

<b>Premier Men - Athlone</b>					<b>Premier Women - Athlone</b>				
<b>110m Hurdles (wind: 1.2 m/s)</b>					<b>100m Hurdles (wind: 1.1 m/s)</b>				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	14	Daniel Ryan	Tipperary County	15.19	1	31	Karen Murphy	Wexford County	15.61
2	19	Paddy Heffernan	Tullamore Harriers	15.41	2	28	Karen Dunne	Meath Athletics	16.98
3	16	Aaron Smyth	Menapians A.C.	16.24	3	32	Sarah Finnegan	Galway County	18.76
4	15	Ciaran Donnelly	Crusaders A.C.	25.26	4	29	Roisin Howard	Bandon A.C.	20.93
<b>3000m Walk</b>					<b>1500m Walk</b>				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	17	Nicholas Dunphy	Kilkenny City Harriers	15.07.52	1	32	Maeve Curley	Galway County	7.18.84
2	14	Ross Alexander	Tipperary County	15.27.88	2	33	Lauren Whelan	Leevale	7.34.41
3	16	Jimmy McDonald	Menapians A.C.	15.54.39	3	31	Trion Mooney	Wexford County	7.47.10
4	19	Darren Butler	Tullamore Harriers	17.58.47	4	29	Lily Carey	Bandon A.C.	9.40.88
5	15	Gary Park	Crusaders A.C.	26.20.40					
<b>400m Hurdles</b>					<b>400m Hurdles</b>				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	16	Conor Gaffney	Menapians A.C.	57.54	1	28	Deirdre Murray	Meath Athletics	1.03.85
2	14	Michael Quilligan	Tipperary County	58.26	2	33	Christine Neville	Leevale	1.04.27
3	18	Daniel O'Mahony	Leevale A.C.	59.61	3	29	Moira Barrett	Bandon A.C.	1.10.12
4	20	Diego Brule	Galway City Harriers	1.03.18	4	32	Rachel Finnegan	Galway County	1.10.47
5	15	Gary Park	Crusaders A.C.	1.16.45	5	31	Aoife Rochford	Wexford County	1.12.21
6	19	Darren Butler	Tullamore Harriers	1.18.61	6	30	Lisa Kelly	County Tipperary	1.24.19
		Laju Uwatse	Doneen A.C.	59.20	Guest				
<b>4X100m Relay</b>					<b>4X100m Relay</b>				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	18		Leevale A.C.	43.06	1	32		Galway County	50.33
2	16		Menapians A.C.	43.60	2	29		Bandon A.C.	51.89
3	20		Galway City Harriers	43.95	3	33		Leevale	52.32
4	14		Tipperary County	44.76	4	28		Meath Athletics	52.82
5	15		Crusaders A.C.	44.91	5	30		County Tipperary	52.82
6	19		Tullamore Harriers	45.18	6	31		Wexford County	53.35
<b>1500m</b>					<b>1500m</b>				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	16	Sam Mitchell	Menapians A.C.	4.09.30	1	31	Fiona Kehoe	Wexford County	4.52.07
2	19	Liam Brady	Tullamore Harriers	4.13.11	2	33	Niamh Roe	Leevale	5.03.12
3	14	James Maher	Tipperary County	4.14.92	3	32	Niamh Hennelly	Galway County	5.10.18
4	20	James Frizzel	Galway City Harriers	4.17.42	4	30	Lorraine Healy	County Tipperary	5.14.94
5	18	Ben Smith	Leevale A.C.	4.24.00	5	28	Emma Neary	Meath Athletics	5.37.94
6	15	Karl Fahy	Crusaders A.C.	4.38.17	6	29	Lily Carey	Bandon A.C.	5.50.91
7	17	Luke Whelan	Kilkenny City Harriers	4.41.83					

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400m					400m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	14	Paul White	Tipperary County	49.14	1	31	Sophie McCabe	Wexford County	59.50
2	15	Nick Ennis	Crusaders A.C.	49.36	2	32	Aoife Sheedy	Galway County	59.68
