

Division 1 Men

110m Hurdles (wind: 0.3 m/s)

Place	Num	Athlete Club	Time	Points
1	45	Tim Bowler	County Wexford	16.04 9
2	46	Ger Cremin	An Ríocht A.C.	17.15 7
3	44	Dylan Purcell	St. L. O'Toole A.C.	17.34 6
4	47	Saran Malangalashthira	Bandon	19.48 5

3000m Walk

Place	Num	Athlete Club	Time	Points
1	45	Joe Mooney	County Wexford	13;20.59 9
2	44	David Kidd	St. L. O'Toole A.C.	13;40.31 7
3	50	Tony Gartland	Sli Cualann A.C.	17;02.54 6
4	46	Mike O'Connor	An Ríocht A.C.	17;14.29 5

400m Hurdles

Place	Num	Athlete Club	Time	Points
1	47	Diarmuid Clancy	Bandon	58.04 9

2	46	PJ Galvin	An Ríocht A.C.	58.05	7
3	44	Jamie Wall	St. L. O'Toole A.C.	61.01	6
4	50	Louis Lalor	Sli Cualann A.C.	63.04	5
5	45	Peter O'Connor	County Wexford	64.18	4
6	48	David O'Brien	Dooneen A.C.	64.35	3
7	49	Eoin Keenan	Laois County	68.53	2

4X100m Relay

Place	Num	Athlete Club	Time	Points
1	44	St. L. O'Toole A.C.	44.11	9
2	47	Bandon	44.27	7
3	45	County Wexford	44.97	6
4	46	An Ríocht A.C.	45.42	5
5	48	Dooneen A.C.	46.70	4
6	49	Laois County	48.79	3
7	50	Sli Cualann A.C.	DQ	

1500m

Place	Num	Athlete Club	Time	Points
1	49	Colin Maher	Laois County	4;02.95 9
2	44	Dean Holmes	St. L. O'Toole A.C.	4;14.98 7
3	45	Enda Cloake	County Wexford	4;15.77 6
4	46	Sean O'Sullivan	An Ríocht A.C.	4;24.32 5
5	50	Rory Kelly	Sli Cualann A.C.	4;29.90 4
6	47	John Muckian	Bandon	4;30.67 3

1500m

Place	Num	Athlete Club	Time
1		Ferghail Curtin	Youghal 3;59.37 Guest
2		Luke Horgan	Leevale 4;00.06 Guest
3		Peter Lynch	Kilkenny City Harriers 4;13.73 Guest
4		David Kavanagh	Kerry AC 4;15.93 Guest
5		Damien Murphy	West Waterford 4;16.47 Guest
6		Mark Powell	GCH 4;17.73 Guest
7		John Moroney	4;26.65 Guest

400m

Place	Num	Athlete Club	Time	Points
	45	Chris St Claire Johnson	County Wexford	50.98 9
	46	William O'Connor	An Riocht A.C.	51.03 7
	44	Jack Mitchell	St. L. O'Toole A.C.	51.60 6
	48	David O'Brien	Dooneen A.C.	54.62 5
	47	Dave McInerney	Bandon	55.29 4
	50	Troy Scully	Sli Cualann A.C.	60.26 3
	49	Daragh Nerney	Laois County	62.50 2

3000m S/C

Place	Num	Athlete Club	Time	Points
1	44	Brian Kirwan	St. L. O'Toole A.C.	10;30.37 9
2	50	Tim Grummell	Sli Cualann A.C.	10;30.80 7
3	45	Enda Cloake	County Wexford	11;19.93 6
4	49	Cathal Grennan	Laois County	11;56.02 5

200m (wind: -0.3 m/s)

Place	Num	Athlete Club	Time	Points
1	44	Adam Murphy	St. L. O'Toole A.C.	22.85 9
2	48	Dean Byrne	Dooneen A.C.	23.50 7
3	47	Dave McInerney	Bandon	23.72 6
4	45	Ross Daly	County Wexford	24.17 5
5	50	Marcus Lennon	Sli Cualann A.C.	24.77 4
6	49	Adam Coss	Laois County	24.92 3
7	46	Anthony Greaney	An Ríocht A.C.	25.35 2

800m

Place	Num	Athlete Club	Time	Points
1	47	Ronan Duggan	Bandon	2;02.11 9
2	44	Jamie Wall	St. L. O'Toole A.C.	2;03.43 7
3	46	Conor O'Mahony	An Ríocht A.C.	2;06.30 6
4	48	Tony Fitzgearld	Dooneen A.C.	2;13.90 5
5	45	Cathal Byrne	County Wexford	2;15.47 4
6	50	Cillian Browne	Sli Cualann A.C.	2;19.24 3
7	49	Cathal Grennan	Laois County	2;30.52 2
	593	Ken Archdold	St. L. O'Toole A.C.	2;06.38 Guest
	600	John Muckian	Bandon	2;13.50 Guest

5000m

Place	Num	Athlete Club	Time	Points
1	46	Donal O'Callaghan	An Ríocht A.C.	16;20.84 9

2	44	Brian Kirwan	St. L. O'Toole A.C.	16;39.69	7
3	49	Tom Dunne	Laois County	16;45.04	6
4	50	Tim Grummell	Sli Cualann A.C.	17;23.56	5
5	47	Naoise Ó Flaithertaigh	Bandon	17;36.62	4

