

National Track & Field League Round 1 Morton Stadium Santry 12th June 2016

Division 1 Men

Division 1 Women

110m Hurdles (wind: 0.0 m/s)

100m Hurdles (wind: +1.6 m/s)

Place	Num	Athlete	Club	Time
1	38	Josh Essuman	Tallaght	15.96
2	29	Adam Hill	County Antrim	16.12
3	36	Conor McMahon	Athletics Louth	17.35
4	37	Michael Surman	City of Derry Spartans	17.72
5	35	Cian Ward	Sli Cualann	18.96

Place	Num	Athlete	Club	Time
1	46	Megan Maars	County Antrim	14.15
2	52	Laura Frey	Lagan Valley	16.42
3	51	Sarah Doyle	Tallaght	16.93
4	50	Lauren Kennedy	Donore Harriers	17.10
5	48	Aoife Conroy	Sli Cualann	17.57
6	49	Niamh Kelly	Athletics Louth	17.65

3000m Walk

1500m Walk

Place	Num	Athlete	Club	Time
1	34	Joe Mooney	Wexford Athletics	14.26.02
2	33	Briain O'Domhnaill	Finn Valley	15.10.39
3	35	Tony Gartland	Sli Cualann	17.44.86
4	38	Luke Coleman	Tallaght	21.23.75
5	36	Gerry McArdle	Athletics Louth	24.26.16

Place	Num	Athlete	Club	Time
1	48	Rachel Casey	Sli Cualann	8.23.77
2	51	Sarah Jane Kinsella	Tallaght	9.40.02
3	50	Ann Gormley	Donore Harriers	9.43.57

400m Hurdles

400m Hurdles

Place	Num	Athlete	Club	Time
1	37	Daniel Reid	City of Derry Spartans	62.77
2	33	Eoghan Bradley	Finn Valley	63.59
3	38	Conor Murray	Tallaght	65.60
4	36	Mark Rogers	Athletics Louth	67.90
5	34	Troy Scully	Sli Cualann	69.38

Place	Num	Athlete	Club	Time
1	47	Niamh Malone	County Monaghan	62.61
2	52	Laura Frey	Lagan Valley	67.82
3	50	Caoimhe Mackey	Donore Harriers	68.72
4	48	Aoife Conroy	Sli Cualann	69.23
5	51	Sarah Doyle	Tallaght	70.30
6	49	Seoda Matthews	Athletics Louth	72.26
7	46	Anna McIlmoyle	County Antrim	74.14

4X100m Relay

4X100m Relay

Place	Num	Athlete	Club	Time
1	33		Finn Valley	43.55
2	29		County Antrim	44.30
3	38		Tallaght	44.77
4	34		Wexford Athletics	45.91
5	36		Athletics Louth	45.98
6	35		Sli Cualann	46.82
7	37		City of Derry Spartans	47.91
8	32		County Monaghan	49.71

Place	Num	Athlete	Club	Time
1	53		Kilkenny City Harriers	49.85
2	48		Sli Cualann	51.12
3	50		Donore Harriers	51.65
4	52		Lagan Valley	52.58
5	49		Athletics Louth	53.20
6	51		Tallaght	54.01
7	46		County Antrim	55.09
8	47		County Monaghan	56.79

1500m

1500m

Place	Num	Athlete	Club	Time
1	32	Conor Duffy	County Monaghan	3.56.69
2	33	Mark Hoy	Finn Valley	4.06.63
3	35	Jamie Cullen	Sli Cualann	4.09.88
4	34	Enda Cloake	Wexford Athletics	4.16.59

Place	Num	Athlete	Club	Time
1	48	Richael Browne	Sli Cualann	4.48.16
2	50	Karla Doran	Donore Harriers	5.04.52
3	47	Shauna Kerley	County Monaghan	5.04.83
4	52	Emer McGee	Lagan Valley	5.06.83