3	20	Shane Canavan	Galway City Harriers	49.92	3	30	Emer Delargy	County Tipperary	62.97
4	16	Shaun Donohue	Menapians A.C.	50.73	4	33	Tara Healy	Leevale	63.31
5	18	Sean O'Callaghan	Leevale A.C.	51.44	5	29	Moira Barrett	Bandon A.C.	63.76
6	19	Darragh McNamara	Tullamore Harriers	52.44	6	28	Laura Henegan	Meath Athletics	65.50
							Margaret Mary Grace	Nenagh Olympic AC	64.66
									Guest
400m GUEST									
Place	Num	Athlete	Club	Time					
1	1224	Ryan O'Leary	Leevale	53.18					
2	1260	Cathal McElgunn	Carrick on Shannon	53.34					
3	1243	Aaron Tierney Smyth	Menapians	53.53					
4	1255	Mark Carmody	An Bru	53.94					
5	1235	Kenneth Malone	Menapians	55.29					
3000m S/C					3000m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	16	Jonathan Goringe	Menapians A.C.	9.38.31	1	31	Ciara Wilson	Wexford County	10.23.08
2	18	James Mintern	Leevale A.C.	10.46.94	2	33	Michelle Kenny	Leevale	10.34.80
3	17	James Kearney	Kilkenny City Harriers	10.47.26	3	32	Aine O'Farrell	Galway County	10.43.63
4	15	Jason Kehoe	Crusaders A.C.	10.47.50	4	28	Ciara Rooney	Meath Athletics	10.58.43
5	14	Dane Ryan	Tipperary County	11.11.80	5	30	Ciara Cummins	County Tipperary	11.45.61
6	19	Conor Butler	Tullamore Harriers	11.20.38					
200m (wind: 0.9 m/s)					200m (wind: 0.7 m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	20	Robert Meagher	Galway City Harriers	23.21	1	29	Joan Healy	Bandon A.C.	24.16
2	14	Jack Pender	Tipperary County	23.45	2	31	Aoife Rochford	Wexford County	25.71
3	16	Ciaran Maher	Menapians A.C.	23.50	3	30	Eimear Lynch	County Tipperary	26.17
4	18	James Rooney	Leevale A.C.	23.71	4	33	Shona Lowe	Leevale	26.31
5	15	Peter Murphy	Crusaders A.C.	24.42	5	32	Sinead Treacy	Galway County	26.57
200m GUEST (wind: 2.9 m/s)					200m (wind: 1.7 m/s) Guest				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
	1265	Kieran Elliott	North Sligo A.C.	22.19	1	1254	Vicki Harris	Mullingar Harriers A.C.	25.24
	1264	Eoin Muldowney	Castlecomber A.C.	22.34	2	1250	Lydia Doyle	GCH A.C.	25.64
	1239	Patrick Lynch	Newport A.C.	22.43	3	1211	Laura Nally	GCH A.C.	26.27
	1266	Mark Varley	Dooneen A.C.	23.13	4	1206	Sonya King	GCH A.C.	31.20

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<b>200m GUEST (wind:-0.1 m/s)</b>											
Place	Num	Athlete	Club	Time							
1	1242	Glodi Swana	Limerick A.C.	23.46							
2	1240	Laju Uwatse	Dooneen A.C.	23.84							
3	1235	Kenneth Malone	Menapians A.C.	24.04							
4	1259	Mel O'Callaghan	Menapians A.C.	24.14							
5	1245	David Hayde	SLOT A.C.	24.67							
<b>800m</b>											
Place	Num	Athlete	Club	Time		Place	Num	Athlete	Club	Time	
1	16	Sam Mitchell	Menapians A.C.	1.56.35		1	33	Freda Davoren	Leevale	2.20.47	
2	18	Matthew Murnane	Leevale A.C.	1.57.82		2	30	Aoife Delargy	County Tipperary	2.21.06	
3	14	William Hughes	Tipperary County	1.59.01		3	32	Maebh Brannigan	Galway County	2.25.91	
4	20	Eanna Folan	Galway City Harriers	2.02.50		4	28	Eimear English	Meath Athletics	2.27.39	