100m (wind: 1.0m/s)

Place	Num	Athlete Club	Time	Points
1	44	Adam Murphy	St. L. O'Toole A.C.	11.28 9
2	46	Jer O'Donoghue	An Riocht A.C.	11.30 7
3	45	Ryan Murray	County Wexford	11.56 6
4	49	Jack Fortune	Laois County	11.67 5
5	48	Dean Byrne	Dooneen A.C.	11.68 4
6	50	Ferdia Kenny	Sli Cualann A.C.	11.92 3
	47	Saran Malangalashthira	Bandon	DNS
	595		11.14	Guest

100m (wind: 1.0m/s)

Place	Num	Athlete Club	Time	Points
1		Mikey Cullen	Menapians	11.42 Guest
2		Dione Markus	Kerry AC	11.48 Guest
3		Johnny McKenna	SLOT	11.62 Guest
4		Brendan Martin	SLOT	11.74 Guest
5		Owen Muldowney	Castlecomer	12.07 Guest
6		Jack Hayden	Menapians	12.12 Guest
7		Stephen Lappin	Dooneen	12.57 Guest
8		Sammy fogarty	Templemore	12.98 Guest

4X400m

Place	Num	Athlete Club	Time	Points
1	45	County Wexford	3;32.14	9
2	46	An Ríocht A.C.	3;33.53	7
3	44	St. L. O'Toole A.C.	3;39.12	6
4	47	Bandon	3;44.99	5
5	48	Dooneen A.C.	3;51.33	4
6	50	Sli Cualann A.C.	3;55.93	3
7	49	Laois County	4;10.07	2

Hammer

Place	Num	Athlete Club	Dist	Points
1	45	Thomas Furlong	County Wexford	58.94 9
2	47	Patrick McSweeney	Bandon	42.15 7
3	46	Shane Hand	An Ríocht A.C.	38.71 6
4	44	Matthew O'Reilly	St. L. O'Toole A.C.	26.14 5
5	48	Stephen Lappin	Dooneen A.C.	16.24 4
6	49	Joe Walsh	Laois County	14.22 3

Pole Vault

Place	Num	Athlete Club	Height	Points
1	44	Dylan Purcell	St. L. O'Toole A.C.	3.60 9

2	47	Saran Malangalashthira	Bandon	3.00	7
3	45	Tim Bowler	County Wexford	2.60	6
4	46	PJ Galvin	An Ríocht A.C.	2.00	5

Long Jump

Place	Num	Athlete Club	Dist	Wind		
1	48	Niall Counihan	Dooneen A.C.	6.89	0.8	
2	47	Shane Howard	Bandon	6.85	-1.2	
3	50	James Vance	Sli Cualann A.C.	6.29	-0.4	
4	44	Johhny McKenna	St. L. O'Toole A.C.	6.12	-1.8	
5	45	James Fortune	County Wexford	6.05	0.6	
6	46	Corey Kissane	An Ríocht A.C.	5.3	-1.0	
7	49	Adam Coss	Laois County	5.26	-1.0	

Shot Putt

Place	Num	Athlete Club	Dist	Points	
1	44	Anu Awonusi	St. L. O'Toole A.C.	15.04	9
2	47	Patrick McSweeney	Bandon	12.96	7
3	49	Seamus Fitzpatrick	Laois County	10.81	6
4	45	Kieran Murphy	County Wexford	9.32	5
5	50	Ferdia Kenny	Sli Cualann A.C.	8.84	4
6	48	Tony Fitzgerald	Dooneen A.C.	6.10	3

High Jump

Place	Num	Athlete Club	Height	Points
1	47	Ben O'Donovan Bandon	1.95	9
2	46	PJ Galvin An Riocht A.C.	1.75	7
3	45	Tim Bowler County Wexford	1.75	6
4	49	Fergal Scully Laois County	1.75	5
5	44	Johhny McKenna St. L. O'Toole A.C.	1.70	4
6	50	Troy Scully Sli Cualann A.C.	1.65	3
7	48	David O'Brien Dooneen A.C.	1.40	2

Discus

Place	Num	Athlete Club	Dist	Points
1	45	Marco Pons County Wexford	47.25	9
2	44	Anu Awonusi St. L. O'Toole A.C.	38.71	7
3	47	Colin Kingston Bandon	32.46	6
4	46	Shane Hand An Riocht A.C.	26.86	5
5	50	Ronan Kearney Sli Cualann A.C.	26.39	4
6	49	Dorian Corcoran Laois County	18.76	3
7	48	Dean Byrne Dooneen A.C.	14.12	2

Triple Jump

Place	Num	Athlete Club	Dist	Points
1	48	Niall Counihan	Dooneen A.C.	14.38 9
2	47	Promise Okafor	Bandon	13.63 7
3	44	Tamilore Awonusi	St. L. O'Toole A.C.	12.78 6
4	50	James Vance	Sli Cualann A.C.	12.31 5
5	45	Peter O'Connor	County Wexford	11.88 4
6	46	Corey Kissane	An Ríocht A.C.	11.34 3
		Matthew Rossiter	Laois County	11.25 Guest
		Louis Lalor	Sli Cualann A.C.	11.44 Guest