5	38	Peter Fitzsimons	Tallaght	4.17.78		5	53	Grace Richardson	Kilkenny City Harriers	5.15.02
6	37	Peter Melarkey	City of Derry Spartans	4.46.60		6	49	Eva Cummins	Athletics Louth	6.15.66
						7	51	Sara Jane Kinsella	Tallaght	Nt
400m					400m					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	
1	38	Conor Murray	Tallaght	52.87	1	53	Annie O Connor	Kilkenny City Harriers	60.80	
2	34	Christopher Johnson	Wexford Athletics	53.00	2	48	Alannah O'Carroll	Sli Cualann	61.64	
3	29	Ryan Keenan	County Antrim	53.28	3	50	Maura Kearns	Donore Harriers	62.60	
4	37	Aaron Sweidan	City of Derry Spartans	54.74	4	49	Zoe Shiels	Athletics Louth	62.90	
5	36	Moses Obeki	Athletics Louth	57.58	5	51	Sarah Lahiff	Tallaght	66.26	
6	32	Sean McElwaine	County Monaghan	58.13	6	52	Susie Cave	Lagan Valley	67.16	
7	33	Kieran Carlin	Finn Valley	60.14	7	46	Grainne Keenan	County Antrim	78.18	
8	35	Richie Hourihan	Sli Cualann	61.18						
3000m S/C					3000m					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	
1	33	Eoghan Bradley	Finn Valley	10.10.44	1	53	Aoibhe Richardson	Kilkenny City Harriers	10.14.83	
2	35	Tim Grummell	Sli Cualann	10.25.67	2	49	Mary Leech	Athletics Louth	10.29.99	
3	34	Enda Cloake	Wexford Athletics	10.29.32	3	50	Sorcha NicDhomhail	Donore Harriers	10.37.58	
4	32	Shane Brady	County Monaghan	10.39.99	4	51	Suzanne Carter	Tallaght	10.41.61	
5	38	Luke Coleman	Tallaght	10.51.85	5	46	Anne Terek	County Antrim	11.03.90	
					6	48	Susie McParland	Sli Cualann	11.12.56	
					7	47	Donna Mone	County Monaghan	11.43.04	
200m (wind: +0.5 m/s)					200m (wind: +1.0 m/s)					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	
1	33	Simon Archer	Finn Valley	22.30	1	53	Clíodhna Manning	Kilkenny City Harriers	24.23	
2	29	Gareth Thompson	County Antrim	22.48	2	50	Aoife Lynch	Donore Harriers	24.71	
3	36	Lee McGuinness	Athletics Louth	22.59	3	48	Claire Foley	Sli Cualann	25.42	
4	38	Faroq Balogun	Tallaght	23.52	4	46	Roseanna McGuckian	County Antrim	25.44	
5	34	Ross Daly	Wexford Athletics	23.91	5	49	Amy McTeggart	Athletics Louth	27.22	
6	35	Marcus Lennon	Sli Cualann	24.34	6	51	Sarah Lahiff	Tallaght	27.30	
7	37	Aaron Sweidan	City of Derry Spartans	24.84	7	52	Lauren Brooker	Lagan Valley	29.05	
8	32	Damien Barry	County Monaghan	27.97	8	47	Celine Nally	County Monaghan	30.14	
800m					800m					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	
1	33	Mark Hoy	Finn Valley	1.57.32	1	47	Niamh Malone	County Monaghan	2.20.52	
2	36	Darragh Greene	Athletics Louth	2.00.46	2	53	Niamh McMullan	Kilkenny City Harriers	2.21.77	
3	32	Ross Miotti	County Monaghan	2.03.26	3	50	Sinead Lamb	Donore Harriers	2.23.39	
4	35	Cillian Browne	Sli Cualann	2.03.77	4	48	Katy Conroy	Sli Cualann	2.25.22	
5	38	Sean McCabe	Tallaght	2.09.19	5	49	Orla O'Connor	Athletics Louth	2.28.37	
6	34	Cathal Byrne	Wexford Athletics	2.19.92	6	52	Jane Matthews	Lagan Valley	2.41.18	
					7	51	Claire O'Brien	Tallaght	3.10.66	
5000m					5000m					
Place	Num	Athlete	Club	Time						