5	17	rory Lodge	Kilkenny City Harriers	2.03.65	Guest	5	31	Ciara Wilson	Wexford County	2.29.29	
6	19	Ethan Dunnican	Tullamore Harriers	2.10.98	Guest	6	29	Amy Crowley	Bandon A.C.	3.01.01	
7	15	James Woods	Crusaders A.C.	3.00.32			1256	Rianne McHugh	Ennis Track A.C.	2.22.79	Guest
	1248	Rory Chesser	Ennis Track A.C.	1.55.34							
	1237	Connor O'Driscoll	Leevale A.C.	2.05.91							
<b>5000m</b>											
Place	Num	Athlete	Club	Time							
1	16	Jonathan Goringe	Menapians A.C.	15.16.30							
2	17	Brian Maher	Kilkenny City Harriers	15.24.47							
3	18	Eric Curran	Leevale A.C.	15.36.48	Guest						
4	14	Tony Fogarty	Tipperary County	16.04.79	Guest						
5	19	Jason Donegan	Tullamore Harriers	16.41.07							
	1251	Kenneth Rogers	St Johns (Cl) A.C.	15.25.31							
	1203	Jack Miskella	Craughwell A.C.	18.33.19							
<b>100m (wind: 0.9 m/s)</b>											
Place	Num	Athlete	Club	Time		Place	Num	Athlete	Club	Time	
1	18	Kaodi Ogbene	Leevale A.C.	11.08		1	32	Lydia Doyle	Galway County	12.48	
2	14	Patrick Lynch	Tipperary County	11.14		2	33	Shona Lowe	Leevale	12.79	
3	16	Conor Wilson	Menapians A.C.	11.30		3	30	Eimear Lynch	County Tipperary	13.04	
4	20	Eoghan Dobey	Galway City Harriers	11.59		4	28	Niamh Hetherington	Meath Athletics	13.18	
5	19	Emmanuel Liori	Tullamore Harriers	11.91		5	31	Olivia Howe	Wexford County	13.20	
6	15	Patrick Gilkeana	Crusaders A.C.	12.06							

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100m Guest (wind: 0.9 m/s)					100m Guest (wind: 0.4 m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	1218	Ross Daly	Enniscorthy A.C.	11.43	1	1261	Elizabeth Morland	Cushinstown A.C.	12.21
2	1224	Ryan O'Leary	Leevale A.C.	11.44	2	1254	Vicki Harris	Mullaingar Harriers A.C.	12.34
3	1229	David Okoh	Leevale A.C.	11.46	3	1267	Aishling O'Flynn	Navan A.C.	13.15
4	1228	Patrick Okoh	Leevale A.C.	11.49	4	1211	Laura Nally	GCH A.C.	13.18
5	1215	Sean Carolan	Nenagh Olympic A.C.	11.71	5	1212	Rita Lahue	GCH A.C.	13.47
6	1202	Brendan Lynch	Loughrea A.C.	11.71					
7	1231	Michael Deady	Meanpians A.C.	11.77					
100m Guest (wind: 1.2 m/s)									
Place	Num	Athlete	Club	Time					
1	1264	Eoin Muldowney	Castlecomer A.C.	10.91					
2	1265	Kieran Elliott	Sligo A.C.	10.91					
3	1266	Mark Varley	Dooneen A.C.	11.32					
4	1259	Mel O'Callaghan	Menapians A.C.	11.62					
5	1216	Jospeh McEvoy	Nenagh Olympic A.C.	11.71					
6	1244	Michael Lynch	An Riocht A.C.	12.05					
7	1245	David Hayde	SLOT A.C.	12.07					
4X400m					4X400m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	16		Menapians A.C.	3.24.39	1	30		County Tipperary	4.08.71
2	18		Leevale A.C.	3.26.25	2	32		Galway County	4.13.50
3	20		Galway City Harriers	3.31.64	3	31		Wexford County	4.17.81
4	14		Tipperary County	3.42.77	4	28		Meath Athletics	4.21.48
5	19		Tullamore Harriers	3.51.64	5	29		Bandon A.C.	4.48.00
6	17		Kilkenny City Harriers	3.58.52		33		Leevale	DQ
									R163.3
Hammer					Hammer				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance
1	14	John Dwyer	Tipperary County	51.47	1	32	Emma O'Hara	Galway County	50.01
2	18	Andre Christie	Leevale A.C.	46.30	2	28	Ciara Maguire	Meath Athletics	49.51
3	15	Ciaran Donnelly	Crusaders A.C.	46.16	3	30	Jade O'Farrell Bond	County Tipperary	38.83
4	20	Brendan Staunton	Galway City Harriers	31.57	4	29	Laura McSweeney	Bandon A.C.	26.00
5	16	Shane McCormack	Menapians A.C.	14.00					
6	19	Glenn Finlay	Tullamore Harriers	13.05					
Pole Vault					Pole Vault				
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height
1	14	Daniel Ryan	Tipperary County	3.20m	1	29	Ella Stack	Bandon A.C.	2.40
2	16	Conor Gaffney	Menapians A.C.	3.00m	2	30	Aoife Tierney	County Tipperary	2.40
3	18	Des Kelleher	Leevale A.C.	2.80m	3	33	Rachel Murphy	Leevale	2.25
4	20	Cliff Jennings	Galway City Harriers	2.40m	4	32	Aoife Walsh	Galway County	1.80
		Eoghan Jennings	Galway City Harriers	2.40m			Ciara Hickey	Blarney Inniscarra A.C.	3.20
							Clodagh Walsh	Abbey Striders A.C.	3.10
									guest
									guest

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Long Jump					Long Jump					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	18	Sam Healy	Leevale A.C.	7.00	1	31	Karen Murphy	Wexford County	5.16	
2	16	Mikey Cullen	Menapians A.C.	6.49	2	30	Amanda O'Farrell	County Tipperary	5.10	
3	14	Sean Carolan	Tipperary County	6.44	3	28	Karen Dunne	Meath Athletics	4.92	
4	15	Oisín Taylor	Crusaders A.C.	6.41	4	29	Roisin Howrd	Bandon A.C.	4.78	
5	20	Henrique Nkolovata	Galway City Harriers	5.22	5	32	Siona Lawless	Galway County	4.78	
6	19	Glenn Finlay	Tullamore Harriers	3.92	6	33	Aishat Onilogbo	Leevale	4.41	
							Aoife Burke	Tullamore A.C.	3.84	Guest
							Lauren Giulligan	Tullamore A.C.	3.73	Guest
Guest Long Jump										
Place	Num	Athlete	Club	Distance						
1	1203	Brendan Lynch	Loughrea AC	6.19						
2	1217	Adam Dooley	Templemore	5.94						
Shot Putt					Shot Putt					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	18	Dave Tierney	Leevale A.C.	13.31	1	29	Laura McSweeney	Bandon A.C.	12.39	
2	14	Daniel Ryan	Tipperary County	12.79	2	31	Marquerite Furlong	Wexford County	9.86	
3	15	Tom DeJongh	Crusaders A.C.	12.37	3	33	Sarah Bradfield	Leevale	9.26	
4	19	Babu Matthews	Tullamore Harriers	10.31	4	30	Fiona Hennessy	County Tipperary	9.10	
5	20	Cliff Jennings	Galway City Harriers	9.06	5	28	Niamh Maguire	Meath Athletics	8.64	
6	17	Paddy Walsh	Kilkenny City Harriers	9.06	6	32	Mary Barrett	Galway County	8.38	
7	16	Shane McCormack	Menapians A.C.	7.19						
	1241	Brendan Staunton	Galway City Harriers	12.44			Alana Frattaroli	Limerick A.C.	12.85m	Guest
High Jump					High Jump					
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height	
1	14	Joseph McEvoy	Tipperary County	1.80	1	29	Ella Stack	Bandon A.C.	1.50m	
2	16	Mikey Cullen	Menapians A.C.	1.75	2	28	Karen Dunne	Meath Athletics	1.50m	
3	19	Conor Butler	Tullamore Harriers	1.65	3	32	Lorraine Delaney	Galway County	1.45m	
4	20	Shane Canavan	Galway City Harriers	1.50	4	31	Ciara Kelly	Wexford County	1.35m	