Javelin

Place	Num	Athlete Club	Dist	Points
1	47	Bobby Smith	Bandon	47.12 9
2	45	Peter O'Shea	County Wexford	44.49 7
3	44	Michael Garrigan	St. L. O'Toole A.C.	43.67 6
4	49	Dorian Corcoran	Laois County	40.81 5
5	48	Stehen Lappin	Dooneen A.C.	22.12 4
		Christian O'Connell		38.86 guest
		Stephen o'Callaghan		35.30 guest
		Sammy fogarty		10.83 guest

56 lb Weight

Place	Num	Athlete Club	Distance	Points
1	49	Seamus Fitzpatrick	Laois County	6.73 9
2	45	Thomas Furlong	County Wexford	5.92 7
3	44	Matthew O'Reilly	St. L. O'Toole A.C.	5.43 6
4	46	Anthony Greaney	An Riocht A.C.	5.30 5
5	47	Gavin Hicks	Bandon	5.16 3

Divison 1 Women

100m Hurdles (wind: 1.2 m/s)

Place	Num	Athlete Club	Time	Points
1	61	Ciara Deely	Kilkenny City Harriers	15.50 9
2	62	Chloe Whelan	Menapians	15.88 7
3	60	Aoife Conroy	Sli Cualann A.C.	17.91 6
4	64	Jessica Strain	Youghal A.C.	24.74 5

1500m Walk

Place	Num	Athlete Club	Time	Points
1	59	Emma Prendiville	Kerry Athletics	6;51.21 9
2	60	Rachel Casey	Sli Cualann A.C.	8;16.18 7

3	64	Evelyn Cashman	Youghal A.C.	8;29.53 6
4	63	Mary Neill	Dooneen A.C.	9;42.25 5

400m Hurdles

Place	Num	Athlete Club	Time	Points
1	60	Aoife Conroy	Sli Cualann A.C.	1;08.78 9
2	64	Jessica Strain	Youghal A.C.	1;11.60 7
3	65	Gillian Keenan	Laois County	1;11.60 6

4X100m Relay

Place	Num	Athlete Club	Time	Points
1	61	Kilkenny City Harriers	49.96	9
2	60	Sli Cualann A.C.	50.44	7
3	59	Kerry Athletics	50.89	6
4	62	Menapians	54.60	5
5	63	Dooneen A.C.	55.50	4
6	64	Youghal A.C.	57.57	3

1500m

Place	Num	Athlete Club	Time	Points
1	60	Richael Browne Sli Cualann A.C.	4;48.78	9
2	59	Niamh deHora Kerry Athletics	4;51.62	7
3	62	Ann Gilshinan Menapians	4;52.32	6
4	61	Aoibhe Richardson Kilkenny City Harriers	4;52.78	5
5	64	michelle nolan Youghal A.C.	5;28.12	4
6	65	Pippa Hackett Laois County	5;28.81	3

400m

Place	Num	Athlete Club	Time	Points
1	61	Clodhna Manning Kilkenny City Harriers	55.65	9
2	59	Aoife Mahoney Kerry Athletics	61.55	7
3	65	Dervla Scully Laois County	62.37	6
4	60	Alannah O'Carroll Sli Cualann A.C.	63.60	5
5	63	Kila Curran Dooneen A.C.	64.76	4
6	62	Ruth Bowe Menapians	66.19	3
7	64	Lisa Walsh Youghal A.C.	80.32	2

3000m

Place	Num	Athlete Club	Time	Points
1	59	Shona Heaslip Kerry Athletics	9;46.90	9

2	64	Aoife Cooke	Youghal A.C.	9;58.17	7
3	65	Louise Stack	Laois County	11;10.14	6
4	60	Susie McParland	Sli Cualann A.C.	11;27.19	5
5	61	Niamh Richardson	Kilkenny City Harriers	11;38.26	4
6	62	Catherine O'Connor	Menapians	13;10.26	3

200m (wind: -0.2 m/s)

Place	Num	Athlete Club	Time	Points
1	60	Claire Foley	Sli Cualann A.C.	25.80 9
2	61	Leah Raggett	Kilkenny City Harriers	27.10 7
3	59	Sarah Leahy	Kerry Athletics	27.38 6
4	63	Clodagh o'Mahony	Dooneen A.C.	27.49 5
5	64	Jessica Strain	Youghal A.C.	27.98 4
6	62	Jane Shovlin	Menapians	28.24 3
	585	Niamh Cullen	Kerry A.C.	28.46 Guest

800m

Place	Num	Athlete Club	Time	Points
1	59	Laura Crowe	Kerry Athletics	2;05.96 9
2	60	Katy Conroy	Sli Cualann A.C.	2;25.21 7
3	61	Ella Richardson	Kilkenny City Harriers	2;27.47 6
4	65	Louise Stack	Laois County	2;32.15 5
5	64	Ruth Millerick	Youghal A.C.	2;39.33 4
6	62	Ruth Bowe	Menapians	2;47.33 3
		Rhianna McHugh	Sligo	2;29.15 Guest

100m (wind: 1.2 m/s)

Place	Num	Athlete Club	Time	Points
1	60	Ara Freeman	Sli Cualann A.C.	12.40 9
2	59	Aoibheann O'Brien	Kerry Athletics	12.74 7
3	62	Chloe Whelan	Menapians	12.79 6
4	61	Leah Raggett	Kilkenny City Harriers	12.98 5
5	63	Louise collins	Dooneen A.C.	15.16 4
6	64	Aine O'Regan	Youghal A.C.	15.26 3