1	38	Tomas Fitzpatrick	Tallaght	15.13.39						
2	34	Ger Forde	Wexford Athletics	15.43.57						
3	33	Mark Mc Paul	Finn Valley	15.46.17						
4	32	Shane Bradley	County Monaghan	16.24.80						
5	36	Oisín O'Gibne	Athletics Louth	16.43.75						
6	35	Tim Grummell	Sli Cualann	16.56.89						
7	37	Peter Melarkey	City of Derry Spartans	18.10.40						
100m (wind: +0.4 m/s)					100m (wind: +0.7 m/s)					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	
1	29	Dean Adams	County Antrim	11.05	1	46	Megan Marrs	County Antrim	12.05	
2	33	Danny Browne	Finn Valley	11.10	2	53	Eimer McMullan	Kilkenny City Harriers	12.81	
3	36	Lee McGuinness	Athletics Louth	11.41	3	48	Alana Ryan	Sli Cualann	13.24	
4	38	Sean Bolger	Tallaght	11.64	4	50	Suzi O'Farrell	Donore Harriers	13.41	
5	34	Ross Daly	Wexford Athletics	12.03	5	49	Niamh Belton	Athletics Louth	13.51	
6	35	Marcus Lennon	Sli Cualann	12.15	6	52	Emily Forte	Lagan Valley	13.52	
7	37	Daniel Reid	City of Derry Spartans	12.67	7	51	Kayleigh Clarke	Tallaght	15.20	
4X400m					4X400m					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	
1	29		County Antrim	3.36.72	1	53		Kilkenny City Harriers	4.08.81	
2	36		Athletics Louth	3.36.80	2	48		Sli Cualann	4.09.43	
3	33		Finn Valley	3.39.07	3	50		Donore Harriers	4.14.59	
4	38		Tallaght	3.40.01	4	47		County Monaghan	4.15.89	
5	34		Wexford Athletics	3.40.14	5	49		Athletics Louth	4.16.38	
6	35		Sli Cualann	3.55.13	6	51		Tallaght	4.23.08	
7	37		City of Derry Spartans	3.55.70	7	52		Lagan Valley	4.23.66	
8	32		County Monaghan	3.59.08	8	46		County Antrim	4.53.45	
Hammer					Hammer					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	34	Thomas Furlong	Wexford Athletics	58.68	1	52	Lynsey Glover	Lagan Valley	41.63	
2	36	Tom McGrane	Athletics Louth	17.14	2	50	L. Reid	Donore Harriers	38.74	
3	32	Brian Peppard	County Monaghan	14.73	3	48	Laoise Cullen	Sli Cualann	28.56	
4	29	Phil Wood	County Antrim	11.89	4	49	Emily Rogers	Athletics Louth	19.14	
					5	47	Una McMahon	County Monaghan	18.61	
					6	53	Nicola Barron	Kilkenny City Harriers	17.22	
					7	51	Sarah Jane Kinsella	Tallaght	14.72	
					8	46	Rihiannon Rose	County Antrim	12.32	
Pole Vault					Pole Vault					
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height	
1	37	Michael Surman	City of Derry Spartans	2.60	1	50	Ailbhe Healy	Donore Harriers	2.70	
2	36	Mark Rogers	Athletics Louth	2.40	2	48	Alannah O'Carroll	Sli Cualann	NH	
3	38	Patrick Curran	Tallaght	2.20						
Long Jump					Long Jump					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	

1	36	Conor McMahon	Athletics Louth	5.63	1	52	Kara McDonald	Lagan Valley	4.80
2	33	David Wilson	Finn Valley	5.42	2	46	Anna McIlmoyle	County Antrim	4.65
3	29	Jonathan Hill	County Antrim	5.28	3	49	Niamh Kelly	Athletics Louth	4.63
4	34	Cathal Byrne	Wexford Athletics	5.28	4	50	Andie Maguire	Donore Harriers	4.50
5	32	Ross Miotti	County Monaghan	5.18	5	53	Keeva O'Brien	Kilkenny City Harriers	4.42
6	35	Richie Hourihan	Sli Cualann	4.95	6	48	Alana Ryan	Sli Cualann	4.41
7	38	Shane Carton	Tallaght	4.45	7	47	Niamh Malone	County Monaghan	4.22
8	37	Aaron Sweidan	City of Derry Spartans	4.14	8	51	Kayleigh Clarke	Tallaght	4.21

Shot Putt

Place	Num	Athlete	Club	Distance
1	34	Kieran Murphy	Wexford Athletics	9.05
2	36	Martin McGrane	Athletics Louth	8.73
3	29	Colin Clear	County Antrim	8.52
4	37	Philip Donaghy	City of Derry Spartans	8.43
5	32	Frankie Gorman	County Monaghan	8.15
6	38	Chris Dalton	Tallaght	7.50
7	33	Mark Connolly	Finn Valley	6.67
8	35	Tony Gartland	Sli Cualann	6.17

Shot Putt

Place	Num	Athlete	Club	Distance
1	52	Amy Davis	Lagan Valley	10.44
2	48	Laura Kavanagh	Sli Cualann	9.43
3	53	Catriona Twomey	Kilkenny City Harriers	8.86
4	50	Mimi Ajagebo	Donore Harriers	8.68
5	49	Shauna McMahon	Athletics Louth	8.57
6	47	Isabelle Doyle	County Monaghan	8.43
7	46	Sarah Woods	County Antrim	8.11
8	51	Suzanne Carter	Tallaght	7.57