	1258	Martin Curley	Ennis Track	1.60	5	33	Lauren Whelan	Leevale	1.30m	
					6	30	Aoife Tierney	County Tipperary	1.30m	
Discus					Discus					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	20	Brendan Staunton	Galway City Harriers	35.11	1	31	Marquirite Doherty	Wexford County	36.70	
2	15	Sam Gaine	Crusaders A.C.	34.51	2	32	Emma O'Hara	Galway County	34.78	
3	14	Mark Tierney	Tipperary County	32.60	3	33	Sarah Bradfield	Leevale	34.77	
4	19	Tom Rafferty	Tullamore Harriers	28.5	4	28	Zoe Mohan	Meath Athletics	34.27	
5	16	Mel O'Callaghan	Menapians A.C.	23.31	5	29	Roisin Howard	Bandon A.C.	33.33	
6	18	Andre Christie	Leevale A.C.	22.77	6	30	Siobhan Hennessy	County Tipperary	22.88	
7	17	Nicholas Dunphy	Kilkenny City Harriers	13.55						
		Eoin Sheridan	NW Meath A.C.	48.81						
		Darragh Gaffney	NW Meath A.C.	52.98						

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<b>Triple Jump</b>						<b>Triple Jump</b>					
<b>Place</b>	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Distance</b>		<b>Place</b>	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Distance</b>	
1	15	Oisin Taylor	Crusaders A.C.	13.46		1	32	Sarah Finnegan	Galway County	9.82	
2	16	Emmanuel Ogbene	Menapians A.C.	12.83		2	29	Amy Crowley	Bandon A.C.	9.60	
3	20	Henrique Nkolovata	Galway City Harriers	12.72		3	30	Jade O'Farrell Bond	County Tipperary	9.36	
4	14	Adam Dooley	Tipperary County	11.11	Guest	4	28	Niamh Maguire	Meath Athletics	8.28	
5	18	Des Kelleher	Leevale A.C.	10.74		5	31	Ciara Kelly	Wexford County	7.61	
6	17	Nicholas Dunphy	Kilkenny City Harriers	8.50		6	33	Laura Whelan	Leevale	6.54	
		Rossa Foley	An Ríocht A.C.	12.10				Solange Carla Diogo	Tralee Harriers A.C.	11.20	Guest
<b>Javelin</b>						<b>Javelin</b>					
<b>Place</b>	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Distance</b>		<b>Place</b>	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Distance</b>	
1	18	Stephen O'Callaghan	Leevale A.C.	41.43		1	28	Elizabeth Moreland	Meath Athletics	38.70	
2	14	Sean Carolan	Tipperary County	40.05		2	32	Cathy McKenna	Galway County	30.10	
3	19	Tom Rafferty	Tullamore Harriers	38.15		3	29	Rachel Roche	Bandon A.C.	28.83	
4	15	Tom De Joneh	Crusaders A.C.	37.58		4	30	Amanda O'Farrell	County Tipperary	24.85	
5	16	Mel O'Callaghan	Menapians A.C.	34.60		5	31	Lisa Kelly	Wexford County	22.78	
6	17	Paddy Walsh	Kilkenny City Harriers	23.75		6	33	Rachel Murphy	Leevale	8.17	
7	20	Brendan Glynn	Galway City Harriers	11.73							
<b>56 lb Weight</b>						<b>56 lb Weight</b>					
<b>Place</b>	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Distance</b>		<b>Place</b>	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Distance</b>	
1	18	Dave Tierney	Leevale A.C.	7.75							
2	14	John Dwyer	Tipperary County	7.60							
3	15	Ciaran Donnelly	Crusaders A.C.	5.82							
4	16	David Hynes	Menapians A.C.	5.12							
5	19	Jim Dolan	Tullamore Harriers	4.18							
6	20	Robert Meagher	Galway City Harriers	3.78							