100m (wind: -0.8 m/s)

Place	Num	Athlete Club	Time	Points
1		Ara Freeman	Sli Cuallainn	12.67
2		Katie Bernard	Bandon	12.67
3		Ailbhe Gallagher	Kildare	13.49
4		Caoimhe Tiernan	Unattached	13.55

4X400m

Place	Num	Athlete Club	Time	Points
1	60	Sli Cualann A.C.	4;11.65	9
2	61	Kilkenny City Harriers	4;14.73	7
3	59	Kerry Athletics	4;19.69	6
4	62	Menapians	4;24.08	4
5	64	Youghal A.C.	4;52.02	3

Hammer

Place	Num	Athlete Club	Dist	Points
1	59	Mairead O'Neill	Kerry Athletics	49.04 9
2	65	Seodhna Hoey	Laois County	41.63 7
3	61	Nicola Barron	Kilkenny City Harriers	17.92 6
4	64	Caroline Joyce	Youghal A.C.	17.08 5
5	62	Tara Connick	Menapians	15.29 4
6	63	Diane Curran	Dooneen A.C.	10.70 3

Pole Vault

Place	Num	Athlete Club	Height	Points
1	60	Alannah O'Carroll	Sli Cualann A.C.	1.70 9

Long Jump

Place	Num	Athlete Club	Dist	Points
1	59	Aoibheann O'Brien	Kerry Athletics	5.64 9
2	62	Jane Shovlin	Menapians	4.56 7
3	65	Dervla Scully	Laois County	4.52 6
4	64	Jessica Strain	Youghal A.C.	4.45 5
5	61	Keeva O'Brien	Kilkenny City Harriers	4.36 4
6	63	Louise Collins	Dooneen A.C.	4.23 3
7	60	Alana Ryan	Sli Cualann A.C.	3.78 2
		Rachel Bowler	Tralee Harriers	4.99 Guest

Shot Putt

Place	Num	Athlete Club	Dist	Points		
1	61	Catriona Twomey	Kilkenny City Harriers	9.47	9	
2	64	Lauren O'Mahoney	Youghal A.C.	7.58	7	
3	63	Louise Collins	Dooneen A.C.	6.78	6	
4	59	Elaine Norris	Kerry Athletics	6.75	5	
5	60	Ara Freeman	Sli Cualann A.C.	6.60	4	
6	65	Amy Walsh	Laois County	5.86	3	
7	62	Kate Wilson	Menapians	5.70	2	
	581	Sarah O'Keefe	Liscarroll	8.25	Guest	
	588	Leanne Cronin	Farranfore Maine Valley	6.93	Guest	

High Jump

Place	Num	Athlete Club	Height	Points		
1	61	Ciara Deely	Kilkenny City Harriers	1.55	9	
2	59	Christine McCarthy	Kerry Athletics	1.50	7	
3	60	Rosa Kirwin	Sli Cualann A.C.	1.50	6	
4	65	Dervla Scully	Laois County	1.45	5	
5	63	Zara Lappin	Dooneen A.C.	1.45	4	
6	62	Chloe Whelan	Menapians	1.40	3	
7	64	Sara Williams	Youghal A.C.	1.40	2	

Discus

Place	Num	Athlete Club	Time	Points		
1	60	Rachel Casey	Sli Cualann A.C.	13.55		
2	63	Diane Curran	Dooneen A.C.	13.93		
3	64	Caroline Joyce	Youghal A.C.	16.47		

4	62	Tara Connick	Menapians	23.82
5	59	Leanne Cronin	Kerry Athletics	25.36
6	65	Seodhna Hoey	Laois County	31.75
	589	Elaine Norris		20.26

Triple Jump

Place	Num	Athlete Club	Dist	Points
1	59	Rachel Bowler	Kerry Athletics	10.35 9
2	63	Zara Lappin	Dooneen A.C.	9.11 7
3	64	Patricia Curtin	Youghal A.C.	8.98 6
4	61	Keeva O'Brien	Kilkenny City Harriers	8.83 5
5	60	Susie McParland	Sli Cualann A.C.	8.50 4
6	62	Jane Shovlin	Menapians	8.14 3

Javelin

Place	Num	Athlete Club	Dist	Points
1	64	Patricia Curtin	Youghal A.C.	39.00 9
2	61	Caitriona Twomey	Kilkenny City Harriers	25.82 7
3	60	Rachel Whittinton	Sli Cualann A.C.	20.65 6
4	63	Mary Neill	Dooneen A.C.	14.32 5
5	65	Pippa Hackett	Laois County	12.70 4
6	62	Catherine O'Connor	Menapians	8.04 3

Premier Men

110m Hurdles (wind: 0.0m/s)

Place	Num	Athlete Club	Time	Points
1	39	Paul Byrne	St. Abban's	15.68 9
2	41	Aaron Smith	Menapians A.C.	16.35 7
3	37	Dan Finnerty	County Tipperary	17.51 6
	36	Jack Murphy (Junior)	Leevale A.C.	15.04 Guest

3000m Walk

Place	Num	Athlete Club	Time	Points
1	37	Anthony Tobin	County Tipperary	12;57.67 9
2	42	Nicholas Dunphy	Kilkenny City Harriers	14;46.05 7
3	36	Seamus Leddy	Galway City Harriers A.C.	15;00.42 6
4	38	Adam McNerney	Kildare Athletics	16;00.44 5
	1574	David Kenny	Farranfore Maine Valley	14;42.48 Guest