High Jump

Place	Num	Athlete	Club	Height
1	34	Ryan Carthy Walsh	Wexford Athletics	2.09
2	29	Adam Hill	County Antrim	1.95
3	33	Simon Archer	Finn Valley	1.80
3	36	Mark Rogers	Athletics Louth	1.80
5	37	Peter Fryer	City of Derry Spartans	1.70
6	32	Colin Peppard	County Monaghan	1.50
7	38	Luke Coleman	Tallaght	1.40
8	35	Noah Daly	Sli Cualann	1.40

High Jump

Place	Num	Athlete	Club	Height
1	46	Anna McIlmoyle	County Antrim	1.68
2	49	Emily Rogers	Athletics Louth	1.65
3	51	Kayleigh Clarke	Tallaght	1.60
4	52	Lauren Brooker	Lagan Valley	1.55
5	53	Catriona Twomey	Kilkenny City Harriers	1.45
6	48	Richael Browne	Sli Cualann	1.40
7	50	Roisin Rynn	Donore Harriers	1.35

Discus

Place	Num	Athlete	Club	Distance
1	37	Paul Herron	City of Derry Spartans	29.28
2	34	Kieran Murphy	Wexford Athletics	27.92
3	29	Colin Clear	County Antrim	24.18
4	36	Tom McGrane	Athletics Louth	20.54
5	33	Mark Connolly	Finn Valley	17.68
6	38	Chris Dalton	Tallaght	17.39
7	32	Brian Peppard	County Monaghan	16.89
8	35	Tony Gartlan	Sli Cualann	9.49

Discus

Place	Num	Athlete	Club	Distance
1	52	Lynsey Glover	Lagan Valley	25.21
2	49	Shauna McMahon	Athletics Louth	24.68
3	50	Clodagh Martin	Donore Harriers	23.51
4	48	Laoise Cullen	Sli Cualann	23.17
5	47	Isabelle Doyle	County Monaghan	21.34
6	53	Nicola Barron	Kilkenny City Harriers	18.73
7	46	Wendy Phillips	County Antrim	16.67
8	51	Claire O'Brien	Tallaght	13.05

Triple Jump

Place	Num	Athlete	Club	Distance
1	36	Conor Durnin	Athletics Louth	12.70
2	29	Josh Armstrong	County Antrim	12.25
3	33	David Wilson	Finn Valley	12.03
4	32	Colin Peppard	County Monaghan	11.11

Triple Jump

Place	Num	Athlete	Club	Distance
1	48	Laura Kavanagh	Sli Cualann	9.98
2	52	Emily Forde	Lagan Valley	9.91
3	49	Amy McTeggart	Athletics Louth	9.51
4	50	Andie Mcguire	Donore Harriers	8.98

5	35	Richie Hourihan	Sli Cualann	9.78		5	53	Keeva O'Brien	Kilkenny City Harriers	8.56
6	38	Eddie Donegan	Tallaght	8.63		6	47	Celine Nally	County Monaghan	6.69
						7	46	Rihiannon Rose	County Antrim	6.46
Javelin					Javelin					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	36	Liam Connaughton	Athletics Louth	51.09	1	49	Amy McTeggart	Athletics Louth	30.16	
2	34	Peter O'Shea	Wexford Athletics	49.73	2	46	Sarah Woods	County Antrim	27.25	
3	29	Adam Hill	County Antrim	35.89	3	47	Una McMahon	County Monaghan	24.56	
4	38	Conor Murray	Tallaght	34.45	4	52	Laura Frey	Lagan Valley	24.22	
5	37	Michael Surman	City of Derry Spartans	34.37	5	53	Martyna Balcer	Kilkenny City Harriers	21.71	
6	33	Bernie O'Callaghan	Finn Valley	19.60	6	50	Lauren O'Keefe	Donore Harriers	17.58	
7	35	Rory Kelly	Sli Cualann	18.00	7	48	Niamh Conroy	Sli Cualann	11.35	
8	32	Sean McElwaine	County Monaghan	4.54	8	51	Claire O'Brien	Tallaght	9.11	
56 lb Weight										
Place	Num	Athlete	Club	Distance						
1	34	Thomas Furlong	Wexford Athletics	6.05						
2	37	Philip Donaghy	City of Derry Spartans	4.19						
3	32	Frankie Gorman	County Monaghan	4.05						
4	36	Martin McGrane	Athletics Louth	3.81						
5	29	Phil Wood	County Antrim	3.39						
6	35	Terry Kavanagh	Sli Cualann	2.13						