendan Meade	Meath Athletics	4.06					