400m Hurdles

Place	Num	Athlete Club	Time	Points
1	39	Paul Byrne	St. Abban's	53.15 9
2	37	Dan Finnerty	County Tipperary	57.78 7
3	41	Conor Gaffney	Menapians A.C.	58.96 6
4	36	Kelvin Samson	Galway City Harriers A.C.	60.58 5
5	42	Darragh Roberts	Kilkenny City Harriers	61.57 4
6	43	Rory Chesser	Clare County	62.88 3

4X100m Relay

Place	Num	Athlete Club	Time	Points
1	41	Menapians A.C.	43.70	
2	42	Kilkenny City Harriers	44.12	
3	39	St. Abban's	44.15	
4	37	County Tipperary	44.19	
5	40	Leevale A.C.	44.98	
6	38	Kildare Athletics	45.07	
7	36	Galway City Harriers A.C.	45.61	

1500m

Place	Num	Athlete Club	Time	Points
1	42	Eoin Everard	Kilkenny City Harriers	4;07.21 9
2	40	Ben Thistlewood	Leevale A.C.	4;07.39 7
3	37	William Hughes	County Tipperary	4;07.83 6
4	43	Damien Landers	Clare County	4;11.34 5
5	39	John Fenlon	St. Abban's	4;16.25 4
6	38	Eoin Reidy	Kildare Athletics	4;17.65 3
7	36	Eanna Folan	Galway City Harriers A.C.	4;17.99 2
8	41	Ger Mulhall	Menapians A.C.	5;45.22 1

400m

Place	Num	Athlete Club	Time	Points
1	37	Paul White	County Tipperary	49.50 9

2	43	William Flynn	Clare County	49.70	7
3	41	Shaun Donohoe	Menapians A.C.	51.01	6
4	38	Mark Glynn	Kildare Athletics	51.37	5
5	40	Sean O'Callaghan	Leevale A.C.	51.47	4
6	36	Robert Meagher	Galway City Harriers A.C.	51.64	3
7	42	Luke Fitzpatrick	Kilkenny City Harriers	52.34	2

400m

Place	Num	Athlete	Club	Time	
1		Dion Marcus	Killarney Valley	51.14	Guest
2		Conor Gaffney	Menapians	52.92	Guest
3		Mark Carmody	An Bru	53.47	Guest
4		Robert Hewison	Kildare	53.70	Guest
5		Robert Kennedy	Templemore	53.92	Guest
6		Jack Brennan	SLOT	55.25	Guest
7		Dale Murphy	Menapians	58.39	Guest

3000m S/C

Place	Num	Athlete	Club	Time	Points
1	43	Rory Chesser	Clare County	9;40.37	9
2	42	Peter Lynch	Kilkenny City Harriers	10;08.94	7
3	37	Tony Fogarty	County Tipperary	10;29.17	6
4	38	Eoin Reidy	Kildare Athletics	10;59.18	5
5	36	NA	Galway City Harriers A.C.	11;34.23	4
6	41	Damien Walsh	Menapians A.C.	12;20.35	3

200m (wind: 0.6 m/s)

Place	Num	Athlete Club	Time	Points
1	37	Robert Bennett	County Tipperary	21.99 9
2	42	Jack Manning	Kilkenny City Harriers	22.42 7
3	43	Cormac Lynch	Clare County	22.44 6
4	38	Calum Mcgrath	Kildare Athletics	22.95 5
5	41	Conor Wilson	Menapians A.C.	23.11 4
6	39	Jamie Pender	St. Abban's	23.22 3
7	40	Ciaran Dee	Leevale A.C.	23.38 2
8	36	Eoghan Dobey	Galway City Harriers A.C.	23.59 1

800m

Place	Num	Athlete Club	Time	Points
1	42	Eoin Everard	Kilkenny City Harriers	1;57.03 9
2	43	Kevin Chesser	Clare County	1;57.82 7
3	40	Matt Murnane	Leevale A.C.	1;58.70 6
4	37	William Hughes	County Tipperary	1;59.90 5
5	38	Eoin Murphy	Kildare Athletics	2;00.60 4
6	39	James Moore	St. Abban's	2;02.82 3
7	36	Eoin Lyons	Galway City Harriers A.C.	2;03.42 2
8	41	Barry Upton	Menapians A.C.	2;08.12 1
		Eoin O'Sullivan	Kildare A.C.	2;03.52 Guest

5000m

Place	Num	Athlete Club	Time	Points
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1	36	Eanna Folan	Galway City Harriers A.C.	15;20.90	9
2	37	Stuart moloney	County Tipperary	15;37.13	7
3	40	Tim Twomey	Leevale A.C.	15;55.04	6
4	43	Brian Murphy	Clare County	16;31.75	5
5	41	Senan O'Reilly	Menapians A.C.	17;46.55	4
6	38	Martin Hoare	Kildare Athletics	17;59.03	3
		Kevin Chesser	Ennis Track	16;27.19	Guest
		Sean O'Sullivan	An Ríocht	16;52.39	Guest

100m (wind: 0.1 m/s)

Place	Num	Athlete	Club	Time	Points
1	37	Robert Bennett	County Tipperary	11.01	9
2	42	Callan Byrne	Kilkenny City Harriers	11.02	7
3	40	Liam Mulcahy	Leevale A.C.	11.48	6
4	41	Michael Deady	Menapians A.C.	11.49	5
5	38	Calum Mcgrath	Kildare Athletics	11.51	4
6	39	Jamie Pender	St. Abban's	11.61	3
7	36	Eoghan Dobey	Galway City Harriers A.C.	11.64	2
8	43	Cormac Lynch	Clare County	11.64	1

4X400m

Place	Num	Athlete	Club	Time	Points
1	41		Menapians A.C.	3;27.95	9
2	43		Clare County	3;28.92	7
3	38		Kildare Athletics	3;30.63	6
4	36		Galway City Harriers A.C.	3;32.41	5
5	37		County Tipperary	3;34.13	4

6	40	Leevale A.C.	3;35.62	3
7	42	Kilkenny City Harriers	3;39.57	2

Hammer

Place	Num	Athlete Club	Dist	Points
1	37	John Dwyer	County Tipperary	50.72 9
2	40	Andre Christie	Leevale A.C.	38.65 8
3	36	Brendan Staunton	Galway City Harriers A.C.	33.30 7
4	39	Aidan Kelly	St. Abban's	31.08 6
5	41	Ian Bennett	Menapians A.C.	21.07 5
	38	NA	Kildare Athletics	
	42	NA	Kilkenny City Harriers	
	43	NA	Clare County	

Pole Vault

Place	Num	Athlete Club	Height	Points
1	39	Conor Daly	St. Abban's	3.80 9
2	38	Tadhg Murtagh	Kildare Athletics	2.80 7
3	37	Dan Finnerty	County Tipperary	2.80 6
4	40	Des Kelleher	Leevale A.C.	2.60 5
5	43	David Courtney	Clare County	2.20 4
1	583	Yuri Kanash	West Waterford	4.45 Guest Irish Lead
2	597	Matt Rossiter	St. Abban's	3.20 Guest
3	592	Matthew Keenan	St. L. O'Toole A.C.	3.20 Guest
4	584	Adam Dwyer	Mokarkey Coolcro	3.20 Guest

Long Jump

Place	Num	Athlete Club	Dist	Wind	Points		
1	41	Mikey Cullen	Menapians A.C.	6.42	-1.1	9	
2	43	Cathal O'Brien	Clare County	5.89	-0.2	7	
3	37	Adam Dooley	County Tipperary	5.73	-0.5	6	
4	38	Calum Mcgrath	Kildare Athletics	5.68	-0.4	5	
5	39	Barry Pender	St. Abban's	5.36	-0.1	4	
6	40	Liam Mulcahy	Leevale A.C.	5.20	-0.8	3	
7	42	Aaron Barron	Kilkenny City Harriers	4.89	-0.6	2	
8	36	Henrique Nkvolata	Galway City Harriers A.C.	3.95	-0.7	1	

Shot Putt

Place	Num	Athlete Club	Dist	Points		
	36	Sean Breathnach	Galway City Harriers A.C.	16.26	9	
	40	Dave Tierney	Leevale A.C.	14.29	7	
	42	Brendan Hyland	Kilkenny City Harriers	12.73	6	
	37	Peter Ryan	County Tipperary	10.99	5	
	39	Eoin Kelly	St. Abban's	10.86	4	
	38	Graham Deane	Kildare Athletics	10.82	3	
	41	Dale Murphy	Menapians A.C.	6.88	2	
	43	Rory chesser	Clare County	5.3	1	
		Brendan Staunton	GCH	11.81	guest	

High Jump

Place	Num	Athlete Club	Time	Points
1	39	Barry Pender	St. Abban's	2.00 9
2	36	Bryan Ndego	Galway City Harriers A.C.	1.80 7
3	42	Craig Byrne	Kilkenny City Harriers	1.80 6
4	38	Jonathan Landy	Kildare Athletics	1.80 5
5	40	Jack Murphy	Leevale A.C.	1.75 4
6	41	Ciaran Maher	Menapians A.C.	1.60 3
7	37	Sammy Fogarty	County Tipperary	1.45 2

Discus

Place	Num	Athlete Club	Time	Points
1	36	Sean Breathnach	Galway City Harriers A.C.	46.77 9
2	37	Mark Tierney	County Tipperary	31.31 7
3	39	Aidan Kelly	St. Abban's	31.21 6
4	40	Brian Hayes	Leevale A.C.	28.16 5
5	42	Jack Manning	Kilkenny City Harriers	27.18 4
6	43	Kevin Chesser	Clare County	14.45 3
7	41	Ian Bennett	Menapians A.C.	13.53 2
		Brendan Staunton	GCH	32.71 Guest

Triple Jump

Place	Num	Athlete Club	Time	Points
1	39	Conor Daly	St. Abban's	13.44 9
2	36	Kelvin Samson	Galway City Harriers A.C.	12.76 7

3	41	Jack Hayden	Menapians A.C.	11.62	6
4	43	Cathal O'Brien	Clare County	11.57	5
5	37	Adam Dooley	County Tipperary	11.36	4
6	38	Tadhg Murtagh	Kildare Athletics	11.34	3
7	40	Des Kelleher	Leevale A.C.	10.93	2
8	42	Nicholas Dunphy	Kilkenny City Harriers	8.8	1
		Eddie Tampu	10.93 Guest		

Javelin

Place	Num	Athlete Club	Dist	Points
1	42	Brendan Hyland	Kilkenny City Harriers	54.55 9
2	40	Andreas Pursmann	Leevale A.C.	46.94 7
3	38	Michael Jordan	Kildare Athletics	45.68 6
4	39	Cian Kelly	St. Abban's	44.52 5
5	43	David Courtney	Clare County	37.86 4
6	36	Michael Breathnach	Galway City Harriers A.C.	31.03 3
7	41	mikey Cullen	Menapians A.C.	30.58 2
8	37	Paul White	County Tipperary	28.85 1

56 lb Weight

Place	Num	Athlete Club	Distance	Points
1	40	Dave Tierney	Leevale A.C.	7.74 9
2	37	John Dwyer	County Tipperary	7.26 7
3	36	Brendan Staunton	Galway City Harriers A.C.	6.12 6
4	38	Graham Deane	Kildare Athletics	5.32 5
5	39	Eoin Kelly	St. Abban's	5.19 4
6	41	Adrian Jackman	Menapians A.C.	4.52 3
7	42	John Maye	Kilkenny City Harriers	4.25 2

Premier Women

100m Hurdles (wind: -0.7m/s)

Place	Num	Athlete Club	Time	Points
1	57	Aoife Rochford	County Wexford	15.68 9
2	52	Lisa Aspel	Kildare Athletics	17.20 7
3	53	Sarah Finnegan	Galway County	18.87 6
4	58	Deirbhile Ryan	County Tipperary	19.22 5
5	55	Amy Crowley	Bandon	24.01 4

1500m Walk

Place	Num	Athlete Club	Time	Points
1	53	Veronica Burke	Galway County	6;28.59 9
2	55	Liz Coomey	Bandon	11;22.58 7

400m Hurdles

Place	Num	Athlete Club	Time	Points
1	56	Jessica Neville	Leevale A.C.	1;05.45 9
2	52	Clíodhna O'Connor	Kildare Athletics	1;06.72 7
3	53	Rachel Finnegan	Galway County	1;11.43 6
4	54	Laura Graham	St Abban's A.C	1;12.74 5
5	57	Elizabeth Egan	County Wexford	1;18.44 4
6	55	Amy Crowley	Bandon	1;28.82 3

4X100m Relay (corrected)

Place	Num	Athlete Club	Time	Points
1	55	Bandon	48.02	9
2	54	St Abban's A.C	50.36	7
3	53	Galway County	50.36	6
4	57	County Wexford	51.08	5
5	58	Kildare Athletics	51.51	4
6	52	County Tipperary	51.94	3
7	56	Leevale A.C.	52.58	2

1500m

Place	Num	Athlete Club	Time	Points
1	52	Rachel Smith	Kildare Athletics	4;41.17 9
2	57	Fiona Kehoe	County Wexford	4;41.85 7
3	53	Niamh Hennelly	Galway County	4;52.05 6
4	58	Ciara Cummins	County Tipperary	5;05.09 5
5	56	Niamh Roe	Leevale A.C.	5;05.83 4

400m

Place	Num	Athlete Club	Time	Points
1	54	Nessa Millet	St Abban's A.C	56.74 9
2	57	Sophie McCabe	County Wexford	59.47 7
3	52	Katie Quigley	Kildare Athletics	59.95 6

4	56	Chris Neville	Leevale A.C.	61.1	5
5	53	Nicole King	Galway County	61.52	4
6	55	Aoibhin O'Connor	Bandon	61.7	3
7	58	Emer Delargy	County Tipperary	62.29	2

400m

Place	Num	Athlete Club	Time	Points
1		Grainne Moynihan	West Muskerry	56.52 guest
2		Mary Margaret Grace	Nenagh	62.90 guest
3		Rianne McHugh	Sligo	64.16 guest

3000m

Place	Num	Athlete Club	Time	Points
1	56	Sinead O'Connor	Leevale A.C.	9;51.96 9
2	57	Elizabeth Egan	County Wexford	11;14.36 7
3	52	NA	Kildare Athletics	11;22.34 6
		Sasha Bent	Kerry AC	11;33.88 Guest

200m (wind: 0.4 m/s)

Place	Num	Athlete Club	Time	Points
1	55	Phil Healy	Bandon	23.64 9

2	57	Sophie McCabe	County Wexford	25.92	7
3	54	Nessa Millet	St Abban's A.C	26.07	6
4	53	Laura Nally	Galway County	26.65	5
5	56	Shona Lowe	Leevale A.C.	27.16	4
6	52	Ailbhe Gallagher	Kildare Athletics	37.34	3
		Caoimhe Tiernan	Unattached	27.69	Guest
		Sarah O'Keefe	Liscarroll	29.24	Guest

800m

Place	Num	Athlete	Club	Time	Points
1	57	Fiona Kehoe	County Wexford	2;18.63	9
2	56	Carol Finn	Leevale A.C.	2;29.91	7
3	58	Aoife Delargy	County Tipperary	2;25.66	6
4	54	Meaebh Maher	St Abban's A.C	2;26.47	5
5	52	Aimee McGrath	Kildare Athletics	2;28.32	4
6	53	Niamh Hennelly	Galway County	2;30.14	3

200m (wind: -1.6 m/s)

Place	Num	Athlete	Club	Time	Points
1		Owen Muldowney	Castlecomer	22.68	Guest
2		Patrick Lynch	Newport	23.09	Guest
3		Dion Marcus	Kerry AC	23.24	Guest
4		Kevin Migge	Kildare	23.76	Guest
5		Aaron Tierney Smith	Menapians	24.01	Guest
6		Adrian Jackman	Menapians	24.07	Guest

7	Henry Griffin	GCH	24.97	Guest
8	Stephen Lappin Dooneen		25.40	Guest

100m (wind: 0.4m/s)

Place	Num	Athlete Club	Time	Points
	52	Vivian Fleischer Kildare Athletics	12.46	9
	53	Michelle Duggan Galway County	13.06	7
	54	Shauna Daly St Abban's A.C	13.67	6
	55	Joan Healy Bandon	11.87	5
	56	Shona Lowe Leevale A.C.	13.26	4
	57	Aoife Rochford County Wexford	12.43	3
	58	Sadhb O'Mahony County Tipperary	13.50	2

4X400m

Place	Num	Athlete Club	Time	Points
1	52	Kildare Athletics	4;02.74	9
2	58	County Tipperary	4;06.83	7
3	53	Galway County	4;11.64	6
4	54	St Abban's A.C	4;15.54	5
5	57	County Wexford	4;17.83	4
6	55	Bandon	4;18.76	3
7	56	Leevale A.C.	4;21.84	2

Hammer

Place	Num	Athlete Club	Time	Points
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1	53	Emma O'Hara	Galway County	55.10	9
2	58	Aoife Vaughn Witts	County Tipperary	43.76	7
3	55	Laura McSweeney	Bandon	43.05	6
4	57	Kathlyn Furlong	County Wexford	41.09	5
5	54	Emma Daly	St Abban's A.C	39.25	4

Pole Vault

Place	Num	Athlete Club	Time	Points
1	56	Una Samuels	Leevale A.C.	2.70 9
2	54	Claire Delaney	St Abban's A.C	2.50 7
3	53	Edel O'Meara	Galway County	1.70 6
		Laura Cussen	Old Abbey	3.10 Guest
		clodagh Walsh	Abbey Striders	2.90 Guest
		Ciara Hickey	Blarney Inniscarra	2.70 Guest

Long Jump

Place	Num	Athlete Club	Dist	Points
1	52	Vivian Fleischer	Kildare Athletics	5.57 9
2	54	Saragh Buggy	St Abban's A.C	5.57 7
3	53	Sinead Tracey	Galway County	5.19 6
4	58	Maria Carey	County Tipperary	5.14 5
5	57	Sophie McCabe	County Wexford	4.92 4

6	55	Aoibhin O'Connor	Bandon	4.73	3
7	56	Una Samuels	Leevale A.C.	4.17	2
		Laura Quigley		4.66	Guest
		Keelin White		5.42	Guest

Shot Putt

Place	Num	Athlete Club	Dist	Points
1	55	Laura McSweeney	Bandon	12.78 9
2	54	Nicole Keogh Dowling	St Abban's A.C	10.34 7
3	58	Deirbhile Ryan	County Tipperary	10.13 6
4	52	Kathryn Weir	Kildare Athletics	10.00 5
5	56	Sarah Bradfield	Leevale A.C.	9.53 4
6	57	Kathlyn Furlong	County Wexford	9.11 3

High Jump

Place	Num	Athlete Club	Height	Points
1	58	Deirbhile Ryan	County Tipperary	1.55 9
2	57	Eimear Doherty	County Wexford	1.50 7
3	53	Laura Cunningham	Galway County	1.50 6
4	52	Laura Quigley	Kildare Athletics	1.45 5
5	56	Molly Healy	Leevale A.C.	1.45 4
6	55	Aoibhin O'Connor	Bandon	1.45 3
7	54	Claire Delaney	St Abban's A.C	1.15 2

Discus

Place	Num	Athlete Club	Dist	Points
1	57	Emma Owens	County Wexford	35.46 9
2	53	Emma O'Hara	Galway County	33.59 7
3	56	Sarah Bradfield	Leevale A.C.	32.02 6
4	54	Nicole Keogh Dowling	St Abban's A.C	29.25 5
5	55	Rachel Roche	Bandon	26.26 4
6	52	Kathryn Weir	Kildare Athletics	25.30 3
7	58	Margaret Mary Grace	County Tipperary	11.47 2

Triple Jump

Place	Num	Athlete Club	Dist	Points
1	58	Maria Carey	County Tipperary	10.40 9
2	52	Lisa Aspel	Kildare Athletics	10.19 7
3	57	Eimear Gilhooly	County Wexford	9.89 6
4	53	Sarah Finnegan	Galway County	9.78 5
5	55	Alison Hathaway	Bandon	9.57 4
6	54	Laura Graham	St Abban's A.C	9.37 3
		Amy Crowley		8.59 Guest
		Keelin White		9.14 Guest

Javelin

Place	Num	Athlete Club	Dist	Points
1	52	Grace Casey	Kildare Athletics	39.56 9

2	55	Rachel Roche	Bandon	30.06	7
3	54	Emma Daly	St Abban's A.C	28.10	6
4	53	Laura Cunningham	Galway County	23.54	5
5	57	Catherina Corcoran	County Wexford	15.16	4
6	56	Molly Healy	Leevale A.C.	12.36	3